


Pottsville CONNECTIONS



FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Daily Mass 10:00 Fitness Express 10:30 Snowball Toss 11:00 Lunch 12:00 Household Chores 1:00 Armchair Travels-Niagara Falls 2:00 Grateful Drumming with Joe 3:00 Hydration Station 3:30 Sing A Long with Georgina Rae 4:00 Dinner 5:00 Gather Round Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Hymn Sing 10:00 Groundhog Day-Spring or Snow Predictions 10:30 Cornhole Toss 11:00 Lunch 12:00 Country Stars in Concert 1:00 Name that Star 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Balloon Volley 3:30 Webcams Around the World 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Memory Magic 11:00 Lunch 12:00 Animals of the Arctic 1:00 Creative Expressions-Valentine Cards 2:30 Ice Cream Social 3:30 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down
4	5	6	7	8	9	10
6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 The Joy of Painting with Bob Ross 1:00 Games Galore 2:00 Heart Bingo 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Gentle Stretches & Meditation 10:00 Parachute Fun 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Spa Time 1:30 Kitchen Corner-Microwave Fudge 2:30 February Random Trivia 3:30 Junk Drawer Detective 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Exercises 10:00 Chair Soccer 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 The Music of Frank Sinatra 1:00 Easy Peasy Heart Art 2:30 Cookies, Cocoa & Conversation 3:30 Snowball Toss 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Tai Chi 10:00 Fortune Sticks 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Armchair Travels-The Orient Express 1:30 Zumba with Michele 2:15 Pet Visits with Chloe 2:30 Art Class with Kim 3:30 Reminiscing-Playing in the Snow 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Farm to Table-Homemade Honey Cornbread 10:30 Words That Begin with F 11:00 Lunch 12:00 Video Series-Life on the Farm 1:30 Music Engagement with Cynthia 2:30 Cornbread & Conversation 3:30 Balloon Volley 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Pray the Rosary 10:15 Morning Stretch 10:45-Bubble Pop 11:00 Lunch 12:00 Manicures & Hand Massages 1:00 Famous Couples & Love Stories 2:00 Songs From the Heart Sing A Long 3:00 Snowball Toss 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Spiritual Eldercare 10:00 Fitness Express 10:30 Balloon Volley 11:00 Lunch 12:00 Polka Dance Party 1:00 Creative Expressions-Sticker Art 2:00 Memory Magic 3:00 Webcams Around the World 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 Inspirational Hymns 1:00 Trivia A-Z 2:00 Kitchen Corner-Creamy Avocado Dip 3:00 Super Bowl Social & Predictions 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 How Many Can You Name? 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Awesome Aurora Borealis 1:00 Art Expressions with Pastels 2:00 Reminiscing-Love Songs 3:00 Games Galore 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Exercise 10:00 Chair Soccer 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Armchair Travels-Mardi Gras 1:00 Mardi Gras -True or False Trivia 2:00 Donut Day Social 3:00 Puzzles & Ponderings 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Kitchen Corner-Italian Love Cake 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Love Song Sing A Long 1:00 Roses Are Red Trivia 1:30 Zumba with Michele 2:30 Love is in the Air Social 3:30 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down Valentine's Day	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Tai Chi 10:00 Parachute Fun 10:30 Name That Sound 11:00 Lunch 12:00 Bobby Vinton in Concert 1:30 Art Expressions-Winter Landscapes 2:30 Snowball Toss 3:30 Can You Picture This? 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Hymn Sind 10:00 Morning Stretch 10:30 Webcams Around the World 11:00 Lunch 12:00 Household Chores 1:00 Manicures & Hand Massages 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Mocktails & Munchies 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Spiritual Eldercare 10:00 Fitness Express 10:30 Pondering Prompts 11:00 Lunch 12:00 National Geographic-Masters of the Sky 1:00 Kitchen Korner -Dreamsicle Fluff 2:00 Fashion Through the Decades 3:00 Cornhole Toss 4:00 Dinner 5:00 Gather Round -Classic TV 6:00 Snack & Evening Wind Down
18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 The Music of Perry Como 1:00 Helping Hands-Setting up for Volunteer Appreciation Social 2:00 Volunteer Appreciation Social 3:30 Games Galore 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Kitchen Corner-Cherry Crisp 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Armchair Travels to Mount Vernon 1:00 Famous First Ladies Trivia 2:00 A Positively Presidential Social 3:30 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down President's Day	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 Balloon Volley 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 America's Funniest Videos 1:00 Spa Time 2:00 Craft Corner-Stained Glass 3:00 Sing A Long with Mary Sue 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Tai Chi 10:00 Parachute Fun 10:30 Worship Service with Chaplain Brittany 11:00 Lunch 12:00 Worlds Greatest Painters 1:00 Friendly Feud 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Memory Magic 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Fitness Express 10:00 Kitchen Corner-Sour Cream Coffee Cake 11:00 Lunch 12:00 Beautiful Planet Earth 1:00 Drum Stick Workout 2:00 Coffee, Cake & Conversation 3:00 Finish the Lyrics 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Chair Exercise 10:00 Chair Soccer 11:00 Lunch 12:00 It's Polka Time 1:00 Junk Drawer Detective 2:00 Eucharistic Service with Chaplain Deacon David 3:00 Creative Expressions 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Spiritual Eldercare 10:00 Morning Stretch 10:30 Balloon Volley 11:00 Lunch 12:00 Household Chores 1:00 Art Expressions-Bubbles 2:30 Saturday Sundaes 3:30 Bubble Pop 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down
25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Live Stream-Trinity Lutheran Church Worship Service 10:30 Joyful Reflections 11:00 Lunch 12:00 Ed Sullivan Variety Show 1:00 Kitchen Corner-Cookie Decorating 2:00 Puzzles & Ponderings 3:00 Table Ball 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Fitness Express 10:00 Snow Ball Toss 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Beautiful Baby Slideshow 1:00 Art Expressions-Marble Art 2:30 Mocktails & Munchies 3:30 Brain Games 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Tai Chi 10:00 Snowball Toss 10:30 Inspirational Hymns with Chaplain Brittany 11:00 Lunch 12:00 Armchair Travels to the Vatican 1:00 Brain Games 1:00 Afternoon Excursion with Club 2:00 Mint Tea Social 2:30 Singing & Strumming with Hannah 3:30 Let's Chat 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Morning Stretch 10:00 Balloon Volley 10:30 Bible Study with Chaplain Brittany 11:00 Lunch 12:00 Broadway Musicals 1:00 How Many Can You Name 1:30 Zumba with Michele 2:30 Hydration Station 3:00 Sing A Long with Georgina Rae 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Devotion & Chronicles 9:30 Gentle Stretches & Meditation 10:00 Science Lab-Making Slime 11:00 Lunch 12:00 Armchair Travels-The Great Castles of Europe 1:00 Manicures & Hand Massages 2:00 Leap Year Facts & Frog Toss 3:00 Reminiscing-The Local Neighborhood 4:00 Dinner 5:00 Gather Round-Classic TV 6:00 Snack & Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>FEBRUARY 2024</h1>	