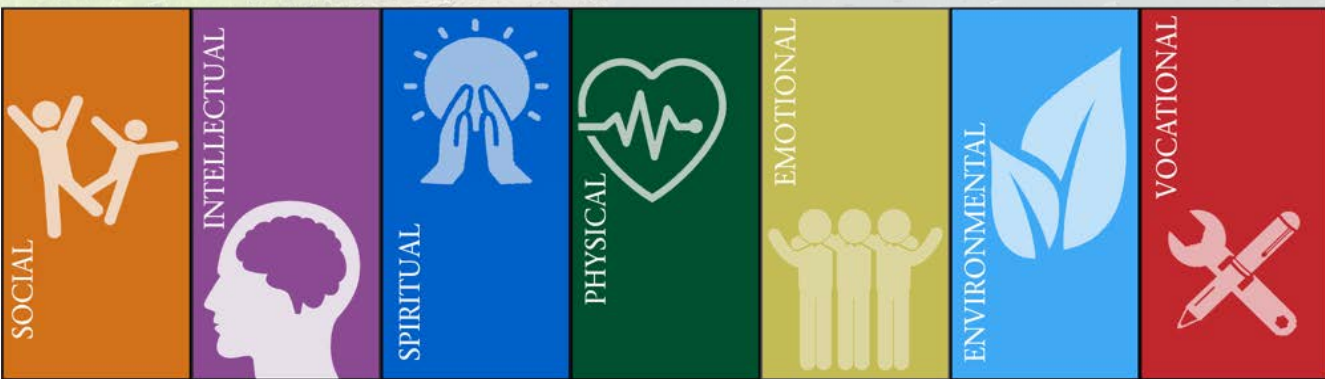


Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



*Dimensions
of Wellness*

Resident Birthdays

August

Bertha May
Rita Charbonneau
Carol Uhlik
Thelma Kauffman
Shirley Shuffelbottom
Regina Moyer
Nancy Love

Doris Spina
Joann Gallagher
Jan Rutt
Marlene Shaffer

September

Naomi Nagy
Evelyn Houck

A Note from the Executive Director

Who can believe summer is winding down? Time seems to fly when you are having fun, especially here at our Lancaster Campus. It has also been a busy summer and one with some change. We would like to congratulate a familiar face, Patricia Watkins, as our new Community Life Director. Patricia has worked with us for 1.5 years and we are more than excited for her to continue to provide a vibrant community life program.

In addition to Community Life department, we are pleased to announce the launch of our Connections Club. This Club will bring added support to residents in assisted living who may be experiencing some mild memory loss and would benefit from additional structure throughout the day. Please feel free to reach out for further information about this great new program. We are launching this month.

We never want the summer fun to end. Check out the calendars and stay tuned for any updates and summer fun that we have planned.

Best,
Chelsea Shuey
Executive Director

Highlighted Events

- 3 – **Getting to Know You Social** @ 2pm
- 8 – **Trains & Lunch Outing:** Brethren Village Train Room & Bistro @ 10:30am
- 11 – **EdU Presentation:** Monarchs & Sounds @ 2pm
- 23 – **Ceca Award Ceremony** @ 1pm
- 25 – **Musical Entertainment:** Nick Viscuso @ 2pm
- 27 – **Team Cuisine Cooking** @ 10am
- 30 – **Destination Discovery Movie:** Shawshank Redemption @ 6pm

