

*Embrace the New Year with an open heart & a fierce spirit. Cheers to 2024!*

HAPPY NEW YEAR



*Dimensions of Wellness*

### Resident Birthdays

#### January

Lucille Hopple  
Rose Horn  
Mary Ann Campbell  
Dorothy Eslinger  
Frances Kennedy  
Monica Wise  
Bruce Fischer

Gregg Davis  
Vivian Statler  
Sandra Myers  
Marian Brown  
Robert Morris  
Susan Lavery

#### February

Margaret Lawson  
Phyllis Goetz  
Mae Dagenhart  
Faye Nicarry  
Doris Liggon  
Patricia Piper  
Theresa Westergren

#### March

Martha Swink  
Claude Zimmerman  
Willa Mae Heiser  
Mary Fisher  
Virginia Stouffer  
Faye Cramer  
Vivian Reilly  
Wilma Whetstone  
Leslie Hurley  
Sarah Baker

### A Note from the Executive Director

Happy New Year!

I hope that everyone had an enjoyable holiday season. December was a busy month with holiday preparations and celebrations. Hopefully, you have already started setting some fresh goals or resolutions for 2024.

In addition to the spread of holiday cheer, many have spread holiday germs. We have experienced an increase in respiratory illnesses in recent weeks. Please practice good hand washing, sneeze into your arm or elbow and refrain from visiting others if you feel under the weather. Hand sanitizer is available in multiple areas throughout the community for your convenience.

The second-floor corridors will be getting new flooring installed beginning the week of January 15<sup>th</sup>. Much like the first-floor, we will have a combination of LVP/wood floor as well as the green carpet tiles. We may need to relocate some programming that normally occurs in 2A to accommodate this work. If all goes as planned, the contractors will complete the work in 5-8 working days.

Also coming in January is our Sunday Brunch hosted by Executive Chef, Cody Jones. Cody has created an excellent menu to serve on Sunday, January 14<sup>th</sup> from 10am to 1pm. Seating is limited, so be sure to sign-up at the receptionist desk if you would like to attend, family members are welcome!

