

CONNECTIONS



OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Daily Chronicles and News 10:00 Sit and Be Fit 10:30 St. Eleanor's Live Mass 11:00 Brain Fitness 12:00 Lunch 1:00 Eagles Game 2:15 Devotional w/ Chaplin Dan 3:00 Pumpkin Painting 4:00 Balloon Word Pop 5:00 Dinner 6:30 Movie: Hocus Pocus 7:00 Relax & Unwind</p>	<p>2</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Daily Chronicles and News 10:00 Muscle Monday 10:30 Woofs of Wisdom w/ Harper 11:00 Snoopy's Halloween 12:00 Lunch 1:00 Baking Halloween Cookies 2:00 Family Feud w/ Club 3:00 October Poetry 4:00 Apple Cider and Fun Facts 5:00 Dinner 6:30 Movie: Hocus Pocus 2 7:00 Relax & Unwind</p>	<p>3</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Daily Chronicle and News 10:00 Toned Tuesday 10:30 Baking Nutella Krispie Treats 12:00 Lunch 1:30 October Trivia 2:00 Popsicle Stick Candy Corn Craft 3:00 Devotional w/ Chaplin Dan 4:00 iN2L: Tour of Germany 5:00 Dinner 5:45 Tip Top Nails and Spa 7:00 Relax & Unwind</p>	<p>4</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Daily News & Chronicles 10:00 County Ride 10:30 Praying the Rosary 11:00 Wednesday Workout 12:00 Lunch 1:30 Look Who's Dancing 2:00 Hot Chocolate Sippers 2:30 Tissue Paper Candy Corn Craft 3:30 Fall Fun Facts & Trivia 4:00 Senior Jokes 5:00 Dinner 6:30 Movie: Beetle Juice 7:00 Relax and Unwind</p>	<p>5</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Fit To The Core 10:00 Daily Chronicles and News 10:30 St. Eleanor's Communion 12:00 Lunch 1:30 Octoberfest Trivia 2:30 Today in History 3:00 Whiskey-Maple Sundaes w/Bacon 3:30 Penn State Football History 4:00 Evening Sing-Along 5:00 Dinner 6:30 Show: Scooby-Doo 7:00 Relax and Unwind</p>	<p>6</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Fabletic Fitness 10:00 Daily Chronicles and News 10:30 Baking Pumpkin Bars 12:00 Lunch 1:30 Pom Pom Spider Crafr 3:00 Let's Get Physical: Outside Ball 4:00 Ladder Ball 5:00 Dinner 6:30 Movie: Fiddler on The Roof 7:00 Relax and Unwind</p>	<p>7</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:00 Scarecrow Popsicle Stick Craft 12:00 Lunch 1:30 Making Halloween Brownies 2:30 Soda Sippers 3:00 History of Rock&Roll 3:30 Rock Paintings 4:00 Fall Knowledge & Trivia 5:00 Dinner 6:30 Movie: Hallmark Halloween 7:00 Evening Wind-Down</p>
<p>8</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Daily Chronicle and News 10:00 Sit and Be Fit 10:30 St. Eleanor's Live Mass 11:00 Walking Club 12:00 Lunch 1:30 Sing Along 2:00 Devotional w/ Chaplin Dan 2:30 All About Elvis 3:00 Spider Web Yarn Craft 4:00 Eagles Game 5:00 Dinner 6:00 Teepa Snow Documentary 7:00 Relax & Unwind</p>	<p>9</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Muscle Monday 10:00 Daily Chronicles & News 10:30 Woof of Wisdom w/ Harper 12:00 Lunch 1:30 Gettysburg Ghost Stories 2:00 Fall Trivia w/ Club 3:00 Gardening Trivia 4:00 Walking Club 5:00 Dinner 6:30 Movie: The Adam's Family 7:00 Relax and Unwind</p>	<p>10</p> <p>8:00 Breakfast & Cafe Espresso 10:30 Toned Tuesday 11:00 Daily Chronicles and News 12:00 Lunch 1:30 Halloween Ghost Craft 2:30 Tea Social 3:00 Devotional w/ Chaplin Dan 5:00 Dinner 5:45 Puzzle Hour 7:00 Relax and Unwind</p>	<p>11</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:00 