

# Recognizing our Team members

Ceca stands for **Celebrating caregivers**. The Foundation was established to celebrate caregiver excellence and promote quality patient care. The Ceca Award is a combination of public recognition and a monetary award presented to a caregiver at our community who goes above and beyond to serve a resident, family or fellow co-worker. Special consideration for the Ceca Award is given to caregivers who best exemplify the qualities of empathy, humor, integrity, professionalism, and teamwork.

Providence Place partners with the Ceca Foundation to honor quarterly award recipients. To nominate someone, please visit: <https://cecafoundation.org/recognize-a-caregiver/> or scan the provided QR Code.



SCAN ME



Dimensions  
of Wellness

## Resident Birthdays March

Irene Heidrich  
Robert Novak  
Catherine Yedlock  
Anastasia Gallagher  
William Zimmerman  
Dorothy Koons  
Judith Zanolini  
Mary McGeer



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)



# Providence Place SENIOR LIVING News

Q1: March 2024

## A Note from the Executive Director

**“Springtime is the land awakening. The March winds are the morning yawn”**

We are so excited for Spring! The residents are looking forward to being able to get some fresh air out on our porch or taking a walk around the walking path.

There are so many events planned for March, be sure to check the monthly calendar. We are having our Family Meeting on March 20<sup>th</sup>. Powerback Therapy will be attending the meeting to answer questions you may have about their services. Our Team of Directors will all be present as well. **Connections family members can join us in Connections dining room from 6pm-7pm, Assisted Living family members can join us in the main dining room for the meeting 7pm-8pm.**

If you have any questions or concerns prior to the 20<sup>th</sup>, please reach out to our team at any time.

*Melissa Jacoby*

*Executive Director*

## Highlighted Events

1 - **World Day of Prayer Service**

@ 2pm

4 - **Musical Entertainment @ 2pm**

George Rittenhouse

10 - **Girl Scout Cookie Sale @ 1-3pm**

24 - **Community Easter Egg Hunt**

@ 2:30pm

31 - **Easter Brunch @ 10:30am - 12pm**

## Welcome New Residents

Mary L.

Mary V.

Loretta S.

William Z.

Louis K.

Camile B.

