



## JANUARY 2024

SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Mummers Day Parade Watch Party 10:30 News Years Traditions 12:00 Lunch 1:30 Reflection of Our Year 2:30 Magazines and Music 3:30 Color Me Calm 4:00 Common Sayings 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Hot Potato Toss 10:30 Games w/Club 12:00 Lunch 1:30 Family Feud 2:30 Cornhole 3:30 Devotional W/ Chaplain Dan 4:00 Reading Corner 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Dancing Through The Music 10:30 Rosary 12:00 Lunch 1:30 Look Who's Dancing Dancercise 3:00 Drumming Circle 4:00 Self Care 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Catholic Communion	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musial Chairs 2:30 Reminiscing Great Inventions 3:30 What's That Sound 4:00 Music and Lemon Hands 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 Helping Hands Club: Pairing Socks 3:30 Reminiscing Growing Up & Siblings 4:00 Catch Up W/ Current Events 5:00 Dinner 6:30 Relax and Unwind
6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 St. Eleanor's Catholic Live Mass 12:00 Lunch 1:30 Hymn Sing 2:00 Ecumenical Sunday Service w/Chaplain Dan 2:30 Bingo 3:30 Sunday Sundaes 4:00 Scrapbooking 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Music Bingo w/Grane 10:30 Woofs of Wisdom w/Harper 12:00 Lunch 1:30 Balloon Word Pop 2:30 Decades Trivia 3:30 Decades Cars 4:00 Pre-Dinner Stretch 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Hot Potato Toss 10:30 Baking w/Club 12:00 Lunch 1:30 Musical Chairs 2:30 Root Beer Float Social 3:30 Devotional w/Chaplain Dan 4:00 Gather Round—Classic TV 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Dancing Through The Music 10:30 Rosary 12:00 Lunch 1:30 Musical Chairs 2:30 Giant Cup Pong 3:30 Music and Lemon Hands 4:00 Self Care 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Catholic Communion  w/ St. Eleanor's 12:00 Lunch 1:30 Winter Trivia w/Club 2:30 Winter Poetry 3:30 Walking W/ Friends 4:00 Music and Lemon Hands	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 Frozen Hot Chocolate Social 3:30 Cozy Chat by Fireplace 4:00 What's That Sound 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 Helping Hands Club: Folding Clothes 3:30 Wintertime Warmup W/ Hot Drinks 4:00 Music and Lemon Hands 5:00 Dinner 6:30 Relax and Unwind

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6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotic 10:00 Sit and Be Fit 10:30 St. Eleanor's Catholic Live Mass 12:00 Lunch 1:30 Hymn Sing 2:00 Ecumenical Sunday Service w/Chaplain Dan 2:30 Bingo 3:30 Sunday Sundaes 4:00 Scrapbooking Club 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Chair Yoga W/ Soli 10:30 Woofs of Wisdom w/Harper 12:00 Lunch 1:30 Educational Brain Fitness 2:30 Mindfulness Monday 3:30 Snowball Toss Conversation Starter 4:00 Cozy Chat 1:1 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Hot Potato Toss 10:30 Jenga Tournament w/Club 12:00 Lunch 1:30 Musial Chairs 2:30 Webcams Around The World 3:30 Devotional w/Chaplain Dan 4:00 Joyful Reflections 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Dancing Through The Music 10:30 Rosary 12:00 Lunch 1:30 Look Who's Dancing Dancercise 2:30 1968 Elvis Comeback Special 3:30 Root Beer Float Social 4:00 Self Care 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 30 Catholic Communion	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 The Great Gardens of the World 3:30 Name That Flower Trivia 4:00 Thinking of Spring Social 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 Flower Arrangements 3:30 America's Funniest Videos 4:00 Trivia Time 5:00 Dinner 6:30 Relax and Unwind
6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotic 10:00 Sit and Be Fit 10:30 St. Eleanor's Catholic Live Mass 12:00 Lunch 1:30 Hymn Sing 2:00 Ecumenical Sunday Service w/Chaplain Dan 2:30 Bingo 3:30 Sunday Sundaes 4:00 Scrapbooking Club 5:00 Dinner 6:30 Relax and Unwind	21 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Chair Yoga W/ Soli 10:30 Woofs of Wisdom w/Harper 12:00 Lunch 1:30 Musical Chairs 2:30 Mindfulness Monday 3:30 Trivia Time 4:00 Music and Magazines 5:00 Dinner 6:30 Relax and Unwind	23 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Hot Potato Toss 10:30 Giant Cup Pong w/Club 12:00 Lunch 1:30 Musical Chairs 2:30 Root Beer Float Social 3:30 Devotional w/Chaplain Dan 4:00 Gather Round—Classic TV 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Dancing Through The Music 10:30 Rosary 12:00 Lunch 1:30 Color me Calm 2:30 Baking w/Soli 4:00 Self Care 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Catholic Communion  w/ St. Eleanor's 12:00 Lunch 1:30 Food Demonstration 2:30 Trivia Time 3:30 Doughnut Bingo 4:30 Music and Lemon Hands 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chairs 2:30 Exploring National Parks 3:30 Entertainer: Jerry Trecoce 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles and Daily Devotions 10:00 Sit and Be Fit 10:30 Scrapbooking 12:00 Lunch 1:30 Musical Chair 2:30 Winter Time Warmup W/ Hot Drinks 3:30 Helping Hands Club: Folding Towels 4:00 Music and Lemon Hands 5:00 Dinner 6:30 Relax and Unwind
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