

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



## Resident Birthdays

### July

Shelia Saxton  
Mary Price  
Dorothy Limbert  
Jacqueline Osborne  
Karen Browning  
Leona Hubley  
Robert Bowers  
Bonnie Grace  
Katherine Spohn  
Pat Bevenour  
Ralph Dolheimer

### August

Terry Firestone  
Julene Bechtel  
Dorothy Buecher  
Eleanor Gingerich  
Sandy Wise  
Pamelia Vaden  
Nancy Jameson

Alverta Downs  
Gerald Barbor  
Verna Siford  
Robert Bupp  
Stacey Moul  
Terry Robertson  
Pamela Byers  
Loretta Hamme  
Ralph Miller  
Gerry Smith  
Eva Wolf  
Karen Dehn

### September

Syrene Kuhn  
William Hensel  
Joseph Ludford  
Barbara Everhart  
Dale Zinn  
Dale Landis  
Robert Davis  
Sally Estep  
Ralph Shearer  
Janet Dardorff

Eleanor Loftus  
Adonna Barshinger  
Mary Skehan  
Sally Messenger  
Fairy Carver  
Earl Hoover  
Walter Miller  
Ruthanna Krone  
Arthur Koch  
Sandra Hoover  
James Miller  
Joann Grove



# Providence Place SENIOR LIVING News

Q3: July 2024

## A Note from the Executive Director

Happy Summer!

We welcome everyone to join us at our community for our 4th of July cookout - residents, team members & families can all join in on the fun.

We have some great summer activities coming up, be sure to look through the activities calendars. The Magician David Deller will be visiting for our 4th of July festivities. We also host our Men's Club every other Friday - the outing for the 19th will be to Bill Mack's for Ice Cream.

**SAVE THE DATE: Our annual Luau is scheduled for August 29th from 4-6pm.** This is a favorite every year and we can't wait to host again - more details to come.

Enjoy the sunshine,

*Howard Holben*  
Executive Director

## Highlighted Events

4 - **Fourth of July Cookout & Entertainment**

10 - **Youth Night SAGE** with Stillmeadow Church @ 6pm

17 - **Bible Trivia** @ 10am

23- **Outing to York Fair** @ 11:30am

26<sup>th</sup>-30<sup>th</sup>- **2024 Olympics Festivities**  
*see calendar for details!*

## Welcome New Residents

Erma M.  
Ruthetta B.  
Thomas B.  
Mary P.  
Joana G.




