Spiritual Care & Pastoral Care

We celebrate & appreciate all you do to support our communities, residents & team members.

of Wellness

Dimensions



A Note from the Executive Director

Greetings everyone -

October was a busy month! The flooring updates in the Terrace level make our Connections Neighborhood look even more beautiful. Plans and dates for the second and third floors are still being finalized but will be posted when available.

We had a flu vaccine clinic on October 12^{th.} If you received the vaccine outside of Providence Place, please let us know so we can update your records. If you missed getting the vaccine and would still like to receive it, please contact the Nursing Office to coordinate.

Trick-or-treat was a success again this year. Thanks to everyone for participating with the visiting children. I do know several residents sampled the candy that day too, but we will just consider that 'quality control' ③

As John F. Kennedy once said, "We must find time to stop and thank the people who make a difference in our lives." I encourage everyone to embrace the spirit of Thanksgiving this month. I appreciate the special people who live and work in our community. I am thankful to be a part of the Providence Place Family.

Blessings,

Holly Townsend

Executive Director

Resident Birthdays

PHYSICA

November

Shirley Fenstermacher Janet Eshleman Robert Allison Doris Miller Carl Miller Anna Martinka Carol McAllaster

Joan Deffenbaugh Pearl Hurley Lee Golden Raymond Maurello Alma Locke

December

Mossie Sites Alice Galbraith Patricia Nichols Norman Kennedy Lavada Norko Glenn Walizer Nancy Seville **Ronald Hocker** Willy Rudolph Ruth Yocum Margaret Stigers



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.

To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.

www.Providence-Place.com

V Chambersburg | 2085 Wayne Road | Chambersburg, PA 17202 | 717-709-0668

Q4: November 2023

Highlighted Events

8 - Dementia Care Partner Support Group @ 3pm 15 - Fireside Chat w/ Holly @ 2pm 18 - Greencastle Christmas

Parade @ 8:30am

- 21 Parx Casino & Lunch Outing @10am
- 23 Thanksgiving Festivities
- 27 Ray M. Celebrates 100! @ 3pm