Country Ride 10:30 Praying the Rosary 12:00 Lunch 1:00 Bingo w/ Club 2:00 Lemonade Sippers 2:30 Daily Chronicles and News 3:00 Afternoon Sing-Along 3:30 Drumming Circle 4:00 What Did It Cost? 5:00 Dinner 6:30 Movie: Casper 7:00 Relax and Unwind</p>	<p>12</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Fit To The Core 10:00 Daily Chronicle and News 10:30 St. Eleanor's Communion 11:00 Football Highlights 12:00 Lunch 1:30 Today in History 2:00 Harpist Performance w/Joanna 3:00 Coffee Break 3:30 Spider Web Cotton Craft 5:00 Dinner 6:30 Movie: Halloweentown 7:00 Relax & Unwind</p>	<p>13</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Fabletic Fitness 10:00 Daily Chronicles and News 10:30 Baking Pear Crisp 12:00 Lunch 1:30 Garden Hour 2:30 Pumpkin Spice Latte's 3:00 Let's Get Physical: Pumpkin Pass Balloon Toss 5:00 Dinner 6:30 Movie: Little Monsters 7:00 Relax and Unwind</p>	<p>14</p> <p>8:00 Breakfast & Cafe Espresso 9:30 Weekend Warrior Workout 10:00 Daily Chronicle and News 10:30 Bingo & Bacon 12:00 Lunch 1:30 Armchair Travel: Transylvania 2:00 Dirt & Worms Snack 2:30 Best Halloween Costumes Slideshow 3:00 Today's Top Global Stories 3:30 Reminiscing the 60's 4:00 Flower Identification 5:00 Dinner 6:30 Movie: E.T. 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
15 8:00 Breakfast & Cafe Espresso 9:30 Sit and Be Fit 10:00 Daily Chronicles and News 10:30 St. Eleanor's Live Mass 11:00 Cork Pumpkin Craft 12:00 Lunch 2:00 Sunday Service w/Chaplain Dan 2:30 Sunday Sundaes 3:00 Beanbag Toss 3:30 Coffee Break 4:25 Eagles Game 5:00 Dinner 6:30 Movie: Don't Look Under The Bed 7:00 Relax and Unwind	16 8:00 Breakfast & Cafe Espresso 9:30 Muscle Monday 10:00 Daily Chronicles ad News 10:30 Woofs of Wisdom w/ Harper 12:00 Lunch 1:30 Blast To The Past: 70's 2:00 The Price is Right w/ Club 3:00 York Music Therapy 5:00 Dinner 6:30 Sudoku & Coloring 7:00 Relax & Unwind	17 8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday 10:00 Halloween Fun Facts 10:30 Pumpkin Growing 101 11:00 Flower Identification 12:00 Lunch 1:30 Spiced Latte Sippers 2:15 Apple Cider Sippers 3:00 Devotional w/ Chaplin Dan 5:00 Dinner 5:45 Word Puzzles and Games 7:00 Relax and Unwind	18 8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:00 Daily Chronicles and News 10:30 Praying the Rosary 11:00 Black Spider Tissue Paper Craft 12:00 Lunch 1:30 Look Who's Dancing 2:30 Beaded Halloween Spider Craft 3:00 Coffee Break 3:30 Dirt & Worms Snack 5:00 Dinner 6:30 Movie: Paranorman 7:00 Relax & Unwind w/Music	19 8:00 Breakfast & Cafe Espresso 9:30 Fit To The Core 10:00 Daily Chronicles and News 10:30 St. Eleanor's Communion 12:00 Lunch 1:30 Brain Aerobics 2:30 Today in History 3:00 Donuts & Coffee 3:30 Name That Tune 5:00 Dinner 6:30 TV Show: Halloween Baking Wars 7:00 Evening Wind Down	20 8:00 Breakfast & Cafe Espresso 9:30 Friday Fitness Club 10:00 Daily News and Chronicles 10:30 Beetlejuice Bash Halloween Party 11:30 Lunch 1:30 Today in History 2:00 Creepy Critters 3:15 Owl Facts and Trivia w/Club 4:00 Let's Get Physical: Monster Mash 5:00 Dinner 6:30 Movie: Leave it to Beaver 7:00 Calm Down w/Music	21 8:00 Breakfast & Cafe Espresso 9:30 Weekend Workout 10:00 Daily Chronicles and News 10:30 Baking Pumpkin Pie 12:00 Lunch 1:30 Volleyball Taps 2:15 Fanta Floats 3:00 Dog Breed Trivia & Family Feud 5:00 Dinner 6:30 Puzzle Corner 7:00 Relax & Unwind w/Music	