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|---|---|---|---|---|--|---|
| <h1>July</h1> <h1>2024</h1>   | 1   | 2   | 3   | 4   | 5  | 6   |
|   | 9:30 Morning Exercise (AR)<br>10:30 Dining Service Meeting (P)<br>10:30 Our Journey Together with Chaplain Shawn (CR)<br>1:00 Catholic Communion (CR)<br>1:30 Musical Entertainment with Melody York Musical Therapy (AR)<br>3:00 Wimbledon, You Got Served (AR)<br>6:00 Rummikub (AR)                              | 9:30 Morning Exercise (AR)<br>10:00 Name that Tune with Bev & Sue (AR)<br>1:30 Circle of Friends (CR)<br>2:00 Providence Place Bowling (AR)<br>3:00 Halfway 2024 Social (AR)<br>6:00 Evening Bingo with Adam (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Shopping Trip<br>Community Aide **\$(OOB)<br>10:00 Bible Trivia w/Chaplain Shawn (CR)<br>1:30 Mid-Week Worship Service (CR)<br>2:00 Musical Entertainment with One Man Band Lee Moyer (AR)<br>3:00 Faith Studies (CR)<br>3:00 Dog Days of Summer & The A.C (AR)<br>6:00 Popcorn and Movie<br><i>Yankee Doodle Dandy</i> (AR)                          | 9:30 Morning Exercise (AR)<br>10:00 Hymn Sing (CR)<br>10:30 Praying the Rosary (P)<br>1:30 Bible Study (AR)<br>2:00 Independence Day Magical Presentation with Magician David Deller (AR)<br>3:00 Prize Bingo (AR)<br>6:00 Pinochle (AR)<br>Independence Day                | 9:30 Morning Exercise (AR)<br>10:00 Manicure & Music (CR)<br>10:30 Cranium Crunches (AR)<br>1:30 Trivial Pursuit (AR)<br>2:00 Fun in the Sun Happy Hour (100P)<br>3:00 Men's Club:<br>Exploring the Bastille (AR)<br>6:00 Resident Run Bingo (AR)                      | 9:30 Morning Exercise (AR)<br>10:00 Doughnut Mind If I Do (AR)<br>10:30 Around the World Today (AR)<br>1:15 Humor Alley (AR)<br>2:00 Wall Jeopardy (AR)<br>3:00 Sun Tea and Conversations (AR)<br>6:00 Resident Card Club (AR)                            |
| 7   | 8   | 9   | 10  | 11  | 12   | 13  |
| 9:30 Morning Exercise (AR)<br>10:15 Early Bird Bingo (AR)<br>11:30/12 Wine and Dine (DR)<br>1:15 Crafters Corner:<br>Yarn Letters (AR)<br>3:00 Sunday Worship Service (CR)<br>6:00 Poker Club (AR)<br>6:30 Front Porch Fellowship (FL)                    | 9:30 Morning Exercise (AR)<br>10:00 Cooking Club:<br>Classic Macaroni Salad (AR)<br>10:30 Our Journey Together with Chaplain Shawn (CR)<br>1:00 Catholic Communion (CR)<br>1:30 Musical Entertainment with Melody York Musical Therapy (AR)<br>3:00 The Now and Then<br>Liberty Bell Day (AR)<br>6:00 Rummikub (AR) | 9:30 Morning Exercise (AR)<br>10:00 Name that Tune with Bev & Sue (AR)<br>1:30 Circle of Friends (CR)<br>2:30 Ed-U Wellness: <i>Arthritis Awareness And Pain Management</i> By Laura Lambert With Bayada Home Health Care (AR)<br>3:00 Documentary and Discussions<br><i>Why Did America Abandon Route 66</i> (AR)<br>6:00 Evening Bingo with Adam (AR) | 9:30 Morning Exercise (AR)<br>10:00 Shopping Trip: Walmart **\$(OOB)<br>10:00 Bible Trivia w/Chaplain Shawn (CR)<br>1:30 Mid-Week Worship Service (CR)<br>2:00 Country Ride *(OOB)<br>3:00 Faith Studies (CR)<br>6:00 Youth Night SAGE with Stillmeadow Church of Nazarene (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Hymn Sing (CR)<br>10:30 Praying the Rosary P<br>1:30 Bible Study (AR)<br>2:00 Scottish Open:<br>The History of Golf (AR)<br>3:00 Prize Bingo (AR)<br>6:00 Pinochle (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Manicure & Music (CR)<br>10:30 Cranium Crunches (AR)<br>1:30 Trivial Pursuit (AR)<br>2:00 Musical Entertainment<br><i>Jazz Standards</i> with Robert Banks (AR)<br>3:00 Summer Song Days (AR)<br>6:00 Resident Run Bingo (AR)      | 9:30 Morning Exercise (AR)<br>10:00 Doughnut Mind If I Do (AR)<br>10:30 Around the World Today (AR)<br>1:15 Humor Alley (AR)<br>2:00 Wall Jeopardy (AR)<br>3:00 Sun Tea and Conversations (AR)<br>6:00 Resident Card Club (AR)                            |
| 14  | 15  | 16  | 17  | 18  | 19   | 20  |
| 9:30 Morning Exercise (AR)<br>10:15 Early Bird Bingo (AR)<br>11:30/12 Wine and Dine (DR)<br>1:15 Crafters Corner:<br>Spinners (AR)<br>3:00 Sunday Worship Service (CR)<br>6:00 Poker Club (AR)<br>6:30 Front Porch Fellowship (FL)                        | 9:30 Morning Exercise (AR)<br>10:00 Cooking Club:<br>Chicken Slaw Sliders (AR)<br>10:30 Our Journey Together with Chaplain Shawn (CR)<br>1:00 Catholic Communion (CR)<br>1:30 Musical Entertainment with Melody York Musical Therapy (AR)<br>3:00 Christmas in July (AR)<br>6:00 Rummikub (AR)                      | 9:30 Morning Exercise (AR)<br>10:00 Name that Tune with Bev & Sue (AR)<br>1:30 Circle of Friends (CR)<br>2:00 Providence Place Bowling (AR)<br>3:00 Musical Entertainment<br>With Ed Alwine (AR)<br>4:30 