| 100 Decision         100 Admits of Day Long         800 Admits of Day Long  | SUNDAY  | Monday  | TUESDAY   | WEDNESDAY  | THURSDAY   | Friday  | SATURDAY  |
|---|---|---|---|--|--|---|---|
| 6:00 Activities of Daily Living<br>8:00 Breakfast       6:00 Activities of Daily Living |   |   | NS 衸 ]  | MARCI  | H 2024   | 9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chaplain Bev<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 All About March Trivia<br>2:30 Baking Club:<br>Welsh Cookies with Chaplain Bev<br>3:00 Stations of the Cross                      | 2<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Pump It Up Exercise<br>10:30 Time Slips: Creative Storytelling<br>11:15 Lunch<br>1:00 Chair Hockey<br>2:30 Hydration Station:<br>Spring Spritzer<br>4:00 Dinner<br>5:30 Color Me Calm<br>7:00 Evening Snacks and Refreshments                            |
| 6:00 Activities of Daily Living<br>8:00 Breakfast6:00 Activities of Daily  | 00 Activities of Daily Living<br>00 Breakfast<br>00 Daily Chronicle and Daily Devotions<br>00 Skeet Ball Tournament<br>00 Sunday Strength Workout<br>15 Lunch<br>15 Worship Service with Chaplain Bev<br>15 Shamrock Gem Art<br>00 Fun Facts: All About Shamrocks<br>00 Dinner<br>30 Word Searches  | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>9:30 Rosary</li> <li>10:00 Yoga Fitness by Bill Kringe</li> <li>11:15 Lunch</li> <li>1:00 Fun Facts: All About Leprechaun's</li> <li>2:30 This or That</li> <li>3:00 Hydration Station: Arnold Palmer</li> <li>4:00 Dinner</li> <li>5:30 Color Me Calm</li> </ul>   | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>9:30 Spiritual Eldercare Service</li> <li>10:30 Toned Tuesday Workout</li> <li>11:15 Lunch</li> <li>1:00 Prayer Service &amp; Communion</li> <li>2:00 Craft Club: Painted Butterflies</li> <li>3:00 Happy Hour</li> <li>4:00 Dinner</li> <li>5:30 Aromatherapy: Lavender Oils For<br/>Relaxation</li> </ul> | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>10:00 Prayer Service with Chaplain Bev</li> <li>10:30 Scarf Dancing</li> <li>11:15 Lunch</li> <li>12:30 Sing-A-Long with Kathy</li> <li>1:30 How Does It Work:<br/>Leprechaun Capulet</li> <li>3:00 Drum To Your Own Beat<br/>Drumming Class by Joe Ciarvella</li> <li>4:00 Dinner</li> <li>5:30 Household Chores: Sorting<br/>Silverware</li> </ul> | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>10:00 Morning Headlines</li> <li>10:30 Motivation Nation Workout</li> <li>11:15 Lunch</li> <li>1:00 Sing And Spin</li> <li>2:00 Musical Entertainment By<br/>Joe Stankey</li> <li>3:00 Before Dinner Relaxation</li> <li>4:00 Dinner</li> <li>5:30 Evening Wind Down</li> </ul>  | <ul> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>10:00 Bible Study with Chaplain Bev</li> <li>10:30 Hymn Sing</li> <li>11:15 Lunch</li> <li>1:00 Spa Day</li> <li>2:30 Happy Hour</li> <li>3:00 Stations of the Cross</li> </ul>                  | 9<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Strong Saturday Workout<br>10:30 Can You Picture This<br>11:15 Lunch<br>1:00 Life Skills: Putting Away Groceries<br>2:00 Bingo<br>3:00 Hydration Station<br>4:00 Dinner<br>5:30 Household Chores: Folding Towels<br>7:00 Evening Snacks and Refreshments |
