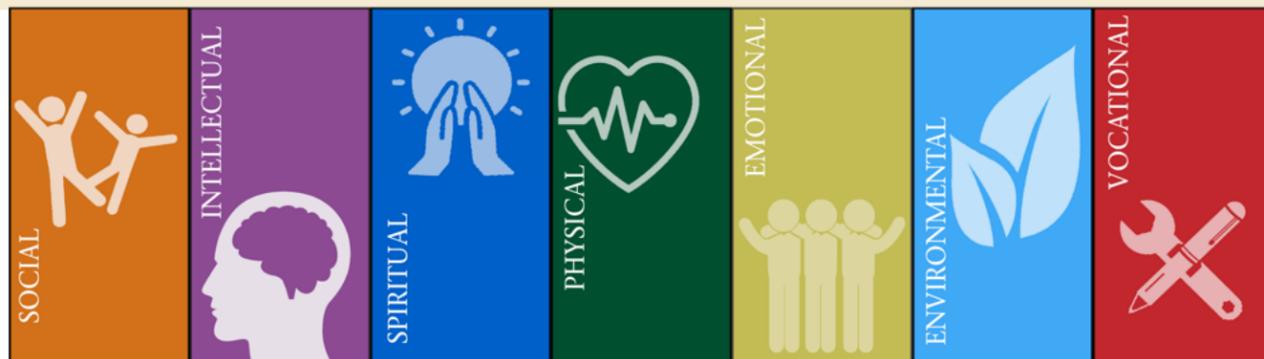


Recognizing our Team members

Ceca stands for **Celebrating caregivers**. The Foundation was established to celebrate caregiver excellence and promote quality patient care. The Ceca Award is a combination of public recognition and a monetary award presented to a caregiver at our community who goes above and beyond to serve a resident, family or fellow co-worker. Special consideration for the Ceca Award is given to caregivers who best exemplify the qualities of empathy, humor, integrity, professionalism, and teamwork.

Providence Place partners with the Ceca Foundation to honor quarterly award recipients. To nominate someone, please visit: <https://cecafoundation.org/recognize-a-caregiver/> or scan the provided QR Code.



*Dimensions
of Wellness*

Resident Birthdays

April

Cheryl Kephart
Alan Porter
Carolyn Mehlman
Mark Heim
Arlene Mack
Flavia McGovern
Dorothy Zangari
Barbara Woll
Kathleen Brand

Joseph McKenna
Marcia Evans
Catherine Thomas
Sally Weisacosky
Margot Marks
Gloria Hummel
Leona Buber
William Mills

Regina Brennan
Elsie Fragale
Esther Teter
Ann O'Connell
Paul Deebel
Alice Mills
Joan Grapsy
Elaine Benko
Pauline Dunkelberger

May

Francis Purcell

June

Elizabeth Antol
Ruth Terwilliger
Lynn Korn
Virginia Herb
Judith Thomas
Mary Flanagan
Margaret Antanavage



Providence Place SENIOR LIVING News

Q2: April 2024

A Note from the Executive Director

Thank you to everyone who attended our annual Easter egg hunt- we had over 50 children that filled our halls searching for eggs. What a joy!

We are looking forward to the warmer weather and being able to enjoy our patios and walking paths outside again. We put out bird feeders & are enjoying seeing the sights of spring and wildlife around the campus.

Our springtime country rides will be beginning again which is always an enjoyable time for our residents. Keep an eye on the activity calendar for dates and routes.

We are beginning to work out details for our highly anticipated summer concert series which will start in June - stay tuned for all the details.

Happy Spring,

Melissa Melnick

Executive Director

Highlighted Events

10 - **Hospitality Stress Relief Fair**
@ 3pm

22 - **EdU Presentation:** Gardening
from Kitchen Clippings @ 2pm

25 - **English Tea Social** @ 3pm

Welcome New Residents

Robert P.

Anna F.