Cheers,

*Holly Townsend*

*Executive Director*

### Highlighted Events

9 - **Franklin County Library**

**Bookmobile @ 11:30am**

14 - **Sunday Brunch @ 10am**

*Families Welcome!*

22 - **EdU Presentation:** Supporting

Healthy Food Choices @ 6pm

26 - **Community Outreach @ 10am**

Cumberland Valley Animal Shelter

27 - **Stories of Winter @ 2pm**

### Welcome New Residents

Mary I.  
Karen B.  
Daniel S.  
Doris R.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>January</h1> <h2>2024</h2>	<b>1</b> 8:00 Rose Parade Coverage (P) 9:30 Men's Wii Bowling League (3E) 10:00 Community Life Planning Mtg. (P) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>What Was Normal Life In Pompeii Before it's Destruction</i> (2A) 6:00 Resident Run Blitz (2A)  New Year's Day	<b>2</b> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Walmart **\$(OOB) 10:00 Circle of Friends w/ Chap Rick (PDR) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Life Chats with Chaplain Rick (2A) 3:00 Trivia: New Year (P) 6:00 Resident Run Nickel Bingo \$(2A)	<b>3</b> 9:00 Seated Weights with Leah (3E) 10:00 Design Club: Rollator Accessories( C ) 1:30 Workout with Vickie From Powerback Rehabilitation (3E) 3:00 Jeopardy! (2A) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)	<b>4</b> 9:00 Balloon Ball Exercise (3E) 10:00 Dance with Leah (BL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	<b>5</b> 9:00 Light & Lively Exercise (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Un-Deck the Halls (BL) 1:30 Balance & Action (3E) 2:00 Nickel Bingo \$(2A) 3:00 Never Have I Ever & Build Your Own Personal Fruit Pizza (P) 6:00 Movie & Popcorn: <i>Airplane</i> (3A)	<b>6</b> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Un-Deck the Halls (BL) 11:00 Local Fares: B Street**\$(OOB) 2:00 Dress Your Best Photo Booth (3A) 3:00 Game Club: Scrabble ( C ) 6:00 Resident Run Nickel Bingo \$(2A)
<b>7</b> 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (2A) 11:00 Local Fares: Texas Roadhouse **\$(OOB) 2:00 Worship Service (2A) 3:00 Musical Entertainment Featuring Bryan Herber (2A) 6:00 Song & Scripture's (Channel 609)	<b>8</b> 9:00 Light & Lively Exercise (3E) 9:30 Woman's Wii Bowling League (3E) 10:00 Birthday Gang Committee Mtg. ( L ) 1:30 Balance & Action (3E) 2:00 Kindly Canines (Building Wide) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>The Blizzard of 1978</i> (2A) 6:00 Resident Run Blitz (2A)	<b>9</b> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Rural King \$(OOB) 10:00 Circle of Friends w/Chap Rick (PDR) 11:30 Franklin County Library Bookmobile (LD) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Life Chats with Chaplain Rick (2A) 3:00 Trivia : Pennsylvania (P) 6:00 Resident Run Nickel Bingo \$(2A)	<b>10</b> 9:00 Yoga with Beth (3E) 10:00 Dining Committee Meeting (2A) 1:30 Musical Entertainment Featuring Jessica Snyder (2A) 3:00 Dementia Care Partner Support Group (CN) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)	<b>11</b> 9:00 Balloon Ball Exercise (3E) 10:00 Dance with Leah (BL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	<b>12</b> 9:00 Light & Lively Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Balance & Action (3E) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Social Hour: Pretzels & Beer (P) 6:00 Movie & Popcorn: <i>Akeelah                And The Bee</i> (3A)	<b>13</b> 9:00 Light & Lively Exercise (3E) 9:00 Breakfast at Cracker Barrel **\$(OOB) 10:00Community Outreach: Coupons for Troops ( C ) 1:30 Stair Stepper Exercise (3E) 2:00 Dress Your Best Photo Booth (3A) 3:00 Game Club: Scrabble ( C ) 6:00 Resident Run Nickel Bingo \$(2A)
<b>14</b> 9:00 Light & Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (2A) 10:00 New Year Brunch **\$(P)(3A) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Song & Scripture's (Channel 609)	<b>15</b> 9:00 Light & Lively Exercise (3E) 9:30 Men's Wii Bowling League (3E) 10:00 Resident Safety Cmt. Mtg. (2A) 1:30 Balance & Action (3E) 2:00 Joe & Delores McDevitt Present Moments in Our History(2A) 3:00 Documentary: <i>Martin Luther King                The Fight for Civil Rights</i> (2A) 6:00 Resident Run Blitz (2A)  Martin Luther King, Jr Day	<b>16</b> 9:00 Sit & Be Fit Exercise (3E) 9:45 Parx Casino and Lunch Out Liberty Bar & Grill **\$(OOB) 10:00 Circle of Friends w/Chap Rick (PDR) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Life Chats with Chaplain Rick (2A) 3:00 Trivia: Civil Rights (P) 6:00 Resident Run Nickel Bingo \$(2A)	<b>17</b> 9:00 Seated Weights with Leah (3E) 10:00 Nickel Bingo \$(2A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting w/ Department Managers (2A) 3:00 Coffee & Conversation (P) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)	<b>18</b> 9:00 Balloon Ball Exercise (3E) 10:00 Dance with Leah (BL) 12:00 Lunch with Managers: Hosted by Kari & Morgan K.(** C ) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Celebration of Life (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	<b>19</b> 9:00 Light & Lively Exercise (3E) 10:00 Bible Study with Sharon (PDR) 1:30 Balance & Action (3E) 2:00 Appreciate & Thank Club ( C ) 3:00 Table Topics & Build Your Own Trail Mix (P) 6:30 Movie & Popcorn: <i>Away From Her</i> (3A)	<b>20</b> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops( C ) 10:00 Dress Your Best Photo Booth (3A) 11:00 Local Fares: Texas Lunch**\$(OOB) 2:00 Card Club: Dealer's Choice (2A) 3:00 Game Club: Scrabble ( C ) 6:00 Resident Run Nickel Bingo \$(2A)
<b>21</b> 9:00 Light & Lively Exercise (3E) 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Song & Scripture's (Channel 609)	<b>22</b> 9:00 Light & Lively Exercise (3E) 9:30 Woman's Wii Bowling League (3E) 10:00 Welcome Resident 's Club ( C ) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>Why is Ethiopia                The African Eldorado</i> (2A) 6:00 Diabetic Support Group with Gayle B.( C )	<b>23</b> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Goodwill\$(OOB) 10:00 Circle of Friends w/ Chap Rick (PDR) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Life Chats with Chaplain Rick (2A) 3:00 Moral Dilemma & Discussion Mail in Vote Vs. In Person (P) 6:00 Resident Run Nickel Bingo \$(2A)	<b>24</b> 9:00 Seated Weights with Leah (3E) 10:00 Cooking Creation: Dog Treats for Donation ( C ) 2:00 Rosary with Corpus Christi Catholic Church (2A) 3:00 Men's Club: Snowball Fight (2A) 6:00 Resident Run Sequence (2A) 6:45 Gospel Hymns with Antrim Mennonite Church (2A)	<b>25</b> 9:00 Balloon Ball Exercise (3E) 10:00 Dance with Leah (BL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	<b>26</b> 9:00 Light & Lively Exercise (3E) 10:00 Community Outreach: Cumberland Valley Animal Shelter** (OOB) 2:00 Nickel Bingo \$(2A) 3:00 Fact Vs. Fiction with Walking Banana Pudding (P) 6:00 Movie & Popcorn: <i>Mr. Bean's Holiday</i> (3A)	<b>27</b> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops( C ) 10:00 Jewelry Cleaning Clinic (P) 1:30 Stair Stepper Exercise (3E) 2:00 Stories of Winter Featuring Matt Dodd (2A) 3:00 Game Club: Scrabble ( C ) 6:00 Resident Run Nickel Bingo \$(2A)
<b>28</b> 9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Polish and Paint Nail Service (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Song & Scripture's (Channel 609)	<b>29</b> 9:00 Light & Lively Exercise (3E) 9:30 Men's Wii Bowling League (3E) 10:00 Media Class with Leah ( P ) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 Documentary: How to Improve Heart Health: 5 tips (2A) 6:00 Resident Run Blitz (2A)	<b>30</b> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree\$(OOB) 10:00 Circle of Friends w/ Chap Rick (PDR) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Life Chats with Chaplain Rick (2A) 3:00 Trivia: Heart Health (P) 6:00 Resident Run Nickel Bingo \$(2A)	<b>31</b> 9:00 Seated Weights with Leah (3E) 10:00 Design Club: Valentines Day Door Décor ( C ) 11:00 Local Fares: Café Del Sol**\$(OOB) 2:00 Nickel Bingo \$(2A) 3:00 Chai Tea Social ( P ) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)			<b>Calendar Key:</b> Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activi- ty Room (3A), 3rd Floor Exercise Room (3E), Back Lobby (BL), Dining Room (DR), Load- ing Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Con- nections (CN), Pub Deck (PD) Back Yard (BY) **Registration Required, \$\$ Cost Involved