30- Family Meeting @ 7pm

(1)elcome New Residents

Ginny A. Betty F.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY	
Comm	unity Life	Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activi- ty Room (3A), 3rd Floor Exercise Room (3E), Back Lobby (BL), Dining Room (DR), Load- ing Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Con- nections (CN), Pub Deck (PD) Back Yard (BY) **Registration Required, \$\$ Cost Involved	 9:00 Balloon Ball Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Workout with Vickie From Powerback Rehabilitation (3E) 2:00 Resident Run Nickel Bingo \$\$(2A) 3:00 Craft Creation: Thanksgiving Dinner Takeaways (C) 4:00 Horseshoes (3E) 6:00 Resident Run Sequence (2A) 	129:00 Light & Lively Exercise (3E)10:00 Dance with Leah (BL)1:30 Balance & Action (3E)1:30 Art Exploration: Mixed Media (C)2:00 Mid Week Worship Service (2A)3:00 Bible Study (PDR)4:00 Table Topics (BL)6:00 Wii Bowling League (3E)	 9:00 Light & Lively Exercise (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Craft Creation: Appreciating Our Veterans (C) 1:30 Balance & Action (3E) 2:00 Scattagories (P) 3:00 Social Hour: Turnnock's Tea Cakes (P) 6:00 Movie Night: <i>Road to Bali</i> (3A) 	3 9:00 Seated Chair Weights w/Leah (9:30 Community Outreach: Coupons for Troops (C) 10:00 Local Fares: Windy Knoll **\$\$(OOB) 2:00 Prize Bingo (2A) 3:00 Game Club: Scrabble (C) 6:00 Resident Run Blitz (2A) Penn St @ Maryland Terrains TBD	(3E)
 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Musical Entertainment Featuring Pianist Bryan Herber (2A) 	6 9:00 Light & Lively Exercise (3E) 9:30 Men's Wii Bowling League (3E) 10:00 Community Life Planning Mtg. (P) 1:30 Balance & Action (3E) 2:00 Nickel Bingo \$\$ (2A) 3:00 iN2L Documentary: <i>Prince William</i> <i>The Future of the Monarchy</i> (2A) 6:00 Resident Run Poker (2A)	 9:30 Shopping Trip: Walmart **\$\$(OOB) 10:00 Horseshoes (3E) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Musical Entertainment Featuring Tom Shultz (2A) 3:00 Trivia: England (P) 	 §:00 Balloon Ball Exercise (3E) 10:00 Dining Committee Meeting (2A) 2:00 Rosary with Corpus Christi Church (2A) 3:00 Craft Creation: Thanksgiving Dinner Takeaways (C) 3:00 Dementia Care Partner Support Group (CN) 6:00 Wednesday Wind Down At the Fireplace (BL) 	 9:00 Yoga with Beth (3E) 10:00 Dance with Leah (BL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 4:00 Horseshoes (3E) 6:00 Wii Bowling League (3E) 	1 9:00 Light & Lively Exercise (3E) 9:30 Recycling Collection (LR's, C, P) 10:00 Helping Hands: Decorate the Bus for Parade (LD) 1:30 Balance & Action (3E) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Social Hour: English Tea & Cookies (P) 6:00 Movie Night: <i>Gran Torino</i> (3A)	0 Veteran's Day 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 11:00 Local Fares: Texas Lunch **\$\$(OOB) 12:00 Penn St Vs Michigan 2:00 Honoring Our Veterans Hot Cocoa Bar & Cookies (C) 3:00 Game Club: Scrabble (C) 6:00 Resident Run Blitz (2A)	11
 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes (C) 6:00 Song & Scripture's (Channel 609) 	13 9:00 Light & Lively Exercise (3E) 9:30 Woman's Wii Bowling League (3E) 10:00 Appreciate & Thank Club Resident Veterans (C) 2:00 Kindly Canines (2A) 3:00 iN2L Documentary: <i>London Walking Tour: Buckingham Palace, Westminster Abbey, to Trafalgar Square</i> (2A) 6:00 Resident Run Pinochle (2A)	 9:30 Shopping Trip: Hagerstown Mall **\$\$(OOB) 10:00 Circle of Friends w/Chap Rick (PDR) 11:00 Franklin Co. Bookmobile (LD) 1:30 Acrylic Canvas Paintings (C) 2:00 Living in Abundance in Times of Loss w/Chaplain Rick (2A) 	15 9:00 Balloon Ball Exercise (3E) 10:00 Design Club: Thanksgiving in the Dining Rooms (DR) 1:30 Blood Pressure