

Dover

CONNECTIONS



MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Morning Workout 10:00 Social Synapses: Cognition Games with Club 11:30 Lunch 1:00 Catholic Communion 1:00 Open Discussion: Faith & Angels 1:30 Red Wine & Strawberry Social 2:15 York Music Therapy 3:15 Taking Pictures in The Garden 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Musical Monday	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Toned Tuesday Workout 10:00 Large Group Discussion: Reminiscing the 1940's with Pretzel Snack 11:30 Lunch 1:15 Tie-Dye Creations 2:30 Cinco De Mayo Snacks 3:00 Whack The Piñata 3:30 Skiing Seminar w/Chris 4:00 Would You Rather 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Let's Play Family Feud! 6:00 Pictionary 7:00 Game Show Marathon	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Wednesday Workout 10:00 Bible Study 10:30 Morning News & Weather Report 11:00 iN2L: Situational Temporal Trivia 11:30 Lunch 1:15 Cooking Class: Mise en Place 2:30 Giant Beer Pong 2:30 Outdoor Stroll 3:00 Drumming Circle & Water Break 3:30 Family Feud 4:00 Pictionary 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Lower Cognition Care: Sensory Exploration 7:00 Wednesday Westerns	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Thursday Thrusts 10:00 Today In History: National Day of Prayer 10:30 Large Group Discussion: My Name & Things I Love 11:30 Lunch 1:15 Parachute Games 2:00 Rehydration Station: Fresh Squeezed Lemonade 2:30 Devotions w/Chaplain Shawn 3:00 Bingo In The Courtyard 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Helping Hands: Towel Folding 6:00 Tip Top Nail Spa 7:00 National Geographic	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fitness Friday 10:00 Bingo, Brownies, & Bacon 11:30 Lunch 1:00 Pony Trivia & Fun Facts 1:30 Friday Sing-Along 2:00 Costumed Mini Pony Visit & Rita's 3:00 Let's Get Physical: Bridging w/Club 3:30 Chocolate Milk Sippers & Hershey History 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Friday Flicks: Disney Originals	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Saturday Squats 10:00 iN2L: Horse Trivia 10:30 Kentucky Derby Facts & History 11:00 Common Sayings 11:30 Lunch 1:00 Making Dinner Rolls 2:30 Tip Top Nail Spa 3:30 Basketball 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Comedy Binge
7	8	9	10	11	12	13
7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weighted Workout 10:00 Memory Magic & Baked Macaroni 11:30 Lunch 1:00 World News Update: Russia & Ukraine 1:30 Sunday Service with Chaplain Shawn 2:00 Cheese & Cracker Snack w/Soda 2:30 Courtyard Games: GIANT Soccer 3:30 Animal Identification 4:00 Jolly Jokes 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Relax & Unwind With Music	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Muscle Mania 10:00 Social Synapses: Cognition Games with Club 11:30 Lunch 1:00 Catholic Communion 1:00 Reptile Trivia 1:30 Afternoon Stretch 2:00 Prehistoric World Petting Zoo Visit 3:30 Amazing News & Stories 4:00 May Trivia 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Movie Monday: Science Documentaries	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Sweatin' Senior Workout 10:00 Hands On Plant Study 10:30 Famous Figure: Joe Paterno 11:00 NFL Mascot Trivia 11:30 Lunch 1:00 Connections Cleaning Crew 1:15 Collaborating Craftsmanship: Bridging w/Club 2:00 Sugar Rush: Root Beer Floats 3:00 Soda & Mentos Experiment 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Bingo, Soda, & Popcorn 7:00 Weekday Westerns	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekday Workout 10:00 Kitchen Nostalgia: Chopping Fruits & Vegetables 10:30 Bible Study 11:00 Picture Prompts: 1950's 11:30 Lunch 1:00 Nerf Gun Target Practice 1:15 Large Group Ice Cream Creations 1:30 This Is Chris: About Me 2:00 Discussion: Living w/ Alzheimer's 2:30 Helping Hands: Folding Towels 2:30 Apple Cider Refreshments 3:00 Common Sayings & Riddles 3:30 Afternoon Stretch 4:00 Pennsylvania Trivia 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Evening