



NALW.org · #NALW

NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 10-16, 2023



of Wellness

Resident Birthdays

September

Barbara Webber Ioan Fede Frederick Lehr Dorothy Snell Gloria Seaman Douglas Koons



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Q3: September 2023

A Note from the Executive Director

Thank you to everyone who joined us for the Summer Lovin' party in August - it was a fantastic day for residents, team members families and more. Check out pictures on our facebook page!

As we step into fall, we kick off September with "National Assisted Living Week" and will have activities from September 10th-16th to thank our team members and residents alike for being a part of our Providence Place Family.

As always, if you have questions or concerns, please feel free to reach out anytime.

> Sincerely, Julie Wallace Executive Director

Highlighted Events

5-EdU Presentation & Veterans

BBQ: Honoring our Veterans @ 11:30am

6 - Fireside Chat @ 10am

6 - Walk to End Alzheimer's @ 2pm

14 - Popcorn Social (team & residents)

@ 2pm

28 - Outing to Benigna's Creek

Vineyard @ 2pm

28 - Dementia Support Group:

Pottsville campus @ 6pm

Welcome New Residents

Mary Evelyn T.

Dorothy S.

Gloria S.

Joan S.

Irvin M.

Linda M.

Pine Grove | 24 Hikes Hollow Road | Pine Grove, PA 17963 | 570-345-4999

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
National Assisted Living Week Celebration 10 th - 16 th	Comm		Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out Of Building (1F) First Floor Community Room (2F) Second Floor Community Room (DR) Dining Room (FP) Front Patio (RP) Rear Patio (WP) Walking Path (L) Lobby	September 2023	9:30 Target Legs Exercise (2F) 10:00 Ted Talk: 9/11 And Everyday Heroism By Heather Penny, Fighter Pilot (2F) 11:00 Opinion And Discuss (2F) 2:00 Adventure Club Road Trips And Scenic Drives: California (2F) 3:30 Popcorn And Soda Cart (2F) 6:00 Game Of Clue (1F) 6:00 Yahtzee Team (2F)	9:30 Gentle Moves Exercise (2F) 10:00 September Fact Or Fiction (2F) 10:30 Coffee Cache And Daily Chronicles (2F) 11:00 Holy Rosary EWNT 49 2:00 Prize Bingo (2F) 3:00 Sweet Treat Social (2F) 4:00 Prize Puzzle Of The Week (2F) 7:00 Wheel Of Fortune (1F)	2
9:30 Whole Body Stretch (2F) 10:00 Lessens For Living: Learn To Say No (2F) 10:30 Scripture Of The Day & Discuss (2F) 12:00 Wine And Dine (DR) 2:00 Church Of God Service (2F) 3:00 Fellowship Hour (2F) 4:00 Confident Cruisers (WP) 6:00 Music & Mindful Colors (1F)	Labor Day 4 9:30 Light Hand Weights Exercise (2F) 10:00 Biography Of Peter J. McGuire (2F) 1:00 Helping Hands Set Up Crew (2F) 2:00 Craft N' Creations: Career Collage (2F) 4:00 Confident Cruisers (WP) 6:00 Canasta Club (1F)	9:30 Balance In Action By Kari, Powerback Rehab (2F) 10:00 World Briefs And Discuss (2F) 11:00 St. Peters Lutheran Communion (1F) 11:30 Ed-U Presentation: Honoring Our Veterans Program By Vice Commander SSG John Russell & Veterans BBQ (RP) 3:30 iN2L: Word Grid (2F) 6:00 Card Club: Rummy (1F)	9:30 Move2Music (2F) 10:00 Fireside Chat With ED Julie And Management Team (2F) 11:00 Resident