

Chambersburg

CONNECTIONS



MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Belly Dancing 10:30 iN2L: Train Your Brain 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Present's: As Easy as Riding a Bike 2:30 Sip and Share 3:00 May Day Bingo 3:30 Remembering TV & Favorite Shows 4:00 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Piggy Banker 11:00 Lunch 12:00 Walking with Friends 1:15 Whack the Piñata (CC) 2:30 Cinco De Mayo Social (CC) 3:00 Bible Study 4:00 Dinner 5:30 The Black Stallion 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Dancing Through the Decades 10:30 iN2L: Family Feud 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Kentucky Derby Hats (CC) 2:00 Musical Entertainment w/ Tom Shultz (CC) 2:30 Sip and Dance (CC) 3:00 Concentration Puzzles 3:30 Pretty in Pink: Nail Care 4:00 Dinner 5:30 Broadway Musicals Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Mikies Ice Cream (CC) 2:30 Sip and Mingle (CC) 3:00 History of Mariachi 3:30 Mountain Men Club 4:00 Dinner 5:30 The World of Great Art 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune? 11:00 Lunch 12:00 Walking with Friends 1:30 Musical Entertainment w/ Lester Hirsh 2:30 Sip and Be Social 3:00 Gardening Club 3:30 Horse-Themed Trivia 4:00 Dinner 5:30 Virtual Music 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & ABS 10:30 iN2L: Tell A Joke 11:00 Lunch 12:00 Walking with Friends 1:15 Watch Kentucky Derby (CC) 2:30 Kentucky Derby Social (CC) 3:00 Providence Derby Races (CC) 4:00 Dinner 5:30 Ted Talks 7:00 Evening Wind Down
7	8	9	10	11	12	13
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Would You Rather 11:00 Lunch 12:00 Walking with Friends 1:30 Piano Player w/ Bryan Herber 2:30 Sip and Dance 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Eagle's Nest Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mindful Movement 10:30 iN2L: Brain Teasers 11:00 Lunch 12:00 Walking with Friends 1:15 Book Club: The Golden Prince 2:30 Kindly Canines 3:00 Celebrate Charmaine B-Day 3:30 Secret Horse Message 4:00 Dinner 5:30 The Carol Burnett Show 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light & Lively 10:30 iN2L: Weekly Balloon Burst 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DIY Paper Cactus Plant (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 Racing Stripes 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Latin Soul 2 10:30 iN2L: Cranium Crunches 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Air Fryer Sweet Plantains {Platanos Maduros} 2:30 Sip and Taste 3:00 10 Best Places to Visit in Mexico 3:30 Pretty in Pink : Spa Day 4:00 Dinner 5:30 Virtual Cooking Videos 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Mid Week Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 A Horse's "Neigh" Rhyme 3:30 Mountain Men Club 4:00 Dinner 5:30 The Art of Dancing 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish the Song Lyric 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club (CC) 2:30 Sip and Be Social (CC) 3:00 A Spelling Challenge 3:30 Mother's Day Tea Party Shopping Game 4:00 Dinner 5:30 Garden Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Celebrate 10:30 iN2L: Laugh Discussion Starter 11:00 Lunch 12:00 Walking with Friends 1:15 Shake Loose Memory 2:30 Sip and Share 3:00 Can You See the Big Picture? 3:30 Rummage Sale Detective 4:00 Dinner 5:30 Santa Monica Webcam 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: This or That 11:00 Lunch 12:00 Walking with Friends 1:00 Memory Magic 2:00 Mother Day Tea Social 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down</p> <p>Mother's Day</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Morning Stretch 10:30 iN2L: Mind Fitness 11:00 Lunch 12:00 Walking with Friends 1:15 Drama Club Present's: Turning up the Volume 2:30 Sip and Discuss 3:00 Dolores Huerta Alphabet Code 3:30 What Am I? 4:00 Dinner 5:30 Funny Baby Videos 7:00 Evening Wind Down</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit & Be Fit 10:30 iN2L: Weekly Word Scramble 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DIY Scented Soaps (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:00 Dinner 5:30 My Heroes Were Cowboys 7:00 Evening Wind Down</p>	<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Legs & ABS 10:30 iN2L: Dancing Fireflies 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Cucumber Bites 2:30 Sip and Taste 3:00 Wacky Wordies 3:30 Pretty in Pink: Pampering Day 4:00 Dinner 5:30 Movie Memories 7:00 Evening Wind Down</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nature Ride 2:30 Sip and Mingle 3:00 Celebration of Life 3:30 Mountain Men Club 4:00 Dinner 5:30 Painting with Bob Ross 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Sound? 