

Dover

CONNECTIONS



SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>National Assisted Living Week Celebration 10th - 16th</p>					<p>1</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Kitchen Corner: Maple Banana Pecan Scones 11:30 Lunch 1:15 September Trivia 1:45 House Side Companionship Visits 2:00 Maple French Toast Mocha Sippers 3:00 Let's Get Physical: A-Z Workout 4:00 Tree Identification Trivia 4:30 Dinner 7:30 Evening Wind Down</p>	<p>2</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekend Workout 10:15 Homemade Apple Waffles with Apple Cider Syrup 11:30 Lunch 1:15 iN2L: Explordle 2:00 Coffee Break 2:30 Family Feud 3:00 Cardboard Tube Squirrel Craft 4:30 Dinner 7:00 Nature Documentaries</p>
	<p>3</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Sunday Funday Workout 10:00 Baking Apple Praline Loaf 11:30 Lunch 1:00 Common Sayings 1:30 Sunday Service w/ Chaplain Shawn 2:00 Sunday Ice Cream Sundaes 2:30 Bible Study 3:00 Balloon Volleyball 4:00 iN2L: Bubble Popper 4:30 Dinner 7:00 America's Funniest Home Video Marathon</p>	<p>4</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:15 Tin Can Windsock Craft 2:30 Labor Day History & trivia 3:00 Giant Pong 4:00 Golden Age Movie Trivia 4:30 Dinner 7:00 Bill Nye The Science Guy Binge</p> <p>Labor Day</p>	<p>5</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Baking Homemade Cinnamon Rolls 11:30 Lunch 1:15 Create w/Club: Personal Pizza's 2:30 Basketball 3:30 Creamsicle Floats 4:00 Math Games 4:30 Dinner 5:30 Crepe Paper Tree Craft 7:00 David Attenborough Films</p>	<p>6</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:15 Homemade Apple Pie Pop Tarts 11:30 Lunch 1:15 Rock Paintings & Nail Care 2:30 Occupation Identification 3:00 Bingo 4:30 Dinner 5:30 Cooking Hungarian Style Mushroom Soup 7:00 Evening Flicks</p>	<p>7</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Baking Apple & Oatmeal Ginger Crumb Pie 11:30 Lunch 1:15 iN2L Brain Aerobics & Walker Decorations 2:30 Chillin' On The Patio 4:00 Amazing News & Stories 4:30 Dinner 5:30 Tip Top Nail Spa 7:00 Golden Girl Marathon</p>	<p>8</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Friday Fitness 10:15 Kitchen Corner: Cranberry Turkey Wrap 11:30 Lunch 1:15 Today In History: Nativity Of Mary 1:45 House Side Companionship Visits 2:00 Turtle Dove Craft 3:00 Let's Get Physical: Providence Place Routine 4:30 Dinner 7:00 Pixar Film Night</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Sunday Workout 10:15 Baking Apple Donut Holes 11:30 Lunch 1:30 Sunday Service w/ Chaplain Shawn 2:00 I Scream For Ice Cream 3:00 Throughout The Decades 3:30 Grandparents Tea 4:30 Dinner 7:00 Romance Flicks</p> <p>Grandparent's Day</p>	<p>11</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Fitness 10:15 Memory Magic w/Club 11:30 Lunch 1:15 Today In History: 9/11 2:00 Late Special: Nutty Professor 2:30 Flower Identification 3:00 Basket Toss Game 4:00 Patriotic Sing-Along 4:30 Dinner 7:00 Patriotic Films</p> <p>Patriot Day</p>	<p>12</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:15 Baking Churros 11:30 Lunch 1:15 Disney Day w/ Club 2:30 Taco Tuesday Creations 3:30 Dog Breed Identification 4:00 Amazing News & Stories 4:30 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Science Documentaries</p>	<p>13</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Wednesday Morning Workout 10:15 Morning Muffin Making 11:30 Lunch 1:15 Pine Cone Bat Craft 2:30 Caramel Apple Chillers 3:30 Bible Study & Walker Decorations 4:30 Dinner 5:30 Courtyard Strolls 7:00 Dementia Documentary</p>	<p>14</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekday Workout 10:15 Baking Brownies 11:30 Lunch 1:15 Brain Aerobics: Holy Cross Day 2:00 Squirt Gun Tye dye 2:30 Devotions w/Chaplain Shawn 3:00 Dirty Hot Chocolate Sippers 4:30 Dinner 5:30 Walker Decorating 7:00 TLC Marathon</p>	<p>15</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Friday Fitness 10:15 Today In History: Rosh Hashanah & Apple Craft 11:30 Lunch 1:45 House Side Companionship Visits 2:00 Mack's Ice Cream Social 3:00 Let's Get Physical: Outdoor Ball 4:30 Dinner 7:00 Relax & Unwind w/Music</p> <p>Rosh Hashanah</p>	<p>16</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekend Workout 10:00 Morning News & Weather Report 10:30 Bible Study & Bible Trivia 11:00 Hymn-Sing Along 11:30 Lunch 1:15 Indoor Soccer 2:30 Rehydration Station: Lemonade 3:00 Senior & Biblical Jokes 3:30 Tip Top Nail Spa 4:30 Dinner 7:00 Religious Movie Night</p>
