

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Providence Place SENIOR LIVING News

Q3: July 2023

A Note from the Executive Director

We are grateful at the Collegeville Inn to see a lot of life and fun in our community. Summer outings and greater community connections are in full swing.

As the summer continues, we really look forward to spending time in our gardens and on our patio and hosting more events for friends & family.

I have enjoyed spending some dedicated time here and getting to know our team members & residents more closely. While change is sometimes hard, we do continue to strive to make sure Providence Place feels like a second home to everyone. Your feedback and input is always welcome and appreciated. Please come and chat anytime.

We have a lot of new residents to welcome and we are expanding our Connections Neighborhood (Memory Care) to better serve our community needs.

If you have questions or concerns, please come see me in the campus!

Best,

Kim Perchak

Interim Executive Director

Highlighted Events

- 4 – 4th Celebration @ 3:30pm
- 6 – Diner's Caravan: Bahama Breeze @ 10:30am
- 13 – Valley Forge Casino Outing @ 9am
- 18 – Outing to Taylor Backes Glass Studio: Glass Blowing @ 9am
- 21 – Steel Drums Performance @ 3pm
- 25 – Reading Phillies Game @ 10am
- 25 – Dementia Support Group @ 6pm - *Connections*
- 28 – Entertainment: Tom Bonano @ 3:30pm

Welcome New Residents

- Irving H.
- Peggy T.
- Judy T.
- Patrick C.
- James A.
- Roseann A.



*Dimensions
of Wellness*

Resident Birthdays

July

Valia Keller
Sara Waslick
Joseph Prestipino
James Auld
Mary Baird
Roseann Auld
John Hilson
Virginia Williams
Marianne Levinsky
Andrew McGlincy
Loretta Demito

August

Horace Troxel
Irving Hark
Lyman Lundeen
Joseph Fritz
Marie Innaurato
Lillian Dorman
Beverly Berlin
Randi Stetz
Arlene Hanlon
Grace Scull