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Snow Cone Station 3:00 Mexican Culture: Customs & Traditions Video 3:30 Which is the Correct Spelling? 4:00 Dinner 5:30 Roy Durkee's SATM 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Music with Mary Sue 11:00 Lunch 12:00 Walking with Friends 1:15 Scrapbooking Memories 2:30 Sip and Share 3:00 Smiling our Way to Health 3:30 Beauty Salon Detective 4:00 Dinner 5:30 TED ED Talks 7:00 Evening Wind Down</p>
<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: True Confessions 11:00 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Celebrate Charlie B-Day 3:00 Worship Service 3:30 Hymns 4:00 Dinner 5:30 Sea Otter Webcam 7:00 Evening Wind Down</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Stretches 10:30 iN2L: Happy Neuron 11:00 Lunch 12:00 Walking with Friends 1:15 Book Club: The Driving Lesson 2:30 Sip and Discuss 3:00 Biking Crossword 3:30 Giant UNO Card 4:00 Dinner 5:30 Funny Animal Video 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Flow with Flexibility 10:30 iN2L: Weekly Crossword 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Mother Day Card Baskets 2:30 Sip and Show 3:00 Bible Study 4:00 Dinner 5:30 The Horse Whisperer 7:00 Evening Wind Down</p>	<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Latin Soul 1 10:30 iN2L: Matching Game 11:00 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Apple Nachos (CC) 2:30 Sip and Taste (CC) 3:00 History of Mexico 3:30 Pretty in Pink: Nail Care 4:00 Dinner 5:30 Candid Camera Videos 7:00 Evening Wind Down</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymns (CC) 11:00 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Sonic Milkshakes (CC) 2:30 Sip and Mingle (CC) 3:00 Bottle Ring Toss 3:30 Mountain Men Club 4:00 Dinner 5:30 The History of Folk Art 7:00 Evening Wind Down</p> <p>Shavuot</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang That Tune? 11:00 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Iced Tea Time 3:00 In the Military Word Game 3:30 Dwight D. Eisenhower Secret Code 4:00 Dinner 5:30 Classic Radio 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Karaoke 11:00 Lunch 12:00 Walking with Friends 1:15 Toss N Talk Ball 2:30 Celebrate Mid B-Day 3:00 Armed Forces Day Fun Facts 3:30 Armed Forces Match 4:00 Dinner 5:30 Space Webcam 7:00 Evening Wind Down</p> <p>Armed Forces Day</p>
<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Have You Ever 11:00 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Sense 2:30 Sip and Discuss 3:00 Worship Service w/ Special Guest The Knopps 3:30 Hymns 4:00 Dinner 5:30 Hummingbird Webcam 7:00 Evening Wind Down</p> <p>Pentecost</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch & Strengthen 10:30 iN2L: Write Word Game 11:00 Lunch 12:00 Walking with Friends 1:30 Memorial Day Concert w/ Robert Twine 2:30 Kitchen Creation: Watermelon Stars with Blueberry and Yogurt 3:30 Tourism & Hospitality (CW) 4:00 Dinner 5:30 Pastimes Fireworks 7:00 Evening Wind Down</p> <p>Memorial Day</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: Wordle 11:00 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Summer Wreath 2:30 Sip and Show 3:00 Bible Study 4:00 Dinner 5:30 Crazy Horse 7:00 Evening Wind Down</p>	<p>31</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Tai Chi 10:30 iN2L: Word Challenges 11:00 Lunch 12:00 Walking with Friends 1:15 Short Story Plato: The Story of a Cat 2:30 Sip and Discuss 3:00 Friends Hosting Friends: Ice Cream Sundae Bar (CC), (CL) 4:00 Dinner 5:30 Classic Commercials 7:00 Evening Wind Down</p>	<p style="text-align: center;"><i>Chambersburg</i> CONNECTIONS</p>  <p style="text-align: center;">MAY 2023</p>		