


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Dover</i> CONNECTIONS</p>  <p>NOVEMBER 2023</p>			<p>1</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 BINGO & Brownies 11:30 Lunch 1:15 Indoor Soccer 2:45 Baking Peanut Butter Cookies 4:00 Household Pet Trivia 4:30 Dinner 5:30 Tip Top Nail Spa</p>	<p>1</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Foam Leaf Wreath Craft 11:30 Lunch 1:15 Brain Aerobics w/Club 2:30 Devotions w/Chap.Shawn 3:00 Tye-Dye Creations 4:30 Dinner 5:30 1:1 Cozy Chat</p>	<p>3</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Amazing News & Weather Report 10:45 Math Games 11:30 Lunch 1:15 Baking Pumpkin Pie 3:00 Let's Get Physical: A-Z Workout 4:30 Dinner 5:30 Dementia Documentary</p>	<p>4</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Ball Toss Conversation Starters 10:45 Name That Sound 11:30 Lunch 1:15 Balloon Volleyball 2:00 Rehydration Station: Kool-Aid 2:30 iN2L: Common Sayings 3:00 Afternoon Sing-Along 3:30 Indoor Bowling 4:30 Dinner 5:30 Relax & Unwind</p>
<p>5</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Memory Magic 11:30 Lunch 1:30 Sunday Service w/Chap.Shawn 2:00 Sunday Sundaes 2:30 Cornhole 3:00 Today In History: Art Garfunkel 3:30 Balloon Volleyball 4:30 Dinner 5:30 Calm Down w/Music</p> <p>Daylight Saving Ends</p>	<p>6</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 iN2L: Fun w/Club 11:30 Lunch 1:15 Bible Study & Bible Trivia 2:00 Pumpkin Spice Lattes 3:00 Indoor Mini Golf 4:30 Dinner 5:30 Evening Wind Down</p>	<p>7</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Amazing News & Stories 10:45 USA Trivia 11:30 Lunch 1:15 Creative Arts w/Club: CRAFT 2:30 Popcorn & Soda Snack 3:30 Family Feud 4:30 Dinner 5:30 Rock Paintings</p>	<p>8</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 BINGO & Banana Bread 11:30 Lunch 1:15 Parachute Games 2:45 Making Fruit Salad 4:00 Car Parts Trivia 4:30 Dinner 5:30 1:1 Cozy Chat</p>	<p>9</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Mosaic Glitter Turkey Craft 11:30 Lunch 1:15 Brin Aerobics: FILL 2:30 Devotions w/Chap.Shawn 4:30 Dinner 5:30 1:1 Scrapbook Discussions</p>	<p>10</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Bible Study 10:45 Family Feud 11:30 Lunch 1:15 Baking Apple Crisp 3:00 Let's Get Physical: Nerf Gun Shootout w/Club 4:30 Dinner 5:30 Relax & Unwind</p>	<p>11</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Would You Rather... 10:45 Pictionary 11:30 Lunch 1:15 Patriotic Sing-Along 2:00 Veterans Day History & Trivia 2:00 Heroic Vietnam Stories 2:30 Patriotic Cookie Snack 3:00 Beer Social 3:30 Fishing & Hunting Trivia 4:30 Dinner 5:30 Veteran's Day Documentary</p> <p>Veteran's Day</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Minute To Win It Challenges 11:30 Lunch 1:30 Sunday Service w/Chap.Shawn 2:00 Sundaes A'la Mod 2:30 Can Knock Down 3:00 Memory Magic 4:30 Dinner 5:30 Evening Wind Down</p>	<p>13</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 iN2L Fun w/Club 11:30 Lunch 1:15 Table Games 2:00 Hot Chocolate Sippers 4:30 Dinner 5:30 Aging Documentary</p>	<p>14</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 11:30 Lunch 1:00 Educational Presentation: Dover Am- bulance 2:30 Cheese Ball & Ice Tea Snack 3:00 Daily Chronical & Local News 3:30 Evening Yoga 4:00 iN2L: Football Trivia 4:30 Dinner 5:30 Tip Top Nail Spa</p>	<p>15</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:30 Basketball 2:00 Coffee Break 2:45 Baking Southern Pecan Pie 4:00 iN2L: Verb Identification 4:30 Dinner 5:30 1:1 Photo Album Discussion</p>	<p>16</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Leaf Suncatcher Craft 