













of Wellness Dimensions

Resident Birthdays

January

Lucille Hopple Rose Horn Mary Ann Campbell **Dorothy Eslinger** Frances Kennedy Monica Wise **Bruce Fischer**

Gregg Davis Vivian Statler Sandra Myers Marian Brown **Robert Morris** Susan Lavery

February

Margaret Lawson Phyllis Goetz Mae Dagenhart **Fave Nicarry** Doris Liggon Patricia Piper Theresa Westergren

March

Martha Swink Claude Zimmerman Willa Mae Heiser Mary Fisher Virginia Stouffer **Fave Cramer** Vivian Reilly Wilma Whetstone Leslie Hurley Sarah Baker



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Q1: January 2024

A Note from the Executive Director

Happy New Year!

I hope that everyone had an enjoyable holiday season. December was a busy month with holiday preparations and celebrations. Hopefully, you have already started setting some fresh goals or resolutions for 2024.

In addition to the spread of holiday cheer, many have spread holiday germs. We have experienced an increase in respiratory illnesses in recent weeks. Please practice good hand washing, sneeze into your arm or elbow and refrain from visiting others if you feel under the weather. Hand sanitizer is available in multiple areas throughout the community for your convenience.

The second-floor corridors will be getting new flooring installed beginning the week of January 15th. Much like the first-floor, we will have a combination of LVP/wood floor as well as the green carpet tiles. We may need to relocate some programming that normally occurs in 2A to accommodate this work. If all goes as planned, the contractors will complete the work in 5-8 working days.

Also coming in January is our Sunday Brunch hosted by Executive Chef, Cody Jones. Cody has created an excellent menu to serve on Sunday, January 14th from 10am to 1pm. Seating is limited, so be sure to sign-up at the receptionist desk if you would like to attend, family members are welcome!

Cheers.

Holly Townsend

Executive Director

Highlighted Events

9 - Franklin County Library

Bookmobile @ 11:30am

14 - Sunday Brunch @ 10am

Families Welcome!

22 - **EdU Presentation:** Supporting Healthy Food Choices @ 6pm

26 - Community Outreach @ 10am

Cumberland Valley Animal Shelter

27 - **Stories of Winter** @ 2pm

(1) elcome New Residents

Mary I.

Karen B.

Daniel S.

