


Pottsville

# CONNECTIONS



# AUGUST 2023

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|--|---|---|---|--|--|---|
|  |   | 1   | 2   | 3  | 4  | 5   |
|  |   | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 iN2L-Rosary<br>10:15 Fitness Express<br>10:45 Spelling Challenge<br>11:00 Lunch<br>12:00 iN2L - Lighthouses of the World<br>1:00 Paint & Sip - Ocean View<br>2:15 Games Galore<br>3:15 Time Slips<br>4:00 Dinner<br>5:00 Gather Round-Classic TV   | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Spiritual Eldercare<br>10:00 Morning Stretch on the Terrace<br>10:30 Memory Magic<br>11:00 Lunch<br>12:00 iN2L - Westminster Cathedral Choir<br>1:30 Zumba with Michele<br>2:30 Art Expressions with Kim<br>3:30 Joyful Reflections<br>4:00 Dinner<br>5:00 Cornhole Toss<br>6:30 Evening Snack & Wind Down | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 iN2L - Daily Mass<br>10:00 Kitchen Corner - Coca Cola Cake<br>11:00 Lunch<br>12:00 Household Chores<br>1:00 Puzzles & Ponderings<br>2:00 Grateful Drumming with Joe<br>3:00 Cake & Conversation<br>4:00 Dinner<br>5:00 Corn Hole Toss<br>6:30 Snack & Evening Wind Down     | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Inspirational Hymns<br>10:00 Chair Exercises<br>10:30 Chair Soccer<br>11:00 Lunch<br>12:00 iN2L - Country Music Legends<br>1:00 Words That Start with A<br>2:00 Eucharistic Service with<br>Chaplain Deacon David<br>3:00 Storytelling - Can you Picture This?<br>4:00 Dinner<br>5:00 Gather Round-Classic TV | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Bible Study<br>10:00 Tai Chi<br>10:30 Balloon Volley<br>11:00 Lunch<br>12:00 Manicures<br>1:00 iN2L - Bubble Pop<br>1:30 Family Feud<br>2:00 Ice Cream Social<br>3:00 Color Me Calm<br>4:00 Dinner<br>5:00 Gather Round-Classic TV                   |
| 6  | 7   | 8   | 9   | 10   | 11   | 12  |
| 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Live Stream-Trinity Lutheran Church<br>Worship Service<br>10:30 Joyful Reflections<br>11:00 Lunch<br>12:00 Household Chores<br>1:00 iN2L- Travel to Dollywood<br>2:00 Mocktails & Munchies<br>3:00 Bingo<br>4:00 Dinner<br>5:00 Gather Round-Classic TV | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 iN2L-Daily Mass<br>10:00 Morning Stretch on the Terrace<br>10:30 Bird Watchers Club<br>11:00 Lunch<br>12:00 Spa Treatments<br>1:00 Farm To Table –<br>Fresh Tomato Bruschetta<br>2:30 Junk Drawer Detective<br>3:00 Puzzles & Ponderings | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Spiritual Eldercare<br>10:00 Gentle Stretches & Meditation<br>10:30 Balloon Volley<br>11:00 Lunch<br>12:00 iN2L - Travel to the County Fair<br>1:00 Craft Corner - Community Quilt<br>2:30 Funnel Cake Social<br>3:00 Corn Hole Toss<br>4:00 Dinner<br>5:00 Memory Magic<br>6:30 Snack & Evening Wind Down | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Inspirational Hymns<br>10:00 Mindful Outdoor Experience<br>10:30 Squirt Gun Games<br>11:00 Lunch<br>12:00 Reminisce - The Drifters<br>1:00 iN2L-Bubble Pop<br>1:30 Zumba with Michele<br>2:30 Hydration Station<br>3:00 Bean Bag Toss<br>4:00 Dinner<br>5:00 Family Feud<br>6:30 Snack & Evening Wind Down | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Bible Study<br>10:00 Fitness Express<br>10:30 Can You Picture This?<br>11:00 Lunch<br>12:00 iN2L - Music Memories<br>1:00 Drum Stick Workout<br>2:00 Peach Iced Tea Social<br>3:00 Guess The Letter Game<br>- Fruity Edition<br>4:00 Dinner<br>5:00 Gather Round-Classic TV | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 iN2L - Daily Mass<br>10:00 Movers & Shakers Walking Club<br>10:30 Name That Flower<br>11:00 Lunch<br>12:00 Summer Flower Bouquets<br>1:00 Craft Corner - Sunflowers<br>2:00 iN2L - Beautiful Gardens of the World<br>3:00 Reminiscing - The Backyard Garden<br>4:00 Dinner<br>5:00 Gather Round-Classic TV    | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Devotions & Chronicles<br>9:30 Spiritual Eldercare<br>10:00 Chair Exercises<br>10:30 Chair Soccer<br>11:00 Lunch<br>12:00 iN2L – Lighthouses of the World<br>1:00 Paint & Sip - Lighthouse<br>2:00 Trivia Time<br>3:00 Parachute Fun<br>4:00 Dinner<br>5:00 Gather Round-Classic TV |