Winddown Stretches	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Healthy Hearts: Morning Workout 10:00 Baking Cookies & Pie 11:30 Lunch 1:00 Indoor Bowling & Volleyball 1:00 Science w/Chris: Making Fire with Lemons 2:00 Peanut Butter & Fruit Platter 2:30 Devotions w/Chaplain Shawn 3:00 Coffee Break 3:30 Afternoon Stroll 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Silly String Portraits 7:00 Americas Funniest Home Videos	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Fitness Frenzy Friday 10:00 Nurse Appreciation Craft 11:30 Lunch 1:00 Medical Trivia 1:30 History Rewind: M*A*S*H* 2:00 Medical Tools Throughout the Years 2:30 Fruit Bowl Snack 3:00 Let's Get Physical: Bridging w/Club 3:30 Soda Refreshments 4:00 Anatomy 101 Trivia 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Netflix & Chill	7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekend Warrior Workout 10:00 Notable New Testament Tales 10:30 Amazing News & Stories 11:00 Saturday Sing-Along 11:30 Lunch 1:15 Spa Day :Face Masks & Paraffin Wax 3:00 Pina Colada Slammers 4:00 Finish That Lyric 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Golden Age Films

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Movement! 11:30 Lunch 1:00 You Know You're Old When... 1:30 Sunday Service with Chaplain Shawn 2:00 Mother's Day Tea 3:30 Mother's Day Trivia 4:00 Famous Mother's of History 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Sunday Cinema: Mama Mia</p> <p>Mother's Day</p>	<p>15</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Muscle Club 10:00 Social Synapses: Cognition Games with Club 11:30 Lunch 1:00 Catholic Communion 1:15 Bracelet Craft 2:15 York Music Therapy 3:15 iN2L: Explordle & Landmark Trivia 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Sing Along w/Suzie Q</p>	<p>16</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Shake, Rattle, & Roll Workout 10:15 Memory Magic & Muffins 11:30 Lunch 1:00 Deer Bone Identification 1:15 Collaborating Craftsmanship: Bridging w/Club 1:30 Science Experiments: Elephant Toothpaste 2:30 Strawberry Daiquiri Slushies 3:30 Balloon Volleyball 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Afternoon Yoga 7:00 Vet Flicks: Dr. Pol</p>	<p>17</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Waist Watchers: Morning Exercise 10:00 Large Group Discussion: Memories of School w/ Brownie M&M 11:30 Lunch 1:00 Dig & Explore 1:00 Toad Toss 1:30 Tip Top Nail Spa 1:30 Eye Exams: Letter Chart 2:30 Sparkling Cider & Blueberry 3:00 Outdoor Stroll 3:30 Live Piano w/ Chris 4:00 May Flower Identification 4:30 Aromatic Hand Hygiene & Dinner 5:30 Grasshopper Craft 7:00 Game Show Marathon</p>	<p>18</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 In Shape Seniors Exercise 10:00 Making Personal Pancakes 11:30 Lunch 11:30 Dining Alfresco w/Club 1:00 Pool & Ladder Toss 2:30 Devotions w/Chaplain Shawn 3:00 iN2L: Finish That Nursery Rhyme 3:30 Ice Tea Refreshments 3:45 Memory Joggers: York City Restaurants 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Shrinky Dink Craft 7:00 Golden Girls</p>	<p>19</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Amazing News & Weather Report 10:00 Workout With Therapist Sharmila! 10:30 History of Dover, PA 11:00 Famous Figures: Neil Armstrong 11:30 Lunch 1:00 Mens Club: Nuts & Bolts Construction 3:00 Let's Get Physical: Bridging with Club 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Relax & Unwind</p>	<p>20</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Boot Camp Workout 10:00 Group Sing-Along: Patriotic Tunes 10:30 Armed Forces History & Trivia 11:30 Lunch 1:15 Rocket Launch in Courtyard 2:00 Rocket Pop Refreshments Social 3:00 Gardening Club 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Saturday Scenes: 60's Movies</p> <p>Armed Forces Day</p>
