


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
	2	3	4	5	6	7
<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Musical Memories with Bryan Herber 2:30 Mocktail Happy Hour: Layered Strawberry Mango Margarita 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Animal Scramble 2:30 Hydrate and Relax 3:00 Cranium Crunches: Wacky Wordies 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Flower Canvas Art with Connections Club 2:30 Iced Green Tea and No Bake Protein Bites with Connections Club 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Southern California 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Helping Hands Club: Prepping Afternoon Snack 11:30 Lunch 1:30 Walking with Friends 1:45 D.I.Y Sun Visors with Connections Club 2:30 Cornbread Cookies with Connections Club 3:00 May Pondering Prompts 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:30 Day Excursion: Windy Knoll's 2:00 Art Corner: Magazine Collage 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Outside Pass Times: Bird Watching 2:30 Friday Refreshments: Iced Coffee on the Patio 3:00 June Pondering Prompts 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Helping Hands Club: Sorting Yarn 2:30 Hydration Station 3:00 Junk Drawer Detective: Garage Project 4:00 Dinner 5:00 iN2L: Earth Unplugged 7:00 Evening Wind Down</p>
9	10	11	12	13	14	15
<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Book Club: Salvador's Flight 2:30 Mocktail Happy Hour: Frozen Lemonade 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Kindly Canines Visit 2:30 Hydrate and Relax 3:00 Game Night: Measuring Up 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Crafty Creation: Walker Accessory with Connections Club 2:30 M&amp;M Pretzel Bites with Connections Club 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: New Mexico 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Make Your Own Sundae Bar 2:30 Sing-A-Long to the Classics with Connections Club 3:00 Crochet Outreach: Lap Robes 3:00 Dementia Partner Support Group 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 2:00 Musical Memories with Tom Shultz 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Flag Day Bunting Craft 2:30 Friday Refreshments: Star Spangled Fruit Infused Water 3:00 Music Entertainment with Jay Smar 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down</p> <p style="text-align: center;">Flag Day</p>	<p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Pop with Pop's: Father's Day Celebration 3:00 Roll A Tie Dice Game 4:00 Dinner 5:00 iN2L: SlowTV 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Kitchen Creation: Rice Crispy Lawn Mower 2:30 What Am I? Men's Edition 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Junk Drawer Detective: Dad's Keeper 2:30 Hydrate and Relax 3:00 Father's Day Trivia 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Popsicle Stick Wall Décor with Connections Club 2:30 Lemon Lavender Mocktail with Connections Club 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Minnesota 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Helping Hands Club: Cookie Prep 11:30 Lunch 1:30 Walking with Friends 1:45 Juneteenth: Faith and Freedom 2:30 Kitchen Sink Cookies 3:00 Goodbye Spring, Hello Summer Door Decoration 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:30 Day Excursion: Sights and Sounds Summertime Ride 2:00 Art Corner: Tactile Paintings Day 1 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Outside Pass Times: Gardening 2:30 Friday Refreshments: Blueberry Ginger Cooler 3:00 Shake A Memory Loose 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Sensory Exploration: D.I.Y Stress Ball 2:30 Hydration Station 3:00 Bottle Ring Toss 4:00 Dinner 5:00 iN2L: Times Square Webcam 7:00 Evening Wind Down
23 6:00 Activities of Daily Living 8:00 Breakfast Pentecost 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Aromatherapy 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Guess The TV Tune 2:30 Mocktail Happy Hour: Banana Pina Colada 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Around the Table Talk: Cats and Dogs 2:30 Hydrate and Relax 3:00 Timeslips 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Air Dry Clay Mosaics with Connections Club 2:30 Creamy Coconut and Blue Raspberry Milkshakes with Connections Club 3:00 Bible Study 4:00 Dinner 5:00 Exploring National Parks: Tennessee 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 One-on-One with Chaplain Rick 10:00 Stretch Away the Stress 10:30 Mid-Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:45 Edible Beach in a Cup with Connections Club 2:30 Summertime Snacking with Connections Club 3:00 Crotchet Outreach: Lap Robes 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Midweek Worship Service 10:30 Hymns 11:00 Morning March 11:30 Lunch 1:30 Walking with Friends 1:30 Day Excursion: Rita's Italian Ice 2:00 Art Corner: Tactile Paintings Day 2 2:30 Sip and Mingle 3:00 Nails and Aromatherapy 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Outside Pass Times: Parachute Popcorn 2:30 Friday Refreshments: Raspberry Lemonade 3:00 Game Night: Stack It Up 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Can You Picture This? 2:30 Hydration Station 3:00 Cranium Crunches: Concentration Puzzles 4:00 Dinner 5:00 iN2L: Best of Candid Camera 7:00 Evening Wind Down
30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Meditation Time 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Walking with Friends 1:30 Crafty Creation: Penny Spinners 2:30 Mocktail Happy Hour: Color Changing Lemonade Slushie 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	<h1>CONNECTIONS  JUNE 2024</h1>					