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|---|--|---|--|--|---|---|
| <p>13</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Live Stream-Trinity Lutheran Church<br/>Worship Service<br/>10:30 Let's Chat<br/>11:00 Lunch<br/>12:00 iN2L-Gaither Hallelujah Homecoming<br/>1:00 Kitchen Corner-Black Forest Trifle<br/>2:00 Table Ball<br/>2:30 Trifle &amp; Trivia<br/>3:30 Junk Drawer Detective<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p> | <p>14</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Spiritual Eldercare<br/>10:00 Morning Stretch on the Terrace<br/>10:30 Movers &amp; Shakers Walking Club<br/>11:00 Lunch<br/>12:00 Manicure Monday<br/>1:00 Bubbles &amp; Bubbly on the Terrace<br/>2:00 Scattergories<br/>3:00 Balloon Volley<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p> | <p>15</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Bible Study<br/>10:00 Poolside on the Terrace<br/>11:00 Lunch<br/>12:00 iN2L-The Wild Mustangs<br/>1:00 Creative Expressions<br/>2:00 Horseracing Game<br/>3:00 Puzzles &amp; Ponderings<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>  | <p>16</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 iN2L-Daily Mass<br/>10:00 Kitchen Corner-Making Homemade<br/>Strawberry Ice Cream<br/>11:00 Lunch<br/>12:00 Household Chores<br/>1:00 iN2L-Funniest Animal Videos<br/>1:30 Zumba with Michele<br/>2:30 Strawberry Ice Cream Social<br/>3:30 Games Galore<br/>4:00 Dinner<br/>5:00 Corn Hole Toss<br/>6:30 Snack &amp; Evening Wind Down</p> | <p>17</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Inspirational Hymns<br/>10:00 Morning Stretch on the Terrace<br/>10:30 Memory Magic<br/>11:00 Lunch<br/>12:00 Sing A Long with Susie Q<br/>1:00 Creative Expressions-Mandalas<br/>2:30 Mocktails &amp; Munchies<br/>3:30 Reminiscing-The Hit Parade<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV<br/>7:00 Summer Concert Series-Rob &amp; Marty</p> | <p>18</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Spiritual Eldercare<br/>10:00 Gentle Stretches &amp; Meditation<br/>10:30 Balloon Volley<br/>11:00 Lunch<br/>12:00 Spa Time<br/>1:00 Puzzles &amp; Ponderings<br/>2:00 Eucharistic Service with<br/>Chaplain Deacon David<br/>3:00 Table Ball<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p> | <p>19</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 iN2L - Hymn Sing<br/>10:00 Fitness Express<br/>10:30 Movers &amp; Shakers Walking Club<br/>11:00 Lunch<br/>12:00 iN2L - Best Backyard Gardens<br/>1:00 Garden to Table -<br/>Creamy Cucumber Salad<br/>2:30 Table Ball<br/>3:30 Junk Drawer Detective<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p> |
| <p>20</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Live Stream-Trinity Lutheran Church<br/>Worship Service<br/>10:30 Joyful Reflections<br/>11:00 Lunch<br/>12:00 Reminiscing<br/>- Camping &amp; Campfire Songs<br/>1:00 Balloon Volley<br/>2:00 Bingo<br/>3:00 iN2L-Hiking the Appalachian Trail<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>                       | <p>21</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 iN2L-Daily Mass<br/>10:00 Chair Exercises<br/>10:30 Chair Soccer<br/>11:00 Lunch<br/>12:00 iN2L-Elton John in Concert<br/>1:00 Creative Expressions-Abstract Art<br/>2:00 Getting To Know You Social<br/>3:00 Games Galore<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>                     | <p>22</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Morning