

# Chambersburg

## CONNECTIONS



## JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymn (CC) 11:00 Singing Exercises 11:30 Lunch 12:30 Walking with Friends 1:15 Day Excursion (CC) Windy Knoll Ice cream 2:30 Sip and Mingle (CC) 3:00 Mold a Word 3:30 Birthday Committee Meeting 4:15 Dinner 5:30 Watch the World of Time Lapse 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Belly Dance 10:30 iN2L: Have You Ever? 11:00 Season Discussion Starter 11:30 Lunch 12:30 Walking with Friends 1:00 Musical Entertainment Featuring Jay Smar 2:30 Snow Cone Station 3:00 Gardening Club 3:30 Mountain Men Club 4:15 Dinner 5:30 Virtual Museums 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Simply Stretch 10:30 iN2L: Pictionary 11:00 Monthly Highlights 11:30 Lunch 12:30 Walking with Friends 1:15 Memories in the Making 2:30 Celebrate Nancy & Darlene B-Day 3:00 More Jeopardy Trivia 3:30 Cuisine Panel Meeting 4:15 Dinner 5:30 Ted Talks 7:00 Evening Wind Down
4	5	6	7	8	9	10
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Spiro Loving Kindness 10:30 iN2L: Mahjongg Dimensions 11:00 Spot the Difference 11:30 Lunch 12:30 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Sip and Dance 3:00 Worship Service 3:30 Hymn 4:15 Dinner 5:30 Broadway Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Flow with Flexibility 10:30 iN2L: Weekly Balloon Burst 11:00 Explordle 11:30 Lunch 12:30 Walking with Friends 1:15 Drama Club Present's: Checkers to the Moon and Back 2:30 Sip and Discuss 3:00 Remembering Family Sunday 3:30 On the Road Again Detective 4:15 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: What's That Song 11:00 Jewel Shuffle 11:30 Lunch 12:30 Walking with Friends 1:15 Scrapbooking Memories 2:30 Sip and Show 3:00 Bible Study 4:15 Dinner 5:30 The Carol Burnett Show 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Strengthen 10:30 iN2L: Mind Fitness 11:00 Visit Canada National Park 11:30 Lunch 12:30 Walking with Friends 1:30 Sensory Exploration: Obleck (CC) 2:30 Sip and Share 3:00 Pretty in Pink: Nail Care 3:30 Concentration Puzzles 4:15 Dinner 5:30 Classic Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymn (CC) 11:00 On This Day 11:30 Lunch 12:30 Walking with Friends 1:15 Day Excursion Nelly Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 Giant UNO Cards 3:30 Mountain Men Club 4:15 Dinner 5:30 Guided Tours 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star & Stripes 10:30 iN2L: Word Scramble 11:00 Mind, Body, & Soul Discussion Starter 11:30 Lunch 12:30 Walking with Friends 1:15 Gardening Club (CC) 2:30 Popcorn Station (CC) 3:00 Catch a Country By The Tune 3:30 Random Trivia 4:15 Dinner 5:30 The Art of Dancing 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Tai Chi 10:30 iN2L: Family Feud 11:00 Spotlight Inventors 11:30 Lunch 12:30 Walking with Friends 1:15 Memory Magic 2:30 Sip and Be Social 3:00 What's Wrong With This Picture? 3:30 Father's Day IQ 4:15 Dinner 5:30 Santa Monica Webcam 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Word Challenges 11:00 Spiro Leg &amp; Core 11:30 Lunch 12:30 Walking with Friends 1:15 Sharpen Your Senses 2:30 Sip and Discuss 3:00 Worship Service 3:30 Hymn 4:15 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mindful Movement 10:30 iN2L: Weekly Crossword 11:00 Mahjongg Candy 11:30 Lunch 12:30 Walking with Friends 1:15 Book Club: Coffee and Penguins 2:00 Celebrate Don B-Day 2:30 Kindly Canines 3:00 Category Trivia 3:30 Reminiscing Coney Island Park 4:15 Dinner 5:30 Wonder of the World 7:00 Evening Wind Down</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Name That Tune 11:00 Jigsaw Blast 11:30 Lunch 12:30 Walking with Friends 1:30 Kitchen Creation: Yogurt Bites (CC) 2:00 Sensory Exploration: Exploration America Flag (CC) 2:30 Sip and Share 3:00 Bible Study 4:15 Dinner 5:30 Animal Funny Videos 7:00 Evening Wind Down</p>	<p>Flag Day 14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Star &amp; Stripes 10:30 iN2L: Brain Aerobes 11:00 Visit Washington DC 11:30 Lunch 12:30 Walking with Friends 1:30 Flag Day Ceremony (CC) 2:30 Sip and Reminiscing (CC) (America Flag) 3:00 Dementia Care Partner Support 3:00 History Star-Spangled Banner 3:30 Flag Day Trivia 4:15 Dinner 5:30 Radio Garden 7:00 Evening Wind Down</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Mid Week Worship Service (CC) 10:45 iN2L: Hymn (CC) 11:00 Chair Stretch &amp; Strengthen 11:30 Lunch 12:30 Walking with Friends 1:15 Day Excursion: Shatzer Fruit Stand (CC) 2:30 Sip and Mingle (CC) 3:00 Pretty in Pink: Pampering Day 3:30 America's Favorite TV Dad 4:15 Dinner 5:30 Travel w/ Rick Stevens 7:00 Evening Wind Down</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Spiro Chair Dancing 10:30 iN2L: Would You Rather 11:00 Movie Discussion Starter 11:30 Lunch 12:30 Walking with Friends 1:15 Gardening Club 2:30 Ice Tea Time 3:00 Write Word Game: Father's Day Edition 3:30 Mountain Men Club 4:15 Dinner 5:30 The World of Great Art 7:00 Evening Wind Down</p>	<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Toning Leg &amp; ABS 10:30 iN2L: Piggy Banker 11:00 Bubble Popper 11:30 Lunch 12:30 Walking with Friends 1:00 Musical Performance Featuring Leo DiSanto 2:00 Father's Day Social 3:00 Name the Car Parts 4:15 Dinner 5:30 Ted ED Talks 7:00 Evening Wind Down</p>
