

Recognizing our Team members

Ceca stands for **Celebrating caregivers**. The Foundation was established to celebrate caregiver excellence and promote quality patient care. The Ceca Award is a combination of public recognition and a monetary award presented to a caregiver at our community who goes above and beyond to serve a resident, family or fellow co-worker. Special consideration for the Ceca Award is given to caregivers who best exemplify the qualities of empathy, humor, integrity, professionalism, and teamwork.

Providence Place partners with the Ceca Foundation to honor quarterly award recipients. To nominate someone, please visit: <https://cecafoundation.org/recognize-a-caregiver/> or scan the provided QR Code.



*Dimensions
of Wellness*

Resident Birthdays

March

Sue Wartella	Ethel LaBouf
Anita Fisher	Richard Harvey
Marie George	Patricia Grace
Charlotte Budwash	Terry Noll
Raymond Lavenberg	Helen Reigel
Kathleen Scheider	Helen Barnes
Joan Snyder	Alberta Spina
Irma Harris	



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q1: March 2024

A Note from the Executive Director

Spring is just around the corner -- and we are excited to get back outside and enjoy our entire campus.

March is hopping with our March Madness Tournament Bracket Kickoff on the 12th. We will also be hosting our annual Community Easter Egg Hunt for our team members, residents and family members! Event will take place on Saturday, March 9th - please RSVP to reception by 3/6.

The month's fun continues with a Shamrock Shake Social & Pot of Gold Scavenger Hunt on the 14th - check out the calendars for more interesting activities and outings.

If you have any questions or concerns, please stop by or reach out anytime!

