

Please join us
In Celebrating...

season of
REFLECTION



NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 10-16, 2023

NALW.org · #NALW



Providence Place SENIOR LIVING News

Q3: September 2023

A Note from the Executive Director

As summer is winding down, our residents are thoroughly enjoying their time outside. Please check out details for our upcoming Labor Day festivities and our End of Summer Block Party on 9/10.

Over the next couple months, Connections Neighborhood Terrace will be getting painted and we will be getting a new floor in the dining room. Please pardon our mess while we keep our campus fresh for everyone.

As always, myself and my team are always available for comments, ideas or concerns.

Best,

Melissa Melnick

Executive Director

Highlighted Events

- 4 – **Labor Day Picnic** @ 12pm
- 10 – **Summer Block Party** @ 11am-4pm
Families Welcome!
- 12 – **Positives Ties:** Tie-dye t-shirts @ 1:30pm
- 19 – **Silver Fox Target Shooting** @ 10:30am
- 22 – **EdU Presentation:** Indigenous People by Porcupine Pat @ 10am
- 28 – **Outing to Hollywood Casino** @ 10:30am
- 28 – **Dementia Support Group** @ 6pm
Connections

Welcome New Residents

- Rosemarie N.
- Joanne F.
- Evelyn G.
- Geraldine M.
- Emil K.



Dimensions
of Wellness

Resident Birthdays

September

- | | |
|-------------------|---------------------|
| Geraldine Delinko | Martha Kenney |
| Rosemarie Noon | James Smith |
| Sang O'Reilly | Audrey Serran |
| Agnes Leffler | Elizabeth Lavenberg |
| Clara Mason | Lee Miller |
| Gladys Bachman | Janet Merryfield |
| Anna Upton | |