Patricia V.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>THE</b> <i>Club</i>			<b>February</b> <b>2024</b>	1	2	3
				9:00 Morning Meeting (2nd) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Mass with Father Mike (DR) 10:30 Cooking Club: Tiramisu (C) 1:30 All About February Trivia (2nd) 2:30 Bowling Practice (3rd) 3:00 Bowling: Team 5 vs. Team 6 (3rd) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chap. Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Pressed Flower Pictures (2nd) 1:30 Dealing with Loss Support Group (SR) 2:30 Ed-U Presentation: <i>Groundhog Day Lore &amp; Music</i> with Pat Maue (DR) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Craft Club: Valentine "Kisses" (3rd) 12:30 Chat & Chuckle (CN) 1:00 Food for Thought & Tasting: Pesto (C) 2:00 Matinee & Munchies: <i>The Game Plan</i> (2nd) 3:30 Super Happy Hour (1st) 6:30 Rummikub (1st)
4	5	6	7	8	9	10
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finishing Lines (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chap. Bev (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Krings (Ch) 1:30 Interactive Music Class by Cynthia (C) 2:30 Famous Birthday Spotlight: Hank Aaron (2nd) 3:30 Sporty Nicknames Trivia (2nd) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Walking Club Trip: Laurel Mall** (OOB) 1:00 Prayer Service & Communion (Ch) 1:30 Making Coffee Filter Hearts (CN) 2:30 Ed-U Presentation: <i>The History of Love Songs</i> With Lester Hirsh (DR) 3:30 Sunshine Committee 6:30 Scrabble (1st)	9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Walmart**\$\$ (OOB) 10:00 Prayer Service with Chap. Bev (Ch) 10:30 Balance in Action Exercise 12:30 Sing -a -Long with Kathy (CN) 2:00 Dessert & Discussion Chef Sean (DR) 3:30 Blast from the Past: <i>The Honeymooners</i> (2nd) 6:30 Dominoes (1st)	9:00 Morning Meeting (2nd) 9:30 Daily Prayer & Meditation (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Follow Along Painting (3rd) 1:30 Destination Discovery: Italy: Colosseum, Rome (3rd) 2:30 Bowling Practice (3rd) 3:30 Bowling: Team 2 vs. Team 4 (3rd) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chap. Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Dealing with Loss Support Group (SR) 1:30 Community Outreach: Bingo By Angela Carl of Geisinger (DR) 3:00 <i>Drum To Your Own Beat</i> Drumming Class with Joe Ciarvella (2nd) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Animal World: Love Birds (2nd) 1:00 DIY Fleece Heart Pillows (CN) 2:30 Chinese New Year Super Social (3rd) 3:30 Junk Drawer Detective (1st) 6:30 Rummikub (1st)
11	12	13	14	15	16	17
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finishing Lines (2nd) 10:30 Chair Zumba with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chap. Bev (Ch) 2:15 Bingo (DR) 6:30 Super Bowl Party (3rd) 6:30 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Krings (Ch) 1:00 Guess the Song (1st) 1:30 Bible Study with Deacon Bob (DR) 2:30 Music Trivia (CN) 3:00 Dining Services Committee Mtg. (3rd) 3:30 <i>Tie the Knot</i> Game (3rd) 6:30 Pinochle Players Club (3rd)	9:00 Fat Tuesday Donuts & Coffee (DR) 10:00 Morning Meeting (2nd) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:45 Mardi Gras Bingo (DR) 3:00 Mardi Gras Walking Club Parade (C) 4:00 K-9 Companion Visit: "Harvey" (1st) 6:30 Scrabble (1st)  Fat Tuesday/Mardi Gras	9:00 Morning Meeting (2nd) 9:45 Ash Wednesday Service (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing -a -Long with Kathy (CN) 2:00 Crown King & Queen of Hearts (DR) 2:30 Valentine's Day Super Social: Entertainment by Glenn Faul (DR) 4:00 Feb. B-Day Celebration Dinner (DR) 6:30 Dominoes (1st)  Valentine's Day/Ash Wednesday	9:00 Morning Meeting (2nd) 9:30 Daily Prayer & Meditation (Ch) 10:00 Hot Cocoa and Chat: Cupids Hot Chocolate (C) 10:30 Destination Discovery: Italy: The Leaning Tower of Pisa (3rd) 1:00 Making Thumbprint Pocket Hug (CN) 1:30 Cooking Club: Stromboli (C) 3:00 Bowling: Team 1 vs. Team 3 (3rd) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chap. Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Valentines Tea Party (CN) 1:30 Dealing with Loss Support Group (SR) 2:00 Ed-U Presentation: George Washington (3rd) 3:00 Stations of the Cross (Ch) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Chair Yoga Exercise (2nd) 10:00 <i>Song &amp; Prayer</i> by Faith Church (3rd) 10:30 Holistic Wellness Aromatherapy (C) 1:00-3:00 Community Outreach: Girl Scout Cookie Sale (1st) 2:00 Matinee & Munchies: <i>The Chosen-Disc 1</i> (2nd) 3:30 Thinking of You Club (3rd) 6:30 Rummikub (1st)
18	19	20	21	22	23	24
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Doughnuts & Coffee Social (CN) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chap. Bev (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Krings (Ch) 1:30 Interactive Music Class by Cynthia (C) 2:30 Ed-U Wellness Presentation: <i>Heart Health</i> by DON, Danielle (3rd) 3:30 Presidential Pets (3rd) 6:30 Pinochle Players Club (3rd)  President's Day	9:00 Morning Meeting (2nd) 9:30 Walking Club Trip: Laurel Mall* (OOB) 10:00 Cranium Crunches (2nd) 10:30 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 3:00 Welcome Ambassador Committee Meeting (2nd) 6:30 Scrabble (1st)	9:00 Morning Meeting (2nd) 9:30 Retail Shopping: Boscov's**\$\$ (OOB) 10:00 Prayer Service with Chap. Bev (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Circle of Friends (SR) 2:30 Manicures & Mocktails (3rd) 3:30 Destination Discovery Dinner: Tastes of Italy (DR) 6:30 Dominoes (1st)	9:00 Morning Meeting (2nd) 9:30 Daily Prayer & Meditation (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Destination Discovery: Italy: Vatican City (3rd) 1:30 Chef's Pairings with Chef Sean (DR) 2:30 Bowling (3rd) 3:00 Bowling: Team 2 vs. Team 5 (3rd) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chap. Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 1:30 Dealing with Loss Support Group (SR) 2:00 Book Club (3rd) 3:00 Stations of the Cross (Ch) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 TED Talk & Discussion: <i>Why We Do What We Do</i> (2nd) 1:30 Campus Store (C) 2:00 Matinee & Munchies: <i>The Chose-Disc 2</i> (2nd) 3:30 Limoncello Super Happy Hour (1st) 6:30 Rummikub (1st)
25	26	27	28	29		
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finishing Lines (2nd) 10:30 Chair Zumba with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chap. Bev (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Krings (Ch) 1:30 Bible Study with Deacon Bob (DR) 3:00 New Resident Hot Fudge Sundae Mixer (1st) 6:00 Dementia Support Group (SR) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Dot Doodles (2nd) 10:00 Scarf Dancing (CN) 1:45 Bingo (DR) 3:00 Community Meeting (1st) 4:00 K-9 Companion Visit (1st) 6:00 Walking Club: Indoor Challenge (ML) 6:30 Scrabble (1st)	9:00 Morning Meeting (2nd) 9:30 Time for Breakfast Crossword (1st) 10:00 Prayer Service with Chap. Bev (Ch) 10:30 Trip Out: Book Sale **\$\$ (OOB) 12:30 Sing-a-Long with Kathy (CN) 2:30 Dining Demo with Chef Sean 3:30 Destination Discovery: Italy (3rd) 6:30 Dominoes (1st)	9:00 Morning Meeting (2nd) 9:30 Daily Prayer & Meditation (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Diner's Lunch Caravan: Alfredo's Italian Restaurant **\$\$ (OOB) 1:30 Red or Black Card Game (2nd) 3:00 Bowling: Team 1 vs. Team 6 (3rd) 6:30 Pinochle Players Club (3rd)		
						<b>Calendar Key:</b> <b>** Registration Required</b> <b>\$\$ Cost Involved</b> (CN) Connections Neighborhood, (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Lobby, (C) Cafe