Best,

Melissa Melnick

Executive Director

Highlighted Events

9 - **Easter Egg Hunt @ 1pm**

14 - **Shamrock Social & Scavenger Hunt @ 2pm**

19 - **Chef's Table @ 10:30am**

28 - **Centenarian Birthday Party**

For Alberta S. @ 2pm

Welcome New Residents

Terry B.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Easter 31</p> <p>9:00 Morning Meeting & Daily (P) Chronicle (P)</p> <p>9:30 Trinity Lutheran Church: Live Stream (P)</p> <p>10:30 Morning Fitness (CN/S)</p> <p>11:00 Reading Republican & Menu (ML)</p> <p>1:00 Movie: <i>The Ten Commandments 2nd Half</i> (P)</p> <p>3:00 Easter Communion Service (CH)</p>	<p>March 2024</p>	<p>Calendar Key: ** Registration Required \$\$ Cost Involved Pub (P) Chapel (CH) Main Lobby (ML) Out of Building (OOB) Throughout Building (TB) Connections South (CN/S) Connections Terrace (CN/T)</p>	<p>THE Club</p>	<p>1</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 TED Talk: <i>Exercise & Nutrition for Older Adults</i> by Dr. Stella Volpe (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Prayer & Reflect (CH)</p> <p>3:00 Communion Service (CH)</p> <p>3:30 Bean Bag Toss (P)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>2</p> <p>9:00 Puzzles & Ponderings (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Wall Memory (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Creative Expressions (CN/S)</p> <p>2:00 Ice Cream Social (CN/S)</p> <p>3:00 Puzzles & Ponderings (CN/S)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Resident Color Me Creative (P)</p>	
<p>3</p> <p>9:00 Morning Meeting & Daily Chronicle (CN/S)</p> <p>9:30 Trinity Lutheran Church: Live Stream (CN/S)</p> <p>10:30 Morning Fitness (CN/S)</p> <p>11:00 Reading Republican & Menu (ML)</p> <p>1:00 Movie: <i>Blue Hawaii</i> (P)</p> <p>2:30 Prayer & Reflect (P)</p> <p>3:00 Communion Service (CH)</p>	<p>4</p> <p>9:00 Brain Games (ML)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Prayer & Reflect (CH)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Circle of Friends (CH)</p> <p>3:30 Keep Kicking Kickball (P)</p> <p>6:00 Fireside Chat with Friends (ML)</p>	<p>5</p> <p>9:00 Morning Steppers (ML)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 iN2L Exploration (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Afternoon Excursion CN/T (OOB)</p> <p>2:00 Bible Study (CH)</p> <p>3:00 Picture This (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>6</p> <p>9:00 Good Morning Café (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Light & Lively (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Helping Hands: Art Class Set Up (P)</p> <p>2:00 Acrylic Paint Class w/ Shannon ** (P)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Our Journey Together (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Who, What, Where Game (P)</p>	<p>7</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 iN2L Exploration (P)</p> <p>10:30 Making of Fudge (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Yoga with Michele (CN/S)</p> <p>2:30 Reminiscing with Friends (CN/S)</p> <p>3:00 Social Hour (P)</p> <p>7:00 Gospel Singers (CH)</p>	<p>8</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Morning Fitness (P)</p> <p>10:00 Manicures and Warm Towel Massages (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Prayer & Reflect (CH)</p> <p>3:00 Mass & Confession with Father Karpyn (CH)</p> <p>3:30 Kerplunk (P)</p>	<p>9</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Morning Fitness (P)</p> <p>10:00 Helping Hands: Setting Up Community Egg Hunt (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Community Egg Hunt (P)</p> <p>3:00 Helping Hands: Clean Up (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Resident Color Me Creative (P)</p>
<p>Daylight Savings 10</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Trinity Lutheran Church: Live Stream (P)</p> <p>10:30 Morning Fitness (P)</p> <p>11:00 Reading Republican & Menu (P)</p> <p>1:00 Movie: <i>The Nun's Story</i> (P)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Resident Connect 4 (P)</p>	<p>11</p> <p>9:00 Brain Games : Pictionary (ML)</p> <p>10:00 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga w/ Michelle (P)</p> <p>1:30 Appreciation Club: Maintenance (P)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Circle of Friends (CH)</p> <p>3:30 Balloon Volleyball (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Puzzles (3FL)</p>	<p>12</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:15 Morning Steppers (ML)</p> <p>10:00 Entertainment by Jay Smar (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Hospitality Event: March Madness (ML)</p> <p>2:00 Keep Kicking Kickball (P)</p> <p>2:00 Bible Study (CH)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>13</p> <p>9:00 Good Morning Café (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Strength Training (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Prayer & Reflect (CH)</p> <p>2:00 Church Service (CH)</p> <p>2:00 Ed-U Presentation: Coal Region Art with Joseph Evanousky (P)</p> <p>3:00 Our Journey Together (CH)</p> <p>6:00 Wheel of Fortune (P)</p>	<p>14</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Keep Kicking Kickball (P)</p> <p>11:00 Dine Out: Roman Delight**\$\$ (OOB)</p> <p>1:30 Entertainment w/ Cynthia (CN/S)</p> <p>2:30 Everything Green Trivia (CN/S)</p> <p>3:00 Shamrock Shakes Social (P)</p> <p>3:30 Hospitality Event: Pot of Gold Scavenger Hunt (P)</p> <p>6:00 Penny Pitching (P)</p>	<p>15</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 TED Talk: <i>Chronic Inflammation & Colon Health</i> by Prof. Lorne Holseth (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Prayer & Reflect (CH)</p> <p>3:00 Communion Service (CH)</p> <p>3:30 Cornhole (P)</p> <p>6:00 Resident Pinochle Game (P)</p>	<p>16</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Wall Scrabble (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Spring Flower Arrangements (CN/S)</p> <p>2:00 Happy Hour (CN/S)</p> <p>3:00 Art Expressions: Shamrocks (CN/S)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Resident Color Me Creative (P)</p>
