



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|---|---|
| <p><i>Lancaster</i> CONNECTIONS</p>  <p>DECEMBER 2023</p> | | | | | 1 | 2 |
| | | | | | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Decorating 3:00 Sing the Lyrics 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas Crafts 2:00 Hot Coco Sippers 3:00 Nail Care 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas History 2:30 Church Service 3:00 Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Balloon Volleyball 10:30 Chair Yoga 11:15 Lunch 1:00 Dog Therapy w/ Jill & Cody 2:00 Holiday Cookies 3:00 PotteryWorks 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Chaplain Jeff (2nd F) 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Singing w/Pauline 11:15 Lunch 1:00 Color Me Calm 2:00 Chaplain Jeff 3:00 Balloon Volleyball 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplain Jeff (1st F) 2:00 Country Drive 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down Remembering Pearl Harbor | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Decorating 3:00 Naturalist Lisa 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down Hanukkah | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas Crafts 2:00 Hot Coco Sippers 3:00 Nail Care 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas History 2:00 Church Service 3:00 Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Balloon Volleyball 10:30 Chair Yoga 11:15 Lunch 1:00 Dog Therapy w/ Jill & Cody 2:00 Holiday Cookies 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Chaplain Jeff 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Singing w/Pauline 11:15 Lunch 1:00 Color Me Calm 2:00 Chaplain Jeff 3:00 Balloon Volleyball 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplain Jeff (1st F) 2:00 Country Ride (2nd F) 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Decorating 3:00 Sing the Lyrics 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas Crafts 2:00 Christmas Caroling Visit 3:00 Hot Coco & Treats 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down |

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|---|---|
| 17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Piano Entertainment w/ Ed 11:15 Lunch 1:00 Christmas History 2:00 Church Service 3:00 Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Balloon Volleyball 10:00 Music Entertainment w/Pat 11:15 Lunch 1:00 Dog Therapy w/ Jill & Cody 2:00 Holiday Cookies 3:00 Card Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Chaplain Jeff (2nd F) 3:00 Drums w/Joe 4:15 Dinner 6:00 Dementia Support Group 7:00 Evening Wind Down | 20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Singing w/Pauline 11:15 Lunch 1:00 Color Me Calm 2:00 Chaplain Jeff (2nd F) 3:00 Balloon Volleyball 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplain Jeff (1st F) 2:00 Country Drive (2nd F) 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Decorating 3:00 Sing the Lyrics 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas Crafts 2:00 Christmas Caroling Visit 3:00 Nail Care 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down |
| 24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Christmas History 2:00 Church Service 3:00 Bingo 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down Christmas Eve | 25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Balloon Volleyball 10:30 Chair Yoga 11:15 Lunch 1:00 Dog Therapy w/ Jill & Cody 2:00 Santa Exchange 3:00 Holiday Games 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down Christmas | 26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Chaplain Jeff (2nd F) 3:00 Combined Bingo 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:00 Singing w/Pauline 11:15 Lunch 1:00 Color Me Calm 2:00 Chaplain Jeff (2nd F) 3:00 Balloon Volleyball 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Chaplain Jeff (1st F) 2:00 Country Drive (1st F) 3:00 Nail Care 4:15 Dinner 6:00 Novel Reading 7:00 Evening Wind Down | 29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Holiday Trivia 2:00 Decorating 3:00 Sing the Lyrics 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down | 30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 Nail Care 2:00 New Year Festivities 3:00 Trivia 4:15 Dinner 6:00 Movie Night 7:00 Evening Wind Down |
| 31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Coffee and News 10:30 Chair Yoga 11:15 Lunch 1:00 New Year Festivities 2:00 Church Service 3:00 Bingo 4:15 Dinner 6:00 Card Game "I Got It" 7:00 Evening Wind Down New Year's Eve |  <h1>CONNECTIONS  DECEMBER 2023</h1> | | | | | |