



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|--|---|
| National Assisted Living Week Celebration 10th - 16th | | | | | <p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Welcome September 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 September Poems 3:30 Writing to Loved Ones 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Show: Signed, Sealed, Delivered 7:00 Evening Wind Down</p> <p>World Letter Writing Day</p> | <p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Walking Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Baking: Chewy Coconut Cookies 3:30 Happy Hour Mocktails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Ferris Bueller's Day Off 7:00 Evening Wind Down</p> |
| | <p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Catholic Mass Live 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Chaplin: Sunday Service 3:30 Word Search and Puzzles 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Fried Green Tomatoes 7:00 Evening Wind Down</p> | <p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Make Patriotic Fruit Ice Cubes 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Red, White, and Blue Tye Dye 3:30 Entertainment: Irene and Andy 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Streamed Firework Show 7:00 Evening Wind Down</p> <p>Labor Day</p> | <p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Creative Crafting 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Reading Skit 3:30 Matching Games 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Show: I Love Lucy 7:00 Evening Wind Down</p> | <p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Praying the Rosary 11:30 Educational: Brain Fitness 12:00 Lunch/ Men's Club 1:30 Look Who's Dancing 2:15 Hydration Station 2:30 Balloon Volleyball 3:30 Music w/ Susie Q 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Show: The Andy Griffith Show 7:00 Evening Wind Down</p> | <p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 St. Eleanor Communion 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Kite Flying 3:30 iN2L: Travel to Boston 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Show: Golden Girls 7:00 Evening Wind Down</p> | <p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Bird Watching 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Ladder Ball 3:30 Paint Birdhouses 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Singin' in the Rain 7:00 Evening Wind Down</p> |

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|--|---|
| <p>10</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Catholic Mass Live 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Chaplin Dan: Sunday Service 3:30 Word Search and Puzzles 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Three Stooges 7:00 Evening Wind Down</p> <p>Grandparent's Day</p> | <p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Painting Stepping Stones 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Seek and Find 3:30 Travel to Egypt 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Cheaper by the Dozen 7:00 Evening Wind Down</p> <p>Patriot Day</p> | <p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Courtyard and Hot Tea 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Cornhole Toss 3:30 Name that Instrument 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Gilligan's Island 7:00 Evening Wind Down</p> | <p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Praying the Rosary 11:30 Educational: Brain Fitness 12:00 Lunch/ Men's Club 1:30 Look Who's Dancing 2:15 Hydration Station 2:30 Family Feud 3:30 Balloon Word Pop 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Three Stooges 7:00 Evening Wind Down</p> | <p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Hymn Sing 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Memory Magic 3:30 Memory Café 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Calamity Jane 7:00 Evening Wind Down</p> | <p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Drumming 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Bingo and Candy 3:30 Name that Instrument 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Show: Golden Girls 7:00 Evening Wind Down</p> <p>Rosh Hashanah</p> | <p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Gardening Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Magazine Reading 3:30 Happy Hour Mocktails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Gone with the Wind 7:00 Evening Wind Down</p> |
| <p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Catholic Mass Live 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Chaplin Dan: Sunday Service 3:30 Word Search and Puzzles 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Wizard Of Oz 7:00 Evening Wind Down</p> | <p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Memory Board 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Bingo and Candy 3:30 Nail Care, Polish and Music 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: James Bond 7:00 Evening Wind Down</p> | <p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Courtyard and Hot Tea 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Walking Club 3:30 Hymn Sing 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Grapes of Wrath 7:00 Evening Wind Down</p> | <p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Praying the Rosary 11:30 Educational: Brain Fitness 12:00 Lunch/ Men's Club 1:30 Look Who's Dancing 2:15 Hydration Station 2:30 Transfer Creative Art 3:30 Bake with Me 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Casablanca 7:00 Evening Wind Down</p> | <p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 St. Eleanor Communion 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Memory Magic 3:30 Memory Café 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: 007: Goldfinger 7:00 Evening Wind Down</p> | <p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Food Creation Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Bingo and Candy 3:30 Balloon Volleyball 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Still Alice 7:00 Evening Wind Down</p> <p>Native American Day</p> | <p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Gardening Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Magazine Reading 3:30 Happy Hour Mocktails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Iron Lady 7:00 Evening Wind Down</p> |
| <p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Catholic Mass Live 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Chaplin Dan: Sunday Service 3:30 Word Search and Puzzles 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Leave it to Beaver 7:00 Evening Wind Down</p> <p>Yom Kippur</p> | <p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Music Singalong 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Walking Club 3:30 Name that Tune 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Sound of Music 7:00 Evening Wind Down</p> | <p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Courtyard and Hot Tea 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Volleyball Toss 3:30 Bowling 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: West Side Story 7:00 Evening Wind Down</p> | <p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Praying the Rosary 11:30 Educational: Brain Fitness 12:00 Lunch/ Men's Club 1:30 Look Who's Dancing 2:15 Hydration Station 2:30 Creating Art 3:30 Bake with Me 4:50 Music and Lemon Hands 5:00 Dinner 6:30 TV Shows: Golden Girls 7:00 Evening Wind Down</p> | <p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 St. Eleanor's Communion 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Memory magic 3:30 Memory Café 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: The Waltons 7:00 Evening Wind Down</p> | <p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Food Creation Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Bingo and Candy 3:30 Color me Calm 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Paint your Wagon 7:00 Evening Wind Down</p> <p>Sukkot</p> | <p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and News 9:30 Exercise: Sit and be Fit 10:30 Gardening Club 11:30 Educational: Brain Fitness 12:00 Lunch 1:30 Today in History 2:15 Hydration Station 2:30 Magazine Reading 3:30 Happy Hour Mocktails 4:50 Music and Lemon Hands 5:00 Dinner 6:30 Movie: Guys and Dolls 7:00 Evening Wind Down</p> |