Welcome New Residents

Gloria R.
Carol R.
Jeanne M.
Lanie P.
Rodger L.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shop & Dine: Boscov's / Columbia Diner **\$\$OOB 2:00 America Says !! (CH) 3:00 Bingo Helpers in Connections 6:00 Game Night (AR)	2 10:00 Movement & Music (CH) 10:30 Mid Week Worship Service W / Communion (CH) 1:00 Life Stories (CH) 2:00 Jeopardy Challenge (CH) 3:15 Bingo Fun (CH) 6:00 Destination Discovery Movie Night: Cowboys & Aliens	3 10:00 Balance and Flexibility (CH) 10:30 Circle of Friends (CH) 1:00 Terry Neumeier: Birds of Las Vegas 2:00 Getting to Know You Social (GL) 3:15 LCR w/ Chaplain Jeff (AR) 6:00 Gather and Chat (FP)	4 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:00 Writers Club Community Story (CH) 2:00 Word in Word w/ Floats (AR) 2:00 Musical Presentation: Pat Kocen Connections Club Event (DR2) 3:00 Resident Meeting w David Leader CH 6:00 Destination Discovery Classic Movie:	5 10:00 What's the Word: New Mexico (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Card / Board Games (AR) 2:30 Happy Hour: Apps and Drinks 3:15 Trivia Talk(GL) 6:00 Table Top Shuffle Board (BR)	
	6 10:00 "Donut Miss This" Social (AR) 10:30 Team Cuisine Cooking Group: Empire State Muffins (AR) 2:00 Destination Discovery Social: New York- Discussion & Snacks (GL) 3:00 Sunday Worship Service w/ Communion(CH) 6:00 Evening Gather & Chat (FL)	7 10:00 Stretch & Flex (CH) 10:30 Discover New York on iN2L (CH) 1:30 Who—What am I? Pet Visit with Farley & Emily (CH) 2:00 Artist in Us All: Pottery Works (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (AR)	8 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Trains & Lunch: Visit Brethren Village Train Room & Bistro **\$\$OOB 2:00 Thankful to You Committee (AR) 3:00 Bingo Helpers in Connections 6:00 Game Night (AR)	9 10:00 Movement & Music (CH) 10:30 Mid Week Worship (CH) 1:00 Bayada: Hair, Skin & Nail Health (CH) 2:00 Jeopardy Challenge (CH) 3:30 Bingo Fun (CH) 6:00 Destination Discovery Movie Night:: National Treasure (CH)	10 10:00 Balance and Flexibility (CH) 10:30 Circle of Friends (CH) 1:30 Nail Painting ** (S) 2:00 ED-U Presents: Trivia w/ Bob Reigh(AR) 3:15 LCR w/ Chaplain Jeff (AR) 6:00 Gather and Chat (FP)	11 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:00 Grocery Run: Giant **\$\$ (OOB) 2:00 ED-U Presents: Monarchs & Sounds By Naturalist Lisa Sanchez (CH) 3:15 Word in Word with Floats (CH) 6:00 Destination Discovery Classic Movie: Chinatown 1974(CH)	12 10:00 What's the Word: (AR) 10:30 Saturday Morning Bingo (CH) 2:30 Happy Hour: Apps and Drinks (GL) 3:15 Musical Entertainment Featuring Gary Collier on the Organ (CH) 6:00 Table Top Shuffle Board (BR)
	13 10:00 Coffee & Current Events Social (AR) 10:30 Team Cuisine Cooking Group: Pecan Pumpkin Desert (AR) 2:00 Destination Discovery Social: North Carolina- Discussion & Snacks (GL) 3:00 Sunday Worship Service (CH) 6:00 Evening Gather & Chat (FL)	14 10:00 Stretch & Flex (CH) 10:30 Discover North Carolina on iN2L (CH) 1:30 Who—What am I? Pet Visit with Farley & Emily (CH) 2:00 Artist in Us All: Beads & Bangles (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (AR)	15 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 11:30 Birthday Luncheon to Celebrate Thelma Kaufman's 101st Birthday (DR) 2:00 Drum Circle with Joe (CH) 3:15 Sunshine Committee (AR) 6:00 Game Night (AR)	16 10:00 Movement & Music (CH) 10:30 Mid Week Worship W/ Communion (CH) 1:00 Life Stories (CH) 2:00 Jeopardy Challenge (CH) 3:15 Bingo