


# Drums CONNECTIONS



# JANUARY 2024

| SUNDAY                                                                                                                                                                                                                                                                                                                                   | MONDAY                                                                                                                                                                                                                                                                                                                                                              | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                          | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                   | FRIDAY                                                                                                                                                                                                                                                                                                                                                               | SATURDAY                                                                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                          | 1                                                                                                                                                                                                                                                                                                                                                                   | 2                                                                                                                                                                                                                                                                                                                                                                                                      | 3                                                                                                                                                                                                                                                                                                                                                                                  | 4                                                                                                                                                                                                                                                                                                                                                                                                          | 5                                                                                                                                                                                                                                                                                                                                                                    | 6                                                                                                                                                                                                                                                                                                                                |
|                                                                                                                                                                                                                                                                                                                                          | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Rosary<br>10:30 Motivation Monday<br>11:15 Lunch<br>1:00 All About New Year's Trivia<br>2:00 Reminiscing New Year's Resolutions<br>3:00 Remember This Jar<br>4:00 Dinner<br>5:30 Color Me Calm<br>7:00 Evening Snacks and Refreshments<br><br>New Year's Day | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Toned Tuesday<br>10:30 Can You Picture This<br>11:15 Lunch<br>1:00 Cooking Club: Peppermint Brownie Parfaits<br>2:00 Holiday Wind Down Manicures<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>10:30 Morning Brain Teasers<br>11:15 Lunch<br>12:30 Sing-a-long with Kathy<br>1:30 Afternoon Flow<br>2:00 Life Stations: Dishes And Laundry<br>3:00 I-Spy<br>4:00 Dinner<br>5:30 Evening Wind Down<br>7:00 Evening Snacks and Refreshments | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Sweating To The Oldies<br>10:30 Short Stories:<br>11:15 Lunch<br>1:00 Afternoon Tea With Friends<br>2:00 Arm Chair Travel: St. Basil Cathedral<br>3:00 Junk Drawer Detective<br>4:00 Dinner<br>5:30 Household Chores: Sorting<br>7:00 Evening Snacks and Refreshments                               | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chap. Bev<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Science Sensations: Snow Storm In A Jar<br>2:00 Ping Pong Pan<br>3:00 Afternoon Stretch<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments                      | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Strong Saturday<br>10:30 Time Slips<br>11:15 Lunch<br>1:00 Winter Bingo<br>2:00 Parachute Ball Toss<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Word Searches<br>7:00 Evening Snacks and Refreshments |
| 7                                                                                                                                                                                                                                                                                                                                        | 8                                                                                                                                                                                                                                                                                                                                                                   | 9                                                                                                                                                                                                                                                                                                                                                                                                      | 10                                                                                                                                                                                                                                                                                                                                                                                 | 11                                                                                                                                                                                                                                                                                                                                                                                                         | 12                                                                                                                                                                                                                                                                                                                                                                   | 13                                                                                                                                                                                                                                                                                                                               |
| 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Coffee And Donuts<br>10:30 Sunday Sizzle<br>11:15 Lunch<br>1:15 Worship Service with Chap. Bev<br>2:15 All About Music Trivia<br>3:00 Aqua Painting<br>4:00 Dinner<br>5:30 Puzzle Palooza<br>7:00 Evening Snacks and Refreshments | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Yoga Fitness by Bill Krings<br>11:15 Lunch<br>1:00 You Can Puzzle Too<br>2:30 Interactive Music Class With Cynthia Ritchey<br>3:30 Reading Corner<br>4:00 Dinner<br>5:30 TV Time: Resident's Choice<br>7:00 Evening Snacks and Refreshments   | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Pump It Up<br>10:30 Time Slips<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Musical Entertainment By John Stevens Polka Band<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Household Chores: Folding<br>7:00 Evening Snacks and Refreshments  | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>10:30 Sizzle And Sweat<br>11:15 Lunch<br>12:30 Sing-a-long with Kathy<br>1:30 Appreciation Poems<br>2:30 2023 Appreciation Awards<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments                              | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:15 Men's Club Trip: "Clips & Pitz": Full Klips Barber/Fratelli's**\$\$ (OOB)<br>10:30 Strength Nation<br>11:15 Lunch<br>1:00 Craft Club: Block Snowmen<br>2:00 Hydration Station<br>3:00 Cupcake Decorating Contest<br>4:00 Dinner<br>5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chap. Bev<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Chair Yoga<br>2:00 Memory Jogger<br>3:00 <i>Drum To Your Own Beat</i> Drumming Class by Joe Ciarvella<br>4:00 Dinner<br>5:30 Evening Remembrance<br>7:00 Evening Snacks and Refreshments | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Morning Headlines<br>10:30 Sweat It Out<br>11:15 Lunch<br>1:00 Snow Day Movie And Popcorn<br>2:30 Snow Day Games<br>4:00 Dinner<br>5:30 Color Me Calm<br>7:00 Evening Snacks and Refreshments              |

