




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
  						1 8:00 Breakfast & Cafe Espresso 9:30 Weekend Warriors Workout 10:00 Today In History: Canada Day & Canadian Phrases Trivia 10:30 Bible Study & Jokes On You 11:30 Lunch 1:15 Kiss My Putt: Mini Golfing 2:00 Coffee Break 2:30 All About The Hippocampus 3:00 Connections Drumming Circle 3:30 Helping Hands: Folding Laundry 4:30 Dinner 7:00 Nat Geo Documentaries
2	3	4	5	6	7	8
8:00 Breakfast & Cafe Espresso 9:30 Weekend Warriors Workout 10:15 Bacon, Brownies, & Bingo 11:30 Lunch 1:30 Sunday Service with Chaplain Shawn Via: Zoom 2:00 I Scream For Ice Cream 2:30 iN2L: Basic & Situational Temporal Trivia 3:00 Group Garden Care 4:30 Dinner 7:00 70's Game Show Night	8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Keeping Sharp with Club: Independence Day Trivia & History 11:30 Lunch 1:00 Catholic Communion 1:15 Wake Up & Stretch 2:00 Childrens Choir Visit 2:30 Balloon Volleyball 3:30 iN2L: Math Challenges 4:30 Dinner 7:00 Bill Nye The Science Guy Binge	8:00 Breakfast & Cafe Espresso 9:30 Boot Camp Workout 10:00 Patriotic Sing-Along 10:30 Veterans History & Trivia & Courtyard Stroll 11:30 Lunch 1:15 Craft Club: Fireworks In A Jar with Club 2:00 Grilling on Patio 3:30 Nerf Gun Target Practice 4:30 Dinner 5:30 Woman's Tea 7:00 Stand Up Comedy Specials Independence Day	8:00 Breakfast & Cafe Espresso 9:30 Morning Exercise 10:00 Bible Study: Jesus's Childhood 10:30 iN2L: Sleight of Hand & Zany Zoom In & Nail Care 11:30 Lunch 1:30 Bingo on Patio with Club 1:30 iN2L: Ready, Count! & Countdown, & Pay That Cashier 2:30 Hymn Sing-Along 3:00 Family Feud & Word Games 4:30 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Nature Films	8:00 Breakfast & Cafe Espresso 9:30 Connections Cardio Club 10:00 Amazing News & Stories 10:30 iN2L: Trivia & Outdoor Stroll 11:30 Lunch 1:15 Get Schooled: National Fried Chicken Day Quiz with Club 2:00 Home Made Ice Cream 3:00 Popcorn Snack 3:30 iN2L: Sentence Fill-In Trivia 4:30 Dinner 5:30 Devotions w/Chaplain Shawn Via: Zoom 6:00 Afternoon Seated Workout 7:00 I Love Lucy Marathon	8:00 Breakfast & Cafe Espresso 9:30 Fitness Fanatics Exercise 10:00 Ski History & Trivia 10:30 Volleyball Taps 11:30 Lunch 1:15 Spanish Lesson 1:30 Hydration Station: Lemonade 2:00 Science Experiments w/Chris 3:00 Let's Get Physical: Bridging with Club: A-Z Workout 4:30 Dinner 7:00 Featured Flick: SportsCenter	8:00 Breakfast & Cafe Espresso 9:30 Dumbbell Workout 10:15 Baby Chicks Craft 11:30 Lunch 1:15 All About Me! By: Lakyn 1:30 Coffee Break 2:00 Funny Stories Of The Bible 2:30 Volleyball In The Sunshine 3:30 Wedding Trivia 4:30 Dinner 4:45 Tip Top Nail Spa 7:00 Family Feud Marathon
9	10	11	12	13	14	15