Fun (CH) 6:00 Destination Discovery Movie Night:: Bull Durham (CH)	17 10:00 Balance and Flexibility (CH) 10:30 Circle of Friends (CH) 1:30 Nail Painting ** (S) 2:00 Musical Presentation Featuring Quintin Jones (CH) 3:15 LCR w/ Chaplain Jeff (AR) 6:00 Gather and Chat	18 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:00 Grocery Run Giant **\$\$ (OOB) 2:00 My Life as Art Discussion (CH) 3:15 Word in Word with Floats (CH) 6:00 Destination Discovery Classic Movie: All The Presidents Men (CH)	19 10:00 What's the Word: (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Board Games (AR) 2:30 Happy Hour: Apps and Drinks (GL) 3:15 Trivia Time (GL) 6:00 Table Top Shuffle Board (BR)
	20 10:00 Coffee & Current Events Social (AR) 10:30 Team Cuisine Cooking Group: Layered Lemon Pie (AR) 2:00 Destination Discovery Social: North Dakota- Discussion & Snacks (GL) 3:00 Sunday Worship Service (CH) 6:00 Evening Gather & Chat (FL)	21 10:00 Stretch & Flex (CH) 10:30 Discover North Dakota on iN2L (CH) 1:30 Who—What am I? Pet Visit with Farley & Emily (CH) 2:00 Artist in Us All: Beads & Bangles (AR) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (AR)	22 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shop & Dine: Ruby Tuesday / Community Aide **\$\$ (OOB) 2:00 Community Life Planning Meeting (CH) 3:00 Bingo Helpers in Connections 6:00 Game Night (AR)	23 10:00 Movement & Music (CH) 10:30 Mid Week Worship (CH) 1:00 CECA Awards Ceremony (CH) 2:00 Jeopardy Challenge (CH) 3:15 Bingo Fun (CH) 6:00 Destination Discovery Movie Night:: Fargo (CH)	24 10:00 Balance and Flexibility (CH) 10:30 Circle of Friends (CH) 1:30 Nail Painting ** (S) 2:00 Men's Club w/ Chaplain Jeff (GL) 3:15 LCR w/ Chaplain Jeff (AR) 6:00 Gather & Chat (FP)	25 10:00 Fitness Fun Games (CH) 10:30 Journey Through the Bible (CH) 1:00 Trivia Time w/ Alyssa (CH) 2:00 Musical Presentation: Nick Viscuso on the Key Board (CH) 3:15 Word in Word with Floats (CH) 6:00 Destination Discovery Classic Movie: Citizen Kane (CH)	26 10:00 What's the Word: (AR) 10:30 Saturday Morning Bingo (CH) 1:30 Board Game Frenzy (AR) 2:30 Happy Hour: Apps and Drinks (GL) 3:15 Trivia Time (GL) 6:00 Table Top Shuffle Board (BR)
	27 10:00 Coffee & Current Events Social (AR) 10:30 Team Cuisine Cooking Group: Buckeyes (AR) 2:00 Destination Discovery Social: Ohio- Discussion & Snacks (GL) 3:00 Sunday Worship Service (CH) 6:00 Evening Gather & Chat (FL)	28 10:00 Stretch & Flex (CH) 10:30 Discover Ohio on iN2L (CH) 1:30 Who—What am I? Pet Visit with Farley & Emily (CH) 2:00 Artist in Us All: Summer Flowers (CH) 3:15 Balloon Volley Ball Game (CH) 6:00 Bingo Night (AR)	29 10:00 Weights & Bands Fitness (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shop & Dine: Main Street Closet/ Willow Street Diner **\$\$ (OOB) 2:00 Fireside Chat w/ Chelsey (CH) 3:00 Bingo Helpers in Connections 6:00 Game Night (AR)	30 10:00 Movement & Music (CH) 10:30 Mid Week Worship w/ Communion (CH) 1:00 Life Stories (CH) 2:00 Jeopardy Challenge (CH) 3:15 Bingo Fun (CH) 6:00 Destination Discovery Movie Night: The Shawshank Redemption (CH)	31 10:00 Balance and Flexibility (CH) 10:30 Circle of Friends (CH) 1:30 Nail Painting ** (S) 2:00 Musical Presentation : Lee Moyer (CH) 3:15 LCR w/ Chaplain Jeff (AR) 6:00 Gather & Chat	Calendar Key: (BR) Billiards Room (CH) Chapel (AR) Activity Room (S) Salon (GL) Governor's Lounge (LB) Library (DR) Dining Room (FL) Lobby (FP) Front Porch (OOB) Out of Building ** Registration Required \$\$ Cost Involved	

August

2023