

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

July

Veronica Rosenberry
John Humma
Sara Waslick
Richard Pollard
Constance Warr
John Hilson
Virginia Williams
Andrew McGlincy
Loretta Demito

August

Horace Troxel
Nino Famoso
Laura Black
Joseph Fritz
Eileen Werst
Dorothy Schmidt
Marie Innaurato
Beverly Berlin
Randi Stetz
Arlene Hanlon

September

Rita Vitale
John Petko
Diane Kenworthy
Vivian Coscia
Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: July 2024

A Note from the Executive Director

We hope everyone is enjoying the start of summer (including the higher than normal temperatures). We have been staying cool and enjoying the deck and walking path along the water.

We have some great July events to join in on the fun - including 4th of July fireworks, our Lima Bean Auction and our fun outing to Valley Forge Casino.

Please check out the entire calendar of events and join in with your loved ones on activities you enjoy.

If you have any questions or concerns in the meantime, please do not hesitate to reach out to me anytime.

With Gratitude,

Holly Williamson
Executive Director

Highlighted Events

- 2 - **Crafting Corner:** Bandana Wreaths @ 3:30pm
- 3 - **Ice Cream Social** @ 3:30pm
- 4 - **Fireworks Show** @ 6pm
- 8 - **Birthday Celebrations** @ 3:30pm
- 16 - **Dementia Care Partner Support Group** @ 6pm
- 17 - **Lima Bean Auction** @ 3:30pm
- 18 - **Valley Forge Casino Outing** @ 11am
- 22 - **New Resident Social** @ 3:30pm

