

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



*Dimensions
of Wellness*

Resident Birthdays

August

Horace Troxel
 Irving Hark
 Lyman Lundeen
 Joseph Fritz
 Marie Innaurato
 Lillian Dorman
 Beverly Berlin
 Randi Stetz
 Arlene Hanlon
 Grace Scull

September

Rita Vitale
 Diane Kenworthy
 Vivian Coscia
 Joan Behunin
 Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: August 2023

A Note from the Executive Director

We are grateful at the Collegeville Inn to see a lot of life and fun in our community. Summer outings and greater community connections are in full swing.

As the summer continues, we really look forward to spending time in our gardens and on our patio and hosting more events for friends & family.

I have enjoyed spending some dedicated time here and getting to know our team members & residents more closely.

We want to thank Michelle Shirley for being a big part of our Providence Place family since opening this community in 2019. We will miss her dearly around the hallways and leading our Connections program.

And a big welcome to Janelle Adams, our incoming Connections Director, who has shadowed Michelle and will be stepping in to lead our growing Memory Care services.

Best,

Kim Perchak

Interim Executive Director

Highlighted Events

- 3 – **Diner's Caravan:** Italian Delight @ 10:30am
- 4 – **Outstanding Resident Awards** @ 3:30pm
- 9 – **Service Outing:** Augustus Church Soup Kitchen @ 9am
- 10 – **Musical Entertainment:** Tom Bonano @ 3:30pm
- 24 – **Fishing Trip:** Center Point Pond @ 10am
- 29 – **EdU Presentation:** Art History @ 3pm
- 31 – **Service Outing:** SPCA @ 1pm

