

Please join us
In Celebrating...

season of
REFLECTION



NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 10-16, 2023

NALW.org · #NALW



Providence Place

SENIOR LIVING

News

Q3: September 2023



Dimensions
of Wellness

Resident Birthdays

September

- | | |
|--------------------|---------------------|
| Lois Garman | K. Lorraine Shaffer |
| Sally Ann McCleary | Bonita Mearkle |
| Guy Musick | Stephen Martin |
| John Hampton | Robert Eslinger |
| Virginia Federhoof | LeVaun Stouffer |
| Earl Robinson | |
| Leon McIntyre | |
| Joann Bachtell | |

A Note from the Executive Director

Thanks to everyone for your patience and cooperation last month for the first-floor flooring project. We are pleased with how great it looks. The terrace level is next on the schedule for new flooring in October.

We have several fun events coming up to celebrate Assisted Living week during the second week of this month. Starting with a Grandparent's Day brunch on 9/10 and concluding with the Memory Walk to raise awareness for Alzheimer's disease on 9/16. Please check out the Community Life calendar, weekly updates as well as posters that will be displayed for event schedules.

Save the date for the Fall Fest that will be held on Wednesday, September 27th. Our Dining Department is planning a great fall and German-themed menu and we will be entertained with music and dancing. Dust off your lederhosen and brush up on your polka moves! Flyers will be sent out with monthly invoices and also look for flyers that will be posted in the community for more details.

Warm Regards,

Holly Townsend

Executive Director

Highlighted Events

- 10 – **Grandparent's Day Brunch**
@ 10am or 12pm
- 16 – **Dementia Awareness Walk & Community Walk-a-thon** @ 9am
- 19 – **Outing to 9/11 Memorial** in
Shanksville, PA @ 9am
- 23 – **Lunch Out:** Nick's Airport Inn @ 11am
- 10th - 16th: **National Assisted Living Week Celebrations** – see calendar for details