| Daylight Savings  | 00 Activities of Daily Living<br>00 Breakfast<br>00 Daily Chronicle and Daily Devotions<br>:00 Sing-A-Long Hymns<br>:30 Sit And Be Fit Workout<br>:15 Lunch<br>15 Worship Service with Chaplain Bev<br>15 Sundae Stories: Shamrock Shakes<br>00 Sunday Matinee: <i>The Luck Of The Irish</i><br>00 Dinner<br>30 Aromatherapy: Peppermint Oils For<br>Stress<br>00 Evening Snacks and Refreshments | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>9:30 Rosary</li> <li>10:00 Yoga Fitness by Bill Kringe</li> <li>11:15 Lunch</li> <li>1:30 Interactive Music Class<br/>By Cynthia Ritchey</li> <li>2:30 Would You Rather: St. Patrick's Day</li> <li>3:30 Destination Discovery: Ireland:<br/>Titanic Belfast, Co. Antrim</li> <li>4:00 Dinner</li> <li>5:30 Puzzle Palooza</li> </ul> | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Morning Headlines<br>10:30 Sizzle And Sweat Workout<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Shaving Cream Coin Hunt<br>3:00 Puzzles And Pondering<br>4:00 Dinner<br>5:30 Evening Wind Down   | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chaplain Bev<br>10:30 Chair Tai Chi<br>11:15 Lunch<br>12:30 Sing-A-Long with Kathy<br>1:30 Baking Club:<br>Green Velvet Cupcakes<br>3:00 Hydration Station<br>Cranberry Spritzer<br>4:00 Dinner<br>5:30 Magazines and Music   | <ul> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>9:30 Daily Prayer &amp; Meditation</li> <li>10:15 Men's Club Trip: "Clips &amp; Pitz"<br/>Full Klips Barber/Fratelli's**\$\$ (OOB)</li> <li>10:30 Let's Get Fit</li> <li>11:15 Lunch</li> <li>1:00 Random Trivia</li> <li>2:00 Ready For Spring Manicures</li> <li>3:00 Hydration Station: Strawberry<br/>Lemonade</li> <li>4:00 Dinner</li> </ul> | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chaplain Bev.<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Rainbow Collage<br>2:00 Expressions Card Game<br>3:00 Stations of the Cross | 16<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Pump It Up Exercise<br>10:30 Time Slips: Creative Storytelling<br>11:15 Lunch<br>1:00 All About St. Patrick's Day Trivia<br>2:00 Marshmallow Stamping: Shamrocks<br>3:00 Happy Hour<br>4:00 Dinner<br>5:30 Word Searches<br>7:00 Evening Snacks and Refreshments       |

| SUNDAY   | Monday   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  |
|--|--|---|--|---|--|---|
| 17<br>5:00 Activities of Daily Living<br>3:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 St. Patrick's Day Pump Workout<br>10:30 Short Stories: A Moral Adventure<br>11:15 Lunch<br>1:15 Worship Service with Chaplain Bev<br>2:00 Leprechaun Floats<br>3:00 St Patrick's Day Riddles<br>4:00 Dinner<br>5:30 Word Searches<br>7:00 Evening Snacks and Refreshments | <ul> <li>18</li> <li>6:00 Activities of Daily Living</li> <li>8:00 Breakfast</li> <li>9:00 Daily Chronicle and Daily Devotions</li> <li>9:30 Rosary</li> <li>10:00 Yoga Fitness by Bill Kringe</li> <li>11:15 Lunch</li> <li>1:00 Let's Volunteer: Filling Eggs<br/>For the Children's Easter Egg Hunt</li> <li>2:00 Egg Exchange Dice Game</li> <li>3:30 Destination Discovery: Ireland:<br/>Guinness Storehouse, Dublin</li> <li>4:00 Dinner</li> <li>5:30 Aromatherapy: Spearmint Oil For<br/>Calming And Relaxation</li> <li>7:00 Evening Snacks and Refreshments</li> </ul> | 19<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Weekday Flow Workout<br>10:30 Time Slips: Creative Storytelling<br>11:15 Lunch<br>1:00 Prayer Service & Communion<br>2:00 Craft Club: Pom Pom Bunnies<br>3:00 Hydration Station: Iced Tea<br>4:00 Dinner<br>5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments | 20<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chap. Bev<br>10:30 52 Card Pick Up Workout<br>11:15 Lunch<br>12:30 Sing-A-Long with Kathy<br>1:30 All About Spring Trivia<br>2:30 Celebration of Life Service<br>3:00 Before Dinner Relaxation<br>4:00 Dinner<br>5:30 Evening Wind Down<br>7:00 Evening Snacks and Refreshments | 21<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation<br>10:00 Prayer Service with Chaplain Bev<br>10:30 Let's Be Fit Workout<br>11:15 Lunch<br>1:00 DIY: Floral Arrangements<br>2:00 Memory Magic<br>3:00 Hydration Station: Lemon Water<br>4:00 Dinner<br>5:30 Household Chores: Sorting Silverware<br>7:00 Evening Snacks and Refreshments | 22<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotion<br>10:00 Bible Study with Chaplain Bev.