11:30 Lunch 1:15 Brain Aerobics w/Club 2:30 Devotions w/Chap.Shawn 3:00 Table Top Games 4:30 Dinner 5:30 Tip Top Nail Spa</p>	<p>17</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Sing-Along 10:45 Golden Age Movie Star Trivia 11:30 Lunch 1:15 Baking Pumpkin Bread 3:00 Let's Get Physical: Card Crunch Fit- ness w/Club 4:30 Dinner 5:30 Calm Evening Music</p>	<p>18</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Common Sayings 10:45 Famous Figures: Sacagawea 11:30 Lunch 1:15 Bible Study 2:00 iN2L: Name That Instrument 2:30 Daily Chronical & Local News 3:00 Tip Top Nail Spa 4:30 Dinner</p>
<p>19</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Funny Stories Of The Bible 10:45 New & Old Testament Trivia 11:30 Lunch 1:30 Sunday Service w/Chap.Shawn 2:00 Hot Fudge Sundaes 2:30 Playing Pool 3:30 Local News & Sports Highlights 4:30 Dinner 5:30 Calming Music</p>	<p>20</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 iN2L Fun w/Club FILL 11:30 Lunch 1:15 Netball Toss 2:00 Beer & Wine Social 2:45 Blind Fruit Taste Test 3:30 Hymn Sing- Along 4:30 Dinner 5:30 Evening Wind Down</p>	<p>21</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 History Of the Leader Family 10:45 11:30 Lunch 1:15 Creative Arts w/Club 2:30 Dirt & Worms Snack 3:00 Bible Study 3:30 Pictionary 4:00 iN2L: Language Games 4:30 Dinner 5:30 1:1 Cozy Chat</p>	<p>22</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 BINGO & Blueberry Muffins 11:30 Lunch 1:30 Nerf Gun Target Practice 2:00 Hot Cocoa Sippers 2:45 Baking Pumpkin Whoopie Pies 4:00 iN2L: Decades Trivia 4:30 Dinner 5:30 Walker/Wheelchair Decorations</p>	<p>23</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Building Bird Houses 11:30 Lunch 1:15 Brain Aerobics w/Club 2:30 Devotions w/Chap.Shawn 3:00 Thanksgiving Party 4:30 Dinner 5:30 Thanksgiving History & Turkey Fun Facts Thanksgiving</p>	<p>24</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Local News & Sports Update 10:45 Bible Study 11:30 Lunch 1:15 Baking Caramel Apple Dump Cake 3:00 Let's Get Physical: Providence Place Routine w/Club 4:30 Dinner 5:30 Evening Wind Down</p>	<p>25</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 The Price Is Right: Providence Place Edition 10:45 iN2L: November & Trivia 11:30 Lunch 1:30 Evening Workout 2:00 Coffee Break 2:30 All About Pennsylvania 3:00 What are the Amish 3:30 Farm Fun Facts & Trivia 4:30 Dinner 5:30 Calming Music</p>
<p>26</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Jelly Bean Taste Test 11:30 Lunch 1:30 Sunday Service w/Chap Shawn 2:00 I Scream For Ice Cream 2:45 iN2L: Two of A Kind & Zany Zoom In 3:30 Afternoon Sing-Along 4:00 Joking Around 4:30 Dinner 5:30 Relax & Unwind</p>	<p>27</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 iN2L Fun w/Club FILL 11:30 Lunch 1:15 Weekend Football Highlights 2:00 Hot Apple Cider 2:45 Evening Yoga 3:00 Rehydration Station: Pink Lemonade 3:30 iN2L: Explordle 4:30 Dinner 5:30 Relax & Unwind</p>	<p>28</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:00 Memory Magic 11:30 Lunch 1:15 Creative Arts w/Club 2:30 Mini Donut Snack 3:00 Pond Toss 4:30 Dinner 5:30 Coffee Break & Trivia</p>	<p>29</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 BINGO & Biscotti's 11:30 Lunch 1:30 Giant Cup Pong 2:00 Hot Tea Sippers 2:45 Baking Monkey Bread 4:00 iN2L: Anagram Trivia 4:30 Dinner 5:30 Tip Top Nail Spa</p>	<p>30</p> <p>8:30 Breakfast & Cafe Espresso 9:30 Morning Workout 10:15 Mini Airplane Craft 11:30 Lunch 1:15 Brain Aerobics 2:30 Devotions w/Chap Shawn 3:00 Happy Hour 3:30 Beer Brand Trivia 4:30 Dinner 5:30 1:1 Cozy Chat</p>	<p>CONNECTIONS</p>  <p>NOVEMBER 2023</p>	