Clinic (2A) 2:00 Fireside Chat (2A) 3:00 Coffee & Conversation (P) 4:00 Billiards (P) 6:00 Resident Run Nickel Bingo \$\$(2A)	5 16 9:00 Light & Lively Exercise (3E) 10:00 Cooking Creation: Welsh Cakes (C) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Celebration of Life (2A) 3:00 Bible Study (PDR) 4:00 Headbandz Guessing Game (BL) 6:00 Wii Bowling League (3E)	 9:00 Light & Lively Exercise (3E) 9:30 Recycling Collection (LR's, C, P) 10:00 iN2l Movie: Old Fashioned Thanksgiving- Full Movie(2A) 10:00 Bible Study with Sharon (PDR) 1:30 Balance & Action (3E) 2:00 Nickel Bingo \$\$ (2A) 3:00 Social Hour: Welsh Cakes (P) 6:00 Movie Night: Ever After (3A) 	 8:30 Greencastle Christmas Parade **(OOB) 9:30 Light & Lively Exercise (3E) 2:00 Prize Bingo (2A) 3:00 Game Club: Scrabble (C) 6:00 Introducing Musical Entertainmer Featuring Robert Banks (2A) Rutgers @ Penn State TBD 	18 nent
 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes (C) 6:00 Song & Scripture's (Channel 609) 	20 9:00 Light & Lively Exercise (3E) 9:30 Men's Wii Bowling League (3E) 10:00 Birthday Gang Committee Mtg. (L) 1:30 Balance & Action (3E) 2:00 Nickel Bingo \$\$ (2A) 3:00 iN2L Documentary: <i>Neuschwanstein:</i> <i>King Ludwig's Dream Castle and</i> <i>It's Secrets</i> (2A) 6:00 Resident Run Rummy (2A)	 9:00 Sit & Be Fit Exercise (3E) 10:00 Parx Casino and Lunch Out @ Liberty Bar & Grill**\$\$(OOB) 10:00 Circle of Friends w/Chap Rick (PDR) 1:30 Acrylic Canvas Paintings (C) 2:00 Living in Abundance in 	22 9:00 Balloon Ball Exercise (3E) 10:00 Cooking Creation: Pumpkin Pies for Dining (C) 2:00 Cooking Creation: Pumpkin Pies for Dining (C) 3:00 Prize Bingo (2A) 6:45 Gospel Hymns with Antrim Mennonite Church (2A)	2 Thanksgiving 23 9:00 Sit & Be Fit Exercise (3E) 9:00 Macy Day Parade with 20 Coffee and Donuts (P) 10:00 Helping Hands: Setting the Table for Thanksgiving (DR) 10:00 Mid Week Worship Service (2A) 3:00 Cornhole Tournament (3E) 4:30 NFL: Cowboys @ Commanders (P) 6:00 Wii Bowling League (3E) 6:00 Wii Bowling League (3E) 0	2 9:00 Light & Lively Exercise (3E) 9:30 Recycling Collection (LR's, C, P) 10:00 Cooking Creation: Ray's Birthday Cake (C) 2:00 Get to Know Your Neighbors with Fact or Fiction (P) 3:00 Social Hour: Cheese N Crackers (P) 6:00 Movie Night: <i>Scorpio</i> (3A) 7:30 Penn St @ MI State	24 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops(C) 11:00 Local Fares: Pat & Cala's **\$\$(OOB) 2:00 Design Club: Un-Fall the Halls (BL) 3:00 Game Club: Scrabble (C) 6:00 Resident Run Blitz (2A)	25
 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service with Special Guest James Banzhoff 2A) 3:00 Mexican Train Dominoes (C) 6:00 Song & Scripture's (Channel 609) 	27 Happy 100 Ray M. 9:00 Design Club: Birthday Celebration Set Up in the Pub (P) 9:30 Woman's Wii Bowling League (3E) 10:00 Helping Hands Club: Birthday Party Set Up (P) 2:00 Horseshoes (3E) 3:00 Ray M. Celebrates 100 (P) 6:00 Resident Run Pinochle (2A)	9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree**\$\$(OOB) 10:00 Design Club: Deck the Halls! (BL) 1:30 Acrylic Canvas Paintings (C) 2:00 Nickel Bingo \$\$ (2A) 3:00 Moral Dilemma & Discussion:	25 9:00 Balloon Ball Exercise (3E) 10:00 Prize Bingo (2A) 11:00 Local Fares: Primanti Brothers **\$\$(OOB) 1:30 Balance & Action (3E) 2:00 Men's Club: Tic Tac Toe Golf (2A) 3:00 Jeopardy! (2A) 6:00 Wednesday Wind Down At the Fireplace (BL)	 9 9:00 Seated Chair Weights w/Leah (3E) 10:00 Brain Changes Jaime with Bayada Home Heathcare (2A) 1:30 Art Exploration: Mixed Media (C) 2:00 Worship Service with Special Guest Andy Pazlawski (2A) 3:00 Bible Study (PDR) 7:00 Family Meetings with David Leader & Kim Perchak (2A) 	Nove	ember)23	

Events & Programs are Subject to Change