<br>10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Abstract Sensory Painting<br>2:00 Junk Drawer Detective<br>3:00 Stations of the Cross<br>4:00 Dinner<br>5:30 TV Time: Resident's Choice<br>7:00 Evening Snacks and Refreshments | 2<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary<br>10:00 Chat And Chuckle<br>10:30 Saturday Strength Workout<br>11:15 Lunch<br>1:00 Easter Egg Rock Painting<br>2:30 Balloon Tennis<br>3:30 Hydration Station: Lemonade<br>4:00 Dinner<br>5:30 Puzzle Palooza<br>7:00 Evening Snacks and Refreshments |
| St. Patrick's Day<br>24<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Motivation Nation Workout  | 6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Gospel Hymns   | 26<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Sizzle And Sweat   | 27<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Prayer Service with Chaplain Bev  | 28<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Daily Prayer & Meditation   | 29<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>10:00 Bible Study with Chaplain Bev.  | 3(<br>6:00 Activities of Daily Living<br>8:00 Breakfast<br>9:00 Daily Chronicle and Daily Devotions<br>9:30 Rosary  |
| 10:30 Sunday Morning Comics<br>11:15 Lunch<br>1:15 Palm Sunday Service<br>With Chaplain Bev<br>2:30 Community Event:<br>Children's Easter Egg Hunt<br>3:00 Hydration Station: Orange Spritzer  | <ul> <li>10:00 Yoga Fitness by Bill Kringe</li> <li>11:15 Lunch</li> <li>1:45 Interactive Music Class<br/>By Cynthia Ritchey</li> <li>2:00 Chair Kickball</li> <li>3:00 Hydration Station: Fruit Infused Water</li> <li>4:00 Dinner</li> </ul>   | <ul> <li>10:30 Short Stories: Check Your Old Shirt<br/>And Win The Lottery</li> <li>11:15 Lunch</li> <li>1:00 Prayer Service &amp; Communion</li> <li>2::00 Spring Mystery Bag</li> <li>2:30 Country Ride: Searching For Spring</li> <li>4:00 Dinner</li> </ul>   | 10:30 Chair Dance<br>11:15 Lunch<br>12:30 Sing-A-Long with Kathy<br>1:30 Easter Egg Dying Contest<br>2:30 Easter Scavenger Hunt<br>3:00 Hydration Station: Fruit Punch<br>4:00 Dinner  | 10:00 Move And Groove Workout<br>10:30 Time Slips: Creative Storytelling<br>11:15 Lunch<br>1:00 Baking Club: Easter Cake Pops<br>2:00 All About Easter Trivia<br>3:00 You Can Puzzle Too<br>4:00 Dinner   | 10:30 Hymn Sing<br>11:15 Lunch<br>1:00 Bingo<br>2:30 Happy Hour<br>3:00 Stations of the Cross<br>4:00 Dinner<br>5:30 Household Chores: Wiping Tables   | 10:00 Sit And Be Fit Workout<br>10:30 Destination Discovery: Ireland:<br>The Cliffs of Moher, Co. Clare<br>11:15 Lunch<br>1:00 Easter Egg Toss<br>2:00 Block Bunnies<br>3:00 All About Easter Trivia  |
| 4:00 Dinner<br>5:30 Evening Wind Down<br>7:00 Evening Snacks and Refreshments  | 5:30 Puzzle Palooza<br>7:00 Evening Snacks and Refreshments  | 5:30 K-9 Companion Visit: "Harvey<br>7:00 Evening Snacks and Refreshments   | 5:30 Word Searches<br>7:00 Evening Snacks and Refreshments   | 5:30 Magazines and Music<br>7:00 Evening Snacks and Refreshments  | 7:00 Evening Snacks and Refreshments<br>Good Friday  | 4:00 Dinner<br>5:30 Aromatherapy: Thieves For Breathing<br>7:00 Evening Snacks and Refreshments   |

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6:00 Activities of Daily Living 8:00 Breakfast 9:00 Daily Chronicle and Daily Devotions 10:00 Easter Egg-ercies 10:30 Short Stories: Easter 11:15 Easter Brunch 1:15 Easter Service with Chap. Bev 2:00 Easter Mad Libs 3:00 Bunny Ear Ring Toss 4:00 Dinner 5:30 TV Time: Resident's Choice 7:00 Evening Snacks and Refreshments

## CONNECTIONS





## MARCH 2024