## Dover CONNECTIONS 🤣 JANUARY 2024

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY	
	1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café 2:15 Craft 3:00 Hydration Station 3:30 Basketball 4:30 Dinner 6:30 Classic Game Shows	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bible Study & Devotions 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Ring Toss 3:30 Hydration Station 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Memories & Magazines	2 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:15 Jumbo Games 2:30 Afternoon Coffee Break 3:00 Name that Tune 3:30 Hydration Station 4:30 Dinner 5:30 Family Game Night 7:00 Guitar Sounds	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Craft</li> <li>11:30 Lunch</li> <li>1:15 Bake Away Café with Club</li> <li>2:30 Hymns &amp; Devotions with Chaplain Shawn</li> <li>3:00 Hydration Station</li> <li>3:30 Balloon Volleyball</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Household Chores</li> </ul>	4 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Large Games 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer & Wine 3:00 Let's Get Physical & Trivia with Club 4:30 Dinner 6:00 Friday Night at the Movies	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Reminisce 11:30 Lunch 1:15 Who am I 2:30 Armchair Travelers 3:00 Hydration Station 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds	6
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Snowball Fight 3:00 Hydration Station 4:30 Dinner 6:00 Sunday Evening Hand Massages	7 7 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café: Homemade Bread 2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Balloon Volleyball 4:30 Dinner 6:30 Classic Game Shows	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bible Study & Devotions 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Trivia 3:30 Hydration Station 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Memories & Magazines	9 1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:15 Jumbo Games 2:30 Jewelry Making 3:30 Hydration Station 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries	0 1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Milk and cookies 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Cornhole 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores	1       12         7:00 Activities of Daily Living       8:00 Breakfast         8:30 Café Espresso       9:30 Morning Workout         10:15 Where do I Live       11:30 Lunch         1:15 Bingo with Club       2:00 Happy Hour with Club:         Beer & Wine       3:00 Let's Get Physical & Trivia with Club         4:30 Dinner       6:00 Friday Night at the Movies:	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Reminisce 11:30 Lunch 1:15 Craft 2:30 Armchair Travelers 3:00 Hydration Station 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds	13

SUNDAY	Monday	TUESDAY		WEDNESDAY		THURSDAY	Friday	SATURDAY
14	1	5	16	1	17		18	19 20
<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Morning Devotions</li> <li>11:30 Lunch</li> <li>1:30 Sunday Services with Chaplain Shawn</li> <li>2:00 Sunday Sundaes</li> <li>2:30 Basketball</li> <li>3:00 Hydration Station</li> <li>4:30 Dinner</li> <li>6:00 Household Chores</li> </ul>	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café 2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Cornhole 4:30 Dinner 6:30 Classic Game Shows	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Bible Study &amp; Devotions</li> <li>11:30 Lunch</li> <li>1:15 Crafty Corner with Club</li> <li>2:30 Afternoon Mocktail Social</li> <li>3:00 Hydration Station</li> <li>3:30 All about Fig Newtons</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Memories &amp; Magazines</li> </ul>		7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:15 Jumbo Games 2:30 Afternoon Coffee Break 3:00 Name that Tune 3:30 Balloon Volleyball 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries		<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Craft</li> <li>11:30 Lunch</li> <li>1:15 Bake Away Café with Club</li> <li>2:30 Hymns &amp; Devotions with Chaplain Shawn</li> <li>3:00 Hydration Station</li> <li>3:15 Entertainment with Jay Smar</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Household Chores</li> </ul>	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Craft</li> <li>12:00 Pizza Party with Club</li> <li>1:15 Bingo with Club</li> <li>2:00 Happy Hour with Club: Beer &amp; Wine</li> <li>3:00 Let's Get Physical &amp; Trivia with C</li> <li>4:30 Dinner</li> <li>6:00 Friday Night at the Movies</li> </ul>	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Reminisce 11:30 Lunch 1:15 Games 2:30 Armchair Travelers 3:00 Musical Entertainment: Tom & Randy 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds
21	2	2	23	2	24		25	26 27
<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Morning Devotions</li> <li>11:30 Lunch</li> <li>1:30 Sunday Services with Chaplain Shawn</li> <li>2:00 Sunday Sundaes</li> <li>2:30 Mini Golf</li> <li>3:00 Trivia</li> <li>4:30 Dinner</li> <li>6:00 Sunday Evening Movie</li> </ul>	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Memory Magic with Club</li> <li>11:30 Lunch</li> <li>1:15 Bake Away Café:</li> <li>2:15 Pauline with York Music Therapy</li> <li>3:00 Hydration Station</li> <li>3:30 Family Feud</li> <li>4:30 Dinner</li> <li>6:30 Household Chores</li> </ul>	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Bible Study &amp; Devotions</li> <li>11:30 Lunch</li> <li>1:15 Crafty Corner with Club</li> <li>2:30 Afternoon Mocktail Social</li> <li>3:00 Pie Tasting</li> <li>3:30 Pie Trivia</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Memories &amp; Magazines</li> </ul>		7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:15 Jumbo Games 2:30 Afternoon Coffee Break 3:00 Monthly Birthday Party 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries		<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Penny Pitching</li> <li>11:30 Lunch</li> <li>1:15 Bake Away Café with Club</li> <li>2:30 Hymns &amp; Devotions with Chaplain Shawn</li> <li>3:00 Hydration Station</li> <li>3:30 Basketball</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Household Chores</li> </ul>	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Plinko 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer & Wine 3:00 Let's Get Physical & Trivia with C 4:30 Dinner 6:00 Friday Night at the Movies	<ul> <li>7:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>8:30 Café Espresso</li> <li>9:30 Morning Workout</li> <li>10:15 Craft</li> <li>11:30 Lunch</li> <li>1:15 All about Chocolate Cake</li> <li>2:30 Armchair Travelers</li> <li>3:00 Hydration Station</li> <li>1ub</li> <li>3:30 Color Me Calm</li> <li>4:30 Dinner</li> <li>6:30 Relaxation Sounds</li> </ul>
28	2	9	30	3	31			
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bible Study & Devotions 11:30 Lunch 1:15 Crafty Corner with Club		7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Bacon 11:30 Lunch 1:15 Snowflake Craft		CON	NNECT	IONS
Chaplain Shawn 2:00 Sunday Sundaes 2:30 Craft 3:00 Balloon Volleyball	2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Ring Toss 4:30 Dinner 6:30 Classic Game Shows	<ul> <li>2:30 Afternoon Mocktail Social</li> <li>3:00 Croissant Tasting</li> <li>4:30 Dinner</li> <li>5:30 Polished Perfection: Manicures</li> <li>7:00 Household Chores</li> </ul>		<ul><li>2:30 Afternoon Coffee Break</li><li>3:00 Winter Wonderland</li><li>4:30 Dinner</li><li>5:30 Family Game Night</li></ul>				
4:30 Dinner 6:00 Sunday Evening Hand Massages				7:00 Life in Color Docuseries		JAN	JUARY	2024

