Lancaster

## CONNECTIONS



SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:30 Lunch 1:00 Bingo 2:00 Chaplin Jeff 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:30 Lunch 1:00 Holiday Crafts 2:00 Music Therapy 3:00 Pottery Works 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Balloon Volleyball 2:00 Chaplin Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplin Jeff (1st floor) 2:00 Holiday Crafts 3:00 Word Game 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 2:00 Country Drive 3:00 iN2L 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	676:00 Activities of Daily Living 8:00 Breakfast9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Background 2:00 Crafts 3:00 Trivia 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down
8 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Bingo 2:00 Chaplin Jeff 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Music Therapy 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:00 Keyboard with Cindy 11:15 Lunch 1:00 Balloon Volleyball 2:00 Chaplin Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	1 12 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplin Jeff (1st Floor) 2:00 Holiday Crafts 3:00 Word Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	2 13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 2:00 Country Drive 3:00 Naturalist Lisa 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	3 14 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Background 2:00 Crafts 3:00 Trivia 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down

## OCTOBER 2023

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Bingo 2:00 Chaplin Jeff 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Music Therapy 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Drums with Joe 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8;00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	<ul> <li>6:00 Activities of Daily Living</li> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:30 Coffee &amp; News-Patio</li> <li>10:30Chair Yoga</li> <li>11:15 Lunch</li> <li>1:00 Chaplin Jeff (1st Floor)</li> <li>2:00 Holiday Crafts</li> <li>3:00 Word Game</li> <li>4:15 Dinner</li> <li>6:00 Novel Reading</li> <li>7:00 Evening Wind Down</li> </ul>	<ul> <li>9</li> <li>9</li> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:30 Coffee &amp; News-Patio</li> <li>10:30 Chair Yoga</li> <li>11:15 Lunch</li> <li>2:00 Country Drive</li> <li>3:00 iN2L</li> <li>4:15 Dinner</li> <li>6:00 Novel Reading</li> <li>7:00 Evening Wind Down</li> </ul>	2 <sup>-</sup> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Background 2:00 Crafts 3:00 Trivia 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down
22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Bingo 2:00 Chaplin Jeff 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Music Therapy 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	<ul> <li>24</li> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:30 Coffee &amp; News-Patio</li> <li>10:30 Chair Yoga</li> <li>11:15 Lunch</li> <li>1:00 Balloon Volleyball</li> <li>2:00 Chaplin Jeff</li> <li>3:00 Combined Bingo</li> <li>4:15 Dinner</li> <li>6:00 Novel Reading</li> <li>7:00 Evening Wind Down</li> </ul>	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	5 26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplin Jeff (1st Floor) 2:00 Holiday Crafts 3:00 Word Game 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	<ul> <li>6</li> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:30 Coffee &amp; News-Patio</li> <li>10:30 Chair Yoga</li> <li>11:15 Lunch</li> <li>2:00 Country Drive</li> <li>3:00 iN2L</li> <li>4:15 Dinner</li> <li>6:00 Novel Reading</li> <li>7:00 Evening Wind Down</li> </ul>	<ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:30 Coffee &amp; News-Patio</li> <li>10:30 Chair Yoga</li> <li>11:15 Lunch</li> <li>1:00 Holiday Background</li> <li>2:00 Crafts</li> <li>3:00 Trivia</li> <li>4:15 Dinner</li> <li>6:00 Novel Reading</li> <li>7:00 Evening Wind Down</li> </ul>
29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Bingo 2:00 Chaplin Jeff 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Crafts 2:00 Music Therapy 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee & News-Patio 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Activity 2:00 Chaplain Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down Halloween			CTION	