Dining Out<br>Outback Steak House **\$(OOB)<br>6:00 Evening Bingo with Adam (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Shopping Trip Target **\$(OOB)<br>10:00 Bible Trivia w/Chaplain Shawn (CR)<br>1:30 Mid-Week Worship Service (CR)<br>2:00 Country Ride *(OOB)<br>3:00 Chef Demo with Chef Joe (AR)<br>3:00 Faith Studies (CR)<br>6:00 Game Night with Dover Women of Today (DR)  | 9:30 Morning Exercise (AR)<br>10:00 Hymn Sing (CR)<br>10:30 Praying the Rosary P<br>1:30 Bible Study (AR)<br>2:00 Musical Entertainment<br><i>Fiddle Guitar and Mandolin</i> Music with Award Winning Musician Jay Smar (AR)<br>3:00 Prize Bingo (AR)<br>6:00 Pinochle (AR) | 9:30 Morning Exercise (AR)<br>10:00 Manicure & Music (CR)<br>10:30 Cranium Crunches (AR)<br>1:30 Community Meeting with Department Managers (AR)<br>2:00 Fair Foods Happy Hour (AR)<br>3:00 Men's Club:<br>Bill Macks Ice Cream *(OOB)<br>6:00 Resident Run Bingo (AR) | 9:30 Morning Exercise (AR)<br>10:00 Doughnut Mind If I Do (AR)<br>10:30 Around the World Today (AR)<br>1:15 Humor Alley (AR)<br>2:00 Musical Entertainment with Tom and Randy (AR)<br>3:00 Sun Tea and Conversations (AR)<br>6:00 Resident Card Club (AR) |
| 21  | 22  | 23  | 24  | 25  | 26   | 27  |
| 9:30 Morning Exercise (AR)<br>10:15 Early Bird Bingo (AR)<br>11:30/12 Wine and Dine (DR)<br>1:15 Musical Entertainment with Hershey Mennonite Church (FL)<br>3:00 Sunday Worship Service (CR)<br>6:00 Poker Club (AR)<br>6:30 Front Porch Fellowship (FL) | 9:30 Morning Exercise (AR)<br>10:00 Cooking Club:<br>Summer Bread (AR)<br>10:30 Our Journey Together with Chaplain Shawn (CR)<br>1:00 Catholic Communion (CR)<br>1:30 Musical Entertainment with Melody York Musical Therapy (AR)<br>3:00 Fun of the Fair Trivia (AR)<br>6:00 Rummikub (AR)                         | 9:30 Morning Exercise (AR)<br>10:00 Name that Tune with Bev & Sue (AR)<br>11:30 Food and Fun at the York Fair **\$(OOB)<br>1:30 Circle of Friends (CR)<br>2:00 Providence Place Bowling (AR)<br>3:00 Documentary and Discussions<br><i>The Ancient Greek Olympics</i> (AR)<br>6:00 Evening Bingo with Adam (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Shopping Trip Giant **\$(OOB)<br>10:00 Bible Trivia w/Chaplain Shawn (CR)<br>1:30 Mid-Week Worship Service (CR)<br>2:00 Country Ride *(OOB)<br>3:00 Faith Studies (CR)<br>3:00 Fun at the Fair Game<br>Balloon Pop (100P)<br>6:00 Popcorn and Movie:<br><i>Oklahoma!</i> (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Hymn Sing (CR)<br>10:30 Praying the Rosary P<br>1:30 Bible Study (AR)<br>1:30 Welcome Ambassador Meeting (P)<br>2:00 Fun at the Fair Game:<br>Bottle Ring Toss (100P)<br>3:00 Prize Bingo (AR)<br>6:00 Pinochle (AR)                    | 9:30 Morning Exercise (AR)<br>10:00 Manicure & Music (CR)<br>10:30 Cranium Crunches (AR)<br>1:30 Trivial Pursuit (AR)<br>2:00 2024 Summer Olympics<br>Happy Hour (AR)<br>3:00 A Grand Olympic Plan (AR)<br>6:00 Resident Run Bingo (AR)                                | 9:30 Morning Exercise (AR)<br>10:00 Doughnut Mind If I Do (AR)<br>10:30 Around the World Today (AR)<br>1:15 Humor Alley (AR)<br>2:00 2024 Summer<br>Olympic Jeopardy (AR)<br>3:00 Sun Tea and Conversations (AR)<br>6:00 Resident Card Club (AR)          |
| 28  | 29  | 30  | 31  | <b>Calendar Key:</b><br>** Registration Required<br>\$\$ Cost Involved<br>(OOB) Out of Building (AR) Activity Room<br>(CR) Community Room<br>(100P) 100 Hall Patio (P) Pub<br>(FL) Front Lobby<br>(DR) Dining Room  |  |   |
| 9:30 Morning Exercise (AR)<br>10:15 Early Bird Bingo (AR)<br>11:30/12 Wine and Dine (DR)<br>1:15 Crafters Corner:<br>Pastel Fireworks (AR)<br>3:00 Sunday Worship Service (CR)<br>6:00 Poker Club (AR)<br>6:30 Front Porch Fellowship (FL)                | 9:30 Morning Exercise (AR)<br>10:00 Cooking Club:<br>Summer Olympic Salad (AR)<br>10:30 Our Journey Together with Chaplain Shawn (CR)<br>1:00 Catholic Communion (CR)<br>1:30 Musical Entertainment with Melody York Musical Therapy (AR)<br>3:00 Olympic Games:<br>Bean Bag Toss (100P)<br>6:00 Rummikub (AR)      | 9:30 Morning Exercise (AR)<br>10:00 Name that Tune with Bev & Sue (AR)<br>1:30 Circle of Friends (CR)<br>2:00 Olympic Games:<br>Go For Gold (100P)<br>3:00 Star of the Month Tom Cruise (AR)<br>6:00 Evening Bingo with Adam (AR)   | 9:30 Morning Exercise (AR)<br>10:00 Shopping Trip Dollar **\$(OOB)<br>10:00 Bible Trivia w/Chaplain Shawn (CR)<br>1:30 Mid-Week Worship Service (CR)<br>2:00 Country Ride *(OOB)<br>2:00 Flight Club with Chef Joe (AR)<br>3:00 Faith Studies (CR)<br>3:00 A Stroll Through Paris (AR)<br>4:00 Chef on Deck with Chef Joe (P)<br>6:00 Popcorn & Movie<br><i>An American In Paris</i> (AR) |    |  |   |