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
National Assisted Living Week Celebration 10th - 16th	THE Club		Calendar Key: ** Registration Required \$\$ Cost Involved First Floor Patio (1FP) Front Porch (FP) Chapel (CH) Parking Lot (PL) Activity Room (A) Pub (P) Connections (CN) Throughout Building (TB) Lobby (L) Out of Building (OOB)	September 2023	1	2	
	3	Labor Day 4	5	6	7	8	9
	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:30 Morning Fitness (P) 11:00 Reading Republican & Menu (P) 1:00 Puzzles & Ponderings (1FP) 2:00 John O'Hara through the Short Stories **(OOB) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Yoga w/ Michelle (P) 12:00 Labor Day Picnic (P) 1:30 Helping Hands: Clean UP (1FP) 2:00 Plinko: 1930's (P) 3:00 Communion Service (CH) 3:30 Guess My Occupation (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Making of Mulled Cider (A) 11:00 Reading Republican & Menu (L) 12:00 Souper Tuesday Luncheon **(P) 1:00 Afternoon Excursion: Bubeck Park (OOB) 2:00 Golden Voices Choir (P) 3:00 Manicures & Mimosas ** (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Good Morning Café (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Lite & Lively (P) 11:00 Reading Republican & Menu (L) 2:00 Acrylic Paint Class w/ Shannon **(P) 2:30 Prepping Life Savers for First Responders (P) 3:00 Bookworm Social Hour (P) 4:00 Walk for Heart Health (TB) 6:00 Birthday Club (P)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Wooden Creations: Sea Animals (A) 11:00 Reading Republican & Menu (L) 1:30 Play on Words (CN) 2:00 Drumming w/ Joe (CN) 3:00 Hydration Station (CN) 3:30 iN2L-Travel to St. Louis (CN) 4:00 Walk for Heart Health (TB) 7:00 Gospels Singers (CH)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Manicures & Warm Towel Massages (A) 11:00 Reading Republican & Menu (L) 1:30 Zumba with Michele (P) 3:00 Mass & Confessions w/ Father (CH) 3:30 Craft Corner: Fall Wreath (P) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:00 Horse Racing (P) 11:00 Reading Republican & Menu (L) 1:30 Sunny Day Bouquets (CN) 2:00 Mocktails & Munchies (CN) 3:00 Sing Along w/ Georgina Rae (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)
	10	Patriot Day 11	12	13	14	Rosh Hashanah 15	16
	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:00 Helping Hands: Setting Up 11:00 -4:00 Providence Place Block Party (PL) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 4:00 Helping Hands: Clean Up (PL) 4:00 Walk for Heart Health (TB)	8:46 Moment of Silence: Tribute to the Heroes & Victims of 9/11 (TB) 9:30 Morning Meeting & Daily Chronicle (P) 10:00 Dropping Off Gifts to First Responders **(OOB) 10:30 Yoga w/ Michelle (P) 2:00 Balloon Volleyball: Staff vs. Residents (P) 3:00 Communion Service (CH) 3:30 Rita's Italian Ice (P) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Tree of Positivity (ML) 11:00 Reading Republican & Menu (L) 1:30-3:30 Sunset Stables Petting Zoo (CN) 3:00 Resident vs. Staff Decade Jeopardy (P) 4:00 Walk for Heart Health (PL) 6:00 Nickel Bingo \$\$ (P)	9:00 Good Morning Café (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:00 Protestant Worship Service (CH) 10:30 Lite & Lively (A) 11:00 Reading Republican & Menu (L) 1:00 Afternoon Excursion: Buddy's Log Cabin (OOB) 3:00 Build Your Own Ice Cream Social (P) 4:00 Walk for Heart Health (TB) 6:00 Intergenerational: Reading w/ Friends	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 Appreciation Club (A) 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:30 Reminiscing: TV Dinners (CN) 3:30 iN2L: Family Feud (CN) 4:00 Walk for Heart Health (TB) 6:00 Shopping Trip: Fairlane Village Mall ** \$\$ (OOB)	9:00 Morning Fitness (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Curls for Girls **(P) 11:00 Reading Republican & Menu (L) 1:30 Puzzles on the Patio (1FP) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Bean Bag Toss (P) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:00 Punch Your Luck (P) 11:00 Reading Republican & Menu (L) 1:30 "Dough" Nut Bingo (CN) 2:30 "Dough" Facts & "Dough" Nut Social (CN) 3:30 Junk Drawer Detective (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)
17	18	19	20	21	Native American Day 22	23	
9:00 Morning Meeting & Daily Chronicle (P) 9:30 Trinity Lutheran Church: Live Stream (P) 10:30 Balance in Action (P) 11:00 Reading Republican & Menu (ML) 1:00 Movie: The Promise (P) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Gentle Stretching (P) 11:00 Reading Republican & Menu (L) 2:00 Golden Voices Choir (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Xbox Bowling (P) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 UNO (A) 11:00 Reading Republican & Menu (L) 12:00 Souper Tuesday Luncheon: ** (P) 2:00 Bingo (A) 3:00 Word In Word (A) 4:00 Walk for Heart Health (PL) 6:00 Porch Fellowship (FP)	9:00 Good Morning Café (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Strength Training (P) 11:00 Reading Republican & Menu (L) 1:30 Green Thumbs Club 2:00 Fireside Chats w/ Management (P) 3:00 Peppy Pepperoni Pep Rally (P) 4:00 Walk for Heart Health (TB) 6:00 Evening Movie by the Movie Buffs (P)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 11:00 Reading Republican & Menu (L) 11:00 Foodies: Dining Out **\$\$ (OOB) 2:00 Drum Circle w/ Joe (P) 3:00 Ed- Wellness: Mental Health Awareness, by Brittany Gaffney LPN (P) 4:00 Walk for Heart Health (TB) 6:00 Ice Cream & Country Ride **\$\$ (OOB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Curls for Girls **(P) 11:00 Reading Republican & Menu (L) 1:30 History 101: Native Americans (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:00 5 o'clock Somewhere Social Hour (P) 6:00 Porch Fellowship (FP)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:30 Card Games (P) 11:00 Reading Republican & Menu (L) 1:30 Creative Expressions: Apple Art (CN) 2:00 Happy Hour (CN) 3:00 Table Ball (CN) 4:00 Walk for Heart Health (TB) 6:00 Porch Fellowship (FP)	
Yom Kippur 24	25	26	27	28	Sukkot 29	30	
9:00 Morning Meeting & Daily Chronicle (A) 9:30 Trinity Lutheran Church: Live Stream (A) 10:30 Morning Fitness (A) 11:00 Reading Republican & Menu (A) 1:00 Movie: Fatima (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 4:00 Walk for Heart Health (TB)	9:00 Brain Games (ML) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Creative Minds: Sticker by Number 11:00 Reading Republican & Menu (L) 1:30 Squirrel Cam (CH) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:30 Amazon Wild Life (P) 4:00 Walk for Heart Health (TB)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Making of Banana Bread (P) 11:00 Reading Republican & Menu (L) 1:00 Afternoon Excursion: Turbines in Ringtown Valley (OOB) 2:00 Reminiscing w/ Friends (FP) 3:00 Easy Listening (ML) 4:00 Walk for Heart Health (TB)	9:00 Coffee, Donuts, & Discussion (P) 9:30 Morning Meeting & Daily Chronicle (P) 10:30 Seated Dance Exercise (P) 11:00 Reading Republican & Menu (L) 1:30 Helping Hands: Set Up (1FP) 2:00 Art on the Patio (1FP) 3:00 Junk Drawer Detective (1FP) 4:00 Walk for Heart Health (TB) 6:00 Fireside Chat (ML)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:00 UNO (A) 11:00 Reading Republican & Menu (L) 1:30 Seated Exercise w/ Michele (CN) 2:30 Peanutty Social (CN) 3:00 Can You Picture This? (CN) 3:30 Hydration & Humor (P) 5:00 Resident Birthday Dinner (P)	9:00 Morning Fitness (A) 9:30 Morning Meeting & Daily Chronicle (A) 10:30 Manicures & Warm Towel Massages (A) 11:00 Reading Republican & Menu (L) 1:30 Zumba with Michele (P) 2:30 Prayer & Reflect (CH) 3:00 Communion Service (CH) 3:00 5 o'clock Somewhere Social Hour (P)	9:00 Morning Meeting & Daily Chronicle (P) 9:30 Morning Fitness (P) 10:30 Card Games (P) 11:00 Reading Republican & Menu (L) 1:30 Puzzles & Ponderings (CN) 2:00 Craft Corner-Scarecrows (CN) 3:00 Snack & Social (CN) 4:00 Walk for Heart Health (TB) 6:00 Fireside Chat (ML)	