Welcome New Residents

Barbara O.
Dolores S.
Donald C.
Laura B.
Rita H.
Connie W.
Josette S.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1 style="text-align: center;">July 2024</h1>	1	2	3	4	5	6	
		9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Learn About Canada Day on the iN2L (C) 11:30 Pizza Social Take-Out (CR) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Ice Tea Social (OP) 6:00 Movie: <i>Top Gun Maverick</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Noodle Volley (C) 1:30 Paint and Create Firework Art (CR) 2:30 Circle of Friends (CR) 3:30 50 Nifty State Trivia (CR) 6:00 Nickel Bingo \$\$ (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Aerobic Drumming (C) 3:30 Ice Cream Social (AR) 6:00 Movie: <i>The American President</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Kitchen Capers: Independence Day Fruit Skewers (AR) 11:00 Search for July (CR) 1:30 Patriotic Sing-Along (P) 2:30 Corn Hole (BP) 3:30 Living in America Celebration! Happy Hour (P) Independence Day	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Coffee & Chronicles (P) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:00 Pet Visit with Soffy (ML) 3:30 Happy Hour & Entertainment (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Finish the Phrase (CR) 11:00 Color by Number (CR) 1:30 Snack Bingo (AR) 2:30 Popcorn and Movie: Resident Choice (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)
	7	8	9	10	11	12	13
	9:30 Morning Meeting (CR) 10:00 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass (T) 11:00 Lucky Seven Day Trivia (CR) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OOB) 6:00 Resident Run Shuffleboard (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Virtual Roller Coaster Ride- All Aboard the iN2L(C) 11:00 Find the Rides Word Game (CR) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Birthday Celebration (P) 6:00 Movie: <i>Forest Gump</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Checkers (CR) 1:30 Noodle Volley (C) 2:30 Circle of Friends (CR) 3:30 Crafting Corner: Mosaic Art (AR) 6:00 Nickel Bingo \$\$ (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Celebration of Life (CR) 2:30 Bird Watching (OP) 3:30 Twister Bean Bag Game (AR) 6:00 Movie: <i>Father of the Bride</i> (T)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 1:30 Bingo (C) 2:30 Eiffel Tower Craft (CR) 3:30 All American Pet Photo Day Happy Hour (P) 6:00 Candy Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Helping Hands: Making Trail Mix (AR) 1:30 Penny Pokeno (P) 2:30 What am I? Game (CR) 3:00 Pet Visit with Stoffy (ML) 3:30 Happy Hour with Frankfurters (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Are You Smarter Than a Fifth Grader? (CR) 11:00 Color by Number (CR) 1:30 Snack Bingo (AR) 2:30 Popcorn and Movie: Resident Choice (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)
	14	15	16	17	18	19	20
9:30 Morning Meeting (CR) 10:00 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass (T) 11:00 At the Beach Word Search (CR) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Cookies & Word Games (AR) 3:30 Stroll & Roll (OOB) 6:00 Resident Run Billiards (OL)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 11:00 Flower Arranging (AR) 1:30 Christmas In July Bingo (C) 2:30 Nadine's Music & Meditation (P) 3:30 Root Beer Float Social (P) 6:00 Movie: <i>Mr. Deeds</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Shopping Dollar Tree**\$\$\$ (OOB) 1:30 Knitting Club (AR) 2:30 Circle of Friends (CR) 3:30 Crafting Corner (AR) 6:00 Nickel Bingo \$\$ (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Lemonade Social (C) 3:30 Bean Auction (AR) 6:00 Movie: <i>A League of Their Own</i> (T)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 10:30 Club Flag Craft (CR) 1:30 Family Feud iN2L (C) 2:30 Walking Club (OS) 3:30 Happy Hour (P) 6:00 Candy Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Coffee & Chronicles (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:00 Pet Visit with Stoffy (ML) 3:30 Happy Hour & Entertainment (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Music Trivia (CR) 11:00 Color by Number (CR) 1:30 Snack Bingo (AR) 2:30 Popcorn and Movie: Resident Choice (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)	
21	22	23	24	25	26	27	
9:30 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass (T) 11:00 Checkers (CR) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 We All Scream for Ice Cream Social (BP) 6:00 Resident Run Card Games (P)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Aerobic Drumming (C) 1:30 Word Games (CR) 2:30 Nadine's Music & Mediation (P) 3:00 Bible Study with Chaplain Leighton (T) 6:00 Movie: <i>The Help</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Crossword Puzzle (CR) 1:30 Sing-Along iN2L (C) 2:30 Circle of Friends (CR) 3:30 Crafting Corner (AR) 6:00 Nickel Bingo \$\$ (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Walking Club (OS) 3:30 Ladder Ball (AR) 6:00 Movie: <i>The Boys in the Boat</i> (T)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 10:30 Paris Word Search (CR) 1:30 Bingo (C) 2:30 Card Games (CR) 3:30 Wine & Cheese Social (P) 6:00 Candy Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Crafty Crew: Making Olympic Clay Medals (CR) 1:30 Prov-Place Senior Olympic Opening Ceremony (P) 2:30 Olympic Game Trivia (CR) 3:30 Happy Hour (P) 7:00 Live Opening Ceremony of Summer Olympics in Paris (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Finish the Phrase (CR) 11:00 Color by Number (CR) 1:30 Snack Bingo (AR) 2:30 Popcorn and Movie: Resident Choice (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)	
28	29	30	31	Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (C) Connections Neighborhood (CR) Community Room (DR) Dining Room (ML) Main Lobby (OL) Old Lobby (OP) Outside Porch (OS) Outside (OOB) Out of Building (P) Pub			
9:30 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass (T) 11:00 Double Exposure (CR) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OOB) 6:00 Resident Run Shuffleboard (AR)	9:15 Morning Meeting (CR) 9:30 Olympic Training Exercises (CR) 10:00 Creative Coloring (CR) 1:00 Bowling Trip \$\$ (OOB) 2:30 Nadine's Music & Meditation (P) 3:30 Olympic Corn Hole (AR) 6:00 Movie: <i>Jim Thorpe All American</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Armchair Travel to France with the iN2L (C) 1:30 Word Scramble (CR) 2:00 Community Olympic Games (AR) 2:30 Circle of Friends (CR) 3:30 Watermelon Social (BP) 6:00 Nickel Bingo \$\$ (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Community Olympic Games (AR) 3:30 Ice Cream Social (C) 6:00 Movie: <i>Walk Don't Run</i> (T)				

THE Club