8:00 Breakfast & Cafe Espresso 9:30 TheraBand Workout 10:15 Bingo & Blueberry Parfait 11:30 Lunch 1:30 Sunday Service with Chaplain Shawn 2:00 God Save the Dairy Queen: Ice Cream Social 2:30 iN2L: Car Parts & Logo Trivia 3:00 Group Garden Care 4:30 Dinner 4:45 Tip Top Nail Spa 7:00 America's Funniest Home Videos Marathon	8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Keeping Sharp with Club: Memory Magic 11:30 Lunch 1:00 Catholic Communion 1:15 KPETS: Dog Visit 2:00 Ladder Ball 3:00 iN2L: Name That Tune 3:30 Lutheran Trivia & History 4:30 Dinner 7:00 Featured Flick: SportsCenter	8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:00 iN2L: What Animals Eat & Fabulous Frog Trivia 10:30 iN2L: Doesn't Belong & Three Of A Kind Trivia & Outdoor Stroll 11:30 Lunch 1:15 Craft Club: Creative Foods With Club 4:30 Dinner 5:30 iN2L: Alpha Order Trivia 6:00 Hot Cocoa Bar 6:30 Group Sing-Along 7:00 Medical Documentaries	8:00 Breakfast & Cafe Espresso 9:30 Morning Exercise 10:15 Husking Corn & Outdoor Stroll 11:30 Lunch 1:30 Tie Dye T-Shirts with Water Guns 2:30 Pink Lemonade Sippers 3:00 iN2L: I Remember You! 3:30 iN2L: What Did It Cost? & Always or Never? 4:30 Dinner 5:30 Group Garden Care 7:00 Mycology Documentaries	8:00 Breakfast & Cafe Espresso 9:30 Morning Exercise 10:15 Baking Cookies 10:30 Tip Top Nail Spa 11:30 Lunch 1:15 Get Schooled: History of Rock & Roll with Club 2:00 Painting Rocks w/Club 2:30 Devotions w/Chaplain Shawn 3:00 Root Beer Floats & Science 4:30 Dinner 5:30 CN Mischief: Pranking PP Manager 7:00 Stand Up Comedy Specials	8:00 Breakfast & Cafe Espresso 10:00 PowerBack Rehab Group Activity 10:30 Today In History: Bastille Day 11:30 Lunch 1:15 French Cuisine: Croissants & Garlic Herb Butter Escargot 2:00 Armchair Travels: France 3:00 Giant Pong 4:30 Dinner 7:00 WW2 Documentaries	8:00 Breakfast & Cafe Espresso 9:30 Dumbbell Workout 10:00 Group Discussion: Life Advice 10:30 Repeat After Me Game 11:30 Lunch 1:15 iN2L: Explordle & Map Trivia 2:00 Popcorn & Soda Snack 3:00 iN2L: Learn Sign Language 3:30 Group Discussion: Reminiscing The 50's 4:30 Dinner 7:00 Netflix Hit: Heartland

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16 8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:15 Bingo, Popcorn & Soda 11:30 Lunch 1:30 Sunday Service with Chaplain Shawn 2:00 Sunday Ice Cream Sundaes 2:30 Catholic Trivia 3:00 Group Garden Care 4:30 Dinner 7:00 Religious Films	17 8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Keeping Sharp with Club: Memory Magic 11:30 Lunch 1:00 Catholic Communion 1:15 iN2L:Golden Age Films Trivia 2:00 Coffee Break & Snack 3:00 Local News & Stories 3:30 Greek Mythology Lesson 4:30 Dinner 7:00 BBC News	18 8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:15 Guess That Scent 11:30 Lunch 1:15 Pie Face Show Down with Club 2:30 Boxing Trivia and History 3:00 Name That Flower & Courtyard Stroll 4:30 Dinner 5:30 iN2L: Finish That Lyric 6:00 Tip Top Nail Spa 7:00 Netflix Hit: Heartland	19 8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:00 Summer Poems & News 10:30 Morning Sing Along & Affirmations 11:00 Morning Stroll 11:30 Lunch 1:15 Patio Grill Out 3:00 Reminiscing The 60's & Tip Top Nail Spa 4:30 Dinner 5:30 Tinkering with Tools 6:00 Jokes On You 7:00 Wildlife Documentaries	20 8:00 Breakfast & Cafe Espresso 9:30 Connections Cardio Club 10:00 News & Weather Update 10:30 Connections Scavenger Hunt 11:30 Lunch 1:30 Bill Mack's On Patio