Jean M.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>April 2024</h1>	1 9:00 Brain Games: April Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Sunshine Club: Signing Cards & Making Bags (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Kerplunk (P) 6:00 Puzzles (3F)	2 9:00 Morning Steppers (ML) 10:30 Dining Committee Meeting (DR) 11:00 Helping Hands: Setting up Luncheon (P) 12:00 Souper Tuesday Luncheon: Creamy Scallion Mushroom Soup **(P) 2:00 Manicures & Mimosas **(P) 2:00 Bible Study (CH) 6:00 Nickel Bingo \$\$ (P)	3 9:00 Good Morning Café (P) 10:30 Light & Lively (P) 1:30 Birthday Club (P) 2:00 Acrylic Paint Class with Shannon **(P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:30 Cuisine Club: Making Scottish Short Bread Cookies (P) 6:00 Resident Card Games (P)	4 9:00 Brain Games: Finish the Lyrics (ML) 10:30 Errand Day: Banks & Post Office Trip **\$(OOB) 1:00 Shopping Trip: Walmart **\$(OOB) 2:00 Craft Corner: Button Canvas Part 1 (P) 3:30 Community Life Planning Meeting (P) 7:00 Gospel Singers (CH)	5 9:00 Green Thumbs: Tending to Our Plants (TB) 10:30 TED Talk: <i>How Stress Drains Your Brain</i> by Neuropsychologist, Nichole Byers (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Balloon Volleyball (P) 6:00 Resident Pinochle Game (P)	6 9:00 Morning Steppers (ML) 10:00 Wall Memory (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$(P) 3:00 Vagabond Travelers: Scottish Highlands with Tea & Short Bread Scottish Cookies (P) 6:00 Resident Color Me Creative (P)	
7 9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Singing in the Rain</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Board Games (P)	8 9:00 Brain Games: Things You Find on a Map (ML) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Committee: Making Stress Relief Balm for Staff (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Cuisine Club: Scottish Mallows (P) 6:00 Puzzles (3F)	9 9:00 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 Gratitude Committee: Packaging Stress Relief Balm (P) 2:00 Celebration of Life (CH) 3:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$(P)	10 9:00 Good Morning Café (P) 10:30 Drum Stick Exercise (P) 1:30 Movie Buffs Club (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Hospitality Event: Stress Relief Fair (P) 6:00 Resident Card Games (P)	11 9:00 Brain Games: Pet Trivia (ML) 10:30 Keep Kicking Kickball (P) 1:00 Shopping Trip: Fairlane Village Mall **\$(OOB) 2:00 Craft Corner: Button Canvas Part 2 (P) 3:00 Raining Cats & Dogs Social Hour (P) 6:00 Penny Pitching (P)	12 9:00 Green Thumbs: Tending to Our Plants (TB) 10:30 Health Doc-U Series: <i>Stress & Blood Sugar</i> with Dr. Dwain Woode (P) 1:30 Seated Zumba with Michele (P) 3:00 Mass & Confession with Father Karpyn (CH) 3:30 Heart Warming Pet Visit (P) 6:00 Resident Pinochle Game (P)	13 9:00 Morning Steppers (ML) 10:00 Horse Racing (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Spring Fling Door Décor Bingo (P) 3:00 Vagabond Travelers: Edinburgh with Chocolate Peanut Mallows & Tea (P) 6:00 Resident Color Me Creative (P)	
