

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

Carol Hornak
Mary Baker
Nancy Johnston
Judith Adler
Helen MacKay
Anthony Arnone

November

Cartherine Dello Buono
Bernard Cunningham
Alice Jeanette Roberts
Frances Kalbach
Anne Adams
Dolores Heck
Shirley Barilla

December

Pasquale Faccenda
Joan Santiago
Robert Dell
Victor Machese Jr.
Gerald Mandlowitz
Mary Jane Higgins
Marie Graziano
Robert Higgins

Q4: October 2023

A Note from the Executive Director

I am so happy to have settled in as the new Executive Director here at Providence Place in Collegeville. I am confident that with my leadership, as well as Paris Ciccone, Director of Wellness, and Janelle Adams, Connections Director, we will see positive changes throughout the community.

There will be two events in October where families will have the opportunity to meet with the leadership team and have open conversations. I look forward to getting to know your loved ones and your families better as I continue to settle in to this role.

Connections Neighborhood friends & families - please join us on Thursday, October 5th (6-7:30pm). Independent Living & Assisted Living friends & families, please join us on Tuesday, October 24th (time TBA). Refreshments will be provided at both events.

If you have any questions or concerns, please do not hesitate to reach out to me anytime.

Best,

Holly Williamson

Executive Director

Highlighted Events

- 4 - **Oktoberfest Dinner & Musical Entertainment** @ 3:30pm
- 12 - **Diner's Caravan: Troubles End Brewing** @ 10am
- 19 - **Bach's Lunch: Pizza & Music** @ 10:30am
- 19 - **Halloween Celebration:** with Troop 230 @ 6pm
- 25 - **Puppet Murder Mystery Theater** @ 3:30pm
- 26 - **Valley Forge Casino** @ 1pm
- 31 - **Halloween Happy Hour & Movie:** @ 3:30pm

