

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



*Dimensions
of Wellness*

Resident Birthdays

August

Adele Llewellyn
Nancy Reber
Carol Benner
John Budwash
Jane DiCasimirro
Marie Kilmer
Alverna Havrilko
John Lazarski
Rosemary Czulada
Paul Maurer
Mollie Katchur

September

Geraldine Delinko
Rosemarie Noon
Sang O'Reilly
Agnes Leffler
Clara Mason
Joanne Kinder
Gladys Bachman
Anna Upton
Martha Kenney
James Smith

Audrey Serrian
Elizabeth Lavenberg
Lee Miller
Janet Merryfield



Providence Place SENIOR LIVING News

Q3: August 2023

A Note from the Executive Director

As summer is starting to wind down, our residents are thoroughly enjoying their time outside. We had a great time our 4th of July and stay tuned for details for our Labor Day festivities and our End Of Summer Block Party on 9/10.

Please continue to join us for our Summer Concert Series, with our last one on August 17th! Simply BYOC (bring your own chair) – the rest is on us ☺

Over the next couple months, Connections Neighborhood Terrace will be getting painted and we will be getting a new floor in the dining room. Please pardon our mess while we keep our campus fresh for everyone.

As always, myself and my team are always available for comments, ideas or concerns.

Best,

Melissa Melnick

Executive Director

Highlighted Events

- 9 – **Pet Parade** @ 2pm
- 10 – **EdU Presentation:** The Pottsville Maroons @ 3pm
- 15 – **Souper Tuesday Luncheon** @ 12pm
- 16 – **Fireside Chat** @ 2pm
- 17 – **Summer Concert Series** @ 7pm
- 22 – **Men's Group:** Sweet Arrow Lake Outing @ 2pm
- 24 – **Hollywood Casino** @ 11am

