

# Recognizing our Team members

Ceca stands for **Celebrating caregivers**. The Foundation was established to celebrate caregiver excellence and promote quality patient care. The Ceca Award is a combination of public recognition and a monetary award presented to a caregiver at our community who goes above and beyond to serve a resident, family or fellow co-worker. Special consideration for the Ceca Award is given to caregivers who best exemplify the qualities of empathy, humor, integrity, professionalism, and teamwork.

Providence Place partners with the Ceca Foundation to honor quarterly award recipients. To nominate someone, please visit: <https://cecafoundation.org/recognize-a-caregiver/> or scan the provided QR Code.



*Dimensions  
of Wellness*

## Resident Birthdays

### March

Sue Wartella	Ethel LaBouf
Anita Fisher	Richard Harvey
Marie George	Patricia Grace
Charlotte Budwash	Terry Noll
Raymond Lavenberg	Helen Reigel
Kathleen Scheider	Helen Barnes
Joan Snyder	Alberta Spina
Irma Harris	



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)



# Providence Place SENIOR LIVING News

Q1: March 2024

## A Note from the Executive Director

Spring is just around the corner -- and we are excited to get back outside and enjoy our entire campus.

March is hopping with our March Madness Tournament Bracket Kickoff on the 12<sup>th</sup>. We will also be hosting our annual Community Easter Egg Hunt for our team members, residents and family members! Event will take place on Saturday, March 9<sup>th</sup> - please RSVP to reception by 3/6.

The month's fun continues with a Shamrock Shake Social & Pot of Gold Scavenger Hunt on the 14<sup>th</sup> - check out the calendars for more interesting activities and outings.

If you have any questions or concerns, please stop by or reach out anytime!

