


Chambersburg

CONNECTIONS



AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Balloon Ball 10:30 iN2L: Weekly Crossword 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Confetti Cake Pops (CC) 2:30 Celebrate Ed's Birthday (CC) 3:00 Bible Study 4:15 Dinner 5:30 Watch the World 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Life Chats with Chaplain Rick 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Garden Mosaic Stepping Stones (CC) 2:00 Musical Memories with Tom Shultz (CC) 3:00 August IQ 4:15 Dinner 5:30 Saltbox TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service 10:30 iN2L: Hymns 11:00 Chair Dancing 11:30 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nature Ride (CC) 2:30 Sip and Mingle (CC) 3:00 America Says...! 4:15 Dinner 5:30 Broadway Musicals 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Volleyball 10:30 iN2L: Piggy Banker 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Snow Cone Station 3:00 Drama Club: National Girlfriend Day 4:15 Dinner 5:30 World Wide Webcams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 4,2,1 Class 10:30 iN2L: Weekly Balloon Burst 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Timeslips 2:30 Sip and Share 3:00 Word Hive 4:00 Dinner 5:30 Arm Chair Travel 7:00 Evening Wind Down
6	7	8	9	10	11	12
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Wordle and Mini Crossword 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Piano Playing w/ Bryan Herber 2:30 Sip and Reminisce 3:00 Worship Service 3:30 Hymns 4:15 Dinner 5:30 Puppies Webcam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Dancing: Through the Decades 10:30 iN2L: Word Wipe 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Book Club: A Full Deck 2:30 Wacky Wordies 3:00 Prize Bingo 4:15 Dinner 5:30 Magical Movie Moments 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice with Krystal 10:30 iN2L: Sing That Tune 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Homemade Ice Cream (CC) 2:30 Sip and Taste (CC) 3:00 Bible Study 4:15 Dinner 5:30 Classic Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Life Chats with Chaplain Rick 10:30 iN2L: Brain Games 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Clothespin Wreathes (CC) 2:30 Sip and Share (CC) 3:00 Dementia Support Group 3:30 Pretty in Pink: Nail Care 4:15 Dinner 5:30 Painting with Bob Ross 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 9:45 Chair Yoga w/ Beth 10:15 Mid Week Worship Service 10:30 iN2L: Hymns 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Country Creek Produce (CC) 2:30 Sip and Mingle (CC) 3:00 Jeopardy Trivia 4:15 Dinner 5:30 TED Talks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Music in Motion 10:30 iN2L: Weekly Balloon Burst 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Root Beer Floats 3:00 Remembering the Drifters 4:15 Dinner 5:30 Visit a Virtual Museum 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Light and Lively 10:30 iN2L: Wordscapes 11:00 Conversations over Coffee 1:30 Lunch 12:00 Walking with Friends 1:15 What's Your Story? 2:30 Celebrate Nancy's Birthday 3:00 Guess the Movie by Song 4:15 Dinner 5:30 Travel to a National Park 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Karaoke 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:00 Picture it: Double Exposure 2:30 Sip and Discuss 3:00 Worship Service 3:30 Hymns 4:15 Dinner 5:30 Candid Camera 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Sittercise 10:30 iN2L: Would You Rather? 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Remembering Las Vegas 2:00 Kindly Canines 3:00 Celebrate Dorothy's Birthday 3:30 Concentration Puzzles 4:15 Dinner 5:30 Hummingbird Nest Cam 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice with Krystal 10:30 iN2L: Guess the Instrument 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Personal Trifles (CC) 2:30 Sip and Taste (CC) 3:00 Bible Study 4:15 Dinner 5:30 Flowers in Bloom 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Life Chats with Chaplain Rick 10:30 iN2L: Weekly Word Find 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Discuss and Recall: Klondike Gold Rush 2:30 Taste Test: Klondike Bars 3:00 Gold Scavenger Hunt 4:15 Dinner 5:30 San Diego Ape Cam 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service 10:30 iN2L: Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Nelly Fox Bowling (CC) 2:30 Sip and Be Social (CC) 3:00 Men's Club: Self Care 4:15 Dinner 5:30 Great Art Explained 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Balloon Ball 10:30 iN2L: Card Sharks 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Travel Brief: Sahara Desert 2:30 "Dry" Humor 3:00 Desert Trivia 3:30 Cool Down with Kool-Aid 4:15 Dinner 5:30 Animals of the World 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stars and Stripes 10:30 iN2L: Brain Teasers 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Night Wonder of Astronomy 2:30 Sip and Share 3:00 Birthday Committee Meeting 3:30 Dice Bowling 4:15 Dinner 5:30 Classic Radio 7:00 Evening Wind Down
20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Meditation Time 10:30 iN2L: Wheel of Fortune 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Where am I? 2:30 Sip and Discuss 3:00 Worship Service 3:30 Hymns 4:15 Dinner 5:30 TED Talks 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Seated Core 10:30 iN2L: Weekly World Scramble 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Book Club: Driving with the Stars 2:30 Sip and Mingle 3:00 Modern Jeopardy Trivia 4:15 Dinner 5:30 Space Webcam 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice with Krystal 10:30 iN2L: Explordle 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Pudding Pops (CC) 2:30 Sip and Taste (CC) 3:00 Bible Study 4:15 Dinner 5:30 Inspirational Videos 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Life Chats with Chaplain Rick 10:30 iN2L: What Did It Cost? 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: Paper Weaving (CC) 2:30 Sip and Share (CC) 3:00 Can You Picture This? 4:15 Dinner 5:30 Radio Garden 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service 10:30 iN2L: Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Grayce Gardens (CC) 2:30 Sip and Be Social (CC) 3:00 Pretty in Pink: Nail Care 4:15 Dinner 5:30 Classic TV Shows 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Volleyball 10:30 iN2L: Name 5 Things 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Gardening Club 2:30 Celebrate Susan's Birthday 3:00 Candy Bingo 4:15 Dinner 5:30 Amazing Birds of Paradise 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Chair Belly Dancing 10:30 iN2L: Discussion Starters 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Canvas Creations 2:30 Sip and Share 3:00 Word Boggle 3:30 Men's Club: Checkers 4:15 Dinner 5:30 Great Parks of Africa 7:00 Evening Wind Down
27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Aromatherapy 10:30 iN2L: Mad Libs 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Sharpen Your Senses 2:00 Barb and Friends 3:00 Worship Service 3:30 Hymns 4:15 Dinner 5:30 Roy Durkee's SATM 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Stability Strengthening 10:30 iN2L: Chain Reaction 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Drama Club: Light Over Sedona 2:30 Celebrate Helen's Birthday 3:00 Random Trivia 4:15 Dinner 5:30 Funny Animals Videos 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Band Practice with Krystal 10:30 iN2L: Logic Trivia 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Kitchen Creation: Dessert Lasagna (CC) 2:30 Sip and Taste (CC) 3:00 Bible Study 4:15 Dinner 5:30 TED Talks 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Life Chats with Chaplain Rick 10:30 iN2L: Guess the Price 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:15 Crafty Creation: DIY Paper Spinner (CC) 2:30 Sip and Share (CC) 3:00 Indoor Bowling 4:15 Dinner 5:30 History Videos 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily News and History 10:00 Mid Week Worship Service 10:30 iN2L: Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:15 Day Excursion: Explore the Green House (CC) 2:30 Sip and Be Social (CC) 3:00 More Jeopardy Trivia 4:15 Dinner 5:30 Santa Monica Webcam 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>AUGUST 2023</h1>	