

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



*Dimensions
of Wellness*

Resident Birthdays

August

Horace Troxel
 Irving Hark
 Lyman Lundeen
 Joseph Fritz
 Marie Innaurato
 Lillian Dorman
 Beverly Berlin
 Randi Stetz
 Arlene Hanlon
 Grace Scull

September

Rita Vitale
 Diane Kenworthy
 Vivian Coscia
 Joan Behunin
 Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: August 2023

A Note from the Executive Director

We are grateful at the Collegeville Inn to see a lot of life and fun in our community. Summer outings and greater community connections are in full swing.

As the summer continues, we really look forward to spending time in our gardens and on our patio and hosting more events for friends & family.

I have enjoyed spending some dedicated time here and getting to know our team members & residents more closely.

We want to thank Michelle Shirley for being a big part of our Providence Place family since opening this community in 2019. We will miss her dearly around the hallways and leading our Connections program.

And a big welcome to Janelle Adams, our incoming Connections Director, who has shadowed Michelle and will be stepping in to lead our growing Memory Care services.

Best,

Kim Perchak

Interim Executive Director

Highlighted Events

- 3 – **Diner's Caravan:** Italian Delight @ 10:30am
- 4 – **Outstanding Resident Awards** @ 3:30pm
- 9 – **Service Outing:** Augustus Church Soup Kitchen @ 9am
- 10 – **Musical Entertainment:** Tom Bonano @ 3:30pm
- 24 – **Fishing Trip:** Center Point Pond @ 10am
- 29 – **EdU Presentation:** Art History @ 3pm
- 31 – **Service Outing:** SPCA @ 1pm