| SUNDAY                                                                                                                                                                                                                                                                                                                                                                                   | MONDAY                                                                                                                                                                                                                                                                                                                                                           | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                         | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                  | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                | FRIDAY                                                                                                                                                                                                                                                                                                                                                       | SATURDAY                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 14<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Sing-a-long Hymns<br>10:30 Strength Nation<br>11:15 Lunch<br>1:15 Worship Service with Chap. Bev<br>2:15 Expression's Card Game<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Word Searches<br>7:00 Evening Snacks and Refreshments                                      | 15<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Yoga Fitness by Bill Kringe<br>11:15 Lunch<br>1:00 All About Winter Trivia<br>2:00 Roll A Snowman<br>3:00 Bird Watching Club: Bird Food Ornaments<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments        | 16<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Sit And Be Fit<br>10:30 Time Slips<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Winter Wonderland Scavenger Hunt<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Household Chores: Sorting<br>7:00 Evening Snacks and Refreshments | 17<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>10:30 2 Card Pick Up<br>11:15 Lunch<br>12:30 Sing-a-long with Kathy<br>1:30 Baking Club: Banna Bread<br>3:00 'I Got It' Card Game<br>4:00 Dinner<br>5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments                                                         | 18<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Morning Prayer : Spiritual Eldercare<br>10:30 Toned Thursday<br>11:15 Bridging Winter Social<br>Pizza And Floats<br>1:00 DIY: Grip Socks<br>2:00 Balloon Tennis<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Evening Wind Down<br>7:00 Evening Snacks and Refreshments | 19<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chap. Bev<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Junk Drawer Detective<br>2:00 Reminiscing About Winter<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 TV Time: Resident's Choice<br>7:00 Evening Snacks and Refreshments | 20<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Fitness Frenzy<br>10:30 Can You Picture This<br>11:15 Lunch<br>1:00 DIY: Bracelets<br>2:00 Riddle Me This<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Game Night<br>7:00 Evening Snacks and Refreshments                              |
| 21<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Morning Prayers<br>10:30 Sweating To The Oldies<br>11:15 Lunch<br>1:15 Worship Service with Chap. Bev<br>2:15 Sunday Matinee: Resident's Choice<br>3:00 Sundae Stories: Frozen Hot Choco<br>4:00 Dinner<br>5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments | 22<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Yoga Fitness by Bill Kringe<br>11:15 Lunch<br>1:00 Balloon Toss<br>2:30 Interactive Music Class<br>With Cynthia Ritchey<br>3:00 Famous Duos<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments              | 23<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Stretch It Out<br>10:30 Would You Rather<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Craft Club: Winter Cardinal<br>3:00 Wishing For Spring Flowers<br>4:00 Dinner<br>5:30 Word Searches<br>7:00 Evening Snacks and Refreshments   | 24<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>10:30 Conversation Ball<br>11:15 Lunch<br>12:30 Sing-a-long with Kathy<br>1:30 Universal Yum Yum's<br>3:00 Pre Dinner Stretch<br>4:00 Dinner<br>5:30 Household Chores: Folding<br>7:00 Evening Snacks and Refreshments                                                       | 25<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Fitness Frenzy<br>10:30 Time Slips<br>11:15 Lunch<br>1:00 Category Trivia<br>2:00 Essential Oils: Stress Ball<br>3:00 3 Words<br>4:00 Dinner<br>5:30 Puzzle Palooza<br>7:00 Evening Snacks and Refreshments                                                                | 26<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chap. Bev<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Salt Painting: Snowflake's<br>2:00 Music And Manicures<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Color Me Calm<br>7:00 Evening Snacks and Refreshments              | 27<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Morning Headlines<br>10:30 Move And Groove<br>11:15 Lunch<br>1:00 Memory Magic<br>2:00Decade's Cars<br>3:00 All About Cars Trivia<br>4:00 Dinner<br>5:30 TV Time: Resident's Choice<br>7:00 Evening Snacks and Refreshments |
| 28<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Spiritual Elder Care<br>10:30 Work It Out<br>11:15 Lunch<br>1:15 Worship Service with Chap. Bev<br>2:15 Winter Humor<br>3:00 Balloon Hockey<br>4:00 Dinner<br>5:30 Evening Wind Down<br>7:00 Evening Snacks and Refreshments                                                | 29<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Yoga Fitness by Bill Kringe<br>11:15 Lunch<br>1:00 Winter Trees<br>2:00 Discover Winter's Around The World<br>3:00 Hydration Station: Snowball Mocktail<br>4:00 Dinner<br>5:30 Color Me Calm<br>7:00 Evening Snacks and Refreshments | 30<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Toned Tuesday<br>10:30 Can You Picture This<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Beaded Snowflake's<br>3:00 Mad Libs<br>4:00 Dinner<br>5:30 TV Time: Resident's Choice<br>7:00 Evening Snacks and Refreshments              | 31<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments<br>11:15 Lunch<br>12:30 Sing-a-long with Kathy<br>1:30 Baking Club: Peanut Butter Fudge<br>3:00 All About Baking Trivia<br>4:00 Dinner<br>5:30 Aromatherapy<br>7:00 Evening Snacks and Refreshments | <h1>CONNECTIONS</h1>  <h1>JANUARY 2024</h1>                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                         |