

HAPPY NEW YEAR



Dimensions of Wellness

January

Gretchen Ulmer Virginia Motsko Dean Brauer Jacqueline Abram Lawrence Haffey Martha Golden Margaret Angelozzi Margaret Berger

Resident Birthdays February

Kathleen Nolan Sally White Evelyn Glessner Eileen Dunchick Catherine Bagienski Janet Muller Phillip Plappert Herman Berkheiser Douglas Camodeca Barbara Berger Shirley Bauser Sue Wartella Anita Fisher Marie George Charlotte Budwash Raymond Lavenberg Kathleen Scheider Joan Snyder

Irma Harris

March

Ethel LaBouf Richard Harvey Patricia Grace Terry Noll Helen Reigel Thomas O'Reilly Helen Barnes Alberta Spina

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For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at lnfo@Prov-Place.com.



www.Providence-Place.com



Q1: January 2024

A Note from the Executive Director

Happy 2024!

I am excited to be back from leave and to be working within the community once again.

We had a lot of fun holiday festivities for residents, families and team members and we look forward to more celebrations and activities as we embark on 2024.

Our Souper Tuesday Luncheon's will start back up this January - which our residents really enjoy. In addition, we will have the Winter Carnival Contestants coming to the campus, we will be honoring resident wishes monthly and we will be getting ready for our 3rd annual Super Dipper Bowl. Stay tuned for details and invitations.

Wishing you and yours a bountiful year and thank you for starting it off with our Providence Place family.

Best,

Melissa Melnick
Executive Director

Highlighted Events

- 3 Acrylic Paint Class @ 2pm
- 9 Glass Blowing Dem @ 2pm
- 15 **EdU Presentation** @ 2pm

1960's Revisited

18 - Lunch Outing @ 11am

Red Robin

30 - EdU Presentation @ 10:30am

PA Winter Birds

Welcome New Residents

Eileen P.

Elizabeth A.

Catherine T.

Robert M.



SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
January 2024	New Year's Day 9:00 Brain Games: New Year's Trivia with Mimosa Cart (ML) 10:00 Gentle Stretching (P) 11&12 Wine & Dine (DR) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Kerplunk (P)	9:30 Morning Steppers (ML) 10:30 Dining Committee Meeting (DR) 12:00 Souper Tuesday Luncheon: Milk Potato Soup **(P) 2:00 Bible Study (CH) 3:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$\$(P)	9:30 Good Morning Café (P) 10:30 Lite & Lively (P) 2:00 Acrylic Paint Class with Shannon (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Walking the Journey of Grief (CH) 6:00 Who, What, Where Game (P)	9:30 Brain Games: January Trivia (ML) 10:30 Errand Day: Banks & Post Office **\$\$(OOB) 1:00 Shopping Trip: Walmart **\$\$(OOB) 2:00 Craft Corner: Winter Welcome Door Décor (P) 3:30 Community Life Planning Meeting (P) 7:00 Gospel Singers (CH)	9:30 Green Thumbs: Tending to Our Plants (TB) 10:30 Health Doc-U Series: Glaucoma (P) 1:30 Seated Zumba Fitness (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cuisine Club: Making Gingersnaps (P)	9:00 Morning Steppers (ML) 10:00 Wall Memory (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$(P) 3:00 Vagabond Travelers: Newfoundland & Gingersnaps (P)
9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Oklahoma</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cornhole (P)	9:30 Brain Games: Word Play (ML) 10:30 Seated Yoga with Michele (P) 1:30 Sunshine Committee Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Cuisine Club: Granola Bars (P)	9:30 Morning Steppers (ML) 10:30 Exploring the Roaring 20's (P) 12:00 Souper Tuesday Luncheon: Split Pea and Ham Soup **(P) 2:00 Bible Study (CH) 2:00 Ed-U Presentation: Glass Blowing by Mike Peluso of Peluso Glass (P) 3:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$\$(P)	9:30 Good Morning Café (P) 10:30 Drum Stick Exercise (P) 1:30 Movie Buffs Club Meeting (P) 2:00 Worship Service with Chaplain Brittany (P) 3:00 Walking the Journey of Grief (CH) 3:30 Pet Visit (P) 6:00 Winter Jeopardy (P)	9:30 Brain Games: Word Within a Word (ML) 10:30 Balloon Volleyball (P) 1:00 Shopping Trip: Fairlane Village Mall **\$\$(OOB) 2:00 Craft Corner: Pine Cone Flowers (P) 3:00 Winter Tea Social (P) 6:00 Penny Pitching (P)	9:30 Green Thumbs: Tending to Our Plants (TB) 10:30 TED Talk: The Formula for Successful Aging by Dr. Gary Small (P) 1:30 Seated Zumba Fitness (P) 3:00 Mass & Confession with Father Karpyn (CH) 3:30 Bean Bag Toss (P)	9:30 Morning Steppers (ML) 10:30 Book Club (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$(P) 3:00 Vagabond Travelers: Crossing Labrador & Homemade Granola Bars (P)
9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (DR) 1:00 Sunday Matinee: Great Expectations (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cuisine Club: Black/White Cookies (P)	Martin Luther King, Jr Day 9:30 Brain Games: Name That Tune (P) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Committee Meeting (P) 2:00 Ed-U Presentation: 1960's Revisited by Lester Hirsh (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Watch & Discuss: Civil Rights by the Decade (P)	9:30 Morning Steppers (ML) 10:30 Chef's Table with Executive Chef Jake (DR) 12:00 Souper Tuesday Luncheon: Stuffed Pepper Soup **(P) 2:00 Bible Study (CH) 3:00 Manicures & Mimosas (P) 6:00 Nickel Bingo \$\$(P)	9:30 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehab (P) 1:30 Safety Club Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00-4:00 Resident Photo Shoot (P) 3:00 Walking The Journey of Grief (CH) 6:00 Movie Buff Club Presents: Beauty & The Beast (P)	9:30 Brain Games: Pictionary (ML) 11:00 P ² Foodies Dine Out: Red Robin **\$\$(OOB) 2:00 Drum Circle with Joe (P) 3:00 Wine & Cheese Pairing Social Hour (P) 6:00 Wall Scrabble (P)	9:30 Green Thumbs: Tending to Our Plants (TB) 10:30 Health Doc-U Series: Macular Degeneration (P) 1:30 Seated Zumba Fitness (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Pet Visit (P)	9:30 Morning Steppers (ML) 10:30 Punch Your Luck (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$(P) 3:00 Vagabond Travelers: Ontario Canada & Hot Cocoa (P)
9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (DR) 1:00 Sunday Matinee: Murder She Bakes (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Bean Bag Toss (P)	9:30 Brain Games: Winter Word Scramble (ML) 10:30 Seated Yoga with Michele (P) 1:30 History of the Greater Pottsville Winter Carnival (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Snowball Throwing Competition (P)	9:30 Morning Steppers (ML) 10:30 Winter Plinko (P) 12:00 Souper Tuesday Luncheon: Hearty Vegetable Soup **(P) 2:00 Bible Study (CH) 3:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo (P)	9:30 Good Morning Café (P) 10:30 Silver Sneakers® Motown Seated Workout (P) 1:30 Reminiscing : The Winter Carnival (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00-4:00 Resident Photo Shoot (P) 3:00 Walking The Journey of Grief (CH) 6:00 Meet the Winter Carnival Contestants (P)	9:30 Brain Games: Word Hive (PL) 10:30 Keep Kicking Kickball (P) 2:00 Community Meeting (P) 3:00 Winter Gala Social Hour (P) 5:00 Resident Birthday Meal (P) 6:00 Dementia Support Group (CH)	9:30 Green Thumbs: Tending to Our Plants (TB) 10:30 Ed-Wellness: Vision Health with Brittany Gaffney, LPN, DON (P) 1:30 Seated Zumba Fitness (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Card Games: UNO (P)	9:30 Morning Steppers (ML) 10:30 Horse Racing (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$(P) 3:00 Vagabond Travelers: Quebec & Cheese Curds (P)
9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (DR) 1:00 Sunday Matinee: You've Got Mail (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cuisine Club (P)	9:30 Brain Games: Name That Winter Animal (ML) 10:30 Seated Yoga with Michele (P) 1:30 Silver Fox: Ice Fishing (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Hunting Target Shoot (P)	9:30 Morning Steppers (P) 10:30 Ed-U Presentation: PA Winter Birds by Audrey from the PA Game Commission (P) 12:00 Souper Tuesday Luncheon: Bean Soup **(P) 2:00 Bible Study (CH) 2:00-4:00 Resident Photo Shoot (P) 6:00 Nickel Bingo \$\$(P)	9:30 Good Morning Café (P) 10:30 Total Body Cardio Workout (P) 12:00 P² Foodies Dine In: KFC **\$\$(P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Walking The Journey of Grief (CH) 6:00 Kerplunk (P)	Comm		Calendar Key: ** Registration Required \$\$ Cost Involved (P) Pub (CH) Chapel (ML) Main Lobby (TB) Throughout Building (OOB) Out of Building