

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

July

Veronica Rosenberry
John Humma
Sara Waslick
Richard Pollard
Constance Warr
John Hilson
Virginia Williams
Andrew McGlincy
Loretta Demito

August

Horace Troxel
Nino Famoso
Laura Black
Joseph Fritz
Eileen Werst
Dorothy Schmidt
Marie Innaurato
Beverly Berlin
Randi Stetz
Arlene Hanlon

September

Rita Vitale
John Petko
Diane Kenworthy
Vivian Coscia
Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: July 2024

A Note from the Executive Director

We hope everyone is enjoying the start of summer (including the higher than normal temperatures). We have been staying cool and enjoying the deck and walking path along the water.

We have some great July events to join in on the fun - including 4th of July fireworks, our Lima Bean Auction and our fun outing to Valley Forge Casino.

Please check out the entire calendar of events and join in with your loved ones on activities you enjoy.

If you have any questions or concerns in the meantime, please do not hesitate to reach out to me anytime.

With Gratitude,

Holly Williamson
Executive Director

Highlighted Events

- 2 - **Crafting Corner:** Bandana Wreaths @ 3:30pm
- 3 - **Ice Cream Social** @ 3:30pm
- 4 - **Fireworks Show** @ 6pm
- 8 - **Birthday Celebrations** @ 3:30pm
- 16 - **Dementia Care Partner Support Group** @ 6pm
- 17 - **Lima Bean Auction** @ 3:30pm
- 18 - **Valley Forge Casino Outing** @ 11am
- 22 - **New Resident Social** @ 3:30pm

Welcome New Residents

Barbara O.
Dolores S.
Donald C.
Laura B.
Rita H.
Connie W.
Josette S.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1 style="text-align: center;">July 2024</h1>	1 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (AR) 11:00 Flower Refresh (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study with Chaplain Leighton (T) 3:30 Welcome Committee Meeting (P) 6:00 Movie: <i>Top Gun Maverick</i> (T)	2 9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Renders**\$\$ (OOB) 11:00 Ed-U Watch & Learn: <i>All about Betsy Ross</i> (T) 1:30 Knitting Club (AR) 2:00 Words on Wheels (OL) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Patriot Bandana Wreath (AR) 6:00 Nickel Bingo \$\$ (AR)	3 9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: <i>Historic Philadelphia</i> (T) 1:30 Mid Week Worship Service (CR) 2:30 Community Life Planning Meeting (AR) 3:30 Ice cream Social (AR) 6:00 Movie: <i>The American President</i> (T)	4 9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Kitchen Kapers: Independence Day Fruit Skewers (AR) 1:30 Patriotic Sing-Along (P) 2:30 Book Club (OL) 3:30 Patriotic Happy Hour (P) 6:00 Fireworks show (T) Independence Day	5 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	6 9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>The Music Man</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)	
	7 9:30 Sunrise Stretching (P) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	8 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (AR) 11:00 Fresh Floral Arranging (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study with Chaplain Leighton (T) 3:30 Birthday Party: Celebrating July Birthdays—All are Welcome (P) 6:00 Movie: <i>Forrest Gump</i> (T)	9 9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Giant **\$\$ (OOB) 11:00 Ed-U Watch & Learn: <i>Liberty Bell History</i> (T) 1:30 Knitting Club (AR) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Salt Painting (AR) 6:00 Nickel Bingo \$\$ (AR)	10 9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: <i>Lancaster Pa, Amish Living</i> (T) 1:30 Celebration of Life (CR) 2:30 Kitchen Kapers: Doggie Treats (AR) 3:30 Twister Bean Bag Game (AR) 6:00 Movie: <i>Father of the Bride</i> (T)	11 9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Red Robin**\$\$ (OOB) 1:30 Exercise with Powerback Rehabilitation (AR) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Resident Run Games (P)	12 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Finish the Phrase (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	13 9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & A Movie: <i>Going in Style</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident run Scrabble (P)
	14 9:30 Sunrise Stretching (P) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Word Games (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	15 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (AR) 11:00 Flower Refresh (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study with Chaplain Leighton (T) 3:30 Root Beer Float Social (P) 6:00 Movie: <i>Mr. Deeds</i> (T)	16 9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Dollar Tree **\$\$ (OOB) 11:00 Ed-U Watch & Learn: <i>Declaration of independence</i> (T) 1:30 Knitting Club (AR) 2:00 Words on Wheels (OL) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Sun Catchers (AR) 6:00 Nickel Bingo \$\$ (AR)	17 9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: <i>Pittsburg Pa, Steal Town</i> (T) 1:30 Mid-Week Worship Service (CR) 2:30 Kitchen Kapers: Sour Candied Grapes (AR) 3:30 Bean Auction (AR) 6:00 Movie: <i>A League of Their Own</i> (T)	18 9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Valley Forge Casino Lunch and Gaming**\$(OOB) 2:00 Community Meeting With Holly (AR) 3:30 Happy Hour (P) 6:00 Resident Run Games (P)	19 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Name 10 (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	20 9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & A Movie: <i>We Bought a Zoo</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident run Scrabble (P)
	21 9:30 Sunrise Stretching (P) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Conversation (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	22 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (AR) 11:00 Fresh Floral Arranging (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study with Chaplain Leighton (T) 3:30 New Residents Pizza Social (P) 6:00 Movie: <i>The Help</i> (T)	23 9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Wal-Mart**\$\$ (OOB) 11:00 Ed-U Watch & Learn: <i>How the Olympics Began</i> (T) 1:30 Knitting Club (AR) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Beaded Wristlet (AR) 6:00 Nickel Bingo \$\$ (AR)	24 9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: <i>Home of the first Olympic Games</i> (T) 1:30 Mid-Week Worship Service (CR) 2:30 Kitchen Kapers: Slushie Creations (AR) 3:30 Ladder Ball Toss (AR) 6:00 Movie: <i>The Boys in the Boat</i> (T)	25 9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Olive Garden**\$(OOB) 1:30 Dining Committee Meeting (AR) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Resident Run Games (P)	26 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 This or That (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	27 9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & A Movie: <i>Julie & Julia</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident run Scrabble (P)
	28 9:30 Sunrise Stretching (P) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	29 9:30 Light & Lively Exercise (P) 10:00 Coffee & Chronicles (AR) 11:00 Flower Refresh (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study with Chaplain Leighton (T) 3:30 Olympic Corn Hole (AR) 6:00 Movie: <i>Jim Thorp-All American</i> (T)	30 9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Goodwill**\$\$ (OOB) 11:00 Ed-U Watch & Learn (T) 1:30 Knitting Club (AR) 2:00 Words on Wheels (OL) 2:00 Olympic Games (AR) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Rock Painting (AR) 6:00 Nickel Bingo \$\$ (AR)	31 9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: <i>Pa State Parks and All of Their Beauty</i> (T) 1:30 Mid-Week Worship Service (CR) 2:30 Olympic Games (AR) 3:30 Ice cream Social (AR) 6:00 Movie Walk Don't Run (T)	<p>Calendar Key: **Registration Required \$\$ Cost Involved (LIB) Library (CR) Community Room (DR) Dining Room (T) Theater (AR) Activity Room (ML) Main Lobby (C) Connections Neighborhood (P) Pub (OOB) Out Of Building (OL) Old Lobby (OS) Outside (OP) Outside Porch</p>		

