



CONNECTIONS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 Spelling Bee 12:00 Lunch 1:30 Color Me Calm: Relaxing 30 minutes Art Project 2:00 Small Bites and Hydration 2:30 Walking with Friends 3:30 Mailing Seasonal Cards 4:30 Relax & Stretch 5:00 Dinner 6:30 Relax and Unwind	2 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 Scent Detectives 12:00 Lunch 1:30 Helping Hands: Hand Eye Coordination Laundry Station 2:30 Small Bites and Hydration 3:15 Devotional with Chaplin Daniel 3:30 Live Mass with St. Eleanor's Catholic Church 4:30 Spa Time 5:00 Dinner 6:30 Relax and Unwind	3 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 Rosary with St. Eleanor's 12:00 Lunch 1:30 Look Who's Dancing 2:30 Small Bites and Hydration 3:00 Spa Time 4:30 Dinner Music 5:00 Dinner 6:30 Relax and Unwind	6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 St. Eleanor's Communion 12:00 Lunch 1:30 Bingo 2:30 Small Bites and Hydration 3:00 Scrapbooking 4:30 Spa Time 5:00 Dinner 6:30 Relax and Unwind	5 6:00 Activities of Daily Living 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 Food Creation Club 12:00 Lunch 1:30 Bingo 2:00 Small Bites and Hydration 2:30 Power of the Mind 3:30 Scenic Drive: Local Collegeville Farms 4:30 Dinner Music 5:00 Dinner 6:30 Relax and Unwind	6 6:00 Activities of Daily Chronicles 8:00 Breakfast & Coffee 9:30 Daily Chronicles & News 10:00 Morning Exercise 10:30 Reminiscing Through the Years 12:00 Lunch 1:30 Bingo 2:00 Small Bites and Hydration 3:00 Walking with Friends 4:30 Spa Time 5:00 Dinner 6:30 Relax and Unwind
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