Welcome New Residents

Norma F.
Dorothy S.
Sue G.
Frank T.
Michael C.
Roy A.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Service & Communion (CR) 1:00 Eagles Game (P) 2:00 Spelling Bee (P) 3:00 Games: Racko/Checkers/Scrabble (P) 4:00 TED Talk: <i>Healing the Epidemic of Isolation for Senior Citizens</i> by Author & Blogger, Elissa Altman (P) 6:00 Movie: <i>Das Boot</i> (T)	2 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Pool Tournament (T) 6:00 Res. Run Shuffle Board (AR)	3 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Lidl**\$\$ (OOB) 10:30 Games (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 2:15 Book Mobile (OS) 3:00 iN2L: Tour of Germany (P) 3:30 Karaoke Happy Hour (P) 6:00 Community Board Games (P)	4 9:30 Sit and Be Fit (P) 10:00 Rosary with St. Eleanor (T) 11:00 Crosswords and Word Searches (P) 1:30 <i>Look Who's Dancing</i> Dancercise (C) 2:30 Mid-Week Service w/ Ch Daniel (CR) 3:30 Entertainer: Courtney Colletti (P) 4:30 Octoberfest Dinner & Beer Tasting (DR) 6:00 Theater: <i>Das Boot</i> (T)	5 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Crosswords and Word Searches (P) 12:00 Dine In: Pizza - Italian Delight (P) 1:00 Balance in Action by Powerback (P) 2:00 Comm. Life Planning Cmte Mtg (AR) 2:30 Spelling Bee (P) 3:30 German Happy Hour: Stein Holding, Stein Racing & Pretzel Eating Contest (P) 6:00 Nighttime Nickel Bingo (AR)	6 9:30 Sit and Be Fit (P) 10:00 Crosswords and Word Searches in the Pub (P) 10:30 Drama Club (T) 1:00 Bingo Bucks Bingo (AR) 2:30 Sip and Share (BP) 3:30 Jeopardy (T) 6:00 Res. Run: Billiards (OL)	7 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 11:00 Baking Club: Oma's Obstorte German Fruit Flan (AR) 1:00 Bingo (AR) 2:00 Piano Playing with Daniel Chu (CR) 3:30 Happy Hour (P) 6:00 Res. Run Dominoes (AR)	
8 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Ch Daniel (CR) 2:00 Walk & Roll Club (AR) 3:00 Games: Racko/Checkers/Scrabble (P) 4:00 Corn Hole & Coffee (BP) 4:00 Eagles Game (P) 6:00 Movie: <i>Amadeus</i> (T)	9 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 Traditional German Folk Dancing (T) 6:00 Res. Run Shuffle Board (AR)	10 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Redners**\$\$ (OOB) 11:00 Games (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:00 Community Outreach: Prepare Pasta for Soup Kitchen (CR) 4:00 Poker Happy Hour (P) 6:15 Community Board Games (P)	11 8:45 Community Outreach: Augustus Church Soup Kitchen**(OOB) 9:30 Sit and Be Fit (P) 10:00 Rosary with St. Eleanor (T) 11:00 Crosswords & Word Searches ((P) 1:00 Bingo (AR) 2:30 Mid-Week Service w/ Ch Daniel (CR) 3:30 Entertainer: Kirk Mauer (P) 6:00 Movie: <i>Amadeus</i> (T)	12 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:00 Diners Caravan Out: Sly Fox Brewhouse & Eatery**\$\$ (OOB) 11:00 Community Crossword (P) 1:30 Fireside Chat with Holly, E.D. (AR) 2:00 Ed-U Presentation: <i>Unsung Women</i> by Joseph McDevitt (AR) 3:30 Happy Hour (P) 6:00 Nighttime Nickel Bingo (AR)	13 9:30 Sit and Be Fit (P) 10:00 Crosswords and Word Searches in the Pub (P) 10:30 The Drama Club (T) 1:00 BINGO (AR) 2:00 Ed U: YouTube German Food, Art & Culture (CR) 3:00 Balloon Volleyball (P) 6:00 Res. Run Billiards (OL)	14 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking Club: German Blueberry Cake (AR) 1:00 Bingo (AR) 2:00 Piano with Daniel Chu & Friends (CR) 3:30 Meet the New Residents Happy Hour hosted by Welcoming Committee (P) 6:00 Res. Run Dominoes (P)	
