


# Dover CONNECTIONS



# FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
				7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Craft: Valentine's Wreath 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Balloon Volleyball 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Groundhog Shadow 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer & Wine 3:00 Let's Get Physical & Trivia with Club 4:30 Dinner 6:00 Friday Night at the Movies	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Reminisce 11:30 Lunch 1:15 Make Bird Feeders – Feed the Birds day 2:30 All about Birds 3:00 Hydration Station 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds
4	5	6	7	8	9	10
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Lets Make Music 3:00 Hydration Station 4:30 Dinner 6:00 Sunday Evening Hand Massages	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café: Homemade Bread 2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Balloon Volleyball 4:30 Dinner 6:30 Classic Game Shows	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bible Study & Devotions 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Fun Facts Around the World 3:30 Hydration Station 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Memories & Magazines	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO & Mini Pancakes 11:30 Lunch 1:15 Jumbo Games 2:30 Card Making– Send a Card to a friend 3:30 Hydration Station 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Milk and Cookie Tasting 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Cornhole 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Where Do I Live 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer & Wine 3:00 Let's Get Physical & Trivia with Club 4:30 Dinner 6:00 Friday Night at the Movies	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Would you Rather 11:30 Lunch 1:15 Special Valentine's Day Guest 2:30 Armchair Travelers 3:00 Hydration Station 3:30 Manicures 4:30 Dinner 6:30 Relaxation Sounds

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Special Valentines Guest 2:30 Super Bowl Party 3:00 Hydration Station 4:30 Dinner 6:00 Sunday Evening Hand Massages</p>	<p>12</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Bake Away Café 2:15 Craft 3:00 Hydration Station 3:30 Umbrella Ball Toss 4:30 Dinner 6:30 Classic Game Shows</p>	<p>13</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Mardi Gras Social 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Trashcan Basketball 3:30 Hydration Station 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Memories &amp; Magazines</p>	<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Dunkin Coffee and Donuts 9:30 Morning Workout 10:15 BINGO 11:30 Lunch 1:15 Valentine's Social 2:30 Valentine's Craft 3:30 Hydration Station 4:30 Dinner 5:30 Family Game Night 7:00 Guitar Sounds</p> <p>Valentine's Day</p>	<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Gumdrop Tasting 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns &amp; Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Balloon Volleyball 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Large Games 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer &amp; Wine 3:00 Let's Get Physical &amp; Trivia with Club 4:30 Dinner 6:00 Friday Night at the Movies</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Random Acts of Kindness 11:30 Lunch 1:15 Noodle Ball 2:30 Armchair Travelers 3:00 Hydration Station 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds</p>
<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Wine Tasting— Drink Wine Day 3:00 Trivia 4:30 Dinner 6:00 Sunday Evening Movie</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 President Trivia 2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Family Feud 4:30 Dinner 6:30 Household Chores</p> <p>President's Day</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Cherry Pie Making 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Pie Tasting 3:30 Pie Trivia 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Memories &amp; Magazines</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO &amp; Sticky Buns 11:30 Lunch 1:15 Sand Adventures 2:30 Afternoon Coffee Break 3:00 Monthly Birthday Party 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries</p>	<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Penny Pitching 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns &amp; Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Basketball 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Plinko 11:30 Lunch 1:15 Bingo with Club 2:00 Happy Hour with Club: Beer &amp; Wine 3:00 Let's Get Physical &amp; Trivia with Club 4:30 Dinner 6:00 Friday Night at the Movies</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Craft 11:30 Lunch 1:15 All about Chocolate Cake 2:30 Armchair Travelers 3:00 Hydration Station 3:30 Color Me Calm 4:30 Dinner 6:30 Relaxation Sounds</p>
<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Craft 3:00 Balloon Volleyball 4:30 Dinner 6:00 Sunday Evening Hand Massages</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 11:30 Lunch 1:15 Fairy Tale Chat—Fairy Tale Day 2:15 Pauline with York Music Therapy 3:00 Hydration Station 3:30 Knock The Cups Down 4:30 Dinner 6:30 Classic Game Shows</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Strawberry Fest 11:30 Lunch 1:15 Crafty Corner with Club 2:30 Afternoon Mocktail Social 3:00 Croissant Tasting 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO &amp; Muffins 11:30 Lunch 1:15 Birthday Party 2:30 Afternoon Coffee Break 3:00 Winter Wonderland 4:30 Dinner 5:30 Family Game Night 7:00 Life in Color Docuseries</p>	<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Craft 11:30 Lunch 1:15 Bake Away Café with Club 2:30 Hymns &amp; Devotions with Chaplain Shawn 3:00 Hydration Station 3:15 Entertainment with Jay Smar 4:30 Dinner 5:30 Polished Perfection: Manicures 7:00 Household Chores</p>	<p><b>CONNECTIONS</b></p>  <p><b>FEBRUARY 2024</b></p>	