<p>21</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Bacon, Brownies, & Bingo! 11:30 Lunch 1:00 Afternoon Workout 1:30 Sunday Service with Chaplain Shawn 2:00 Beer & Wine Sippers 2:30 The Price Is Right Game 3:30 iN2L: Name That Sound 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Sunday Scenes: History Films</p>	<p>22</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Monday Mania Exercise 10:00 Social Synapses: Cognition Games with Club 11:30 Lunch 1:00 Catholic Communion 1:00 Today In History: Victoria Day 1:30 Courtyard Stroll 2:15 York Music Therapy 3:15 Tip Top Nail Spa 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Movie Marathon</p>	<p>23</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Muscle Pumpin' Exercise 10:00 World Turtle Day & Kiwi Turtle Snack 10:30 Drumming Circle 11:00 Local News & Stories 11:30 Lunch 1:00 Balloon Volleyball 1:15 Collaborating Craftsmanship: Bridging with Club 2:00 Ice Cold Beer & Soda Sippers 2:30 Low Cog. Group Activity 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Husking Corn 7:00 Evening Flicks</p>	<p>24</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Working Out Wednesday 10:00 Low Cog. Group Activity 10:00 Name That Scent 10:30 Odd Stories of The Bible 11:00 Guess Who 11:30 Lunch 1:00 Shuffleboard 1:00 Homemade Peach Ice Cream 2:30 Connections Cleaning Club 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Yoga and Jeopardy 7:00 Sports Highlight</p>	<p>25</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Jewish Baking: Blintzes 11:30 Lunch 1:15 Educational Presentation: Shavuot 2:00 Celebration Of Life 2:30 Devotions w/Chaplain Shawn 3:00 Happy Hour: Wine & Fresh Fruit 3:30 Ladder Ball & Knock Down Cans 4:00 Common Sayings 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Family Night: Glazing Sun Pottery Visit 7:00 Dementia Centered Documentaries</p> <p>Shavuot</p>	<p>26</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Cardio Crusher Workout 10:00 Experimenting With Helium 11:00 Hymn Sing-Along 11:30 Lunch 1:00 Watering The Garden 1:30 iN2L: Flower Identification 3:00 Let's Get Physical: Bridging with Club 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Movies Galore</p>	<p>27</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Sweatin' Seniors 10:00 All About Me: Madyson 10:30 What's New? Updates on PP 11:30 Lunch 1:00 Low Cog. Large Group Activity 2:00 Ball Toss Discussion Starters 2:30 Finish Those Lyrics 3:00 Chocolate Milk & Brownies 3:30 Fashion Trivia 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Musical Melodies & Relaxation</p>
<p>28</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Morning Workout 10:00 Baking Pentecost Cake 11:30 Lunch 1:00 Jokes About Aging 1:30 Pentecost Service with Chaplain Shawn 2:00 Church Crafts: Pentecost Wind Sock 3:30 Local Sport Update & Weather Report 4:00 Common Sayings 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Religious Films</p> <p>Pentecost</p>	<p>29</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Memorial Day Workout 10:00 BBQ Food Prep 11:30 Lunch 1:00 Honoring Connection Veterans 1:00 Catholic Communion 2:00 CN Memorial Day Outdoor BBQ with Musical Entertainment 3:30 Patriotic Sing-Along 4:00 Memorial Day Trivia & History 4:20 Aromatic Hand Hygiene 4:30 Dinner 7:00 Memorial Day Film: Run Silent, Run Deep</p> <p>Memorial Day</p>	<p>30</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Sunrise Exercise 10:00 Connections Cleaning Crew 10:00 Bible Study 10:30 Local News & Top News Stories 11:00 Name Game 11:30 Lunch 1:00 Balloon Taps 1:15 Collaborating Craftsmanship: Bridging with Club 2:00 Coffee Break with Anagram & Homonym Brain Teasers 3:00 Drumming Circle 3:30 Courtyard Stroll 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Cornhole & Netball</p>	<p>31</p> <p>7:00 Activities Of Daily Living 8:00 Breakfast & Café Espresso 9:30 Weekday Warrior Workout 10:00 Morning News & Weather Report 10:30 Bible Study 11:00 Jolly Jokes 11:30 Lunch 1:15 Monthly Highlights: CN Slideshow & Resident Recognition Ceremony 2:15 Wine About It 3:00 Snowball Fight 3:30 Anatomy Trivia & Lesson 4:20 Aromatic Hand Hygiene 4:30 Dinner 5:30 Ladder Toss 6:00 Evening Yoga</p>	<p style="text-align: center;">  MAY 2023 </p>		