


Dover CONNECTIONS



JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 12:00 Lunch 1:15 Afternoon Walk 2:30 York Music Therapy 3:00 Hydration Station 3:30 Large Games 5:00 Dinner 6:30 Classic Game Shows	2 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Sand Art Creations 12:00 Lunch 1:15 Patriotic Windmill 2:45 Country Car Ride 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines	3 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Coffee and Choc Waffer Social 12:00 Lunch 1:15 Bingo with Club 2:00 Social with club 3:00 History of the Day with Club 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	4 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bird Watching 12:00 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Cornhole 5:00 Dinner 7:00 Household Chores	5 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO 12:00 Lunch 1:15 Necklace Making 3:30 Hydration Station 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	6 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 11:30 Lunch 1:15 Art and Crafts 2:30 Pool Hall 3:30 Nail Spa 5:00 Dinner 6:30 Relaxation Sounds
7 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Strawberry Sundae's 3:00 Hydration Station 5:00 Dinner 6:30 Sunday Evening Movie	8 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 12:00 Lunch 1:15 Fun in the Sun 2:30 York Music Therapy 3:00 Popsicles outside 3:30 Trivia 5:00 Dinner 6:30 Classic Game Shows	9 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Fairy Garden 12:00 Lunch 1:15 Crafty Corner with Club 2:45 Afternoon Car Ride with Club 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines	10 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Garden Stones 12:00 Lunch at the Park 1:15 Bingo with Club 2:00 Social with club 3:00 History of the Day with Club 5:00 Dinner 7:00 Game Shows	11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Blueberry Muffin Making 12:00 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:15 Game Shows 5:00 Dinner 7:00 Household Chores	12 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Nail Spa 12:00 Lunch 1:15 Watergun Creations 2:30 Hydration Station 3:30 Outdoor Adventures 5:00 Dinner 7:00 <i>Life in Color</i> Docuseries	13 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bingo 12:00 Lunch 1:15 Afternoon Walk 2:30 Hydration Station 3:00 Games 3:30 Courtyard Fun 5:00 Dinner 6:30 Relaxation Sounds

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Bird Watch 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Mac and cheese Tasting 3:00 Nail Spa 5:00 Dinner 6:30 Sunday Evening Movie</p>	<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Memory Magic with Club 12:00 Lunch 1:15 Trivia 2:30 York Music Therapy 3:00 Hydration Station 3:30 Outdoor Adventures 5:00 Dinner 6:30 Classic Game Shows</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Park Adventures 12:00 Lunch at Park 1:15 Crafty Corner with Club 2:45 Afternoon Car Ride with Club 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 12:00 Lunch 1:15 Bingo with Club 2:00 Social with Club 3:00 History of the Day with Connections Club 5:00 Dinner 6:00 Guitar Sounds</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Musical Entertainment Jay Smar 5:00 Dinner 7:00 Household Chores</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO 12:00 Lunch 1:15 Outdoor Adventures 3:30 Hydration Station 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 All about PA 12:00 Lunch 1:15 Afternoon Walk 2:30 Hydration Station 3:00 Entertainment with Tom & Randi 5:00 Dinner 6:30 Relaxation Sounds</p>
<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Bird Watching 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Fun in the Sun 3:00 Hydration Station 5:00 Dinner 6:00 Sunday Evening Movie</p> <p>Shark Week</p>	<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Shark Sun Catchers with Club 12:00 Lunch 1:15 Crafty Station 2:30 York Music therapy 3:00 Hydration Station 3:30 Bird Watching 5:00 Dinner 6:30 Household Chores</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Shark Ping Pong 11:30 York Fair 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Shark Scavenger Hunt 12:00 Lunch 1:15 Bingo with Connections Club 2:00 Shark Social with Club 3:00 Shark Facts 5:00 Dinner 6:00 Game Night</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Penny Pitching 12:00 Lunch 1:15 Bake Away Café with Club 2:30 Hymns & Devotions with Chaplain Shawn 3:00 Christmas in July Social 5:00 Dinner 7:00 Household Chores</p> <p>Christmas in July</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO 12:00 Lunch 1:15 Shark Movie Social 3:00 Courtyard Fun 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Outdoor Adventures 12:00 Lunch 1:15 Pool Fun 3:00 Hydration Station 3:30 Color Me Calm 5:00 Dinner 6:30 Relaxation Sounds</p>
<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Devotions 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Hydration Station 3:00 Outdoor Adventures 5:00 Dinner 6:30 Sunday Evening Hand Massages</p>	<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 baking with Club 12:00 Lunch 1:15 Afternoon Walk 2:30 York Music Therapy 3:00 Hydration Station 3:30 Outdoor Adventures 5:00 Dinner 6:30 Classic Game Shows</p>	<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Crafty Corner 12:00 Lunch 1:15 Crafty Corner with Club– Birthday Cards 2:45 Afternoon Car Ride with Club 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines</p>	<p>31</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bowling 12:00 Lunch 1:15 Bingo with Connections Club 2:00 Monthly Birthday Party 3:00 History of the Day with Connections Club 5:00 Dinner 6:00 Elvis Movie</p>	<h1>CONNECTIONS</h1>  <h1>JULY 2024</h1>		