

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Lancaster</i> CONNECTIONS</p>  <p>NOVEMBER 2023</p>			<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Live Music w/Pauline 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down</p>	<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Nail Salon 11:15 Lunch 1:00 Chaplain Jeff 2:00 Holiday Crafts 3:00 Music Classics 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down</p>	<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 iN2L 2:30 Country Drive 3:30 Trivia 4:15 Dinner 6:00 Courtyard Stroll 7:00 Evening Wind Down</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Water Painting 11:15 Lunch 1:00 Nail Salon 2:00 Afternoon Sing-A-Long 3:00 Bingo 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down</p>
			<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Bingo 2:30 Church Service 3:30 November Trivia 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down</p> <p>Daylight Saving Ends</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Word Games 2:00 Afternoon Stroll 3:00 Pottery Works 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Water Painting 11:15 Lunch 1:00 Hot Chocolate Sippers 2:00 Chaplain Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down</p>	<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Live Music w/Pauline 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down</p>

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12 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Bingo 2:30 Church Service 3:30 Holiday Trivia 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Word Games 2:00 Holiday Kitchen 3:00 Poetry 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Hot Chocolate Sippers 2:00 Chaplain Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Live Music w/Pauline 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Nail Salon 11:15 Lunch 1:00 Chaplain Jeff (1st Floor) 2:00 Holiday Craft 3:00 Music Classics 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 iN2L 2:30 Country Drive 3:30 Socialize 4:15 Dinner 6:00 Courtyard Stroll 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Water Painting 11:15 Lunch 1:00 Nail Care 2:00 Afternoon Sing-A-Long 3:00 Bingo 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down
19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Bingo 2:30 Church Service 3:30 Holiday Trivia 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Word Games 2:00 Holiday Kitchen 3:00 Poetry 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Hot Chocolate Sippers 2:00 Chaplain Jeff 3:00 Drums with Joe 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Live Music w/Pauline 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Nail Salon 11:15 Lunch 1:00 Chaplain Jeff (1st Floor) 2:00 Holidays Crafts 3:00 Music Classics 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down Thanksgiving	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 iN2L 2:30 Country Drive 3:30 Socialize 4:15 Dinner 6:00 Courtyard Stroll 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Water Painting 11:15 Lunch 1:00 Nail Care 2:00 Afternoon Sing-A-Long 3:00 Bingo 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down
26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Bingo 2:30 Church Service 3:30 Holiday Trivia 4:15 Dinner 6:00 Book Club 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Dog Therapy 10:30 Chair Yoga 11:15 Lunch 1:00 Words Games 2:00 Holiday Kitchen 3:00 Poetry 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Balloon Volleyball 11:15 Lunch 1:00 Hot Chocolate Sippers 2:00 Chaplain Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Live Music w/Pauline 11:15 Lunch 1:00 Holiday Crafts 2:00 Chaplin Jeff 3:00 Card Games "Got It" 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Nail Salon 11:15 Lunch 1:00 Chaplain Jeff (1st Floor) 2:00 Holiday Craft 3:00 Music Classics 4:15 Dinner 6:00 Color Me Calm 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>NOVEMBER 2023</h1>	