14 9:00 Hymn Sing (P) 10:00 Live Stream Worship: St. John's UCC (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>The April Fools</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Board Games (P)	15 9:00 Brain Games: Golf Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Operation Boots on the Ground: Signing Cards for Armed Forces Day (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Cuisine Club: Scottish Oat Cakes (P) 6:00 Puzzles (3F)	16 9:00 Morning Steppers (ML) 10:30 Chef's Table Demonstration with Jacob Sedorchuk, Executive Chef (DR) 12:00 Souper Tuesday Luncheon: Creamy Carrot Soup **(P) 2:00 Bible Study (CH) 2:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$(P)	17 9:00 Good Morning Café (P) 10:30 Silver Sneakers® Motown Total Body Exercise (P) 1:30 Safety Club Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:30 Silver Fox Club: Ghosts of Culloden (P) 6:00 Movie Buffs Present: <i>Lion King</i> (P)	18 9:00 Brain Games: Scotland Trivia (ML) 10:30 Balloon Volleyball (P) 11:00 P² Foodies Dining Out: The Manheim Diner **\$(OOB) 2:00 Drum Circle with Joe (P) 3:00 Tartans & Tams Social Hour (P) 6:00 Do You Know Your Neighbor Game (P)	19 9:00 Green Thumbs: Tending to Our Plants (TB) 10:30 TED Talk: <i>How to Protect Your Brain from Stress</i> by Niki Korteweg, Neurobiologist (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Who, What, Where Game (P) 6:00 Resident Pinochle Game (P)	20 9:00 Morning Steppers (ML) 10:00 Nickel Bingo \$(P) 2:30 Ed-U Presentation: Dancing Through the Ages (P) 3:30 Vagabond Travelers: Scotland's Islands with Scottish Oat Cakes & Tea (P) 6:00 Color Me Creative (P)	
21 9:00 Hymn Sing (P) 10:00 Live Stream Worship: First Methodist Church (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>To Catch a Thief</i> (P) 3:00 Communion Service with Chaplain Henninger (P) 6:00 Resident Board Games (P)	Passover and Earth Day 22 9:00 Brain Games: Passover Trivia (ML) 10:30 Seated Yoga with Michele (P) 2:00 Ed-U Presentation: <i>Gardening Indoors with Kitchen Cuttings</i> by PSU Master Gardener Ildi Mulligan (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Green Thumbs: Mighty Thistle (P) 6:00 Puzzles (3F)	23 9:00 Morning Steppers (ML) 10:30 Gratitude Club: Making Gifts for Administrative Professionals Day (P) 1:30 Heart Warming Pet Visit (P) 2:00 Bible Study (CH) 2:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$(P)	24 9:00 Good Morning Café (P) 10:30 Total Body Exercise (P) 1:30 Welcome Committee: Making Bags for New Residents (P) 3:00 Planting Seeds with Achieve Students (1FP) 3:00 Our Journey Together (CH) 6:00 Resident Card Games (P)	25 9:00 Brain Games: Pictionary (ML) 10:30 Keep Kicking Kickball (P) 2:00 Community Meeting (P) 3:00 English Tea Social (P) 5:00 Resident Birthday Dinner (P) 6:00 Dementia Support Group (CH)	26 9:00 Green Thumbs: Tending to Our Plants (TB) 10:30 Health Doc-U Series: <i>Nutrition & Stress Management</i> (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 ABC-it Game (P) 6:00 Resident Pinochle Game (P)	27 9:00 Morning Steppers (ML) 11-1 April Brunch (DR & P) 2:00 Nickel Bingo \$(CH) 3:30 Vagabond Travelers: Glasgow & Scottish Passions with Treacle Scones & Tea (P) 6:00 Color Me Creative (P)	
28 9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Springtime Country Ride **\$(OOB) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Board Games (P)	29 9:00 Brain Games: Word Within a Word (ML) 10:30 Seated Yoga with Michele (P) 2:00 Ed-U Presentation: Spring Animals Aubrey from the Game Commission (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Card Making (P) 6:00 Puzzles (3F)	30 9:00 Morning Steppers (ML) 10:30 Jeopardy (P) 1:30 Pressing Flowers (P) 2:00 Bible Study (CH) 2:00 Manicures & Mimosas **(P) 6:00 Nickel Bingo \$(P)				Calendar Key: ** Registration Required \$\$ Cost Involved P Pub CH Chapel TB Throughout Building DR Dining Room OOB Out of Building 1FP 1st Floor Patio	