Sunday	MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
Chamber	•	INS 🍁	MARCI	H 2024	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Cranium Crunches 2:30 Friday Refreshments: Spring Spritzers 3:00 Timeslips 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Can You Picture This? 2:30 Hydration Station: Citrus Water 3:00 Shake a Memory Loose 4:00 Dinner 5:00 iN2L: Kitten Rescue Livestream 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Piano Playing with Bryan Herber 2:30 Mocktail Happy Hour: Roy Rodgers 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Junk Drawer Detective: Green and Gold Detective 2:30 Hydrate and Relax 3:00 Memory Magic 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Gardening Club: Seed Prep 2:30 Clean Up and Edible Dirt Cups 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Michigan 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: Rainbow Suncatchers 2:30 Taste the Rainbow Social 3:00 Jeopardy Trivia 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:00 Dance Class with Leah 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Day Excursion: Caledonia Café 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 March Pondering Prompts 2:30 Friday Refreshments: The Bee's Knees Beverage 3:00 Pictionary 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 What's Wrong with this Picture? 2:30 Hydration Station: Citrus Water 3:00 The Game of Things 4:00 Dinner 5:00 iN2L: Funny Baby Compilation 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 The First day of Ramadan: What It Is and How Is It Celebrated? 2:30 Mocktail Happy Hour: Sunrise Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Sing and Spin:     Academy Award Songs 2:30 Hydrate and Relax 3:00 Target Toss 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Cooking Creation: Leprechaun Bait 2:30 Diggin' In and Irish Jiggin' Social Hour 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Colorado 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 9:45 Chair Yoga with Beth 10:00 One-on-One with Chaplain Rick 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Pot O' Gold Toss 2:30 Sipping Shamrock Shakes 3:00 Dementia Care Partner Support Group 3:00 Laundry Day: Towel Folding 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Day Excursion: Wendy's Frosties 2:00 Musical Memories with Tom Shultz 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Musical Entertainment with Jay Smar 2:30 Friday Refreshments: Dublin Water 3:00 "Kiss" Me I'm Irish Lucky Treat Bags 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Remembering Irish Songs 2:30 Hydration Station: Citrus Water 3:00 Truth or Blarney 4:00 Dinner 5:00 iN2L: NYC Times Square Cam 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Famous Irish Folk– Who Am I? 2:30 Mocktail Happy Hour: Mermaid Water 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Who am I? Guessing Game	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Helping Hands: Easter Prep 2:30 Peep Mocktails 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Alaska 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Easter Egg Potato Stamping 2:30 Helping Hands Club: Packing Cheese Ball Carrots 3:00 Easter Surprise Pens 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:00 Dance Class with Leah 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 D.I.Y Easter Bunny Masks 2:00 Celebration of Life 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 March Music Madness Tournament 2:30 Friday Refreshments: O'doules & Sparkling Grape Juice 3:00 EZ Category Trivia 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 2:00 Family and Friends Easter Extravaganza (Building Wide) 3:00 Eddy Ray Magic Show 4:00 Dinner 5:00 iN2L: I.S.S Space Webcam 7:00 Evening Wind Down
St. Patrick's Day		25 26		27	28 29	A
6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Book Club: A Morel Adventure 2:30 Mocktail Happy Hour: Ocean Blue Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Lots o' Leg Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Stick Man Word Game 2:30 Hydrate and Relax 3:00 Spring Cleaning Exercise 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Krystal 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Cooking Creation: Peep Race Car 2:30 Eat Your Car and Lemonade Bar 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Oregon 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Crafty Creation: DIY Bird Feeders 2:30 Springtime Salsa Social 3:00 Deal or No Deal 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Midweek Worship Service 10:00 Dance Class with Leah 10:30 Hymns 11:00 Morning March 11:30 Lunch 12:00 Walking with Friends 1:30 Day Excursion: Big Oak Café 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Junk Drawer Detective: Book Club Detective 2:30 Friday Refreshments: Olive Oil & Bread 3:00 March Random Trivia 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:00 AM Daily Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Conversations over Coffee 11:30 Lunch 12:00 Walking with Friends 1:30 Remembering the Library 2:30 Hydration Station: Citrus Water 3:00 Conversation Cards 4:00 Dinner 5:00 iN2L: The Golden Girl Favorite Moments 7:00 Evening Wind Down

6:00 Activities of Daily Living

8:00 Breakfast

9:00 AM Daily Devotional

10:00 Meditation Time

10:30 Chair Yoga

11:00 Conversations over Coffee

11:30 Lunch

12:00 Walking with Friends

1:30 Easter Brain Games and **Bunny Funnies** 

2:30 Mocktail Happy Hour: Shirley Temples

3:00 Worship Service

4:00 Dinner

5:00 Cozy Conversations

7:00 Evening Wind Down

Easter

CONNECTIONS



**MARCH 2024**