Doris R.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 2024	New Year's Day 8:00 Rose Parade Coverage (3A) 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (P) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Guess the Resolution (3A) 3:00 Documentary: What Was Normal Life In Pompeii Before it's Destruction (2a) 6:00 Resident Run Blitz (2A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Jeopardy! (3A) 1:30 Un-deck the Halls (CN) 2:30 Hydrate & Relax (CN) 3:00 Trivia: New Year (P) 6:00 Unwind & Relax: Fireplace Sitting (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Walmart \$\$ (OOB) 10:00 Design Club: Rollator Accessories (C) 1:30 Do you Wanna Build A Snowman Game? (CN) 2:30 Frozen Hot Chocolate Social (CN) 3:00 Table Topics (3A) 6:00 Wednesday Winddown	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Mid Week Worship Service (CN) 10:00 Dance Class With Leah (BL) 1:15 Day Excursion: Big Oak Café (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 January Trivia (3A) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Un-Deck the Halls (3A)(P) 1:30 Walk and Stroll Mail Check (MR) 2:00 My Two Cents Game (3A) 3:00 Social Hour: Never Have I Ever & Build Your Own Personal Fruit Pizza (P) 6:00 Movie Night & Popcorn: Airplane (3A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball: Family History (3A) 2:00 Dress Your Best Photo Booth (3A) 3:00 Hydration and Humor (P) 6:00 Puzzle Club (3A)
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Winter Canvas Painting With Amberlee (3A) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Musical Entertainment Featuring Bryan Herber (2A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Elvis Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Kindly Canines (Building Wide) 3:00 Documentary: The Blizzard of 1978 (2A) 6:00 Resident Run Blitz (2A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Snowball Fight (CN) 2:30 Scoop Your Own Snow Cone (CN) 3:00 Trivia: Pennsylvania (P) 6:00 Unwind & Relax: Fireplace Sitting (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Target \$\$ (OOB) 10:00 Dinning Committee Meeting (2A) 1:30 Crafty Creation: Sock Snowmen (CN) 2:30 Table Talks and Refreshments (CN) 3:00 Dementia Care Partner Support Group (CN) 3:00 Musical Entertainment Featuring Jessica Snyder (CN) 6:00 Wednesday Winddown At the Fireplace (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Mid Week Worship Service (CN) 10:00 Dance Class With Leah (BL) 1:15 Day Excursion: Meadows Frozen Custard (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 January Brain Games (3A) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Social Hour: Pretzels & Beer (P) 6:00 Movie Night & Popcorn: Akeelah and the Bee (3A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball: Would You Rather (3A) 2:00 MLK Day Discussion (3A) 3:00 Hydration and Humor (P) 6:00 Puzzle Club (3A)
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 New Year Brunch ** \$\$ (P)(3A) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Roll A Snowman (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Joe & Delores McDevitt Present Moments in Our History (2A) 3:00 Documentary: Martin Luther King	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 MLK Brain Games (3A) 1:30 Cooking Creations: Build Your Own Edible Snowman (CN) 2:30 Snowman Show Off (CN) 3:00 Trivia: Civil Rights (P) 6:00 Unwind & Relax: Fireplace Sitting (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Dollar Tree (OOB) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting with Department Managers (2A) 3:00 Coffee & Conversation (P) 6:00 Wednesday Winddown At the Fireplace (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Mid Week Worship Service (CN) 10:00 Dance Class With Leah (BL) 1:15 Day Excursion: Nature Ride (OOB) 1:30 Art Exploration: Mixed Media (C) 2:30 Sip and Mingle (CN) 3:00 Winter Would You Rather (3A) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Snow Ski Ball (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Winter Pictionary (3A) 3:00 Table Topics & Build Your Own Trail Mix (P) 6:00 Movie Night & Popcorn: Away From Her (3A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Conversation Dice 3A) 2:00 Horseshoes (3A) 3:00 Hydration and Humor (P) 6:00 Puzzle Club (3A)
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Junk Drawer Detective (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Uno (3A) 6:00 Songs and Scripture (Ch. 609)		9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Winter Bingo (3A) 1:30 Drum Circle (CN) 2:30 Hydrate and Relax (CN) 3:00 Moral Dilemma & Discussion Mail in Vote Vs. In Person (P) 6:00 Unwind & Relax: Fireplace Sitting (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Weis \$\$ (OOB) 10:00 Cooking Creation: Dog Treats for Donation (C) 1:30 Helping Hands: Pet Blankets (CN) 2:30 Sip and Share (CN) 3:00 Headbandz Guessing Game (3A) 6:00 Gospel Hymns with Antrim Mennonite Church (2A)		9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memories in the Making (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Crafting With Amberlee: Snow Angels (3A) 3:00 Fact Vs. Fiction with Walking Banana Pudding (P) 6:00 Movie Night & Popcorn: Mr. Bean's Holiday (3A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball: Memories (3A) 2:00 Stories of Winter Featuring Matt Dodd (2A) 3:00 Hydration and Humor (P) 6:00 Puzzle Club (3A)
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Book Club: A Tale of Two Dresses (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Name 5 (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Time Slips: Creative Journaling (3A)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Crafty Creation: Valentines Day Door Décor (CN) 2:30 Drink and Decorate (CN) 3:00 Trivia: Heart Health (P) 6:00 Unwind & Relax: Fireplace Sitting (BL)	9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Kohls \$\$ (OOB) 10:00 Valentines Day Décor (C) 1:30 National Hot Chocolate Day Celebration (CN) 2:30 Sip and Sing- A- Long (CN) 3:00 Chi Tea Social (P) 6:00 Wednesday Winddown At the Fireplace (BL)	THE	lub	Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections Chapel (CC), Pub Deck (PD) Mail Room (MR) Connections (CN) ** Registration Required \$\$ Cost Involved