


Chambersburg

CONNECTIONS



FEBRUARY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Day Excursion: Windy Knolls (CC) 2:30 Sip and Mingle (CC) 3:00 February Pondering Prompts 4:00 Dinner 5:30 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Dancing to the Classics with Morgan 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Spring or Snow? Groundhog Day Predications 2:30 Nutter-Butter Groundhogs 3:00 Groundhog Day Trivia 4:00 Dinner 5:30 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Tuning in to Good Morning Music 10:30 Choose Your Own Exercise 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Junk Drawer Detective: Souper Detective 2:30 Hydration Station 3:00 Chats by the Fireplace 4:00 Dinner 5:30 TED Talk Series 7:00 Evening Wind Down
4	5	6	7	8	9	Phyllis' Birthday 10
6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Piano Playing With Bryan Herber 2:30 Mocktail Happy Hour 3:00 Worship Service 4:00 Dinner 5:30 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Book Club: Electric Fish 2:30 Wintertime Warm Up with Hot Drinks 3:00 Picture A Word Word Game 4:00 Dinner 5:30 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Helping Hands Club: Prepping King Cake Cupcakes 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Do-It-Yourself Valentine's (CC) 2:30 Valentine's Day Themed Snacks (CC) 3:00 Bible Study 4:00 Dinner 5:30 Exploring National Parks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Life Chats with Chaplin Rick 10:30 Stretch Away the Stress 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Make Your Own Mardi Gras Masks (CC) 2:30 King Cake Cupcakes (CC) 3:00 Can You See the Bigger Picture? 4:00 Dinner 5:30 San Diego Zoo Ape Cam 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:00 Dance Class with Leah (CC,CL) 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Day Excursion: Big Oak Café (CC) 2:30 Sip and Mingle (CC) 3:00 Nail Care and Aromatherapy 4:00 Dinner 5:30 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Balloon Volleyball 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Valentine's Day Craft: Oversized Hershey Kisses 2:30 Friday Refreshments 3:00 Timeslips 4:00 Dinner 5:30 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Valentine's Day Family Feud 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Famous Couples Matching Game 2:30 Hydration Station 3:00 Love is in the Air Trivia 4:00 Dinner 5:30 TED EDU. Lecture 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Who Will Win? Predicating the Puppy Bowl 2:30 Puppy Bowl Tailgate Party 3:00 Worship Service 4:00 Dinner 5:30 Cozy Conversations 7:00 Evening Wind Down	12 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Mardi Gras: True or False 2:00 Kindly Canines Visit 3:00 What A Mess! Mardi Gras Cleanup Explained 4:00 Dinner 5:30 Classic TV 7:00 Evening Wind Down	13 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Air Fryer Doughnuts (CC) 2:30 Mingling and Munching with Friends (CC) 3:00 Bible Study 4:00 Dinner 5:30 Exploring National Parks 7:00 Evening Wind Down	14 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Life Chats with Chaplin Rick 10:30 Stretch Away the Stress 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Helping Hands Club: Valentine's Day Social Prep 2:00 Valentine's Day Social (CC) 3:00 Dementia Support Partner Group 4:00 Dinner 5:30 Penguin Paradise 7:00 Evening Wind Down Valentine's Day	15 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Day Excursion: Nellie Fox Bowling (CC) 2:30 Sip and Mingle (CC) 3:00 Remembering Love Songs 4:00 Dinner 5:30 Retro Radio 7:00 Evening Wind Down	16 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Dancing to the Classics with Morgan 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Musical Entertainment With Lester Hirsh 2:30 Taste Testing: Easy Banana Pancakes 3:00 Breakfast Trivia 4:00 Dinner 5:30 Relaxing Reading 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Brain Games 10:30 Choose Your Own Exercise 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Memory Magic 2:30 Hydration Station 3:00 Chats by the Fireplace 4:00 Dinner 5:30 TED Talk Series 7:00 Evening Wind Down
18 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Book Club: My Uncle the Tooth Fairy 2:30 Mocktail Happy Hour 3:00 Worship Service 4:00 Dinner 5:30 Cozy Conversations 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 First Ladies: Who Am I? 2:30 Wintertime Warm Up with Hot Drinks 3:00 Presidential Riddles 4:00 Dinner 5:30 Classic TV 7:00 Evening Wind Down President's Day	20 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Pondering Presidential Pets With Patti (CC) 2:30 Sampling President's Favorite Snacks (CC) 3:00 Bible Study 4:00 Dinner 5:30 Exploring National Parks 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Life Chats with Chaplin Rick 10:30 Stretch Away the Stress 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Experimenting with Slime 2:30 Hydration Station 3:00 Nail Care and Aromatherapy 4:00 Dinner 5:30 Allen's Hummingbird Nest Cam 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Day Excursion: Nature Ride (CC) 2:30 Sip and Mingle (CC) 3:00 February Cranium Crunches 4:00 Dinner 5:30 Retro Radio 7:00 Evening Wind Down	23 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Balloon Ball 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Junk Drawer Detective: Rise and Shine 2:30 Friday Refreshments 3:00 Jeopardy Trivia 4:00 Dinner 5:30 Relaxing Reading 7:00 Evening Wind Down	Dottie's Birthday 24 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 2024 Summer Olympics: Recognizing Black Athletes 10:30 Choose Your Own Exercise 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Remembering: Playing in the Snow 2:30 Hydration Station 3:00 Chats by the Fireplace 4:00 Dinner 5:30 TED EDU. Lecture 7:00 Evening Wind Down
25 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Who Am I? Black History Month Edition 2:30 Mocktail Happy Hour 3:00 Worship Service 4:00 Dinner 5:30 Cozy Conversations 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Catch Up with Current Events 11:00 Conversations over Coffee 11:30 Lunch 12:30 Walking with Friends 1:30 Can You Picture This? 2:30 Wintertime Warm Up with Hot Drinks 3:00 Nail Care and Aromatherapy 4:00 Dinner 5:30 Classic TV 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Putting the Past in Order: Black History Edition (CC) 2:30 Discussions and Drinks (CC) 3:00 Bible Study 4:00 Dinner 5:30 Exploring U.S National Parks 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Life Chats with Chaplin Rick 10:30 Stretch Away the Stress 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Chocolate Raspberry Cupcakes (CC) 2:30 Things That Go Together Trivia (CC) 3:00 Random Trivia 4:00 Dinner 5:30 Squirrel Obstacle Course 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:00 Dance Class with Leah (CC,CL) 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:30 Walking with Friends 1:30 Day Excursion: Art of Pie Café (CC) 2:30 Sip and Mingle (CC) 3:00 Leap Year Lily Pad Bean Bag Toss 4:00 Dinner 5:30 Retro Radio 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>FEBRUARY 2024</h1>	