15 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Ch Daniel (CR) 2:00 Walk & Roll Club (AR) 3:00 Games: Racko/Checkers/Scrabble (P) 4:00 Corn Hole & Coffee (BP) 4:30 Eagles Game & Hot Dogs in the Pub (P)	16 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Pumpkin Competition: Create a Crafty Halloween Pumpkin (AR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Bible Study (T) 4:00 Checkers Tournament (T) 6:00 Res. Run Shuffle Board (AR)	17 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Giant**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 Bingo (AR) 2:00 Circle of Friends (T) 2:15 Book Mobile (OS) 3:00 Create: Halloween Pumpkins (AR) 4:00 Trivia Happy Hour (P) 6:15 Community Board Games (P)	18 9:30 Sit and Be Fit (P) 10:00 Rosary with St. Eleanor (T) 11:00 Crossword & Word Searches (P) 1:30 <i>Look Who's Dancing</i> Dancercise (P) 2:30 Mid-Week Service w/ Ch Daniel (CR) 3:00 Mass by St. Eleanor's (CR) 6:00 Movie: <i>Cabaret</i> (T)	19 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Bach's Lunch: Pizza & Jocelyn Crosby Flute** (OOB) 10:30 Crossword & Word Searches (CR) 1:00 Dining Services Cmte. Mtg (AR) 1:30 Food Demonstration with Chef Ed (AR) 3:30 Happy Hour (P) 6:00 Intergenerational Halloween Celebration with Troop 230 (P)	20 9:30 Sit and Be Fit (P) 10:00 Crosswords & Word Searches (P) 10:30 The Drama Club (T) 1:00 Bingo Bucks Bingo (AR) 2:00 Ed U: Presentation Critter Connections (CR) 3:00 Short Story Club: Tales by the Brothers Grimm (T) 6:00 Res. Run Billiards (OL)	21 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking Club: German Cheesecake (AR) 11:00 Community Crossword (P) 1:00 Bingo (AR) 2:00 Piano with Daniel Chu & Friends (CR) 3:00 Vote: Best Decorated Pumpkins (P) 3:30 Happy Hour (P) 6:00 Res. Run Dominoes (AR)	
22 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Ch Daniel (CR) 2:00 Walk & Roll Club (AR) 3:00 Games: Racko/Checkers/Scrabble (P) 4:00 Corn Hole & Coffee (BP) 6:00 Movie: <i>Mission Impossible 3</i> (T)	23 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 German Fables & Legends (T) 6:00 Res. Run Shuffle Board (AR)	24 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Target**\$\$ (OOB) 11:00 Games (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:00 Short Stories: <i>The Headless Horseman</i> , Other Halloween Favs (P) 4:00 Happy Hour (P) 6:15 Community Board Games (P)	25 9:30 Sit and Be Fit (P) 10:00 Rosary with St. Eleanor (T) 11:00 Crosswords & Word Searches (P) 1:00 Bingo (AR) 2:30 Mid-Week Service w/ Ch Daniel (CR) 3:30 Puppet Murder Mystery Theater (CR) 6:00 Movie: <i>Mission Impossible 3</i> (T)	26 9:45 Catholic Communion St. Eleanor (T) 10:00 Sit and Be Fit (P) 10:30 Crossword & Word Searches (CR) 1:00 Trip: Valley Forge Casino**\$\$ (OOB) 1:30 TED Talk & Discussion (CR) 2:00 Walking Club (OS) 3:00 Happy Hour (P) 6:00 Nighttime Nickel Bingo (AR)	27 9:30 Sit and Be Fit (P) 10:00 Crosswords & Word Searches (P) 10:30 Drama Club (T) 1:00 Bingo Bucks Bingo (AR) 2:00 Corn Hole & Root Beer Floats (BP) 3:00 German Art, Food and Culture (T) 3:30 Sunshine Cmte: Halloween Bags (P) 6:00 Res. Run: Billiards (OL)	28 9:30 Central Synagogue Service On Screen (T) 10:00 Sit and Be Fit (P) 10:30 Baking Club: Black Forest Cake (AR) 11:00 Community Crossword (P) 1:00 Bingo (AR) 2:00 Piano with Daniel Chu & Friends (CR) 3:30 Happy Hour Halloween Trivia (P) 6:00 Res. Run Dominoes (AR)	
29 10:30 Catholic Mass on Screen (T) 11:00 Sit and Be Fit (P) 1:00 Ecumenical Worship with Ch Daniel (CR) 1:00 Eagles Game (P) 2:00 O.W. L.S Club (P) 3:00 Games: Racko/Checkers/Scrabble (P) 4:00 Corn Hole & Coffee (BP) 6:00 Movie: <i>The Boy in the Striped Pajamas</i> (T)	30 9:30 Sit and Be Fit (P) 10:00 Woofs of Wisdom with Harper (P) 10:30 Creative Crafting (CR) 1:00 Nickel Bingo \$\$ (AR) 2:15 Nadine's Music & Meditation (P) 3:15 Hymn Sing (T) 4:00 Poker Tournament (P) 6:00 Res. Run Shuffle Board (AR)	31 9:30 Sit and Be Fit (P) 10:00 Shopping Trip: Boscov's**\$\$ (OOB) 11:00 Games in the Pub (P) 1:00 Bingo (AR) 2:00 Circle of Friends (CR) 3:30 Halloween Happy Hour (P) 6:00 Movie: <i>The Birds</i> , by Hitchcock (T) Halloween	<h1>October</h1> <h2>2023</h2>			<p>Calendar Key: ** Registration Required \$\$ Cost Involved (CR) Community Room (AR) Activity Room (P) Pub, (C) Connections Neighborhood (DR) Dining Room, (OL) Old Lobby, (LIB) Library, (ML) Main Lobby, (OS) Outside, (T) Theater, (OP) Outside Porch,</p> 	