Welcome New Residents

Wanda B.
 Judy O.
 Margaret J.
 Samuel B.
 Shirley B.
 Mary A.
 Alice C.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>THE <i>Club</i></p>		1 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:30 Noodle Volley (P) 11:00 Games in the Pub (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:00 Ed-U Tour: Italian Holiday Traditions (T) 4:00 Happy Hour (P)	2 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary (T) 11:00 iN2L Tour of Italy: Venice, Florence (P) 1:30 Look Who's Dancing Dancercise (C) 2:30 Midweek Services (CR) 3:30 Aerobic Drumming (P)	3 9:15 Meet and Greet (P) 9:45 Catholic Communion (T) 10:30 Diners Caravan Lunch Out: Italian Delight**\$\$ (OOB) 1:30 Paint and Create (P) 2:30 Sit and Be Fit (P) 3:30 Happy Hour (P) 6:00 Nighttime Nickel Bingo (AR)	4 9:15 Meet and Greet (P) 10:00 Sit and Be Fit (P) 10:30 Crosswords & Word Searches (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Sip and Share (OS) 3:30 Outstanding Resident Awards "O.R.A." Awards Ceremony (P) 6:00 Res. Run Billiards (OL)	5 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 11:00 Baking Panna Cotta (AR) 1:00 Bingo (AR) 2:00 Play Reading \$ Shakes (OS/P) 3:00 Trivia Happy Hour (P) 6:15 Res. Run Dominoes (AR)		
		6 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship (CR) 2:00 Garden Club CR 3:00 Games in the Pub (P) 4:00 Manicures (AR) 6:00 Movie: <i>Made in Italy</i> (T)	7 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom w/ Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:00 Trip to Dairy Queen** (OOB) 4:00 Pool Tournament (T) 6:00 Resident Run Shuffle Board (AR)	8 9:15 Morning Meeting (P) 9:30 Golden Sneakers with Teresa (P) 10:00 Search for August (P) 10:30 Noodle Volley (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:15 Hymn Sing (CR) 4:00 Happy Hour (P)	9 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary (T) 11:00 Crosswords & Word Searches (P) 1:00 Bingo (AR) 2:30 Midweek Services (CR) 3:00 Short Stories on the Porch (OP)	10 9:15 Morning Meeting (P) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit (P) 11:00 Community Crossword (P) 12:00 Dining In Pizza (P) 1:30 Fireside Chat (AR) 2:30 Bocci (OS) 3:30 Italian Music Happy Hour (P) 6:00 Nighttime Nickel Bingo (AR)	11 9:15 Morning Meeting (P) 10:00 Sit and Be Fit (P) 10:30 Crosswords (P) 1:00 Bingo (AR) 2:00 ED-U: Jim Murphy presents <i>William Penn's Amazing Success</i> (CR) 3:30 Balloon Volleyball (P) 6:00 Res. Run Billiards (OL)	12 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 11:00 Baking Tiramisu (AR) 1:00 Bingo (AR) 2:00 Short Stories \$ Shakes (FP) 3:00 Caribbean Music Happy Hour (P) 6:15 Res. Run Dominoes (AR)
		13 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship (CR) 2:00 Garden Club CR 3:00 Games in the Pub (P) 4:00 Manicures (AR) 6:00 Movie: <i>Under the Tuscan Sun</i> (T)	14 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom w/ Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 TED Talk & Discussion: <i>Why Doesn't the Leaning Tower of Pisa Fall Over?</i> (T)	15 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:00 Science for Seniors (P) 11:00 Games in the Pub (P) 1:00 Bingo (AR) 2:00 Circle of Friends (T) 3:00 Catholic Mass (T) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	16 9:15 Morning Meeting (P) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary (T) 11:00 Crosswords & Word Searches (P) 1:30 Look Who's Dancing Dancercise (P) 2:30 Midweek Services (CR) 3:00 Mass with St. Eleanor's Church (CR) 6:00 ED-U: Piano Students of Skippack Music School (P)	17 9:15 Morning Meeting (P) 9:45 Catholic Communion (T) 10:00 Riding in a Gondola Experience (P) 10:30 Community Crossword (CR) 1:00 Nickel Bingo (AR) 2:00 Corn Hole and Popsicles (BP) 3:00 Balloon Volleyball (CR) 6:00 Res. Run Card Games (P)	18 9:15 Morning Meeting (P) 10:00 Sit and Be Fit (P) 10:30 Hand Chimes (P) 1:00 Bingo Bucks (AR) 2:00 Cookie Bake Off (AR) 2:30 Games in the Pub (P) 3:00 Cookie Social (P) 6:00 Res. Run Billiards (OL)	19 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking Cannoli (AR) 1:00 Bingo (AR) 2:00 Walking Club (OS) 3:00 Caribbean Style Happy Hour (P) 6:15 Res. Run Dominoes (AR)
		20 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship (CR) 2:00 Wii Bowling (CR) 3:00 Games in the Pub (P) 4:00 Billiards Competition (AR) 6:00 Movie: <i>The Italian Job</i> (T)	21 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom w/ Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Walking Club (OS) 6:00 Res. Run Shuffle Board (AR)	22 9:15 Meet and Greet (P) 9:30 Golden Sneakers with Teresa (P) 10:00 Word Mining (P) 11:00 Noodle Volley (P) 1:00 Volleyball (CR) 2:00 Circle of Friends (CR) 3:15 Hymn Sing (CR) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	23 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary (T) 11:00 Crosswords & Word Searches (P) 1:00 Dining Services Committee Meeting (AR) 1:30 Food Demonstration with Chef ED (AR) 2:30 Midweek Services (CR) 3:30 Jeopardy (T)	24 9:15 Meet and Greet (P) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit (P) 10:00 Trip: Center Point Pond** (OOB) 1:00 Boat Racing (OS) 2:00 Italian Games: Marbles (P) 3:00 Walking Club (OS) 6:00 Nighttime Nickel Bingo (AR)	25 9:15 Meet and Greet (P) 10:00 Sit and Be Fit (P) 10:30 Drum Aerobics (P) 1:00 Bingo Bucks Bingo (AR) 2:00 ED-U: <i>Surviving the Summer Heat; Dehydration, Symptoms & Strategies</i> by Jodi Stump, LPN, DOW (T) 3:30 Entertainment: Courtney Colletti (P) 6:00 Res. Run Billiards (OL)	26 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Bake Caribbean Bread Pudding (AR) 1:00 Bingo (AR) 2:00 Make Cigar Box Clocks (AR) 3:00 Cuban Music Happy Hour (P) 6:15 Res. Run Dominoes (AR)
		27 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship (CR) 2:00 Wii Bowling (CR) 3:00 Games in the Pub (P) 4:00 Billiards Competition (AR) 6:00 Movie: <i>The Good the Bad and the Ugly</i> (T)	28 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom w/ Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 ED U: Tour of Italy (T) 6:00 Res. Run Shuffle Board (AR)	29 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Noodle Volley (P) 11:00 Games in the Pub (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:00 Walking Club (OS) 4:00 Happy Hour (P)	30 9:15 Meet and Greet (P) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary (T) 10:30 Crosswords and Word Searches (P) 11:00 Bake Dog Biscuits (AR) 1:00 Bingo (AR) 2:30 Midweek Services (CR) 3:30 Aerobic Drumming (P)	31 9:15 Meet and Greet (P) 9:45 Catholic Communion (T) 10:30 Crossword & Word Searches (CR) 1:00 Trip: Montgomery Co. SPCA** (OOB) 3:00 Balloon Volleyball (CR) 4:00 Walking Club (OS) 6:00 Nighttime Nickel Bingo (AR)	<p>Calendar Key ** Registration Required \$\$ Cost Involved (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Lobby, Café (C)</p> <h1>August</h1> <h1>2023</h1>	