

## CONNECTIONS



## SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>National Assisted Living Week Celebration</b> <b>10<sup>th</sup> - 16<sup>th</sup></b>					<sup>1</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Bible Study with Chaplain Bev 10:30 Hymn Sing 11:15 Lunch 1:00 Afternoon Stretch 2:00 Write A Letter To A Loved One 3:00 Hydration Station 4:00 Dinner 5:30 Color Me Calm 7:00 Evening Snacks and Refreshments	<sup>2</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Rosary 10:30 Sizzle and Sweat 11:15 Lunch 1:00 iN2L: All About September Trivia 2:30 Picture A Word 4:00 Dinner 5:30 Word Searches 7:00 Evening Snacks and Refreshments
	<sup>3</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Sunday Strength 10:30 Companion K-9 Visit With "Harvey" 11:15 Lunch 1:00 Fresh Air And Fun Facts About Fall 2:00 Puzzles and Pondering 4:00 Dinner 5:30 Household Chores: Folding 7:00 Evening Snacks and Refreshments	<sup>4</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Rosary 10:00 Yoga Fitness by Bill Kringe 11:15 Lunch Holiday Outdoor Picnic 1:00 iN2L: Labor Day Trivia 2:00 Labor Day Scavenger Hunt 4:00 Dinner 5:30 TV Time: Resident's Choice 7:00 Evening Snacks and Refreshments  Labor Day	<sup>5</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Daily Prayer & Meditation 10:00 Sing-A-Long Hymns 10:30 Sizzle and Sweat 11:15 Lunch 12:30 Memory Magic 2:00 Musical Entertainment By Tonya & Marge 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments	<sup>6</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Prayer Service with Chap. Bev 10:30 Weekday Warriors Workout 11:15 Lunch 12:30 Sing-a-long with Kathy 2:00 iN2L: Arm Chair Travel: Safari 3:00 Junk Drawer Detective: Zoo 4:00 Dinner 5:30 Magazines and Music 7:00 Evening Snacks and Refreshments	<sup>7</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 iN2L: Elder Spiritual Care 10:30 Weekday Flow 11:15 Lunch 1:00 Hello Fall: Paper Plate Wreath 3:00 Guess That Sound? 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments	<sup>8</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Bible Study with Chaplain Bev 10:30 Hymn Sing 11:15 Lunch 1:00 Afternoon Motivation 2:30 <i>Drum To Your Own Beat</i> Drumming Class with Joe Ciarvella 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Sunday Strength 10:30 Conversation Ball Toss 11:15 Lunch 1:15 Worship Service with Chap. Bev 2:30 Grandparent's Day High Tea 4:00 Dinner 5:30 Color Me Calm 7:00 Evening Snacks and Refreshments</p> <p>Grandparent's Day</p>	<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Rosary 10:00 Yoga Fitness by Bill Krings 11:15 Lunch 1:00 Prayer Service &amp; Communion 2:00 iN2L: Piggy Bankers 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments</p> <p>Patriot Day</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Daily Prayer &amp; Meditation 10:30 Toned Tuesday 11:15 Lunch 1:00 Prayer Service &amp; Communion 2:00 Baking Club: No-Bake Frozen Lemonade Pie 4:00 Dinner 5:30 Word Searches 7:00 Evening Snacks and Refreshments</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Daily Prayer &amp; Meditation 10:00 Sweating To The Oldies 10:30 Balloon Toss 12:30 Sing-a-long with Kathy 2:00 Science Sensations: Elephant Toothpaste 3:00 Positivity Hour 4:00 Dinner 5:30 TV Time: Classic TV 7:00 Evening Snacks and Refreshments</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Motivation Nation 10:15 Men's Club Trip: "Clips &amp; Pitz": Full Klips Barber/Fratelli's Pizza 11:15 Lunch 1:00 iN2L: What Did It Cost 3:00 Yum Yum Box 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Snacks and Refreshments</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Bible Study with Chaplain Bev 10:30 Fitness Friday 11:15 Lunch 1:00 History Of Rosh Hashanah 2:00 Bingo 4:00 Dinner 5:30 Household Chores: Sorting 7:00 Evening Snacks and Refreshments</p> <p>Rosh Hashanah</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Alzheimer's Awareness Walk-A-Thon (OOB) 10:30 Rosary 11:15 Lunch 1:00 iN2L: All About Fall Trivia 2:30 Ready, Set, Roll 4:00 Dinner 5:30 Magazines and Music 7:00 Evening Snacks and Refreshments</p>