Welcome New Residents

- Kay K.
- Josephine Y.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
National Assisted Living Week Celebration 10th - 16th	THE 		Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections Chapel (CC), Laundry Rooms (LR's), Pub Deck (PD) Back Yard (BY) Connections (CN) Picnic Tables (PT) ** Registration Required \$\$ Cost Involved	September 2023	1	2	
	3	Labor Day 4	5	6	7	8	9
	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Labor Day Brain Games (3A) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Memory Magic (3A) 6:15 Songs and Scripture (Ch. 809)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 –4:00 Poker Run (Front Desk) 3:00 Labor Day Social Sharing Your Work Stories (C) 6:15 Card Club (3A)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Guess a Letter (3A) 1:30 Cooking Creation: Apple Pie Cupcakes (CN) 2:30 Sip and Taste (CN) 3:00 Popcorn Station (BL) 6:15 Game Shows (Ch.78)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Shopping Trip: Weis \$\$ (OOB) 2:00 Musical Entertainment Featuring Tom Shultz (CN) 3:00 Crafty Creation: Tie Dye Shirts (CN) 6:15 Horseshoes (3E)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Mid Week Worship Service (CN) 1:15 Day Excursion: Horse Shoe Pits (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 Bible Study (PDR) 6:15 Chit Chat in the Lobby (FL)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Brain Games (3A) 1:30 Walk and Stroll Club (HW) 2:00 History of Grandparents Day (3A) 3:00 Social Hour: Olives and Cheese (P) 6:00 Movie Night & Popcorn: The Water is Wide (3A)	9:00 Morning Meeting and Inspirations (P) 9:30 House of Café & Current Events (P) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Tales Told By Residents: Greece (P) 3:00 Hydration and Humor (P) 6:15 Puzzle Club (3A)
	10	Patriot Day 11	12	13	14	15	16
	Grandparent's Day 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 –11:30 Grandparents day Brunch # 1 12:00-1:30 Grandparents day Brunch # 2 1:30 Walk and Stroll Club (HW) 2:00 Worship Service with Special Guest's The Koppes (2A) 3:00 Game Club: Kerplunk (3A) 6:15 Songs and Scripture (Ch. 809)	8:00 –9:30 National Assisted Living Week: Yogurt and Coffee Bar (C) 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Kindly Canine Pet Visit (BL) 3:00 Taste & Trivia: Patriot Day (P) 6:15 Card Club (3A)	8:00 –9:30 National Assisted Living Week: Design Your Own Waffle Bar (C) 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Jeopardy (3A) 1:30 Cooking Creation: Homemade Apple Sauce (CN) 2:30 Sip and Taste (CN) 3:00 Build Your Own Ice Cream Bar (P) 6:15 Game Shows (Ch.78)	8:00 –9:30 National Assisted Living Week: Design Your Own Waffle Bar (C) 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Shopping Trip: TJ Maxx \$\$ (OOB) 1:30 Crafty Creation: Fall Feast Décor Prep (CN) 2:30 Sip and Share (CN) 3:00 Coworker Vs. Resident Water Ballon Toss (FL) 6:30 Musical Entertainment Featuring	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Cooking Creation: Fruit Pizza (C) 10:00 Mid Week Worship Service (CN) 1:15 Day Excursion: Sunflower Fields (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 Bible Study (PDR) 6:00 4-H Goat Show (CN)	Rosh Hashanah 8:00 –9:30 National Assisted Living Week: Donut & Milk Bar (C) 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Book Club: Make Room For Ryder (3A) 1:30 Walk and Stroll Club (HW) 2:00 Cornhole Tournament (BL) 3:00 Social Hour: Fruit Pizza 6:00 Movie Night & Popcorn: 9/11 @ Pentagon (3A)	9:00 Morning Meeting and Inspirations (P) 9:30 House of Café & Current Events (P) 9:00– 11:00 Community Walk-A-Thon End Alzheimer's (FL) 1:30 Talk n' Toss Ball (3A) 2:00 Aromatherapy and Nails (3A) 3:00 Hydration and Humor (P) 6:15 Puzzle Club (3A)
17	18	19	20	21	22	23	
9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 All About Oktoberfest (3A) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Uno (3A) 6:15 Songs and Scripture (Ch. 809)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Hymn Sing with Jodi Corbett (2A) 3:00 iN2L Documentary: 9/11 Memorial And World Trade Center Tour (2A) 6:15 Card Club (3A)	9:00 Morning Meeting and Inspirations (P) 9:00 Day Trip to 9/11 Memorial ** (OOB) 9:30 Daily Chronicle and Discussion (P) 10:00 Ladder Ball (3E) 1:30 Balance and Action (3E) 2:00 Chef Demo: Greece (C) 3:00 American Nation of Immigrants Featuring Lester Hirsh (2A) 6:15 Game Shows (Ch.78)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Shopping Trip: Dollar Tree \$\$ (OOB) 11:00 Diner Caravan \$\$ (OOB) 1:30 Walk and Stroll Club (HW) 2:00 Fireside Chat (2A) 3:00 Best Version of Me w/ Chap. Rick (2A) 6:15 Horseshoes (3E)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Dance With Leah 10:00 Mid Week Worship Service (CN) 1:15 Day Excursion: Nature Ride (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 Bible Study (PDR) 6:15 Chit Chat in the Lobby (FL)	Native American Day 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Vaccination Awareness with Jamie From Bayada Home Health Care (2A) 1:30 Walk and Stroll Club (HW) 2:00 Table Talk Tidbits (3A) 3:00 Social Hour: Frybread (P) 6:00 Movie Night & Popcorn: Last of the Mohicans (3A)	9:00 Morning Meeting and Inspirations (P) 9:30 House of Café & Current Events (P) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Memories in the Making (3A) 3:00 Hydration and Humor (P) 6:15 Puzzle Club (3A)	
24	25	26	27	28	29	30	
Yom Kippur 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 German Jeopardy (3A) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Crafting Club: Apple Magnet (3A) 6:15 Songs and Scripture (Ch. 809)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Cooking Creation: Carmel Apple Desserts # 1 (C) 1:30 Imagery Fitness (3A) 2:00 Cooking Creation: Carmel Apple Desserts # 2(C) 3:00 iN2L Documentary: The Yom Kippur War (2A) 6:30 Musical Entertainment Featuring Cumberland Valley Quartet (2A)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Prize Bingo (3A) 1:30 Cooking Creation: Pumpkin Fluff (CN) 2:30 Sip and Taste (CN) 3:00 Oktoberfest Brain Games (3A) 6:15 Game Shows (Ch.78)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Shopping Trip: Walmart \$\$ (OOB) 1:30 Crafty Creation: Plastic Canvas Coasters (CN) 2:30 Sip and Share (CN) 3:00 Best Version of Me w/ Chap. Rick (2A) 5:00 Friends and Family Fall Feast ** (LD) 5:30 Shippensburg German Polka Band (LD)	9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Mid Week Worship Service (CN) 1:15 Day Excursion: Nelly Fox Bowling (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 Bible Study (PDR) 6:15 Chit Chat in the Lobby (FL)	Sukkot 9:00 Morning Meeting and Inspirations (P) 9:30 Daily Chronicle and Discussion (P) 10:00 Cooking Creation: Cherry Cake (C) 1:30 Walk and Stroll Club (HW) 2:00 English Words with German Origins (3A) 3:00 Social Hour: Cherry Cake (P) 6:00 Movie Night & Popcorn: Dreamer (3A)	9:00 Morning Meeting and Inspirations (P) 9:30 House of Café & Current Events (P) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Root Beer Float Social (c) 3:00 Friends Helping Friends (3A) 6:15 Puzzle Club (3A)	