Welcome New Residents

Gay T.
Beverly Z.
Martha K.
Elias B.
John L.
Marie G.
Maryann L.
Dolores M.
Joseph M.
John R.
Dorothy B.
Rosemary M.
Alan P.
Barbara P.
Elizabeth D.
Joan D.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p style="text-align: center;">THE <i>Club</i></p>		1	2	3	4	5		
		6	7	8	9	10	11	12
		13	14	15	16	17	18	19
		20	21	22	23	24	25	26
		27	28	29	30	31	<p>Calendar Key: ** Registration Required \$\$ Cost Involved First Floor Patio (1FP) Front Porch (FP) Chapel (CH) Parking Lot (PL) Activity Room (A) Pub (P) Connections (CN) Throughout Building (TB) Lobby (L) Out of Building (OOB) Third Floor South Lounge (3FSL)</p>	
		<h1 style="font-size: 4em; margin: 0;">August</h1> <h1 style="font-size: 4em; margin: 0;">2023</h1>						
				9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Succulent Owl Planters (A) 11:00 Reading Republican & Menu (L) 12:00 Souper Tuesday Luncheon ** (P) 1:30 Appreciation Club: Thank You Cards for Active Duty Airmen (1FP) 2:00 Yard Games & Gelatos (1FP) 3:00 Walk for Heart Health (PL) 6:00 Nickel Bingo \$\$ (P)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Lite & Lively (P) 11:00 Reading Republican & Menu (L) 1:00 Afternoon Excursion: Bubeck Park & Rita's (OOB) 2:30 Acrylic Art w/ Shannon Haley ** (P) 3:00 Ice Cream Sandwich Social (P) 4:00 Walk for Heart Health (TB) 6:00 Birthday Club (P)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Art Creations: Mosaics 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:00 Drumming w/ Joe (CN) 3:00 Cake & Conversation (CN) 3:30 Reminiscing w/ Friends (CN) 4:00 Walk for Heart Health (TB) 7:00 Gospel Singers (CH)	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Curls for Girls ** (P) 11:00 Reading Republican & Menu (L) 1:30 Zumba with Michele (P) 3:00 Communion Service (CH) 3:30 Who, What, Where Game (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:00 Horse Racing (P) 11:00 Reading Republican & Menu (L) 1:30 Family Feud (CN) 2:00 Ice Cream Social (CN) 3:00 Color Me Calm (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)
9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:30 Morning Fitness (P) 11:00 Reading Republican & Menu (P) 1:00 Movie: The Best of Me (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Yoga w/ Michelle (P) 11:00 Reading Republican & Menu (L) 1:30 Chalk Pastels: Flowers (1FP) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 XBOX Bowling (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Bingo (A) 11:00 Reading Republican & Menu (L) 1:30 Clipboard Art (A) 2:30 Making of Pineapple Sundaes (A) 3:30 Fact or Fiction (A) 4:00 Walk for Heart Health (PL) 6:00 Nickel Bingo \$\$ (P)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:00 Protestant Worship Service (CH) 10:30 Lite & Lively (A) 11:00 Reading Republican & Menu (L) 2:00 Dog Days of Summer Pet Parade (P) 3:00 Dog Days of Summer Social Hour (P) 4:00 Walk for Heart Health (TB) 5:00 Crimson Academy Dancers (P)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Shut the Box (A) 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:00 Peach Tea Social (CN) 3:30 Guess the Letter Game: Fruity Edition (CN) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Manicures & Warm Towel Massages (A) 11:00 Reading Republican & Menu (L) 1:30 Zumba w/ Michele (P) 3:00 Mass & Confessions w/ Father (CH) 3:30 Craft: Outback Art (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:30 Auto Racing (P) 11:00 Reading Republican & Menu (L) 1:30 Paint & Sip: Lighthouse (CN) 2:00 Trivia Time (CN) 3:00 Parachute Fun (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)		
9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:30 Morning Fitness (P) 11:00 Reading Republican & Menu (P) 1:00 Movie: Dear John (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB)	9:00 Walking Warriors (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Yoga w/ Michelle (P) 11:00 Reading Republican & Menu (L) 1:30 Tell A Joke (CH) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Wall Memory (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Making of Dog Treats (A) 11:00 Reading Republican & Menu (L) 12:00 Souper Tuesday Luncheon ** (P) 1:30 Patio Puzzles (1FP) 2:00 Strawberry Pretzel Salad Social (1FP) 3:00 Trivia (1FP) 4:00 Walk for Heart Health (PL) 6:00 Nickel Bingo \$\$ (P)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:00 Protestant Worship Service (CH) 11:00 Reading Republican & Menu (L) 1:00 Ruth Steinert Animal Shelter (OOB) 2:00 Fireside Chats with Management (P) 3:00 That's So Corny Social (P) 4:00 Walk for Heart Health (TB) 6:00 Movie Night by the Movie Buffs Club (P)	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 11:00 -1:00 Thrifting Swap (P) 2:00 Drumming w/ Joe (P) 3:00 Prep Peaches for Concert (P) 3:30 Hydration & Humor (P) 4:00 Walk for Heart Health (TB) 7:00 Summer Concert Series: Rob & Marty *Serving Peach Sundaes	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Curls for Girls ** (P) 11:00 Reading Republican & Menu (L) 1:30 Zumba with Michele (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Wall Scrabble (P) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:30 Punch Your Luck (P) 11:00 Reading Republican & Menu (L) 1:30 Farm to Table: Cucumber Salad (CN) 2:30 Table Ball (CN) 3:30 Junk Drawer Detective (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)		
9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:30 Morning Fitness (P) 11:00 Reading Republican & Menu (ML) 1:00 Movie: Where the Crawdads Sing (P) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Yoga with Michelle (P) 11:00 Reading Republican & Menu (L) 1:30 Picture This? 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Plinko: 1920's 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Silver Bell Ringers (P) 11:00 Reading Republican & Menu (L) 1:30 Easy Listening (1FP) 2:00 Coca Cola Ice Cream Float Social (1FP) 3:00 Tongue Twisters (1FP) 4:00 Walk for Heart Health (PL)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:00 Protestant Worship Service (CH) 11:00 Reading Republican & Menu 1:00 Puzzles & Ponderings (P) 2:00 Entertainment by Jason Brauer, Concert Pianist (P) 3:00 Social Hour (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Memory Magic (A) 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:00 Peach Cobbler Social (CN) 3:00 Puzzles & Ponderings (CN) 4:00 Walk for Heart Health (TB) 6:00 Ice Cream Run: DQ **\$\$ (OOB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Manicures & Warm Towel Massages (A) 11:00 Reading Republican & Menu (L) 1:30 Zumba with Michele (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:00 5 o'clock Somewhere Social Hour (P) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:30 Card Games (P) 11:00 Reading Republican & Menu (L) 1:00 Jokes & Riddles (CN) 2:00 Happy Hour (CN) 3:00 Penny Ante (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)		
9:00 Morning Meeting & Daily Chronicle (A) 9:30 Trinity Lutheran Church: Live Stream (A) 10:30 Morning Fitness (A) 11:00 Reading Republican & Menu (A) 1:30 Bingo (CN) 2:00 Mocktails & Munchies (CN) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Seated Yoga w/ Michele 11:00 Reading Republican & Menu (L) 1:30 Name 5 Game (CH) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Fast Pitch Tournament (P) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Balloon Volley (P) 11:00 Reading Republican & Menu (L) 1:00 Pet Visit (P) 2:00 Beach Party Social (1FP) 3:00 Banana Splits on the Patio (1FP) 4:00 Walk for Heart Health (TB) 6:00 Nickel Bingo \$\$ (P)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Seated Dance Exercise (P) 11:00 Day Excursion: Picnic Lunch at Sweet Arrow Lake (OOB) 2:00 Ed-U Presentation: History of Local Author John O'Hara (P) 3:00 Outback Oasis Social Hour (P) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 UNO (A) 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:30 Farewell to Summer Social (CN) 3:00 Cornhole Toss & Horseshoes (CN) 3:30 Hydration & Humor (P) 5:00 Resident Birthday Dinner (P)				