


Pottsville CONNECTIONS



JANUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Snowball Toss 11:00 Lunch 12:00 2024 Rose Bowl Parade 1:00 Spa Time 2:00 New Year Traditions & Social 3:00 Webcams Around the World 4:00 Dinner 5:00 Gather Round -Classic TV 6:00 Snack & Evening Wind Down	2 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Fitness Express 10:00 Trivia Time 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Birds of the World 1:00 Pine Cone Bird Feeders 2:30 Tea Time 3:30 Name That Bird 4:00 Dinner 5:00 Gather Round -Classic TV 6:00 Snack & Evening Wind Down	3 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Gentle Stretches & Meditation 10:00 Balloon Volley 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Household Chores 1:00 Memory Magic 1:30 Zumba with Michele 2:30 Art Class with Kim 3:30 Let's Chat 4:00 Dinner 5:00 Games Galore 6:00 Snack & Evening Wind Down	4 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Daily Mass 10:00 Kitchen Corner-Making Snow Pie 11:00 Lunch 12:00 Sing A Long with Georgina Rae 1:00 Words that Start with J 2:00 Grateful Drumming with Joe 3:00 Snow Time Social 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Evening Snack & Wind Down	5 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Bible Study 10:00 Chair Exercise 10:30 Chair Soccer 11:00 Lunch 12:00 Broadway Musicals 1:00 Trivia Time 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Balloon Volley 11:00 Lunch 12:00 Relaxing Winterscapes 1:00 Undecorating Social 2:30 Mocktails & Munchies 3:30 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down
7 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 Armchair Travel to Branson 1:00 Reminiscing-Dancing Through the Decades 2:00 Bingo 3:00 Skook Snacks & Social 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Fitness Express 10:00 Balloon Volley 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Virtual Tour of Graceland 1:00 Name That Elvis Song 2:00 Peanut Butter & Banana Sandwich Social 3:00 1968 Elvis Comeback Special 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	9 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Senior Fitness 10:00 Balloon Volley 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Bobby Vinton in Concert 1:00 Games Galore 2:00 Hot Cocoa Bar & Trivia 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	10 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Morning Stretch 10:00 Webcams Around the World 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Sing A Long with Mary Sue 1:00 Trivia A-Z 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Daily Mass 10:00 Kitchen Corner-No Name Dip 11:00 Lunch 12:00 Manicures & Hand Massages 1:30 Music Engagement with Cynthia 2:30 Pet Visits with Chloe 2:30 What's New in 2024 Social 3:30 Charades 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Spiritual Eldercare 10:00 Tai Chi 10:30 Snowball Games 11:00 Lunch 12:00 Daniel O'Donnell's Rock & Roll Show 1:00 Art Expressions-Mandalas 2:30 Memory Magic 3:30 Reminiscing-Winter Fun 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Bible Study 10:00 Gentle Stretches & Meditation 10:30 Snowball Toss 11:00 Lunch 12:00 Household Chores 1:00 Snowflake Art 2:30 Mocktails & Munchies 3:30 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:00 Joyful Reflections 11:00 Lunch 12:00 Virtual Tour of Cape Canaveral 1:00 Memory Magic 2:00 Ice Cream Social 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Morning Stretch 10:00 Balloon Volley 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Tour of the Civil Rights Museum 1:00 Manicures & Hand Massages 2:00 Discussion-The History of MLK 3:00 Trivia Time 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Fitness Express 10:00 How Many Can You Name? 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 John Denver in Concert 1:00 Snowball Toss 2:00 Craft Corner-Sculpting Snowmen 3:00 Color Me Calm 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Chair Exercise 10:00 Chair Soccer 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Musical Memories 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Games Galore 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Tai Chi 10:00 Kitchen Corner-No Name Dip 11:00 Lunch 12:00 The Great Gardens of the World 1:00 Name That Flower Trivia 2:00 Thinking of Spring Social 3:00 Flower Arrangements 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Balloon Volley 11:00 Lunch 12:00 Spa Time 1:00 Puzzles & Ponderings 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Snowball Toss 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Daily Mass 10:00 Gentle Stretches & Meditation 10:30 Memory Magic 11:00 Lunch 12:00 Neil Diamond in Concert 1:00 Creative Expressions 2:00 Root Beer Float Social 3:00 Sing to the Oldies 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down
21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 Hymn Sing 1:00 Balloon Volley 2:00 Puzzles & Ponderings 3:00 Relaxing Winterscapes 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Fitness Express 10:00 Trivia Time 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Household Chores 1:00 Reminiscing-Great Inventions 2:00 Craft Corner-Snow Trees 3:00 Name That Star 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Morning Stretch 10:00 Snowball Toss 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Armchair Travels-All Aboard the Glacier Express 1:00 Games Galore 1:00 Afternoon Excursion 2:00 Make Ahead Breakfast Casserole 3:30 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Beat the Winter Blues Breakfast 9:00 Daily Devotion & Chronicle 9:30 Beautiful Baby Slideshow 10:00 Chair Exercise 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Kenny Rogers in Concert 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Daily Mass 10:00 Tai Chi 10:30 Balloon Volley 11:00 Lunch 12:00 America's Funniest Videos 1:00 Art Expressions-Snowflakes 2:30 Happy Hour 3:30 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Snowball Toss 11:00 Lunch 12:00 Household Chores 1:00 Sing A Long with Georgina Rae 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Fables, Short Stories & Discussion 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Daily Mass 10:00 Fitness Express 10:30 Finish The Lyrics 11:00 Lunch 12:00 It's Polka Time 1:00 Creative Expressions-Abstract Art 2:00 Cocoa, Cookies & Conversation 3:00 Junk Drawer Detective 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down
28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:00 Joyful Reflections 11:00 Lunch 12:00 The Elk of Yellowstone National Park 1:00 Puzzles & Ponderings 2:00 Soft Pretzel Social 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Kitchen Corner- Marcia's Pineapple Upside Down Cake 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Spa Time 1:00 Parachute Fun 2:00 Cookbooks & Favorite Recipes 3:00 Friendly Feud 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	30 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Tai Chi 10:00 Balloon Volley 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Animals of the Amazon 1:00 Craft Corner-Heart Wreaths 2:30 Poetry Corner 3:30 Bubble Pop 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicle 9:30 Morning Stretch 10:00 Memory Magic 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Daniel O'Donnell "Songs of Faith" 1:30 Zumba with Michele 2:30 Hydration Station 3:00 If I Could I Would..... 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>JANUARY 2024</h1>		