


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Pottsville</i> CONNECTIONS</p>  <p>NOVEMBER 2023</p>			<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Chair Exercise 10:00 Chair Soccer 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Sing a Long with Georgina Rae 1:00 Words that start with N 1:30 Zumba with Michele 2:30 Art Expressions with Kim 3:30 iN2L- Dancing Through the Decades 4:00 Dinner 5:00 Cornhole Toss 7:00 Snack & Evening Wind Down</p>	<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Daily Mass 10:00 Kitchen Corner Making Pumpkin Bread 11:00 Lunch 12:00 Spa Time 1:00 Short Story & Discussion Unexpected Blessings 2:00 Grateful Drumming with Joe 3:00 The Great Pumpkin Bread Social 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Parachute Fun 11:00 Lunch 12:00 iN2L- Soothing Sounds of Nat King Cole 1:00 Autumnal Arrangements 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Circle of Friends Social 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Sit & Be Fit 10:00 Balloon Volley 10:30 Memory Magic 11:00 Lunch 12:00 iN2L-Travel to Plymouth, Massachusetts 1:00 Kitchen Corner-Ambrosia Salad 2:00 Remember When Social 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV</p>
			<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 iN2L-Daniel O'Donnell "Songs of Faith" 1:00 Junk Drawer Detective 2:00 Creative Expressions-Leaf Silhouettes 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV</p> <p>Daylight Saving Ends</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Tai Chi 10:00 iN2L-Brain Games 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Hand Massages & Aromatherapy 1:00 Milkshake Monday 2:00 Fall Sensory Basket 3:00 Cornhole Toss 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Fitness Express 10:00 Cornhole Toss 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Tom Jones in Concert 1:00 Reminiscing-Grandma's Cooking 2:00 Target Practice 3:00 Creative Expressions-Abstract Art 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Chair Dancing 10:00 Balloon Volley 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Household Chores 1:00 Easy Does It Trivia 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Men's Club-Military Customs & Traditions 4:00 Dinner 5:00 Color Me Calm 7:00 Snack & Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Let's Chat 11:00 Lunch 12:00 Color Me Calm 1:00 Kitchen Corner-Making Pumpkin Fluff 2:30 Table Ball 3:30 Polka Dance Party 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Parachute Fun 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Songs of Faith with Daniel O'Donnell 1:00 Craft Corner-Circle Printing 2:00 Ice Cream Social 3:00 Junk Drawer Detective 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Fitness Express 10:00 iN2L-Memory Recall 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Beautiful Baby Slideshow 1:00 Afternoon Excursion with Club 1:00 Balloon Volley 2:00 Sing a Long with Mary Sue 3:00 Can you Picture This? 4:00 Dinner 5:00 Household Chores 7:00 Snack & Evening Wind Down</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Kitchen Corner-Molasses Cookies 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Travel Up Mount Washington's Auto Road 1:00 Truth or Myth? 1:30 Zumba with Michele 2:30 Cookies & Conversation 3:30 Puzzles & Ponderings 4:00 Dinner 5:00 Memory Magic 7:00 Snack & Evening Wind Down</p>	<p>16</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Daily Mass 10:00 Tai Chi 10:30 Corn hole Toss 11:00 Lunch 12:00 Manicures & Music 1:00 Reminiscing-Old Time Gadgets & Products 2:00 Drum Stick Workout 3:00 November Fun Facts & Trivia 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>17</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Spiritual Eldercare 10:00 Kitchen Corner-Savory Cheeseball 11:00 Lunch 12:00 iN2L-Great Duets 1:00 Finish the Lyric Trivia 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Farm to Table-Savory Cheese & Crackers 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>18</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Inspirational Hymns 10:00 Chair Exercise 10:30 Chair Soccer 11:00 Lunch 12:00 Household Chores 1:00 Guess the Letter Game 2:00 Creative Expressions-Autumn Art 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV</p>
<p>19</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 iN2L-The Famous Flying Scotsmen Train Ride 1:00 Music & Movement 2:00 We Are Thankful Social 3:00 The Price is Right Thanksgiving Edition 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>20</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Gentle Stretches & Meditation 10:00 Turkey Toss 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Spa Time 1:00 Craft Corner-Mod Podge Pumpkins 2:30 Mocktails & Munchies 3:30 iN2L-Thanksgiving Trivia 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>21</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Kitchen Corner Homemade Cracker Filling 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 iN2L-The Big Band Era 1:00 Cornhole Toss 2:00 "Crackin" Up Social 3:00 Color Me Calm 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>22</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Parachute Fun 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Thanksgiving Slideshow 1:00 Trivia Time 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Table Ball 4:00 Dinner 5:00 Horseshoes 7:00 Snack & Evening Wind Down</p>	<p>23</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 iN2L-Daily Mass 10:00 Live Stream-Macy's Thanksgiving Day Parade 11:00 Lunch 12:00 Creative Expressions-Mandalas 1:00 Puzzles & Ponderings 2:00 Gobble Till You Wobble Social 3:00 iN2L-Holiday Sing a Long 4:00 Dinner 5:00 Gather Round-Classic TV</p> <p>Thanksgiving</p>	<p>24</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Fitness Express 10:00 Chair Soccer 10:30 Trivia Time 11:00 Lunch 12:00 iN2L-Explore FAO Schwartz in NYC 1:00 Aromatherapy & Hand Massages 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Matching Games 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>25</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Spiritual Eldercare 10:00 Chair Dancing 10:30 Balloon Volley 11:00 Lunch 12:00 iN2L-Tony Orlando & Dawn Variety Show 1:00 Kitchen Corner-Rice Krispie Treats 2:00 Color Me Calm 3:00 Name That Sound? 4:00 Dinner 5:00 Gather Round-Classic TV</p>
<p>26</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Let's Chat 11:00 Lunch 12:00 Hymn Sing 1:00 Craft Corner-Glittery Pine Cones 2:00 Happy Hour with Cranberry Spritzers 3:00 iN2L-Family Feud Holiday Edition 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>27</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Morning Stretch 10:00 Memory Magic 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 iN2L- Holidays in the Rockies 1:00 Puzzles & Ponderings 2:00 Can You Picture This? 3:00 Drum Stick Workout 3:30 Hydration Station 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>28</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Tai Chi 10:00 Reminiscing-Holiday Traditions 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 iN2L-Christmas Trees From Around the World 1:00 Oh! Christmas Tree 2:30 Hydration Station 3:00 Songs of the Season 4:00 Dinner 5:00 iN2L-Brain Games 7:00 Snack & Evening Wind Down</p>	<p>29</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Fitness Express 10:00 Balloon Volley 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Manicures 1:00 Men's Club-Afternoon Excursion 1:00 EZ Does It Trivia 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Table Ball 4:00 Dinner 5:00 Household Chores 7:00 Snack & Evening Wind Down</p>	<p>30</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotions & Chronicles 9:30 Spiritual Eldercare 10:00 Chair Exercise 10:30 Chair Soccer 11:00 Lunch 12:00 iN2L-Tabernacle Choir 1:00 Creative Expressions-Snowy Scene 2:00 Games Galore 3:00 Guess A Letter Game 4:00 Dinner 5:00 Gather Round-Classic TV</p>	<p>CONNECTIONS</p>  <p>NOVEMBER 2023</p>	