Sunday	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
	ersburg NECT	IONS		APRIL	2023	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Tell a Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Memory Magic 2:30 Celebrate Christa B-Day 3:00 April Fools Day Around the World 3:30 Birthday Committee 4:00 Dinner 5:30 Candid Camera Videos 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L:Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Sip and Dance 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Presents A Taxing Relationship 2:30 Sip and be Social 3:00 Pretty in Pink: Nail Care 3:30 Secret Bunny Alphabet Code 4:00 Dinner 5:30 Roy Durkee's SATM 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: This or That? 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Cross Weaving 2:30 Sip and Show 3:00 Bible Study 4:00 Dinner 5:30 Travel with Rick Steves 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Creamcheese Carrot Cake (CC) 2:30 Sip and Taste (CC) 3:00 April IQ 3:30 Mountain Men Club: Nail Care 4:00 Dinner 5:30 Painting with Bob Ross 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:30 Musical Entertainment w/ Robert Twine (CC) 2:30 Sip and Mingle (CC) 3:00 Spring Scavenger Hunt w/ Short Story 4:00 Dinner 5:30 TV Show: The Lucy Show 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish The Lyrics 11:00 Lunch 12:00 Walking with Friends 1:15 Garden Club (CC) 2:30 Cocktail Time (CC) 3:00 Dance Bingo	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 iN2L: Music with Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:15 Storymatice Rememory 2:30 Sip and Discuss 3:00 Happy Easter Crossword 3:30 Cuisine Panel Meeting 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L:Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Easter Around the World 2:30 Spring Cupcakes 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Farm Animals Webcam 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Fittersitter 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Book Club: The Ringer 2:00 Kindly Canines 2:30 Sip and be Social 3:00 Pretty in Pink: Spa Day 3:30 Marshmallow "PEEP" Word Rhyming 4:00 Dinner 5:30 Classic Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Tai Chi 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Flapping Butterfly Craft (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Guided Tours Around the World 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch & Strengths 10:30 iN2L: Wheel of Fortune 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Strawberry Pound Cupcake (CC) 2:30 Sip and Taste (CC) 3:00 Jessica Snyder Performs (CC) 4:00 Dinner 5:30 Visit a Virtual Museum 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Worship Service 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 Easter Secret Message 3:30 Mountain Men Club 4:00 Dinner 5:30 Movie: Of Gods And Kings: The Skyro Horse 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: What's That Sound 11:00 Lunch 12:00 Walking with Friends 1:15 Garden Club 2:30 Ice Cream Floats Station 3:00 In the Garden Crossword 3:30 Easter Word Match 4:00 Dinner 5:30 The Carol Burnett Show 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through the Decades 10:30 iN2L: Karaoke 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses 2:30 Sip and Discuss 3:00 Spelling RECORD STORE (WG) 3:30 Giant UNO Cards 4:00 Dinner 5:30 Ted ED Talks 7:00 Evening Wind Down

SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
:00 Activities of Daily Living :00 Breakfast :00 Daily News and History 0:00 Aromatherapy 0:30 iN2L:Dancing Fireflies 1:00 Lunch 2:00 Walking with Friends :15 Shake Loose Memory :30 Sip and Share :00 Worship Service :30 Hymns :00 Dinner :30 Panda Webcam :00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Strengthen 10:30 iN2L: Weekly Word Scramble 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Presents The Case of the Trampled Grass 2:30 Sip and be Social 3:00 Pretty in Pink: Pampering Day 3:30 Come "Rain" or "Shine" 4:00 Dinner 5:30 Short Story Audio Book 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Have Your Ever? 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DIY Personal Garden (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Visit the Wonders of the World 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Homemade Hummus with Pita Chips 2:30 Sip and Taste 3:00 Concentration Puzzles 3:30 Mountain Men Club: Nail Care 4:00 Dinner 5:30 The History of Folk Art 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Sonic Milkshakes (CC) 2:30 Sip and Mingle (CC) 3:00 Short Story: Getting Emotional 4:00 Dinner 5:30 TV Show: You Bet Your Life 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Song 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Sip and Discuss 3:00 Wacky Wordies 3:30 Litter Bug Detective 4:00 Dinner 5:30 Funny Animals Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Latin Soul 10:30 iN2L: Sing with Susie Q 11:00 Lunch 12:00 Walking with Friends 1:15 Garden Club (CC) 2:30 Snow Cone Station (CC) 3:00 Why Celebrate Earth Day? 3:30 The Write Word Game: Earth Day 4:00 Dinner 5:30 Virtual Cooking Video 7:00 Evening Wind Down
23 :00 Activities of Daily Living :00 Breakfast :00 Daily News and History 0:00 Meditation Time 0:30 iN2L: Word Wipe 1:00 Lunch 2:00 Walking with Friends :15 Scrapbooking Memories :30 Sip and Share :00 Worship Service :30 Hymns :00 Dinner :30 Kitten Rescue Webcam :00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seat Works 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Dance-Craze Music 2:30 Sip and be Social 3:00 Tapping Through Time 3:30 Pretty in Pink: Nail Care 4:00 Dinner 5:30 Garden Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & ABS 10:30 iN2L:Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Nature Clay Impressions (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Travel To Ireland 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Wordie 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Earth Day Cookies (CC) 2:30 Sip and Taste (CC) 3:00 Name Types of Dance 3:30 Mountain Men Club 4:00 Dinner 5:30 The Art of Wood Working 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Worship Service 10:30 iN2L: Hymns 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Green House (CC) 2:30 Sip and Mingle (CC) 3:00 Weather or Dance Videos 3:30 Weather or Dance Trivia 4:00 Dinner 5:30 Movie: Seniors a Dogumentary 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang That Tune 11:00 Lunch 12:00 Walking with Friends 1:15 Garden Club 2:30 Popcorn Station 3:00 History of Arbor Day Trivia 3:30 Forest Funnies 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Around the World 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Toss N Talk Ball 2:30 Sip and Discuss 3:00 Dancing Up a Storm Crossword 3:30 Weather or Not (WG) 4:00 Dinner 5:30 Ted Talks 7:00 Evening Wind Down

6:00 Activities of Daily Living

8:00 Breakfast 9:00 Daily News and History

10:00 Aromatherapy

10:30 iN2L: Brain Aerobics

11:00 Lunch

12:00 Walking with Friends

1:15 Reminiscing Cards

2:30 Sip and Share

3:00 Worship Service

3:30 Hymns

4:00 Dinner

5:30 Safari Animals Webcam

7:00 Evening Wind Down

Chambersburg