Welcome New Residents

Wanda B.
 Judy O.
 Margaret J.
 Samuel B.
 Shirley B.
 Mary A.
 Alice C.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		1 9:30 Golden Sneakers with Teresa (P) 10:00 Shopping Trip: Dollar Store*\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 BINGO (AR) 2:00 Circle of Friends (CR) 2:15 Book Mobile (OS) 3:00 Ed-U: Italian Holidays and Traditions (T) 4:00 Happy Hour (P) 6:00 Community Board Games (P)	2 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 iN2L Tour of Italy; Venice, Florence & Rome (P) 1:30 <i>Look Who's Dancing</i> Dancercise (C) 2:30 Midweek Services with Chaplain Daniel (CR) 3:30 Aerobic Drumming (P) 6:00 Res. Run Billiards (OL)	3 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Diners Caravan Lunch Out: Italian Delight**\$\$ (OOB) 1:30 Activities Committee Meeting (AR) 2:30 Spelling Bee (P) 3:30 Happy Hour (P) 6:00 Nighttime Nickel BINGO (AR)	4 10:00 Sit and Be Fit (P) 10:30 Crosswords and Word Searches in the Pub (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Sip and Share (OS) 3:30 Outstanding Resident Awards ORA Awards Ceremony (P) 6:00 Res. Run: Billiards (OL)	5 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 11:00 Baking: Panna Cotta (AR) 1:00 BINGO (AR) 2:00 Play Reading (OS/P) 3:30 Trivia Happy Hour (P) 6:15 Res. Run Dominoes (AR)		
		6 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Service Communion with Chaplain Daniel (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub: Racko/Checkers/Scrabble (P) 4:00 Manicures (AR) 6:00 Movie: <i>Made In Italy</i> (T)	7 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Pool Tournament (T) 6:00 Res. Run Shuffle Board (AR)	8 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Walmart**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 BINGO (AR) 2:00 Circle of Friends (CR) 3:00 Prepare Pasta for Soup Kitchen (CR) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	9 9:00 Assist Augustus Church with Soup Kitchen (ML) 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Crosswords & Word Searches ((P) 1:00 BINGO (AR) 2:30 Midweek Services with Chaplain Daniel (CR) 3:30 Short Stories on the Porch (OP) 6:00 Res. Run Billiards (OL)	10 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 11:00 Community Crossword (P) 12:00 Dining In: Pizza (P) 1:00 Balance In Action Class by Powerback Rehab (P) 1:30 Fireside Chat (AR) 2:30 Bocci (OS) 3:30 Entertainment: Tom Bonano (P) 6:00 Nighttime Nickel BINGO (AR)	11 10:00 Sit and Be Fit (P) 10:30 Crosswords and Word Searches in the Pub (P) 1:00 BINGO (AR) 2:00 Ed U: Jim Murphy presents William Penn's Amazing Success (CR) 3:30 Balloon Volleyball (P) 6:00 Res. Run: Billiards (OL)	12 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking: Tiramisu (AR) 1:00 BINGO (AR) 2:00 Short Stories (OP) 3:30 Caribbean Music Happy Hour (P) 6:15 Res. Run Dominoes (P)
		13 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Chaplain Daniel (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub: Racko/Checkers/Scrabble (P) 4:00 Manicures (AR) 6:00 Movie: <i>Under The Tuscan Sun</i> (T)	14 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 Ed U—TED Talk: Why Doesn't the Leaning Tower of Pisa Fall Over? & Tour of Rome (T) 6:00 Res. Run Shuffle Board (AR)	15 9:30 Golden Sneakers with Teresa (P) 10:00 Shopping Trip: Giant**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 BINGO (AR) 2:00 Circle of Friends (T) 2:15 Book Mobile (OS) 3:00 Cigar Box Clocks (CR) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	16 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Community Crossword & Word Searches (P) 1:30 <i>Look Who's Dancing</i> Dancercise (P) 2:30 Midweek Services with Chaplain Daniel (CR) 3:00 Mass St. Eleanor Catholic Church (CR) 6:00 Ed U: Piano Students from Skippack Music School (CR)	17 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Community Crossword & Word Searches (CR) 1:00 Nickel BINGO (AR) 2:00 Play Reading (OP) 3:00 Balloon Volleyball (CR) 6:00 Res. Run Card Games in the Pub (P)	18 10:00 Sit and Be Fit (P) 10:30 EdU: Hand Chimes Class with Joy (P) 1:00 Bingo Bucks Bingo (AR) 2:00 Cookie Bake Off (AR) 2:30 Games in the Pub (P) 3:00 Cookie Competition (P) 4:00 Short Story Club (T) 6:00 Res. Run: Billiards (OL)	19 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking Cannoli (AR) 11:00 Community Crossword (P) 1:00 BINGO (AR) 2:00 Walking Club (OS) 3:30 Italian Wine Happy Hour (P) 6:15 Res. Run Dominoes (AR)
		20 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Chaplain Daniel (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub: Racko/Checkers/Scrabble (P) 4:00 Manicures (AR) 6:00 Movie: <i>The Italian Job</i> (T)	21 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Checkers Tournament (T) 6:00 Res. Run Shuffle Board (AR)	22 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Boscov's**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 Balloon Volleyball (CR) 2:00 Circle of Friends (CR) 3:15 Hymn Sing (CR) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	23 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 11:00 Crosswords & Word Searches (P) 1:00 Dining Room Committee Meeting (AR) 1:30 Food Demonstration with Chef Ed (AR) 2:30 Midweek Services with Chaplain Daniel (CR) 3:30 Jeopardy (T) 6:00 Res. Run Card Games (P)	24 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:00 Trip: Center Point Pond \$\$\$ (OOB) 1:00 Play Reading (OP) 2:00 Italian Games: Marbles (P) 3:00 Walking Club (OS) 6:00 Nighttime Nickel BINGO (AR)	25 10:00 Sit and Be Fit (P) 11:00 Drum Aerobics (P) 1:00 Bingo Bucks Bingo (AR) 2:00 EdU: Surviving the Summer Heat: Dehydration, Symptoms & Strategies by Jodi Stump, LPN Director of Wellness (T) 3:30 Entertainment: Tony Juliano (P) 6:00 Res. Run: Billiards (OL)	26 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Caribbean Bread Pudding (AR) 11:00 Community Crossword (P) 1:00 BINGO (AR) 2:00 Make: Cigar Box Clocks (AR) 3:30 Italian Music Happy Hour (P) 6:15 Res. Run Dominoes (AR)
		27 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Chaplain Daniel (CR) 2:00 Garden Club (AR) 3:00 Games in the Pub: Racko/Checkers/Scrabble (P) 4:00 Manicures (AR) 6:00 Movie: <i>The Good the Bad and the Ugly</i> (T)	28 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 Ed U: Tour of Italy: Top 10 Places to Visit In Italy on YouTube (T) 6:00 Res. Run Shuffle Board (AR)	29 9:30 Golden Sneakers with Teresa (P) 10:00 Shopping Trip: Redner's**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 BINGO (AR) 2:00 Circle of Friends (T) 2:15 Book Mobile (OS) 3:00 Ed U: Martin Bradfield with Art History Lecture "Free At Last" (T) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	30 9:30 Sit and Be Fit (P) 10:00 Praying the Rosary with St. Eleanor Catholic Church (T) 10:30 Crosswords and Word Searches (P) 11:00 Bake Dog Biscuits (AR) 1:00 BINGO (AR) 2:30 Midweek Services with Chaplain Daniel (CR) 3:30 Aerobic Drumming (P) 6:00 Res. Run Card Games (P)	31 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Community Crossword & Word Searches (CR) 1:00 Montgomery County SPCA** (OOB) 3:00 Balloon Volleyball (CR) 6:00 Nighttime Nickel BINGO (AR)	Calendar Key: ** Registration Required \$\$ Cost Involved (CR) Community Room (AR) Activity Room (P) Pub, (C) Connections Neighborhood (DR) Dining Room, (OL) Old Lobby, (LIB) Library, (ML) Main Lobby, (OS) Outside, (T) Theater, (OP) Outside Porch,	

August

2023