<p>Father's Day 18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Spiro Loving Kindness 10:30 iN2L: Matching Game 11:00 Father Wit &amp; Wisdom 11:30 Lunch 12:30 Walking with Friends 1:15 Hardware Store Shopping Game 2:30 Milkshakes Time 3:00 Worship Service 4:15 Dinner 5:30 Panda Webcam 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Morning Stretch 10:30 iN2L: Weekly Word Search 11:00 Today History Quiz 11:30 Lunch 12:30 Walking with Friends 1:15 Drama Club Present's: Merry Mutts 2:30 Celebrate Art B-Day 3:00 A Toast to TV Dads 3:30 Juneteenth True or False 4:15 Dinner 5:30 Classical Composers 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Finish That Lyric 11:00 Weekly Puzzle 11:30 Lunch 12:30 Walking with Friends 1:30 Kitchen Creation: Purple Grapenut Pudding &amp; Grape Ribbon Jell-O (CC) 2:30 Sip and Show (CC) 3:00 Bible Study 4:15 Dinner 5:30 Baby Funny Videos 7:00 Evening Wind Down</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light &amp; Lively 10:30 iN2L: Happy Neuron 11:00 Picture Prompts 11:30 Lunch 12:30 Walking with Friends 1:15 Doughnut Bingo 2:30 Sip and Taste 3:00 Friends Hosting Friends: Longest Day Social (CC,CL) 4:15 Dinner 5:30 Virtual Music 7:00 Evening Wind Down</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymn (CC) 11:00 Tai Chi 11:30 Lunch 12:30 Walking with Friends 1:15 Day Excursion: Nature Ride (CC) 2:30 Sip and Mingle (CC) 3:00 Father's Day Message 3:30 Mountain Men Club 4:15 Dinner 5:30 Arm Chair Traveling 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing 10:30 iN2L: True Confessions 11:00 Life Discussion Starter 11:30 Lunch 12:30 Walking with Friends 1:15 Gardening Club (CC) 2:30 Cotton Candy Station (CC) 3:00 Modern Jeopardy Trivia 3:30 Food Truck Day Crossword 4:15 Dinner 5:30 Exploration Wow Art 7:00 Evening Wind Down</p>	<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Express Toning 10:30 iN2L: Karaoke 11:00 Learn a New Sign Language 11:30 Lunch 12:30 Walking with Friends 1:15 Shake Loose Memory 2:30 Sip and Share 3:00 Coffee and Doughnuts Detective 3:30 Brain Challenge 4:15 Dinner 5:30 Venice Webcam 7:00 Evening Wind Down</p>
<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Dancing Fireflies 11:00 Spiro Balance Boogie 11:30 Lunch 12:30 Walking with Friends 1:15 Toss N Talk Ball 2:30 Sip and Be Social 3:00 Worship Service 3:30 Hymn 4:15 Dinner 5:30 Kitten Rescue Webcam 7:00 Evening Wind Down</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stretch &amp; Strengthen 10:30 iN2L: Weekly Word Scramble 11:00 Block Champ 11:30 Lunch 12:30 Walking with Friends 1:15 Book Club: The Cultivation of Fairies 2:30 Sip and Discuss 3:00 Jeopardy Trivia 3:30 Secret Langston Hughes Code Message 4:15 Dinner 5:30 Virtual Cooking 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice 10:30 iN2L: Who Sang That Song 11:00 Weekly Maze 11:30 Lunch 12:30 Walking with Friends 1:30 Nature Walk Collecting Flowers (CC) 2:00 Sensory Exploration: Dry Flower Ornament (CC) 2:30 Sip and Share 3:00 Bible Study 4:15 Dinner 5:30 Candid Camera 7:00 Evening Wind Down</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: Cranium Crunches 11:00 Visit USA National Park 11:30 Lunch 12:30 Walking with Friends 1:30 Kitchen Creation: Frozen Peach Sherbet (CC) 2:30 Sip and Taste 3:00 Pretty in Pink: Nail Care 3:30 Wacky Wordies 4:15 Dinner 5:30 SATM Radio Show 7:00 Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service (CC) 10:30 iN2L: Hymn (CC) 11:00 Seated Core 11:30 Lunch 12:30 Walking with Friends 1:15 Day Excursion: Mikies Ice Cream (CC) 2:30 Sip and Mingle (CC) 3:00 Exploring the iN2L 3:30 Mountain Men Club 4:15 Dinner 5:30 Country Walking Tours 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sit &amp; Be Fit 10:30 iN2L: Brain Teasers 11:00 Life Discussion Starter 11:30 Lunch 12:30 Walking with Friends 1:15 Gardening Club 2:30 Milkshake Station 3:00 Fish Or Fantasy 4:15 Dinner 5:30 Paint w/ Bob Ross 7:00 Evening Wind Down</p>	<p><i>Chambersburg</i></p> <p><b>CONNECTIONS</b></p> <p><b>JUNE 2023</b></p>