Stretch on the Terrace<br/>10:00 Poolside on the Terrace<br/>11:00 Lunch<br/>12:00 iN2L-Tuesday Tunes<br/>1:00 Craft Corner-Beaded Necklaces<br/>2:30 Mocktails &amp; Munchies<br/>3:00 Mad Libs<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>  | <p>23</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Spiritual Eldercare<br/>10:00 Kitchen Corner-A "Big" Salad<br/>10:30 Horseshoes<br/>11:00 Pizza Party Luncheon<br/>12:00 iN2L-Travel to Italy<br/>1:30 Zumba with Michele<br/>2:30 Hydration Station<br/>3:00 Memory Magic<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>   | <p>24</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Inspirational Hymns<br/>10:00 Kitchen Corner<br/>- Homemade Peach Cobbler<br/>11:00 Lunch<br/>12:00 Manicures &amp; Hand Massages<br/>1:00 Table Ball<br/>2:00 Peach Cobbler Social<br/>3:00 Puzzles &amp; Ponderings<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>  | <p>25</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Bible Study on the Terrace<br/>10:00 Sit &amp; Be Fit<br/>10:30 Name That Bird<br/>11:00 Lunch<br/>12:00 iN2L-Tour the Louvre<br/>1:00 Card Games<br/>2:00 Eucharistic Service with<br/>Chaplain Deacon David<br/>3:00 Tea &amp; Trivia<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>       | <p>26</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 iN2L-Daily Mass<br/>10:00 Movin' to Music<br/>10:30 Parachute Fun<br/>11:00 Lunch<br/>12:00 Spa Treatments<br/>1:00 Jokes &amp; Riddles<br/>2:00 Happy Hour<br/>3:00 Penny Ante<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>   |
| <p>27</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Live Stream-Trinity Lutheran Church<br/>Worship Service<br/>10:30 Joyful Reflections<br/>11:00 Lunch<br/>12:00 Creative Expressions<br/>1:00 Brain Games<br/>2:00 Cornhole Toss<br/>3:00 Hydration Station<br/>3:30 Movers &amp; Shakers Walking Club<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>                 | <p>28</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Spiritual Eldercare<br/>10:00 Kitchen Corner<br/>- Chocolate Peanut Butter Pie<br/>11:00 Lunch<br/>12:00 Household Chores<br/>1:00 Balloon Volley<br/>2:00 Puzzles &amp; Pie Social<br/>3:30 Family Feud<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>                                       | <p>29</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Bible Study<br/>10:00 Chair Dancing<br/>10:30 iN2L-Memory Recall<br/>11:00 Lunch<br/>12:00 iN2L- Rocky Mountaineer<br/>Train Tours<br/>1:00 Can You Picture This?<br/>2:00 Drum Stick Workout<br/>2:30 Hydration Station<br/>3:00 Color Me Calm<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p> | <p>30</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Hymn Sing<br/>10:00 Morning Stretch on the Terrace<br/>10:30 Bird Watching Club<br/>11:00 Lunch<br/>12:00 iN2L-Neil Diamond in Concert<br/>1:00 Trivia Time<br/>1:30 Zumba with Michele<br/>2:30 Hydration Station<br/>3:00 Timeslips<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>  | <p>31</p> <p>6:00 Activities of Daily Living<br/>8:00 Breakfast<br/>9:00 Daily Devotions &amp; Chronicles<br/>9:30 Chair Exercises<br/>10:30 Squirt Gun Games<br/>11:00 Lunch<br/>12:00 Manicures<br/>1:00 Reminiscing-School Days<br/>2:00 Farewell to Summer Social<br/>3:00 Cornhole Toss &amp; Horseshoes<br/>4:00 Dinner<br/>5:00 Gather Round-Classic TV</p>   | <p><b>CONNECTIONS</b></p>  <p><b>AUGUST 2023</b></p>   |   |