<p>17</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:00 Today In History: Constitution Day 11:00 Name That President 11:30 Lunch 1:30 Sunday Service w/ Chaplain Shawn 2:00 Sunday Ice Cream Sundaes 2:30 Elvis Presly History 3:00 Bingo 4:30 Dinner 7:00 Discovery Channel Documentaries</p>	<p>18</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Monday Muscle Club 10:15 Memory Magic w/Club 11:30 Lunch 1:15 Relaxing In The Garden 2:30 Fruit Smoothies 3:30 Name That Tune 4:00 Common Sayings 4:30 Dinner 7:00 Golden Age Flicks</p>	<p>19</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:00 Famous Pirates 10:30 Mythical Morning: Famous Shipwrecks 11:30 Lunch 1:15 Ahoy Matie! Pirate Party w/ Club 2:30 World News 3:00 Wascally Wabbit: Spiced Carrot Latte 4:00 Courtyard Stroll 4:30 Dinner 5:30 Outdoor Grilling 7:00 Western Movie Night</p>	<p>20</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:15 Baking Pumpkin Pie 11:30 Lunch 1:15 Parachute Games 2:15 Fall For You Latte's 3:00 NASA History 3:30 PA Animal Trivia 4:00 Evening Stretch 4:30 Dinner 5:30 Puzzle Time 7:00 I Love Lucy Marathon</p>	<p>21</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:00 Today In History: International Day Of Peace 10:30 Famous Hippies Of The 70's 11:30 Lunch 1:15 Pina Colada's w/Club 2:30 Devotions w/Chaplain Shawn 3:00 Beach Trivia & Fun Facts 3:30 Virtual Seafloor Exploration 4:30 Dinner 4:30 - 6:30 Community Event: Annual Luau Family Celebration 7:00 Hawaii Documentary</p>	<p>22</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Friday Fitness 10:15 Baking After School Banana Bread 11:30 Lunch 1:15 Common Sayings 1:45 House Side Companionship Visits 2:00 All About Betty White 2:30 September Morn Latte 3:00 Let's Get Physical: Exercise Dice 4:30 Dinner 7:0 Movie Night: Pocahontas 1 & 2</p> <p>Native American Day</p>	<p>23</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:15 Craft 11:30 Lunch 1:15 Nerf Target Practice 2:00 Bible Study 2:30 Beer & Wine Social 3:00 Spring Trivia 3:30 Pictionary 4:00 iN2L: Counting Change 4:30 Dinner 7:00 Fantasy Films</p>
<p>24</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Today In History: Yom Kippur 10:45 Amazing News & Stories 11:30 Lunch 1:30 Sunday Service w/ Chaplain Shawn 2:00 Sunday Sundaes 2:30 Bubble Popper 3:00 Outdoor Stroll 4:30 Dinner 7:00 Holocaust Documentary</p> <p>Yom Kippur</p>	<p>25</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Monday Morning Workout 10:15 Memory Magic w/Club 11:30 Lunch 1:15 Ludicrous Laws Trivia 1:30 What's In Our Garden? 2:30 Fruit Smoothies 3:00 Mini Golf 4:30 Dinner 7:00 Religious Films</p>	<p>26</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday Workout 10:15 Johnny Appleseed Day: Baking Apple Pie 11:30 Lunch 1:15 Bingo Bucks Bingo on Patio 2:30 Johnny Appleseed Craft 3:30 Rehydration Station: Apple Cider 4:00 Apple Facts 4:30 Dinner 5:30 Country Ride 7:00 Relax & Unwind w/ Music</p>	<p>27</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:15 Baking Cookies 11:30 Lunch 1:15 Walker Decorations & Tip Top Nail Spa 2:00 Coffee Break 2:30 Family Feud 3:00 Local News & World Events 3:30 Would You Rather 4:00 How Old Is Too Old to... 4:30 Dinner 5:30 Helping Hands: Folding Laundry 7:00 Nature Documentaries</p>	<p>28</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Bingo & Bacon 11:30 Lunch 1:15 C-ya September Sunflower Tea 2:30 Devotions w/Chaplain Shawn 3:00 Rootbeer Floats 3:30 CN Scavenger Hunt 4:30 Dinner 5:30 Spring Cleaning 7:00 Cute Babies YouTube Binge</p>	<p>29</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Today In History: Sukkot 10:45 Old Testament & Jewish Trivia 11:30 Lunch 1:15 Michael & All Angels Day History 1:45 House Side Companionship Visits 3:00 Let's Get Physical: Card Crunch 4:30 Dinner 7:00 Marvel Movie Night</p> <p>Sukkot</p>	<p>30</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Recap Of The Month 11:00 Common Sayings 11:30 Lunch 1:15 Memory Magic 2:30 Balloon Volleyball 3:30 Soda Sippers 4:00 On The Farm Trivia 4:30 Dinner 7:00 Action Movie Night</p>