Best,

*Melissa Melnick*

*Executive Director*

## Highlighted Events

9 - **Easter Egg Hunt** @ 1pm

14 - **Shamrock Social & Scavenger Hunt** @ 2pm

19 - **Chef's Table** @ 10:30am

28 - **Centenarian Birthday Party**

For Alberta S. @ 2pm

## Welcome New Residents

Terry B.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Easter 31</p> <p>9:00 Hymn Sing-A-Long (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 &amp; 12 Wine &amp; Dine (DR) 1:00 Sunday Matinee: <i>The Ten Commandments</i> 2nd Half (P) 3:00 Easter Sunday Service with Chaplain Henninger (CH)</p>	<p>March 2024</p>	<p><b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved P Pub CH Chapel TB Throughout Building DR Dining Room OOB Out of Building</p>			<p>1</p> <p>9:00 Green Thumbs: Tending to our Plants (TB) 10:30 TED Talk: <i>Exercise &amp; Nutrition for Middle Age &amp; Older Adults</i> by Dr. Stella Volpe (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Bean Bag Toss (P) 6:00 Resident Pinochle Game (P)</p>	<p>2</p> <p>9:00 Morning Steppers (ML) 10:00 Wall Memory (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Spring Décor Prize Bingo (P) 3:00 Vagabond Travelers: New Jersey with a Pork Roll Slider (P) 6:00 Resident Color Me Creative (P)</p>
<p>3</p> <p>9:00 Hymn Sing-A-Long (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 &amp; 12 Wine &amp; Dine (DR) 1:00 Sunday Matinee: <i>Blue Hawaii</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Connect 4 (P)</p>	<p>4</p> <p>9:00 Brain Games: March Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Sunshine Committee Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Helping Hands: Filling Eggs (P) 6:00 Puzzles (3FL)</p>	<p>5</p> <p>9:00 Morning Steppers (ML) 10:30 Dining Committee Meeting (DR) 11:00 Helping Hands: Setting up Luncheon (P) 12:00 Souper Tuesday Luncheon: Zuppa Toscana **(P) 2:00 Bible Study (CH) 3:00 Manicures &amp; Mimosas **(P) 6:00 Nickel Bingo \$\$ (P)</p>	<p>6</p> <p>9:00 Good Morning Café (P) 10:30 Light &amp; Lively (P) 1:30 Safety Club (P) 2:00 Acrylic Paint Class with Shannon **(P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Helping Hands: Filling Eggs (P) 6:00 Who, What, Where Game (P)</p>	<p>7</p> <p>9:00 Brain Games: Cereal Scramble (ML) 10:30 Errand Day: Banks &amp; Post Office **\$(OOB) 1:00 Shopping Trip: Walmart **\$(OOB) 2:00 Craft Corner: St. Patrick's Day String Art (P) 3:00 Community Life Planning Meeting (P) 6:00 Gospel Singers (CH)</p>	<p>8</p> <p>9:00 Green Thumbs: Tending to our Plants (TB) 10:30 TED Talk: <i>Colorectal Cancer: The Ins &amp; Outs</i> by Prof. John Carethers (P) 1:30 Seated Zumba with Michele (P) 3:00 Mass &amp; Confession with Father Karpyn (CH) 3:30 Kerplunk (P) 6:00 Resident Pinochle Game (P)</p>	<p>9</p> <p>9:00 Morning Steppers (ML) 10:00 Helping Hands: Setting up Egg Hunt (P) 1:00 Providence Place Egg Hunt (P) 3:00 Helping Hands: Cleaning up Egg Hunt (P) 6:00 Resident Color Me Creative (P)</p>
<p>Daylight Savings 10</p> <p>9:00 Hymn Sing-A-Long (P) 10:00 Live Stream Worship: St. John's UCC (P) 10:30 Balance in Action (CH) 11 &amp; 12 Wine &amp; Dine (DR) 1:00 Sunday Matinee: <i>The Nun's Story</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Connect 4 (P)</p>	<p>11</p> <p>9:00 Brain Games: Pictionary (ML) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Committee Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Balloon Volleyball (P) 6:00 Puzzles (3FL)</p>	<p>12</p> <p>9:00 Morning Steppers (ML) 10:00 Ed-U Presentation: <i>Folklore &amp; Coal Mining Songs</i> by Jay Smar (P) 1:30 Hospitality Event: March Madness (ML) 2:00 Keep Kicking Kickball (P) 2:00 Bible Study (CH) 3:00 Manicures &amp; Mimosas **(P) 6:00 Nickel Bingo \$\$ (P)</p>	<p>13</p> <p>9:00 Good Morning Café (P) 10:30 Total Body Seated Workout (P) 1:30 Golden Voices Choir Practice (P) 2:00 Ed-U Presentation: Coal Region Art with Joseph Evanousky (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 6:00 Wheel of Fortune (P)</p>	<p>14</p> <p>9:00 Brain Games: Word Play (ML) 10:30 Keep Kicking Kickball (P) 1:00 Shopping Trip: Fairlane Village Mall **\$(OOB) 2:00 Ed-Wellness Presentation: Nutrition &amp; Exercise by Powerback (P) 3:00 Shamrock Shake Social Hour (P) 3:30 Hospitality Event: Pot of Gold Scavenger Hunt (P) 6:00 Penny Pitching (P)</p>	<p>15</p> <p>9:00 Green Thumbs: Tending to our Plants (TB) 10:30 Chronic Inflammation &amp; Colon Health by Prof. Lorne Hofseth (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cornhole (P) 6:00 Resident Pinochle Game (P)</p>	<p>16</p> <p>9:00 Morning Steppers (ML) 10:00 Wall Scrabble (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Lucky Lotto Bingo (P) 3:00 Vagabond Travelers: Ireland with Irish Coffee (P) 6:00 Resident Color Me Creative (P)</p>
<p>St. Patrick's Day 17</p> <p>9:00 Hymn Sing-A-Long (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 &amp; 12 Wine &amp; Dine (DR) 1:00 Sunday Matinee: <i>Darby O'Gill</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Connect 4 (P)</p>	<p>18</p> <p>9:00 Brain Games: Irish Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Food Fun with Missy: Irish Cream (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Bean Bag Toss (P) 6:00 Puzzles (3FL)</p>	<p>19</p> <p>9:00 Morning Steppers (ML) 10:30 Chef's Table with Executive Chef Jacob Sedorchuk **(DR) 11:00 Helping Hands: Setting Up Luncheon (P) 12:00 Souper Tuesday: Irish Stew **(P) 1:30 Celebration of Life (CH) 3:00 Manicures &amp; Mimosas **(P) 6:00 Nickel Bingo \$\$ (P)</p>	<p>20</p> <p>9:00 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehab (P) 1:30 Safety Club (P) 2:00 Community Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 6:00 Movie Night with the Movie Buff Club: <i>Cinderella</i> (P)</p>	<p>21</p> <p>9:00 Brain Games: Word Hive (ML) 11:00 P<sup>2</sup> Foodies Dine Out: Vito's **\$(OOB) 2:00 Drum Circle with Joe (P) 3:00 Chips &amp; Dip Social Hour (P) 3:30 Card Games: War (P) 6:00 Plinko: Easter Edition (P)</p>	<p>22</p> <p>9:00 Green Thumbs: Tending to our Plants (TB) 10:30 TED Talk: <i>The Standard American Diet was Designed to Kill Us</i> by Dr. Joel Furhman (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Shuffle Board Tic Tac Toe (P) 6:00 Resident Pinochle Game (P)</p>	<p>23</p> <p>9:00 Morning Steppers (ML) 10:00 Punch for a Prize (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:00 Vagabond Travelers: Adventure Aquarium Camden, NJ with Soft Pretzels (P) 6:00 Resident Color Me Creative (P)</p>
<p>Palm Sunday 24</p> <p>9:00 Hymn Sing-A-Long (P) 10:00 Live Stream Worship: St. John's UCC (P) 10:30 Balance in Action (CH) 11 &amp; 12 Wine &amp; Dine (DR) 1:00 Sunday Matinee: <i>The Ten Commandments</i> 1st Half (P) 2:00 Palm Sunday Worship (CH) 3:00 Palm Sunday Service with Chaplain Henninger (CH)</p>	<p>25</p> <p>9:00 Brain Games: Word Within a Word (ML) 10:30 Seated Yoga with Michele (P) 1:30 Silver Bell Choir Practice (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Cuisine Club: Submariner Dip (P) 6:00 Puzzles (3FL)</p>	<p>26</p> <p>9:00 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 Golden Voices Choir Practice (P) 2:00 Balloon Volleyball (P) 3:00 Manicures &amp; Mimosas **(P) 6:00 Nickel Bingo \$\$ (P)</p>	<p>27</p> <p>9:00 Good Morning Café (P) 12:00 P<sup>2</sup> Foodies Dine In: Jersey Mike's **\$(OOB) 2:00 Ed-U Presentation: <i>The Molly McGuires</i> by the Schuylkill County Historical Society (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 6:00 Jeopardy (P)</p>	<p>Holy Thursday 28</p> <p>9:00 Brain Games: Finish the Line (ML) 10:30 Craft Corner: Egg Painting (P) 2:00 Centenarian Birthday Celebration for Alberta S. (P) 5:00 Resident Birthday Dinner (P) 6:00 Dementia Support Group (CH)</p>	<p>Good Friday 29</p> <p>9:00 Green Thumbs: Tending to our Plants (TB) 10:30 TED Talk: <i>The Standard American Diet &amp; Its Effect on our Whole Body</i> by Mark Cannon DDS (P) 1:30 Seated Zumba with Michele (P) 3:00 Good Friday Service with Chaplain Henninger (CH) 3:30 Indoor Darts (P) 6:00 Resident Pinochle Game (P)</p>	<p>30</p> <p>9:00 Morning Steppers (ML) 10:00 Book Club (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:00 Vagabond Travelers: History of New Jersey with Submariner Dip (P) 6:00 Resident Color Me Creative (P)</p>