


# Lancaster CONNECTIONS



# JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Pet Therapy w/ Cody 2:00 Balloon Volleyball 3:00 Cookies & Milk 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Old Classics Sing-A-Long 3:00 Combined Bingo 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Singing with Pauline 11:15 Lunch 1:30 Church Service 2:00 Would You Rather... 3:00 Nail Care 4:15 Dinner 6:00 Happy Hour 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 iN2L 2:00 Country Drive 3:15 Piano Entertainment w/Cindy 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Arts & Crafts 3:00 Poems & Literature 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Nail Care 2:00 Sing-The-Lyrics 3:00 Board Games 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club
7	8	9	10	11	12	13
6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Color Me Calm 2:30 Church Service 3:00 Bowling Games 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Pet Therapy w/ Cody 2:00 PotteryWorks 3:00 Cookies and Milk 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Old Classics Sing-A-Long 3:00 Combined Bingo 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Singing with Pauline 11:15 Lunch 1:30 Church Service 2:00 Would You Rather... 3:00 Nail Care 4:15 Dinner 6:00 Happy Hour 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 iN2L 2:00 Country Drive 3:00 "I Got It" Card Game 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Arts & Crafts 3:00 Poems & Literature 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club	6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee & News 10:00 Chair Yoga 11:15 Lunch 1:00 Nail Care 2:00 Sing-The-Lyrics 3:00 Board Games 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Color Me Calm 2:30 Church Service 3:00 Bowling Game 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club</p>	<p>15</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Guitar w/ Patrick Kocen 11:15 Lunch 1:00 Pet Therapy w/ Cody 2:00 Balloon Volleyball 3:00 Cookies &amp; Milk 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>16</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Old Classics Sing-A-Long 3:00 Drums with Joe 4:15 Dinner 6:00 Dementia Support Group 7:00 Evening Wind Down</p>	<p>17</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Singing with Pauline 11:15 Lunch 1:30 Church Service 2:00 Would You Rather... 3:00 Nail Care 4:15 Dinner 6:00 Happy Hour 7:00 Evening Wind Down</p>	<p>18</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 iN2L 2:00 Country Drive 3:00 "I Got It" Card Game 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>19</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Arts &amp; Crafts 3:00 Naturalist: Winter Birds 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>20</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Nail Care 2:00 Sing-The-Lyrics 3:00 Board Games 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club</p>
<p>21</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Calm Me Calm 2:30 Church Service 3:00 Bowling Game 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club</p>	<p>22</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Pet Therapy w/ Cody 2:00 Balloon Volleyball 3:00 Cookies &amp; Milk 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>23</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Old Classics Sing-A-Long 3:00 Combined Bingo 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>24</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Singing with Pauline 11:15 Lunch 1:30 Church Service 2:00 Would You Rather... 3:00 Nail Care 4:15 Dinner 6:00 Happy Hour 7:00 Evening Wind Down</p>	<p>25</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 iN2L 2:00 Country Drive 3:00 "I Got It" Card Game 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>26</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Arts &amp; Crafts 3:00 Poems &amp; Literature 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>27</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Nail Care 2:00 Sing-The-Lyrics 3:00 Board Games 4:15 Dinner 6:00 Afternoon Snacks 7:00 Remanence Club</p>
<p>28</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Calm Me Calm 2:30 Church Service 3:00 Bowling Game 4:15 Dinner 6:00 Evening Snacks 7:00 Remanence Club</p>	<p>29</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Naturalist Lisa 11:15 Lunch 1:00 Pet Therapy w/ Cody 2:00 Balloon Volleyball 3:00 Cookies &amp; Milk 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>30</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Chair Yoga 11:15 Lunch 1:00 Memory Magic Trivia 2:00 Old Classics Sing-A-Long 3:00 Combined Bingo 4:15 Dinner 6:00 Afternoon Snacks 7:00 Evening Wind Down</p>	<p>31</p> <p>6:00 Activities Of Daily Living 8:00 Breakfast 9:30 Coffee &amp; News 10:00 Singing with Pauline 11:15 Lunch 1:30 Church Service 2:00 Would You Rather... 3:00 Nail Care 4:15 Dinner 6:00 Happy Hour 7:00 Evening Wind Down</p>	<p><b>CONNECTIONS</b></p>  <p><b>JANUARY 2024</b></p>		