<p>St. Patrick's Day 17</p> <p>9:00 Morning Meeting & Daily Chronicle (CN/S)</p> <p>9:30 Trinity Lutheran Church: Live Stream (CN/S)</p> <p>10:30 Morning Fitness (CN/S)</p> <p>11:00 Reading Republican & Menu (ML)</p> <p>1:00 Movie: <i>Darby O'Gill</i> (P)</p> <p>2:30 Prayer & Reflect (P)</p> <p>3:00 Communion Service (CH)</p> <p>3:30 Kerplunk (P)</p>	<p>18</p> <p>9:30 Brain Games (ML)</p> <p>10:00 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga with Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Food Fun with Missy: Irish Cream (P)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Circle of Friends (CH)</p> <p>3:30 Bean Bag Toss (P)</p> <p>6:00 Puzzles (3FL)</p>	<p>19</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Chef's Table with Jake Sedorchuk ** (DR)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>12:00 Souper Tuesday: Irish Stew ** (P)</p> <p>1:30 Celebration of Life (CH)</p> <p>3:00 Red & Black Game (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>20</p> <p>9:00 Good Morning Café (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Balance in Action with Powerback Rehab (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Afternoon Excursion CN/S (OOB)</p> <p>2:00 Church Service (CH)</p> <p>2:00 Community Meeting (P)</p> <p>3:00 Our Journey Together (CH)</p> <p>6:00 Movie Buff Club: Cinderella (P)</p>	<p>21</p> <p>9:00 Morning Fitness ((P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 You Tube Exploration (P)</p> <p>10:30 Balloon Volley (P)</p> <p>1:30 Drum Circle with Joe Ciarvella (P)</p> <p>3:00 Chips & Dip Social Hour (P)</p> <p>3:30 Card Games (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Plinko: Easter Edition (P)</p>	<p>22</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Manicures and Warm Towel Massages (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Prayer & Reflect (CH)</p> <p>3:00 Communion Service (CH)</p> <p>4:00 Walk for Heart Health (TB)</p>	<p>23</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Morning Fitness (P)</p> <p>10:00 Punch for a Prize (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Making of Ambrosia Salad (CN/S)</p> <p>2:30 Puzzles & Ponderings (CN/S)</p> <p>3:00 Singing to the Oldies (CN/S)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Resident Color Me Creative (P)</p>
<p>Palm Sunday 24</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Trinity Lutheran Church: Live Stream (P)</p> <p>10:30 Morning Fitness (P)</p> <p>11:00 Reading Republican & Menu (P)</p> <p>1:00 Movie: <i>The Ten Commandments 1st Half</i> (P)</p> <p>3:00 Communion Service (CH)</p>	<p>25</p> <p>9:30 Brain Games (ML)</p> <p>10:00 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Yoga with Michelle (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Picture This (CH)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Circle of Friends (CH)</p> <p>6:00 Puzzles (3FL)</p>	<p>26</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:00 Making of Brownies (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>2:00 Bible Study (CH)</p> <p>2:30 Hydration Station (P)</p> <p>3:00 Memory Magic (P)</p> <p>4:00 Walk for Heart Health (TB)</p> <p>6:00 Nickel Bingo \$\$ (P)</p>	<p>27</p> <p>9:00 Good Morning Café (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 Total Body Workout (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:00 Afternoon Excursion CN/S (OOB)</p> <p>1:30 Prayer & Reflect (CH)</p> <p>2:00 Church Service (CH)</p> <p>3:00 Our Journey Together (CH)</p> <p>6:00 Jeopardy (P)</p>	<p>28</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (A)</p> <p>10:00 You Tube Exploration (P)</p> <p>10:30 Craft Corner: Egg Painting (P)</p> <p>1:30 Helping Hands: Set Up for Party (P)</p> <p>2:00 Centenarian Birthday Celebration for Alberta S. (P)</p> <p>5:00 Resident Birthday Dinner (P)</p> <p>6:00 Dementia Support Group (CH)</p>	<p>Good Friday 29</p> <p>9:00 Morning Fitness (P)</p> <p>9:30 Morning Meeting & Daily Chronicle (P)</p> <p>10:30 TED Talk: <i>Diet & It's Effect on Our Body</i> by Mark Cannon (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Zumba with Michele (P)</p> <p>2:30 Prayer & Reflect (CH)</p> <p>3:00 Communion Service (CH)</p> <p>3:30 Indoor Darts (P)</p>	<p>30</p> <p>9:00 Morning Meeting & Daily Chronicle (P)</p> <p>9:30 Morning Fitness (P)</p> <p>10:00 UNO Card Game (P)</p> <p>11:00 Reading Republican & Menu (L)</p> <p>1:30 Puzzles & Ponderings (CN/S)</p> <p>2:00 Peeps Party & Trivia (CN/S)</p> <p>3:00 Memory Magic (CN/S)</p> <p>4:00 Walk for Heart Health (TB)</p>