with Club 2:30 Devotions with Chaplain Shawn 3:00 Helping Hands: Folding Laundry 4:30 Dinner 5:30 CN Mischief: Pranking PP Manager 7:00 Featured Flick: SportsCenter	21 8:00 Breakfast & Cafe Espresso 9:30 Friday Fitness Class 10:15 Minute To Win It Games 11:30 Lunch 1:15 Providence Place History 2:00 Apples & Caramel Snack 2:30 iN2L: Name That Bird Call 3:00 Let's Get Physical: Bridging with Club: Parachute Games 4:30 Dinner 7:00 50's Cartoons	22 8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:00 Bible Study: Mary Magdeline 10:30 Wild Stories From Florida 11:30 Lunch 1:15 Breaking World Records 2:00 Oreo Pudding Snack 2:30 Nerf Gun Target Practice 3:30 iN2L: Opposites Trivia 4:30 Dinner 7:00 Netflix Hit: Heartland	
23 8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:15 Bingo & Bagels 11:30 Lunch 1:30 Sunday Service with Chaplain Shawn with Deviled Egg Snack 2:00 Brownies A' La Mode 3:00 Group Garden Care 4:30 Dinner 4:45 Nail Care 7:00 Netflix Hit: Heartland	24 8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Keeping Sharp with Club: Cowboy Day History & Trivia 11:30 Lunch 1:00 Catholic Communion 1:15 Nerf Gun Target Practice 2:15 KPETS: Dog Visit & York Music Therapy 3:30 iN2L: House Pet Trivia 4:30 Dinner 7:00 Science Documentaries	25 8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:15 Shucking Corn 11:00 Outdoor Stroll 11:30 Lunch 1:15 Ways to Keep Busy: Hangman with Club 2:30 Local News & Events 3:00 Wine & Beer Social 3:30 Cookie Snack 4:30 Dinner 7:00 Veterans Documentaries	26 8:00 Breakfast & Cafe Espresso 9:30 Weekday Workout 10:00 Bible Study 10:30 Would You Rather & Jokes 11:30 Lunch 1:15 Coffee Hour 2:00: York History Center Presentation 3:30 Ladder Toss & Cornhole 4:30 Dinner 5:30 Pictionary 6:00 Evening Yoga & Hot Tea 7:00 Game Show Marathon	27 8:00 Breakfast & Cafe Espresso 9:30 Morning Exercise 10:00 iN2L: Name That Tree Trivia 10:30 Gardening Tips & Trivia 11:30 Lunch 1:15 Get Schooled: Marshmallow Spaghetti Towers 2:00 Celebration of Life 2:45 Devotions with Chaplain Shawn 3:15 Coke Floats 4:30 Dinner 5:30 CN Mischief: Pranking PP Manager	28 8:00 Breakfast & Cafe Espresso 10:00 Workout with PowerBack Rehab 11:00 iN2L: Safety Trivia 11:30 Lunch 1:15 CN Scavenger Hunt Pt:2 2:00 Ice Tea Sippers & Snack 3:00 Let's Get Physical: Bridging With Club: Shuffleboard 4:30 Dinner 7:00 Bill Nye The Science Guy	29 8:00 Breakfast & Cafe Espresso 9:30 TheraBand Workout 10:00 Amazing News & Stories 10:30 Armchair Travel: Britian 11:30 Lunch 1:15 Outdoor Stroll 2:00 Minute To Win It Challenges 3:30 Tip Top Nail Spa 4:30 Dinner 7:00 Pixar Movies	
30 8:00 Breakfast & Cafe Espresso 9:30 Weighted Dumbbell Workout 10:15 Bingo & Banana Bread 11:30 Lunch 1:30 Sunday Service with Chaplain Shawn 2:00 Sunday Ice Cream Sundaes 3:00 Group Garden Care 4:30 Dinner 7:00 Religious Flicks	31 8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Social Synapses: Cognition Games with Club 11:30 Lunch 1:00 Catholic Communion 1:15 Indoor Bowling 2:00 BBQ On Patio 3:30 Resident Recognition 4:30 Dinner 7:00 Game Show Marathon	