22 8:00 Breakfast & Cafe Espresso 9:30 Sit and Be Fit 10:00 Daily Chronicles and News 10:30 St. Eleanor's Live Mass 12:00 Lunch 1:30 Today in History 2:00 Sunday Service w/Chaplain Dan 2:30 Banana Spit Sundaes 3:30 Tip Top Nails and Spa 5:00 Dinner 6:30 Movie: The Haunted Masion 7:00 Relax & Unwind w/Music	23 8:00 Breakfast & Cafe Espresso 9:30 Muscle Monday 10:00 Daily Chronicles and News 10:30 Woofs of Wisdom w/Harper 12:00 Lunch 1:30 Charlie Brown Fun Facts 2:00 German Facts and Trivia w/Club 3:00 Germany Guided Tour 3:30 Tree Identification 5:00 Dinner 6:30 Movie: Monster House 7:00 Calm Down w/ Music	24 8:00 Breakfast & Cafe Espresso 9:30 Toned Tuesday 10:30 Daily Chronicles and News 11:00 Minute to Win It 12:00 Lunch 1:30 Today in History 2:30 Creative Pumpkin Crafting w/ Bryan 3:30 Devotional w/Chaplin Dan 5:00 Dinner 5:45 Candy Identification 7:00 Evening Wind Down	25 8:00 Breakfast & Cafe Espresso 9:30 Wednesday Workout 10:00 Country Ride 10:30 Praying the Rosary 11:00 Scarecrow Tube Craft 12:00 Lunch 1:30 Horror Movie History 2:00 Halloween Mask Decorations 3:30 Puppets Murder Mystery 4:30 Marshmallow Latte 5:00 Dinner 6:30 Movie: Mostly Ghostly 7:00 Calm Evening Music	26 8:00 Breakfast & Cafe Espresso 9:30 Fit To The Core 10:00 Daily Chronicle and News 10:30 St.Eleanor's Communion 11:00 Amazing News & Weather Report 11:30 Joking Around 12:00 Lunch 1:30 Country Ride w/ Club 2:30 Ghost Party House Game 3:00 Vanilla Iced Coffee 3:45 Family Feud 5:00 Dinner 6:30 Courtyard Stroll 7:00 Relax & Unwind	27 8:00 Breakfast & Cafe Espresso 9:30 Fabletic Friday 10:00 Daily Chronicles and News 11:00 Bingo and Brownies 12:00 Lunch 1:30 Armchair Travel: Greece 2:00 Cinnamon Bun Iced Coffee 3:00 Let's Get Physical: Dance The Day Away 5:00 Dinner 6:30 TV Show: I Love Lucy 7:00 Relax & Unwind	28 8:00 Breakfast & Cafe Espresso 9:30 Saturday Squats 10:30 Daily Chronicles and News 11:00 Paper Fox Craft 12:00 Lunch 1:30 Hymn Sing 2:00 Math Games 2:30 Locally Seen Ghosts 3:00 Basketball 5:00 Dinner 6:30 TV Show: BeWitched 7:00 Evening Wind Down	
29 8:00 Breakfast & Cafe Espresso 9:30 Sit and Be Fit 10:00 Daily Chronicles and News 10:30 St.Eleanor's Live Mass 11:00 Bingo and Brownies 12:00 Lunch 1:30 Hymn Sing 2:00 Sunday Service w/Chaplain Dan 2:30 Ladder Ball 3:30 Root beer Floats 5:00 Dinner 6:30 Evening Drawings 7:00 Evening Wind Down	30 8:00 Breakfast & Cafe Espresso 9:30 Muscle Monday 10:00 iN2L Programming w/Club 10:30 Woofs of Wisdom w/Harper 12:00 Lunch 1:30 Funny Animal Halloween Costumes 2:00 The Amazing Magi Show 3:00 Pumpkin Fun Facts 3:30 Candy Snacks 4:00 Witch Hat Craft 5:00 Dinner 6:30 Spooky Stories 7:00 Relax & Unwind	31 8:00 Breakfast & Cafe Espresso 9:30 Spooktacular Workout 10:00 Daily Chronicles and News 10:30 Day of The Dead History 12:00 Lunch 1:30 Create & Design 2:30 Minute To Win It 3:00 Devotional w/Chaplin Dan 3:30 Name That Monster 4:00 Reformation Day History 5:00 Dinner 5:45 TRICK OR TREAT 7:00 Relax and Unwind Halloween	<h1>CONNECTIONS</h1>  <h1>OCTOBER 2023</h1>				