<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Sunday Strength 10:30 Companion K-9 Visit With "Harvey" 11:15 Lunch 1:15 Worship Service with Chap. Bev 2:30 Music and Manicures 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Snacks and Refreshments</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Rosary 10:00 Yoga Fitness by Bill Krings 11:15 Lunch 1:00 Remembering "These Hands" 2:30 Color Me Clam: Stary Skies 4:00 Dinner 5:30 Magazines and Music 7:00 Evening Snacks and Refreshments</p>	<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Daily Prayer &amp; Meditation 10:30 Weekday Warriors Workout 11:15 Lunch 1:00 Prayer Service &amp; Communion 2:00 iN2L: Karaoke: Oldies 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Prayer Service with Chap. Bev 10:30 Stretch Nation 11:15 Lunch 12:30 Sing-a-long with Kathy 2:00 Musical Entertainment By Noreen Gregory 4:00 Dinner 5:30 Color Me Calm 7:00 Evening Snacks and Refreshments</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Daily Prayer &amp; Meditation 10:00 Short Story: Lucky Day 10:30 Thursday Thirty 11:15 Lunch 12:30 iN2L: Mini Golf Fun Facts 2:30 Chair Mini Golf 4:00 Dinner 5:30 Word Searches 7:00 Evening Snacks and Refreshments</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Bible Study with Chaplain Bev 10:30 Hymn Sing 11:15 Lunch 1:00 Craft Corner: Beaded Corn 2:00 I-Spy With My Eye 3:00 Afternoon Stretch 4:00 Dinner 5:30 TV Time: Resident's Choice 7:00 Evening Snacks and Refreshments</p> <p>Native American Day</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Rosary 10:30 Chair Yoga 11:15 Lunch 1:00 iN2L: Clay Art History 2:30 Clay Creations: Use Your Imagination 4:00 Dinner 5:30 Household Chores: Folding 7:00 Evening Snacks and Refreshments</p>
<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 iN2L: Elder Spiritual Care Hymns 10:30 Motivation Nation 11:15 Lunch 1:15 Worship Service with Chap. Bev 2:30 Cultural Learning: Yom Kippur Facts 3:00 Hydration Station 4:00 Dinner 5:30 Word Searches 7:00 Evening Snacks and Refreshments</p> <p>Yom Kippur</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Rosary 10:00 Yoga Fitness by Bill Krings 11:15 Lunch 12:30 iN2L: Discussion Starters: Fall/Winter 1:30 Interactive Music Class With Cynthia Ritchey 2:30 Game Time: The Price Right 4:00 Dinner 5:30 TV Time: Resident's Choice 7:00 Evening Snacks and Refreshments</p>	<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Daily Prayer &amp; Meditation 10:30 Toned Tuesday 11:15 Lunch 1:00 Prayer Service &amp; Communion 1:30 Ready For Fall: Candy Corn Punch 2:00 "I Got It" Card Game 4:00 Dinner 5:30 Aromatherapy 7:00 Evening Snacks and Refreshments</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Prayer Service with Chap. Bev 10:30 Strength Nation 11:15 Lunch 12:30 Sing-a-long with Kathy 2:15 Baking Club: Raspberry Thumbprints 3:00 Celebration of Life Service 4:00 Dinner 5:30 Household Chores: Wiping Tables 7:00 Evening Snacks and Refreshments</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 9:30 Daily Prayer &amp; Meditation 10:00 Sizzle and Sweat 10:30 Fun Facts and Folklore: September 11:15 Lunch 1:00 Memory Magic 2:30 Yum Yum Box 3:00 Turn Up The Tunes: Greek Folk Music 4:00 Dinner 5:30 Puzzle Palooza 7:00 Evening Snacks and Refreshments</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Bible Study with Chaplain Bev 10:30 Hymn Sing 11:15 Lunch 1:00 Afternoon Flow 2:00 iN2L: Sukkot Slideshow/Traditions 4:00 Dinner 5:30 Color Me Calm 7:00 Evening Snacks and Refreshments</p> <p>Sukkot</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Rosary 10:30 Sweating To The Oldies 11:15 Lunch 1:00 Chair Soccer 2:30 Walking Club: Walking With Friends 4:00 Dinner 5:30 Word Searches 7:00 Evening Snacks and Refreshments</p>