September

Rita Vitale
Diane Kenworthy
Vivian Coscia
Joan Behunin
Bruce Summerfield



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
30 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Dan (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub (P) 4:00 Manicures (AR) 6:00 Movie : Live and Let Die (T)	31 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Weekly Weather & News (AR) 11:00 Creative Crafting (CR) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (TBD:2sndFI,CR,or OP)	THE Club		Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Lobby, Café (C)		July 2023	1 9:30 Central Synagogue Service (T) 10:00 Sit and be Fit (P) 11:00 Hummingbird Cake (AR) 1:00 BINGO (R) 2:00 Book Club & Shakes (OS/P) 3:30 Trivia Happy Hour (P) 6:15 Res. Run Dominoes (AR)
2 10:30 Catholic Mass on Screen (T) 11 :00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Dan (CR) 2:00 Garden Club (AR) 3:00 Games in The Pub 4:00 Manicures 6:00 Movie: The Thomas Crown Affair	3 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Weekly Weather & News (AR) 11:00 Creative Crafting (CR) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (TBD:2sndFI,CR,or OP)	Independence Day 4 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Independence Day Trivia 11:00 Word Search & Relaxation (P) 1:00 Golden Sneakers (P) 2:00 Circle Of Friends (T) 3:00 ED-U: Dominican Holidays) 6:00 Res. Run Board Games (P)	5 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 IN2L Tour Jamaica (P) 1:30 Look Who's Dancing Exercise (CN) 2:00 Mid-Week Service with Chaplain Daniel (T)	6 9:15 Morning Meeting (P) 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Bahama Breeze \$\$ (OB) 1:30 Activities Committee Meeting (AR) 2:30 Play Reading: Ellery Queen (AR) 1:30 Activities Committee Meeting (AR) 3:30 Karaoke Happy Hour (P)	7 9:15 Morning Meeting (P) 10:00 Sit & Be Fit (P) 10:30 All About Atlantic City (CN) 11:00 Patio Conversations 1:00 Bingo Bucks Bingo (AR) 2:00 Sip and Share (P) 3:00 ED U: Caribbean Culture 3:30 Week in Review News Stories	8 9:30 Central Synagogue Service (T) 10:00 Sit and Be Fit (P) 10:30 Caribbean Sugar Cookies (AR) 1:00 BINGO (AR) 2:00 The Adventure of the Murdered Ship 3:30 Hawaiian Music Happy Hour (P) 6:15 Res. Run Dominoes (P)	
9 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Dan (CR) 2:00 Garden Club: (AR) 3:00 Games in The Pub (P) 4:00 Manicures (AR) 6:00 Movie: The Island (AR)	10 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Weekly Weather & News (AR) 11:00 Creative Crafting (CR) 1:00 Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (TBD:2sndFI,CR,or OP) 4:00 Court Yard Sharing (CN)	11 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Shopping Trip: Michael's \$\$ (OOB) 11:00 Word Search & Relaxation (P) 1:00 Golden Sneakers (P) 2:00 Circle Of Friends (T) 3:15 Hymn Sing (T) 4:00 Happy Hour (P) 6:15 Community Board games (P)	12 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Patio Conversations (OS) 1:00 BNGO 2:30 Mid-Week Service with Chaplain Daniel (T) 3:30 Rehearsal for the Ellery Play (T)	13 9:15 Morning Meeting (P) 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Word Searches (P) 12:00 Lunch Bought in: Pizza \$\$ 1:30 Fire Side Chat With Terri, ED (AR) 2:30 Bocci (OS) 3:30 Mexican Sangria Happy Hour (P) 6:00 Nighttime Nickel Bingo (AR)	14 9:15 Morning Meeting (P) 10:00 Sit & Be Fit (P) 10:30 Cross Words & Word Searches (P) 11:00 Patio Conversations 1:00 Bingo (AR) 2:00 Play: PP Players (P) 3:30 Balloon Volley ball (P) 6:00 Res. Run Billiards (OL)	15 9:30 Central Synagogue Service (T) 10:00 Sit and Be Fit (P) 10:30 Jamaican Bulla Cake (AR) 11:00 Community Crossword (P) 1:00 BINGO (AR) 2:30 Community Music School (P) 3:30 Caribbean Style Happy Hour (P) 6:00 Res. Run Dominoes (AR)	
16 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit 1:00 Ecumenical Service with Dan (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub 4:00 Manicures (AR) 6:00 Movie: The Deep (T)	17 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Weekly Weather & News (AR) 11:00 Creative Crafting (CR) 1:30 Ice Cream Social & Trivia (CN) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Res. Run Games (AR)	18 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Shopping Trip: Doller Store \$\$ 11:00 Word Search & Relaxation (P) 1:00 Golden Sneakers (P) 2:00 Circle Of Friends (T) 3:00 St. Eleanor Mass (T) 4:00 Happy Hour (P) 6:00 Board Games (P)	19 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Butterfly Garden (CR) 1:30 Look Who's Dancing Exercise (CN) 2:00 Mid-Week Service with Chaplain Daniel (T) 3:00 Corn Hole (OL) 6:00 Res. Run Billiards (OL)	20 9:15 Morning Meeting (P) 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Word Searches (P) 1:00 Engage Artisan Gallery (OOB) 1:30 Corn Hole & Popsicles (BP) 3:00 Balloon Volleyball (CR) 6:00 Nighttime Nickel Bingo (AR)	21 9:15 Morning Meeting (P) 10:00 Sit & Be Fit (P) 10:30 Cross Words & Word Searches (P) 11:00 Paint with Confidence (CN) 1:00 Bingo (AR) 2:00 Sip and Share (P) 3:00 Steel Drums (P) 6:00 Res. Run Billiards (OL)	22 9:30 Central Synagogue Service (T) 10:00 Stretch Exercise 10:30 Caribbean Bread Pudding (AR) 11:00 Community Crossword (P) 1:00 BINGO (AR) 2:00 Book Club & Shakes (T) 3:30 Cuban Music Happy Hour (P) 6:15 Res. Run Dominoes (AR)	
23 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit 1:00 Ecumenical Worship with Dan (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub 4:00 Manicures (AR) 6:00 Movie: To Have and Have Not (T)	24 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Weekly Weather & News (AR) 11:00 Creative Crafting (CR) 1:00 Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 Travel to St. Lucia (T) 6:00 Res. Run Shuffle Board (AR)	25 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Phillies Game \$\$ (OOB) 10:30 Balloon Volleyball (CN) 1:00 Patio Discussions (OT) 2:00 Circle Of Friends (T) 3:15 Hymn Sing 4:00 Happy Hour 6:15 Community Board Games (P)	26 9:15 Morning Meeting (P) 9:30 Sit & Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Artful Coloring CR) 1:30 Food Demonstration with Chef Ed 2:00 Mid-Week Service with Chaplain Daniel (T) 6:00 Res. Run Billiards (OL)	27 9:15 Morning Meeting (P) 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Word Searches (P) 1:00 Boat Racing (OS) 2:00 Family Feud / Word games (P) 3:00 Ed U: Arthritis Awareness & Pain (T) 6:00 Nighttime Bingo (AR)	28 9:15 Morning Meeting (P) 10:00 Sit & Be Fit (P) 10:30 Hand Chime Music Program (P) 11:00 Patio Conversations 1:00 Bingo (AR) 2:00 Sip and Share (P) 3:00 Fred Astaire Ballroom Dancers (P) 3:30 Week in Review News Stories 6:00 Res. Run Billiards (OL)	29 9:30 Central Synagogue Service (T) 10:00 Sit and Be Fit (P) 10:30 St. Martin Butter Cookies (AR) 11:00 Community Cross Word (P) 1:00 BINGO (AR) 2:00 Book Club & Shakes (T) 3:30 Reggae happy Hour (P) 6:15 Res. Run Dominoes (AR)	