

Lancaster

CONNECTIONS



AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am — Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Family Games 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Andy Griffith 7:00pm—Tea & Snacks	7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am—Hydration 11:30am— Lunch 1:00pm— iN2L 2:00pm— Milkshakes & Music 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Variety Show! 7:00pm—Tea and Snacks	7am—ADLs 8am—Breakfast 9:30am—Morning Social 10am— Live Music w Katie! 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Centerpiece Craft 3:00pm— Snack Pass 4:30pm—Dinner 6:00pm— I Love Lucy! 7:00pm—Tea and Snacks	7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Morning Stroll 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Trivia Challenge! 3:00pm—Movie of the Week 4:30pm—Dinner 6:00pm— Evening iN2L 7:00pm—Tea and Snacks!	7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Book Club 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Rosa Activity Special 3:00pm— Rosa’s Nail Salon 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks
6	7	8	9	10	11	12
7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Livestream Church 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:30pm— Church w Pastor Jeff 3:00pm— Rosa’s Nail Salon 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Patio Party 3:00pm— Bingo 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks	7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am — Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Family Games 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Andy Griffith 7:00m—Tea & Snacks	7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am—Hydration 11:30am— Lunch 1:00pm— iN2L 2:00pm—Smoothie Bar & Banter 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Variety Show! 7:00pm—Tea and Snacks	7am—ADLs 8am—Breakfast 9:30am—Morning Social 10am— Corn Hole Toss 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Music Reflection 3:00pm— Snack Pass 4:30pm—Dinner 6:00pm— Lassie! 7:00pm—Tea and Snacks	7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Morning Stroll 11:30am—Lunch 1:00pm—iN2L 2:00pm— Bus Tour! 3:00pm—Patio Party 4:30pm—Dinner 6:00pm— Evening iN2L 7:00pm—Tea and Snacks!	7am—ADLs 8am—Breakfast 9:30am— Coffee & Conversa- tion 10am— Music in the Morning 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:30pm— Church Service 3:00pm— Virtual Vacation 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 7am—ADLs 8am—Breakfast 9:30am— Morning Stroll 10am— Livestream Church 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:30pm— Church w Pastor Jeff 3:00pm— Happy Melodies 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	14 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Patio Party 3:00pm— Bingo 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks	15 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am — Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Artistic Expressions 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Andy Griffith 7:00pm—Tea & Snacks	16 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am—Hydration Station 11:30am— Lunch 1:00pm— iN2L 2:00pm— Garden Club 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Lawrence Welk 7:00pm—Tea and Snacks	17 7am—ADLs 8am—Breakfast 9:30am—Morning Social 10am— Live Music w Katie! 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm—Decoration Committee 3:00pm— Snack Pass 4:30pm—Dinner 6:00pm— I Love Lucy! 7:00pm—Tea and Snacks	18 7am—ADLs 8am—Breakfast 9:30am— News & Views 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Bus Tour! 3:00pm— Discussion Group 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	19 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— The Rosa Social 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Rosa’s Nail Salon 3:00pm— Activity Special 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks
20 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Livestream Church 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:30pm— Church w Pastor Jeff 3:00pm— Rosa’s Nail Salon 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	21 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Word Games 3:00pm— Bingo 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks	22 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am — Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Paint Party 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Andy Griffith 7:00pm—Tea & Snacks	23 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am—Hydration 11:30am— Lunch 1:00pm— iN2L 2:00pm— Baking Club 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Lawrence Welk 7:00pm—Tea and Snacks	24 7am—ADLs 8am—Breakfast 9:30am—Morning Social 10am— Balloon Volley 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Music Reflection 3:00pm— Snack Pass 4:30pm—Dinner 6:00pm— Lassie! 7:00pm—Tea and Snacks	25 7am—ADLs 8am—Breakfast 9:30am— News and Views 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Bus Tour! 3:00pm— Discussion Group 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	26 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Exercise 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Virtual Vacation 3:00pm— Activity Special 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks
27 7am—ADLs 8am—Breakfast 9:30am— Morning Stroll 10am— Livestream Church 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:30pm— Church w Pastor Jeff 3:00pm— Happy Melodies 4:30pm— Dinner 6:00pm— Evening iN2L 7:00pm— Tea & Snacks	28 7am—ADLs 8am—Breakfast 9:30am— Morning News 10am— Exercise 11am – Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Patio Party 3:00pm— Bingo 4:30pm— Dinner 6:00pm— The Gaithers! 7:00pm— Tea & Snacks	29 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am — Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Crafting with Rosa 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Andy Griffith 7:00pm—Tea & Snacks	30 7am—ADLs 8am—Breakfast 9:30am—Coffee & Chronicles 10am— Exercise with Rosa 11am—Hydration 11:30am— Lunch 1:00pm— iN2L 2:00pm— Birthday Party! 3:00pm—Bible Study 4:30pm—Dinner 6:00pm— Lawrence Welk 7:00pm—Tea and Snacks	31 7am—ADLs 8am—Breakfast 9:30am—Morning Social 10am— Live Music w Katie! 11am—Hydration 11:30am—Lunch 1:00pm—iN2L 2:00pm— Table Ball 3:00pm— Snack Pass 4:30pm—Dinner 6:00pm— I Love Lucy! 7:00pm—Tea and Snacks	 AUGUST 2023	