Planning Committee (2F) 2:00 Walk To End Alzheimer's Disease (WP) 3:30 Front Porch Social (FP) 6:00 Music & Mixed Drinks Social (2F)	9:30 Target Arms Exercise (2F) 10:00 Dinning Committee Meeting (2F) 11:00 World Briefs & Discuss (2F) 2:00 Craft N' Creations: Making Staff Appreciation Gifts For NALW (2F) 3:30 Ice Tea Cart (2F) 4:00 Confident Cruisers (WP) 6:00 Canasta Club (2F)	9:30 Target Legs Exercise (2F) 10:00 Fabled Headlines (2F) 11:00 Opinion And Discuss (2F) 2:00 Film Fest: Hank Williams (2F) 3:00 Popcom And Soda Cart (2F) 4:00 Front Porch Trivia (FP) 6:00 Yahtzee Team (2F)	9:30 Gentle Moves Exercise (2F) 10:00 September Fact Or Fiction (2F) 10:30 Coffee Cache And Daily Chronicles (2F) 11:00 Holy Rosary EWNT 49 2:00 Prize Bingo (2F) 3:00 Sweet Treat Social (2F) 4:00 Prize Puzzle Of The Week (2F) 7:00 Wheel Of Fortune (1F)	9
Grandparent's Day 9:30 Whole Body Stretch (2F) 10:00 Lessens For Living: Faithful (2F) 10:30 Grandparents: A Special Bond (2F) 2:00 ED-U Presentation: Scripture, Songs And Wisdom By The Providence Place Players (DR) 4:00 Confident Cruisers (WP) 6:00 Music & Mindful Colors (1F)	Patriot Day 9:30 Light Hand Weights Exercise (2F) 10:00 Ted Talk: Building The 9/11 Memorial Museum By American Designer Jake Barton (2F) 1:30 Shirley's Aromatherapy Hand Massages (2F) 4:00 Confident Cruisers (WP) 6:00 Canasta Club (1F)	9:30 Target Balance Exercise (2F) 10:00 iN2L: On This Day (2F) 10:30 iN2L: Happy Neurons Memory (2F) 11:00 Diner's Caravan: OIP **\$\$ (OOB) 3:00 Phase 10 Tournament (2F) 4:00 Bible Search: Better To Give (2F) 6:00 Card Game: Rummy (2F)	9:30 Move2Music (2F) 10:00 Daily Briefs And Discuss (2F) 10:30 I Remember That! Greasers (2F) 2:00 Co-workers vs Residents Game Of Headbands (2F) 3:30 Nutty Buddy Social (2F) 4:00 Confident Cruisers (WP) 6:00 Music & Mixed Drinks Social (2F)	9:30 Target Arms Exercise (2F) 10:00 World Briefs And Discuss (2F) 10:30 Finish The Lines (2F) 1:00 Helping Hands Set Up Crew: Popcorn Station (FP) 2:00 Popcorn Social For Co-workers And Residents (FP) 3:00 Outdoor Games (FP) 6:00 Canasta Club (2F)	Rosh Hashanah 9:30 Target Legs Exercise (2F) 10:00 History Of Rosh Hashanah (2F) 10:30 Rosh Hashanah True Or False (2F) 11:00 Opinion And Discuss (2F) 2:00 Adventure Club Road Trips And Scenic Drives: Hawaii (2F) 4:00 Front Porch Trivia (FP) 6:00 Yahtzee Team (2F)	9:30 Gentle Moves Exercise (2F) 10:00 September Fact Or Fiction (2F) 10:30 Coffee Cache And Daily Chronicles (2F) 11:00 Holy Rosary EWNT 49 2:00 Prize Bingo (2F) 3:00 Sweet Treat Social (2F) 4:00 Prize Puzzle Of The Week (2F) 7:00 Wheel Of Fortune (1F)	16
9:30 Whole Body Stretch (2F) 10:00 Lessens For Living: Forgiveness (2F) 10:30 Scripture Of The Day & Discuss (2F) 12:00 Wine And Dine (DR) 2:00 Church Of God Service (2F) 3:00 Fellowship Hour (2F) 4:00 Confident Cruisers (WP) 6:00 Music & Mindful Colors (1F)	9:30 Light Hand Weights Exercise (2F) 10:00 Current Events (2F) 10:30 Historic Epic Fails: Camels In The U.S. Army (2F) 1:30 Service In Action: Coupons For The Troops (1F) 2:30 Ed-U Presentation: Modern Crafting Technologies By Bev Spitter (2F) 4:00 Confident Cruisers (WP) 6:00 Canasta Club (1F)	9:30 Target Balance Exercise (2F) 10:00 iN2L: On This Day (2F) 10:30 iN2L: Happy Neurons Memory (2F) 11:00 Bible Search: 3 John (2F) 2:00 Memory Magic (2F) 3:00 Lemonade Cart (2F) 4:00 Confident Cruisers (WP) 6:00 Card Game: Rummy (2F)	9:30 Move2Music (2F) 10:00 I Remember That! "I Like Ike" (2F) 10:30 1950's History Quiz (2F) 11:00 Daily Scripture (2F) 2:00 Kitchen Krew: Making Pickles (2F) 4:00 Front Porch Trivia (FP) 6:00 Music & Mixed Drinks Social (2F)	9:30 Target Arms Exercise (2F) 10:00 Family Feud (2F) 11:00 Confident Cruisers (WP) 2:00 Ed-U Presentation: <i>Outstanding Artist In Their Field</i> By Martin Bradfield (2F) 3:30 Open Forum And Discuss (2F) 6:00 Canasta Club (2F)	Native American Day 9:30 Target Legs Exercise (2F) 10:00 History Of The Five Civilized Tribes Of North America (2F) 11:00 Opinion And Discuss (2F) 2:00 Film Fest: Bury My Heart At Wounded Knee (2F) 3:00 Popcorn And Soda Cart (2F) 6:00 Yahtzee Team (2F)	9:30 Gentle Moves Exercise (2F) 10:00 September Fact Or Fiction (2F) 10:30 Coffee Cache And Daily Chronicles (2F) 11:00 Holy Rosary EWNT 49 2:00 Prize Bingo (2F) 3:00 Sweet Treat Social (2F) 4:00 Prize Puzzle Of The Week (2F) 7:00 Wheel Of Fortune (1F)	23
Yom Kippur 24 9:30 Whole Body Stretch (2F) 10:00 Lessens For Living: <i>Transition</i> (2F) 10:30 Scripture Of The Day & Discuss (2F) 12:00 Wine And Dine (DR) 2:00 iN2L: Methodist Service (2F) 3:00 iN2L: Catholic Service (2F) 4:00 Confident Cruisers (WP) 6:00 Music & Mindful Colors (1F)	9:30 Light Hand Weights Exercise (2F) 10:00 Current Events (2F) 10:30 Epic Fails: Ronald Wayne, Apple Cofounder Sold His Share For \$2,300 (2F) 1:30 Shirley's Aromatherapy Hand Massages (2F) 3:00 Manicures (2F) 4:00 Confident Cruisers (WP) 6:00 Canasta Club (1F)	9:30 Target Balance Exercise (2F) 10:00 iN2L: On This Day (2F) 10:30 iN2L: Happy Neurons Memory (2F) 11:00 Bible Search: Psalm 41 (2F) 2:00 Grateful Drumming With Joe (2F) 3:00 Cool Down With Cool Drinks (2F) 4:00 Confident Cruisers (WP) 6:00 Card Game: Rummy (2F)	9:30 Move2Music (2F) 10:00 Daily Briefs And Discuss (2F) 10:30 I Remember That! Hula Hoops And Jukeboxes (2F) 11:00 Mother Teresa Program EWNT 49 2:00 Film Fest: I Saw The Light (2F) 3:30 Confident Cruisers (WP) 4:00 Front Porch Trivia (2F) 6:00 Music & Mixed Drinks Social (2F)	9:30 Target Arms Exercise (2F) 10:00 News Of The Day (2F) 10:30 Kickball (2F) 11:00 iN2L: Candid Camera (2F) 2:00 Ed-U Tour: Benigna's Creek Vineyard And Winery **\$\$ (OOB) 3:30 Confident Cruisers (WP) 6:00 Canasta Club (2F)	Sukkot 29 9:30 Target Legs Exercise (2F) 10:00 Points To Ponder (2F) 11:00 Opinion And Discuss (2F) 2:00 Ed-U Presentation: Joyful Moments By Celeste Bailey, Fitness Educator (2F) 3:00 Cool Down With Cool Drinks (2F) 4:00 Front Porch Trivia (FP) 6:00 Yahtzee Team (2F)	9:30 Gentle Moves Exercise (2F) 10:00 September Fact Or Fiction (2F) 10:30 Coffee Cache And Daily Chronicles (2F) 11:00 Holy Rosary EWNT 49 2:00 Prize Bingo (2F) 3:00 Sweet Treat Social (2F) 4:00 Prize Puzzle Of The Week (2F) 7:00 Wheel Of Fortune (1F)	30